



230 W.SUNSET ROAD

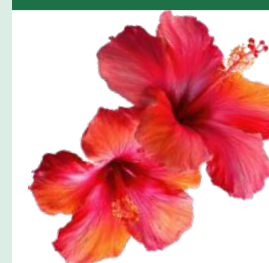
SAN ANTONIO, TX 78209

210-829-5955

STAFF DIRECTORY

Tiffany Weiser..... Executive Director
Joanna Sosa.....Business Office Manager
Emma SegoviaAdministration Assistant
Lauren Rodriguez ..Sales & Marketing Director
Aleesa Love..... Sales Assistant/Move In Coord
Jacqueline Hodges.....Dir. of Clinical Services
Andrew Resendiz..... Asst. Director of AL
Chris Purgason.....Director of Dining Services
Alex Reta Jr.....Executive Chef
Nicole Garza.....Director of Life Enrichment
Karla Posada....Life Enrichment/Fitness Coord
Jo Rosser.....Life Enrichment Assistant

AUGUST 2026



LUAU PARTY



Aloha! It's Luau Time!

Join us for an afternoon of island fun at our Luau Party on Wednesday, August 26 at 4:00 PM in the Assisted Living Dining Room! Enjoy live Hawaiian entertainment by Kai Kamaka, great music, tropical vibes, and plenty of fun. We invite everyone to wear their favorite Hawaiian or tropical attire and get into the island spirit! Don't miss this exciting celebration—



Celebrate Our Furry Friends!

Join us as we celebrate our four-legged companions!

International Cat Day – Saturday, August 8.

Stop by the Front Desk at 10:00 AM to pick up a special cat treat for your feline friend!

National Dog Day – Wednesday, August 26.

Meet us at 2:30 PM in the Independent Living Courtyard for delicious pup cups and a tail-wagging good time! We can't wait to celebrate with you and your pets!

AUGUST WORD SEARCH

AUGUST
SUMMER
BIRTHDAY
LUAU
SUNSHINE
PARTY
MEMORY
CARE
FRIENDS
JOY

A	U	G	U	S	T	F	J	R	S
S	U	N	S	H	I	N	E	O	U
B	I	R	T	H	D	A	Y	Y	M
P	A	R	T	Y	M	C	F	G	M
L	U	A	U	E	A	A	R	N	E
M	E	M	O	R	Y	R	I	I	R
F	S	H	I	N	E	E	E	H	J
J	O	Y	K	L	P	Q	N	S	O
C	A	R	E	B	V	W	D	X	Y
F	R	I	E	N	D	S	Z	A	B



Youth Happens, But Age Is Earned Days have passed into years, and you have become better with time. May you continue to become better with each birthday you enjoy. Happy birthday to everyone celebrating this month.

