LABOR DAY

WORD SEARCH

FIND THE HIDDEN LABOR DAY RELATED WORDS. THE WORDS CAN BE HORIZONTAL, VERTICAL AND DIAGONAL. THE LETTERS THAT ARE LEFT OVER, FORM A HIDDEN MESSAGE.

COMMUNITY
EMPLOYMENT
HOLIDAY
LABOR
PICNIC
PROFESSION
SEPTEMBER
SUMMER
VACATION
WORKFORCE

R	E	B	M	E	T	P	E	S	W
C	O	M	M	U	N	I	T	Y	I
T	H	B	H	O	L	I	D	A	Y
V	A	C	A	T	I	O	N	O	U
T	L	A	B	L	O	R	N	O	R
W	O	R	K	F	O	R	C	E	T
C	I	N	C	I	P	H	M	I	N
E	M	P	L	O	Y	M	E	N	T
G	P	R	O	S	U	P	E	R	S
N	O	I	S	S	E	F	O	R	P

HIDDEN MESSAGE

FRANKLIN Park
ALAMO HEIGHTS
MEMORY CARE

230 W.SUNSET ROAD SAN ANTONIO, TX 78209 210-829-5955

STAFF DIRECTORY

Tiffany Weiser..... Executive Director
Joanna Sosa.....Business Office Manager
Emma Segovia.....Administration Assistant
Lauren Rodriguez ..Sales & Marketing Director
Tabitha Fix..... Sales Assistant/Move In Coord
Jacqueline Hodges.....Dir. of Clinical Services
Araceli Vela..... Director of Memory Care
Chris Purgason.....Director of Dining Services
Alex Reta Jr.....Executive Chef
Nicole Garza.....Director of Life Enrichment
Diamond Zavala.....Life Enrichment /Caregiver

Wishing you all a wonderful day filled with love and joy!

Larry Riak.....9/22

Brainteaser Q.

Where do you find roads without vehicles, forests without trees, and cities without houses?
A. On a map.

SEPTEMBER 2026

Shining THROUGH THE YEARS

NATIONAL ASSISTED LIVING WEEK®
SEPTEMBER 13-19, 2026

Join us as we celebrate National Assisted Living Week! We have a fun-filled week planned to celebrate our amazing residents and the wonderful community we share. Keep an eye out for our special flyer featuring daily activities, fun themes, and celebrations throughout the week! We can't wait to celebrate with you!

BACK TO SCHOOL

Thank You for Supporting Our School Supply Drive

A heartfelt thank you to everyone who donated to our School Supply Drive! Your generosity and support helped make a difference for local students as they head back to school. We truly appreciate your kindness and willingness to give back to our community.

SEPTEMBER 2026

Franklin Park Alamo Heights - Memory Care
230 W. Sunset Road San Antonio TX 78209
(210) 829-595

