

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
JULY 2026			1 8:30 Weight Clinic—TC 9:45 Communion—CH 10:30 Sit & Be Fit—TC 1:30 Shrink a Dink Craft—AC 3:30 Bingo—T 6:30 Evening Movie—T	2 9:30 Stretch Class—TC 10:30 Balloon Tic Tac Toe— TC 1:30 United Shapes of America Game—CH 3:30 Happy Hour with music by Michael G—LR	3 9:30 Sit & Be Fit—TC 10:30 Bible Study—CH 1:30 Color Stack—AC 2:30 Free Flower Pick Up—AC 3:30 Bingo—T 6:30 America’s 250th Birthday Celebration—ILFR	Happy 4th of July! 4 9:30 Chair Fitness—TC 10:30 Chicken Foot—CH 3:00 Saturday Matinee—T 4:00 Independent Card Games—CH 6:30 Evening Games—CH
5 9:00 Church Service—CH 11:00 Fitness Video—CH 4:00 Dominoes—CH 6:30 Evening Movie—T	6 9:30 Sit & Be Fit—TC *10:30 Outing: Walmart 1:30 Coloring—AC 2:30 Rummikub— CH 3:30 Bingo—T	7 9:30 Stretch Class—TC 10:30 Balloon Vball- TC 1:30 Bunco—CH 2:30 Bible Study—CH 3:30 Red, White and Blue Popsicles Social—CH	8 9:45 Communion—CH 10:30 Sit & Be Fit—TC 1:30 Painting—AC 3:30 Bingo—T 6:30 Evening Movie—T	9 9:30 Stretch Class—TC 10:30 Axe Throwing—AC 1:30 Drum Beats—TC 3:30 Happy Hour with music by Bobby Z—LR	10 9:30 Sit & Be Fit—TC 10:30 Bible Study—CH 1:30 Mexican Train—AC 2:30 A Day in the Life of Colonial Connecticut— LR 3:30 Bingo—T	11 9:30 Chair Fitness—TC 10:30 Chicken Foot—CH 1:30 Name That Tune with Suzanne—CH 3:00 Saturday Matinee—T 4:00 Independent Card Games—CH 6:30 Evening Games—CH
12 9:00 Church Service—CH 11:00 Fitness Video—CH 4:00 Dominoes—CH 6:30 Evening Movie—T	13 9:30 Sit & Be Fit—TC 10:30 Animal Explorers—T 1:30 Rummikub— CH 2:30 Who Said It? Patriotic Quotations—T 3:30 Bingo—T	14 9:30 Stretch Class—TC 10:30 Balloon Vball- TC 1:30 Bunco—CH 2:30 Bible Study —CH 3:30 Ice Cream Social—CH 6:30 Family Support Group w/ Heart to	15 9:45 Communion—CH 10:30 Sit & Be Fit—TC 1:30 Sand Art—AC 3:30 Bingo—T 6:30 Evening Movie—T	16 9:30 Stretch Class—TC 10:30 Balloon Tic Tac Toe— TC 1:30 Christmas in July Family Feud—CH 3:30 Happy Hour with Mike C—LR	17 9:30 Sit & Be Fit—TC 10:30 Bible Study—CH 1:30 Color Stack—AC 2:30 Ladies’ Chat—LR 3:30 Christmas in July Bingo—T	18 9:30 Chair Fitness—TC 10:30 Chicken Foot—CH 3:00 Saturday Matinee—T 4:00 Independent Card Games—CH 6:30 Evening Games—CH
19 9:00 Church Service—CH 11:00 Fitness Video—CH 4:00 Dominoes—CH 6:30 Evening Movie—T	20 9:30 Sit & Be Fit—TC *11:30 Lunch Outing: Wakee Chinese Food 1:30 Coloring—AC 2:30 Rummikub— CH 3:30 Bingo—T	21 9:30 Stretch Class—TC 10:30 Balloon Vball- TC 1:30 Bunco—CH 2:30 Bible Study —CH 3:30 Frozen Fruit Bar Social—CH 4:15 Birthday Dinner w/ Val—ILB	22 9:45 Communion—CH 10:30 Sit & Be Fit—TC 2:00 Resident Council—CH 3:30 Bingo—T 6:30 Evening Movie—T	23 9:30 Stretch Class—TC 10:30 Axe Throwing—AC 1:30 Corn Hole—TC 3:30 Happy Hour with Irma A—LR	24 9:30 Sit & Be Fit—TC 10:30 Bible Study—CH 1:30 Mexican Train—AC 2:30 Men’s Gathering —LR 3:30 Bingo—T	25 9:30 Chair Fitness—TC 10:30 Chicken Foot—CH 3:00 Saturday Matinee—T 4:00 Independent Card Games—CH 6:30 Evening Games—CH
26 9:00 Church Service—CH 11:00 Fitness Video—CH 4:00 Dominoes—CH 6:30 Evening Movie—T	27 9:30 Sit & Be Fit—TC 10:30 Spinners—AC 1:30 Rummikub— CH 2:30 Aerial America—Arkansas—T 3:30 Bingo—T	28 9:30 Stretch Class—TC 10:30 Balloon Vball- TC 1:30 Bunco—CH 2:30 Bible Study —CH 3:30 Frozen Treats Social—CH	29 9:45 Communion—CH 10:30 Sit & Be Fit—TC 1:30 Tote Bag Decorating—AC 3:30 Bingo—T 6:30 Evening Movie—T	30 9:30 Stretch Class—TC 10:30 Balloon Tic Tac Toe— TC 1:30 Drum Beats—TC 3:30 Christmas in July Happy Hour with Suzanne —LR	31 9:30 Sit & Be Fit—TC 10:30 Bible Study—CH 1:30 Uno—CH 2:30 Floral Arranging—AC 3:30 Bingo—T	<u>Location Codes:</u> AC—Activity Center CH—Chapel DR—Dining Room L—Lobby TC—Therapy Center LR—Living Room T—Theater ILB—Independent Living Bistro ILC—Independent Living Chapel FR—Independent Living Franklin Room Resident Led Activities * Please Sign Up at the Front Desk Activities, Subject to Change.