Joyce Hortick.....3rd

Manuela Juarez.....28th

Alberto Valle.....25th

Joan Pavliska.....24th

AUGUST 2026

Franklin Park Alamo Heights - Memory Care

230 W. Sunset Road San Antonio TX 78209

(210) 829-595

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	NATIONAL WELLNESS MONTH	LUAU PARTY AUGUST 6 	INTERNATIONAL CAT DAY AUGUST 8 	TELL A JOKE DAY AUGUST 16 	NATIONAL DOG DAY AUGUST 26 	9:15 Morning Visits 9:30 Sit & Be Fit With Jo 10:00 Balloon Volleyball 11:00 Trivia (Classic Movies Theme) 1:00 Relax & Refresh 2:30 Prize Bingo 3:00 Franklin Footers (Walking Group) 4:00 Active Games 6:00 Evening Movie (Residents Choice) 1
9:15 Morning Visits 9:45 Chair Fitness 10:00 Bean Bag Toss 11:00 The Daily Chronicles 1:00 Relax & Refresh 2:30 Music & Creative Coloring 3:00 Franklin Footers (Walking Group) 4:00 Cards, Dice & Fun 6:00 Evening Movie (Residents Choice) 2	National Watermelon Day! 9:15 Morning Visits 9:45 Chair Fitness 10:00 Bean Bag Toss 11:00 The Daily Chronicles 1:00 Relax & Refresh 2:30 Watermelon Social Sponsored by: Generations 3:00 Franklin Footers (Walking Group) 4:00 Nail Care 6:00 Evening Movie (Residents' Choice) 3	9:00 Beauty Shop Appointments 9:15 Morning Visits 9:45 Chair Yoga 10:00 Parachute Fun 11:00 The Daily Chronicles 1:00 Relax & Refresh 2:30 Creative Arts - OUTDOORS - (DIY Tie Dye Shirts) 3:00 Franklin Footers (Walking Group) 4:00 Traditional Bingo 6:00 Evening Movie (Residents Choice) 4	9:00 Beauty Shop appointments 9:15 Morning visits 9:45 Seated Stretch & Flex 10:00 Balloon Volleyball 11:00 The Daily Chronicles 1:00 Relax & refresh 2:30 Family Feud Game 3:00 Happy Hour With Jaime Valera (In Assisted Living Dining Room) Sponsored by: Gentle Partners In Hospice 4:00 Franklin Footers (Walking Group) 6:00 Evening Movie (Residents Choice) 5	9:15 Morning visits 9:45 Gentle Chair Exercises 10:00 Ring Toss 11:00 Daily Chronicles 1:00 Relax & Refresh 2:30 Horse Racing Game 3:00 Franklin Footers (Walking Group) 4:00 Picture Bingo 6:00 Evening Movie (Resident Choice) 6	9:15 Morning Visits 9:45 Dance Fitness 10:00 Whack A Noodle 11:00 Entertainment with Kai Kamaka 1:00 Relax & Refresh 2:30 Snackivities- Lemon Sunshine Snack Mix - Sponsored by: Three Oaks Hospice 3:00 Franklin Footers (Walking Group) 4:00 Nail Care 6:00 Evening Movie (Residents Choice) 7	9:15 Morning Visits 9:30 Sit & Be Fit With Jo 10:00 Ball Toss 11:00 Trivia (Classic Movies Theme) 1:00 Relax & Refresh 2:30 Prize Bingo 3:00 Franklin Footers (Walking Group) 4:00 Wheel Of Fortune 6:00 Evening Movie (Residents Choice) 8
9:15 Morning Visits 9:45 Morning Movements 10:00 Parachute Fun 11:00 The Daily Chronicles 1:00 Relax & Refresh 2:30 The Promise Ministry Orchestra 3:00 Bible study with The Promise Ministries (Brazos Activity Room) 4:00 Franklin Footers (Walking Group) 6:00 Evening Movie (Residents Choice) 9	9:15 Morning Visits 9:45 Seated Strength Training 10:00 Team Bowling 11:00 The Daily Chronicles 1:00 Relax & Refresh 2:30 Ice Cream Sundae 3:00 Franklin Footers (Walking Group) 4:00 Nail Care 6:00 Evening Movie (Residents Choice) 10	9:00 Beauty Shop Appointments 9:15 Morning Visits 9:45 Chair Cardio 10:00 Relay Races 11:00 The Daily Chronicles 1:00 Relax & Refresh 2:30 Creative Arts - (Luau Bracelets) 3:00 Franklin Footers (Walking Group) 4:00 Traditional Bingo 6:00 Evening Movie (Residents Choice) 11	9:00 Beauty Shop appointments 9:15 Morning visits 9:45 Mindful Movements 10:00 Drum Circle 11:00 The Daily Chronicles 1:00 Relax & refresh 2:30 Mystery Bag Game 3:00 Happy Hour With Mike Clancey (In Assisted Living Dining Room) Sponsored by: Abundant Hospice 4:00 Franklin Footers (Walking Group) 6:00 Evening Movie (Residents Choice) 12	9:15 Morning visits 9:45 Tai Chi 10:00 Soccer Competition 10:30 Outing: Lunch Bunch- Fish City Grill 11:00 Daily Chronicles 1:00 Relax & Refresh 2:30 Stuffed Animal Pet Adoption 3:00 Franklin Footers (Walking Group) 4:00 Picture Bingo 6:00 Evening Movie (Resident Choice) 13	9:15 Morning Visits 9:45 Morning Stretch 10:00 Noodle Hockey 11:00 Science Projects with Diamond 1:00 Relax & Refresh 2:00 Catholic Mass 2:30 Cooking Demo & Taste Testing "Spaghetti & Meatballs" Sponsored by: Bexar Hospice 3:00 Franklin Footers (Walking Group) 4:00 Nail Care 6:00 Evening Movie (Residents Choice) 14	9:15 Morning Visits 9:30 Sit & Be Fit With Jo 10:00 Balloon Volleyball 11:00 Trivia (Classic Movies Theme) 1:00 Relax & Refresh 2:30 Prize Bingo 3:00 Franklin Footers (Walking Group) 4:00 Active Games 6:00 Evening Movie (Residents Choice) 15