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9:15 Morning Visits 9:45 Morning Movement 10:00 Basketball 11:00 The Daily Chronicles 1:00 Relax & Refresh **2:30 The Promise Ministry Orchestra** **3:00 Bible study with The Promise Ministries (Brazos Activity Room)** 4:00 Franklin Footers (Walking Group) 6:00 Evening Movie (Residents Choice)	**Labor Day / LE & Transportation Office Closed** 9:15 Morning Visits 9:45 Yoga & Meditation 10:00 Parachute 11:00 The Daily Chronicles 1:00 Relax & Refresh 2:30 Ice Cream Social 3:00 Franklin Footers (Walking Group) 4:00 Nail Care 6:00 Evening Movie (Residents Choice)	9:00 Beauty Shop Appointments 9:15 Morning Visits 9:45 Weight Training 10:00 Ping Pong 11:00 The Daily Chronicles 1:00 Relax & Refresh **2:30 Creative Arts - (Flower Arrangements)** **3:00 Music with Latinoamerican Duo- Harry & Lorena** 3:30 Franklin Footers (Walking Group) 4:00 Traditional Bingo 6:00 Evening Movie (Residents Choice)	9:00 Beauty Shop appointments 9:15 Morning visits 9:45 Chair Fitness 10:00 Hot Potato 11:00 The Daily Chronicles 1:00 Relax & refresh 2:30 Painting With Balloons **3:00 Happy Hour With Jaime Valera (In Assisted Living Dining Room)** **Sponsored by: Holy savior Hospice** 4:00 Franklin Footers (Walking Group) 6:00 Evening Movie (Residents Choice)	9:15 Morning visits 9:45 Seated Strengthing 10:00 Whack A Noodle 10:30 Outing: Lunch Bunch- Jim's Restaurant 11:00 Daily Chronicles 1:00 Relax & Refresh **2:30 Wrecking Ball Game** 3:00 Franklin Footers (Walking Group) 4:00 Picture Bingo 6:00 Evening Movie (Resident Choice)	9:15 Morning Visits 9:45 Gentle Chair Exercise 10:00 Team Bowling/ Daily Chronicles **11:00 Entertainment with Kai Kamaka** 1:00 Relax & Refresh **2:30 Snacktivities– Mini Cake Decorating** **Sponsored by: AMADA** 3:00 Franklin Footers (Walking Group) 4:00 Nail Care 6:00 Evening Movie (Residents Choice)	9:15 Morning Visits 9:30 Sit & Be Fit With Jo 10:00 Balloon Volleyball 11:00 Brain Teasers 1:00 Relax & Refresh 2:30 Prize Bingo 3:00 Franklin Footers (Walking Group) 4:00 Puzzle Mania 6:00 Evening Movie (Residents Choice)
9:15 Morning Visits 9:45 Morning Movement 10:00 Basketball 11:00 The Daily Chronicles 1:00 Relax & Refresh **2:30 The Promise Ministry Orchestra** **3:00 Bible study with The Promise Ministries (Brazos Activity Room)** 4:00 Franklin Footers (Walking Group) 6:00 Evening Movie (Residents Choice)	9:15 Morning Visits 9:45 Yoga & Meditation 10:00 Parachute 11:00 The Daily Chronicles 1:00 Relax & Refresh 2:30 Ice Cream Social 3:00 Franklin Footers (Walking Group) 4:00 Nail Care 6:00 Evening Movie (Residents Choice)	**60th Anniversary-STAR TREK (Wear Your Favorite Shirt)** 9:00 Beauty Shop Appointments 9:15 Morning Visits 9:45 Mindful Movements 10:00 Scarf Dancing 11:00 The Daily Chronicles 1:00 Relax & Refresh **2:30 Creative Arts - (Bracelets)** **3:00 Music with Latinoamerican Duo- Harry & Lorena** 3:30 Franklin Footers (Walking Group) 4:00 Traditional Bingo 6:00 Evening Movie (Residents Choice)	9:00 Beauty Shop appointments 9:15 Morning visits 9:45 Chair Cardio 10:00 Bean Bag Toss 11:00 The Daily Chronicles 1:00 Relax & refresh 2:30 Jeopardy **3:00 Happy Hour With Mike Clancey (In Assisted Living Dining Room)** **Sponsored by: Lifted Hospice** 