Christmas in July —
Let's Celebrate!

Who says the most wonderful time of the year only comes once? Not us! This July, we are bringing the holiday magic straight to midsummer with our very own Christmas in July celebration! Think festive fun, big prizes, and all the joy and excitement of the holiday season, because you deserve to be spoiled, and we love any excuse to make life a little more merry. So get ready to unwrap some midyear magic and win big, because the holidays have officially come early! Join us:

- Thursday, July 16 1:30 pm
Christmas in July Family Feud in the Chapel
- Friday, July 17 3:30 pm
Christmas in July Bingo in the Theater
- Thursday, July 30 3:30 pm
Christmas in July Happy Hour with Suzie in the Living Room



Patricia S July 7
Bob B July 9
Will F July 10
Cruz A July 14

July babies, you're in great company! Born in the heart of summer, you share your birth month with the sparkle of Independence Day fireworks and the warmth of long, golden afternoons. Bold, radiant, and full of life — your personality shines just as bright as the summer sun. This month, we celebrate *you* and all the joy you bring to our community. Here's to another trip around the sun!

Each honoree will be invited one week prior to the event to confirm your and your spouse's attendance.



Assisted Living
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This July, our nation celebrates a truly extraordinary milestone — 250 years since the signing of the Declaration of Independence on July 4, 1776! From thirteen colonies daring to dream of something new, the United States has grown into a nation with a rich and remarkable story, one that each of us has lived through and helped shape. As we gather this month, we honor the history, the sacrifice, and the enduring spirit that has carried America forward for two and a half centuries. Happy 250th Birthday, America!

We Are Here to Serve You!
Franklin Park Sonterra Team

Rita Adams	Executive Director
Racheal Bellville	Business Office Manager
Esther Canales	Wellness Nurse
Julie Ortiz	Wellness Coordinator
Anthony Burks	Director of Dining Services
Tina Tedford	Marketing Director
Olivia Rangel	Move In Coordinator
Audra Ramirez	Director of Life Enrichment/Trans.
Katie Loughman	Life Enrichment Coord
Taylor Ornelas	Front Desk Concierge