National Tell A Joke Day! 9:15 Morning Visits 9:45 Chair Fitness 10:00 Bean Bag Toss 11:00 Brain Teasers 1:00 Relax & Refresh 2:30 Music & Creative Coloring 3:00 Franklin Footers (Walking Group) 4:00 Cards, Dice & Fun 6:00 Evening Movie (Residents Choice) 16	9:15 Morning Visits 9:45 Chair Fitness 10:00 Bean Bag Toss 11:00 The Daily Chronicles 1:00 Relax & Refresh 2:30 Root Beer Floats 3:00 Franklin Footers (Walking Group) 4:00 Nail Care 6:00 Evening Movie (Residents' Choice) 17	9:00 Beauty Shop Appointments 9:15 Morning Visits 9:45 Chair Yoga 10:00 Parachute Fun 11:00 The Daily Chronicles 1:00 Relax & Refresh 2:30 Creative Arts - (Flower Arrangements) 3:00 Franklin Footers (Walking Group) 4:00 Traditional Bingo 6:00 Evening Movie (Residents' Choice) 18	9:00 Beauty Shop appointments 9:15 Morning visits 9:45 Seated Stretch & Flex 10:00 Casino Slot Game 11:00 The Daily Chronicles 1:00 Relax & refresh 2:30 Scattergories Game 3:00 Birthday Happy Hour Celebration With Linda Mountain (In Assisted Living Dining Room) Sponsored by: Gracful Guidance 4:00 Franklin Footers (Walking Group) 6:00 Evening Movie (Residents Choice) 19	9:15 Morning visits 9:45 Gentle Chair Exercises 10:00 Ring Toss 11:00 Daily Chronicles 1:00 Relax & Refresh 2:30 Place The Face Game 3:00 Franklin Footers (Walking Group) 4:00 Picture Bingo 6:00 Evening Movie (Resident Choice) 20	National Senior Citizen Day! 9:15 Morning Visits 9:45 Dance Fitness 10:00 Whack A Noodle 10:30 Outing: Scenic Drive 1:00 Relax & Refresh 2:30 Snackivities- Cheese Ball Creations Sponsored by: AMADA 3:00 Franklin Footers (Walking Group) 4:00 Nail Care 6:00 Evening Movie (Residents Choice) 21	9:15 Morning Visits 9:30 Sit & Be Fit With Jo 10:00 Ball Toss 11:00 Trivia (Classic Movies Theme) 1:00 Relax & Refresh 2:30 Prize Bingo 3:00 Franklin Footers (Walking Group) 4:00 Wheel Of Fortune 6:00 Evening Movie (Residents Choice) 22
9:15 Morning Visits 9:45 Morning Movements 10:00 Parachute Fun 11:00 The Daily Chronicles 1:00 Relax & Refresh 2:30 The Promise Ministry Orchestra 3:00 Bible study with The Promise Ministries (Brazos Activity Room) 4:00 Franklin Footers (Walking Group) 6:00 Evening Movie (Residents Choice) 23	9:15 Morning Visits 9:45 Seated Strength Training 10:00 Team Bowling 11:00 The Daily Chronicles 1:00 Relax & Refresh 2:30 Popsicle Social 3:00 Franklin Footers (Walking Group) 4:00 Nail Care 6:00 Evening Movie (Residents' Choice) 24	National Banana Split Day! 9:00 Beauty Shop Appointments 9:15 Morning Visits 9:45 Chair Cardio 10:00 Relay Races 11:00 The Daily Chronicles & Banana Splits 1:00 Relax & Refresh 2:30 Creative Arts - (Button Trees) 3:00 Franklin Footers (Walking Group) 4:00 Traditional Bingo 6:00 Evening Movie (Residents Choice) 25	National Dog Day! 9:00 Beauty Shop appointments 9:15 Morning visits 9:45 Mindful Movements 10:00 Drum Circle 11:00 The Daily Chronicles 1:00 Relax & refresh 2:30 Jeopardy Game 3:00 Franklin Footers (Walking Group) 4:00 Luau Happy Hour With Kai Kamaka (In Assisted Living Dining Room) Sponsored by: Home Instead 6:00 Evening Movie (Residents Choice) 26	9:15 Morning visits 9:45 Tai Chi 10:00 Soccer Competition 11:00 Daily Chronicles & Pen Pal Social 1:00 Relax & Refresh 1:00 Movie Matinee in IL- Theatre 3:00 Franklin Footers (Walking Group) 4:00 Picture Bingo 6:00 Evening Movie (Resident Choice) 27	9:15 Morning Visits 9:45 Morning Stretch 10:00 Noodle Hockey 11:00 Science Projects with Diamond 1:00 Relax & Refresh 2:30 Cooking Demo & Taste Testing "Taco Salad Bowl" Sponsored by: Bexar Hospice 3:00 Franklin Footers (Walking Group) 4:00 Nail Care 6:00 Evening Movie (Residents Choice) 28	9:15 Morning Visits 9:30 Sit & Be Fit With Jo 10:00 Balloon Volleyball 11:00 Trivia (Classic Movies Theme) 1:00 Relax & Refresh 2:30 Prize Bingo 3:00 Franklin Footers (Walking Group) 4:00 Active Games 6:00 Evening Movie (Residents Choice) 29
9:15 Morning Visits 9:45 Chair Fitness 10:00 Bean Bag Toss 11:00 Brain Teasers 1:00 Relax & Refresh 2:30 Music & Creative Coloring 3:00 Franklin Footers (Walking Group) 4:00 Cards, Dice & Fun 6:00 Evening Movie (Residents Choice) 30	9:15 Morning Visits 9:45 Chair Fitness 10:00 Bean Bag Toss 11:00 The Daily Chronicles 1:00 Relax & Refresh 2:30 Orange Creamsicle Floats 3:00 Franklin Footers (Walking Group) 4:00 Nail Care 6:00 Evening Movie (Residents' Choice) 31	SOAK UP THE SUNSHINE, CHERISH THE MOMENT, AND MAKE AUGUST UNFORGETTABLE.				

[Nicole Garza, Director OF Life Enrichment]

[Diamond Zavala , Life Enrichment Assistant / Caregiver]

[Jo Rosser, Life Enrichment Assistant]

*** All activities are subject to change due to unforeseen Events /or per resident preference or interest***