4:00 Franklin Footers (Walking Group) 6:00 Evening Movie (Residents Choice)	9:15 Morning visits 9:45 Dance Fitness 10:00 Gone Fishing Active Game 11:00 Daily Chronicles 1:00 Relax & Refresh **2:30 Stuffed Animal Races** 3:00 Franklin Footers (Walking Group) 4:00 Picture Bingo 6:00 Evening Movie (Resident Choice)	**Patriot Day- [Moment of Silence at 7:46am]** **[Rosh Hashanah Begins]** 9:15 Morning Visits **9:30 Podiatrist Visits** 9:45 Morning Stretch 10:00 Noodle Hockey 11:00 Daily Chronicles 1:00 Relax & Refresh **2:00 Catholic Mass** **2:30 Snacktivities– Bean & Cheese Nachos** **Sponsored by: Three Oaks Hospice** 3:00 Franklin Footers (Walking Group) 4:00 Nail Care 6:00 Evening Movie (Residents Choice)	9:15 Morning Visits 9:30 Sit & Be Fit With Jo 10:00 Soccer Fu n 11:00 word Search 1:00 Relax & Refresh 2:30 Prize Bingo 3:00 Franklin Footers (Walking Group) 4:00 Puzzle Mania 6:00 Evening Movie (Residents Choice)
[National Assisted Living Week!] **[Grandparent's Day!]** **[Rosh Hashanah Ends]** 9:15 Morning Visits 9:45 Seated Stetches 10:00 Baseball 11:00 The Daily Chronicles 1:00 Relax & Refresh 2:30 Music & Creative Coloring 3:00 Franklin Footers (Walking Group) 4:00 Table Games 6:00 Evening Movie (Residents Choice)	**[National Assisted Living Week!]** 9:15 Morning Visits 9:45 Stretch Bands 10:00 Bean bag Baseball 11:00 The Daily Chronicles 1:00 Relax & Refresh 2:30 Cake Pop Social 3:00 Franklin Footers (Walking Group) 4:00 Nail Care 6:00 Evening Movie (Residents Choice)	**[National Assisted Living Week!]** 9:00 Beauty Shop Appointments 9:15 Morning Visits 9:45 Tai Chi 10:00 Ring Toss 11:00 The Daily Chronicles 1:00 Relax & Refresh **2:30 Creative Arts - OUTDOORS - (Fall wreaths)** **3:00 Music with Latinoamerican Duo- Harry & Lorena** 3:30 Franklin Footers (Walking Group) 4:00 Traditional Bingo 6:00 Evening Movie (Residents Choice)	**[National Assisted Living Week!]** **Mexico Independent Day** 9:00 Beauty Shop appointments 9:15 Morning visits 9:45 Morning Stretch 10:00 Soccer Competion 11:00 The Daily Chronicles 1:00 Relax & refresh 2:30 Hangman **3:00 Happy Hour With Rob Bernal (In Assisted Living Dining Room)** **Sponsored by: Embrace Hospice** 4:00 Franklin Footers (Walking Group) 6:00 Evening Movie (Residents Choice)	**[National Assisted Living Week!]** 9:15 Morning visits 9:45 Seated Strengthing 10:00 Whack A Noodle 11:00 Daily Chronicles 1:00 Relax & Refresh **2:30 Penny Pinching Game** 3:00 Franklin Footers (Walking Group) 4:00 Picture Bingo 6:00 Evening Movie (Resident Choice)	**[National Assisted Living Week!]** **National POW/MIA Recognition Day** 9:15 Morning Visits 9:45 Gentle Chair Exercise 10:00 Team Bowling **11:00 The Daily Chronicles/Science Projects with Diamond** 1:00 Relax & Refresh **2:30 Snacktivities– Banana Pudding Cups** **Sponsored by: Bexar Hospice** 3:00 Franklin Footers (Walking Group) 4:00 Nail Care 6:00 Evening Movie (Residents Choice)	**[National Assisted Living Week!]** 9:15 Morning Visits 9:30 Sit & Be Fit With Jo 10:00 Balloon Volleyball 11:00 Brain Teasers 1:00 Relax & Refresh 2:30 Prize Bingo 3:00 Franklin Footers (Walking Group) 4:00 Puzzle Mania 6:00 Evening Movie (Residents Choice)
9:15 Morning Visits 9:45 Morning Movement 10:00 Basketball 11:00 The Daily Chronicles 1:00 Relax & Refresh **2:30 The Promise Ministry Orchestra** **3:00 Bible study with The Promise Ministries (Brazos Activity Room)** 4:00 Franklin Footers (Walking Group) 6:00 Evening Movie (Residents Choice)	9:15 Morning Visits 9:45 Yoga & Meditation 10:00 Air Hockey 11:00 The Daily Chronicles 1:00 Relax & Refresh 2:30 Ice Cream Social 3:00 Franklin Footers (Walking Group) 4:00 Nail Care 6:00 Evening Movie (Residents Choice)	9:00 Beauty Shop Appointments 9:15 Morning Visits 9:45 Mindful Movements 10:00 Apple Grabbing 11:00 The Daily Chronicles 1:00 Relax & Refresh **2:30 Creative Arts - OUTDOORS - (Halloween Pillows)** **3:00 Music with Latinoamerican Duo- Harry & Lorena** 3:30 Franklin Footers (Walking Group) 4:00 Traditional Bingo 6:00 Evening Movie (Residents Choice)	9:00 Beauty Shop appointments 9:15 Morning visits 9:45 Chair Cardio 10:00 Bean Bag Toss 11:00 The Daily Chronicles 1:00 Relax & refresh 2:30 Wheel Of Fortune 3:00 Franklin Footers (Walking Group) **4:00 Happy Hour With Kai Kamaka (In Assisted Living Dining Room)** **Sponsored by: Graceful Guidance** 6:00 Evening Movie (Residents Choice)	9:15 Morning visits 9:45 Dance Fitness 10:00 Chairvolley ball 11:00 Daily Chronicles 1:00 Relax & Refresh **1:30 Movie & Popcorn In IL Theatre** 2:30 Creative Coloring 3:00 Franklin Footers (Walking Group) 4:00 Picture Bingo 6:00 Evening Movie (Resident Choice)	9:15 Morning Visits 9:45 Morning Stretch 10:00 Noodle Hockey **10:30 Outing: Scenic Drive** **11:00 Daily Chropnicles** 1:00 Relax & Refresh **2:30 Snacktivities– Strawberry Shortcake** **Sponsored by: Lifterd Hospice** 3:00 Franklin Footers (Walking Group) 4:00 Nail Care 6:00 Evening Movie (Residents Choice)	9:15 Morning Visits 9:30 Sit & Be Fit With Jo 10:00 Soccer Fu n 11:00 word Search 1:00 Relax & Refresh 2:30 Prize Bingo 3:00 Franklin Footers (Walking Group) 4:00 Puzzle Mania 6:00 Evening Movie (Residents Choice)
9:15 Morning Visits 9:45 Seated Stetches 10:00 Baseball 11:00 The Daily Chronicles 1:00 Relax & Refresh 2:30 Music & Creative Coloring 3:00 Franklin Footers (Walking Group) 4:00 Table Games 6:00 Evening Movie (Residents Choice)	9:15 Morning Visits 9:45 Stretch Bands 10:00 Kerplunk Game 11:00 The Daily Chronicles 1:00 Relax & Refresh 2:30 Chex Mix Social 3:00 Franklin Footers (Walking Group) 4:00 Nail Care 6:00 Evening Movie (Residents Choice)	9:00 Beauty Shop Appointments 9:15 Morning Visits 9:45 Weight Training 10:00 Ping Pong 11:00 The Daily Chronicles 1:00 Relax & Refresh **2:30 Creative Arts With Tess Outlaw- (Aquarium)** **3:00 Music with Latinoamerican Duo- Harry & Lorena** 3:30 Franklin Footers (Walking Group) 4:00 Traditional Bingo 6:00 Evening Movie (Residents Choice)	9:00 Beauty Shop appointments 9:15 Morning visits 9:45 Chair Fitness 10:00 Hot Potato 11:00 The Daily Chronicles 1:00 Relax & refresh 2:30 Tic-Tac-Toe **3:00 Happy Hour With Fermin Rocha (In Assisted Living Dining Room)** **Sponsored by: Enable Dental** 4:00 Franklin Footers (Walking Group) 6:00 Evening Movie (Residents Choice)			

[Nicole Garza, Director OF Life Enrichment] **[Diamond Zavala , Life Enrichment Assistant / Caregiver]**

***** All activities are subject to change due to unforeseen Events /or per resident preference or interest*****