



230 W. Sunset Road • San Antonio, TX 78209 • (210) 829-5955

STAFF DIRECTORY

|                  |                                |
|------------------|--------------------------------|
| Tiffany Weiser   | Executive Director             |
| Joanna Sosa      | Business Office Manager        |
| Lucy Cetina      | Administrative Assistant       |
| Lauren Rodriguez | Sales & Marketing Director     |
| Aleesa Love      | Sales Assistant/Move-In Coord. |
| Chris Purgason   | Director of Dining Services    |
| Alex Reta, Jr.   | Executive Chef                 |
| Nicole Garza     | Director of Life Enrichment    |
| Karla Posada     | Life Enrichment/Fitness Coord. |
| Jo Rosser        | Life Enrichment Assistant      |



Happy Birthday to You

We're sending warm wishes to all our residents celebrating a birthday this month. We hope you have a wonderful day!

|                                        |      |
|----------------------------------------|------|
| Jean Pace (Celeb...101 Years Young)    | 5th  |
| Joe Courand                            | 10th |
| Margo Mah                              | 12th |
| Lita Anderlitch (Celeb...100yrs Young) | 13th |
| Sandi Zimlich                          | 14th |
| Erma O'Brien                           | 15th |
| Marge McGovern                         | 16th |
| Katherine Pearce                       | 18th |
| Dorie Pierce                           | 20th |
| Barbara Comi                           | 22nd |
| Steve McCarroll                        | 24th |
| Nancy Rattan                           | 26th |
| Ruth Holshey                           | 27th |
| Chaya Eylon                            | 28th |
| Nancy Carr                             | 29th |
| Ed O'Leary                             | 30th |

July 2026



4th of July Community Barbecue

Join us as we celebrate Independence Day with our Fourth of July Community Barbecue on Thursday, July 2, from 11am to 1pm in the Independent Living Courtyard by the pool. Residents and staff are invited to enjoy delicious barbecue, festive music, and fun as we come together to celebrate our nation's birthday. We look forward to celebrating with you!



Independence Day by the Numbers

150 million. Hot dogs eaten on the Fourth of July.56. Signers of the Declaration of Independence.2.5 million. Approximate population of the U.S. in July 1776.mm 342 million. Approximate population of the U.S. today.



# July 2026

- AC

Arts and Crafts
- GR

The Great Room
- L

Meet in Lobby
- BR

Ballroom
- T

Theater

DR

Dining Room

BL

Billiards Room

CR

Conference Rm

BS

Bistro

P

Pool

WC

Wellness Center

HR

Hobby Room

PC

Pool Courtyard

♥

Health/Educational

✓

Sign-Up Required

★

Special Event/Guest

\$

Money Required

| Sunday                                                                                                                                                                                                                                                                                                                                              | Monday                                                                                                                                                                                                                                                                                                                                                                          | Tuesday                                                                                                                                                                                                                                                                                                                                                                                                          | Wednesday                                                                                                                                                                                                                                                                                                                        | Thursday                                                                                                                                                                                                                                                                                                                                                                                   | Friday                                                                                                                                                                                                                                                                                                                                                                         | Saturday                                                                                                                                                                                                                                                        |
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|                                                                                                                                                                                                                                                                     |                                                                                                                                                                                                                                                                                                |                                                                                                                                                                                                                                                                                                                                | <div>Announcement of 4th of July Door Contest Winner on TV Monitors</div> <div>10:00 WC Morning Exercise with Karla ♥</div> <div>11:00 BL Bible Study with United Methodist church</div> <div>1:30 BL Mexican Train Dominoes</div> <div>2:30 P Low Impact Water Fitness ♥</div> <div>3:30 WC Chair volleyball With Karla ♥</div> | <div>11:00 PC Community BBQ (Meet at IL- Pool Courtyard) Sponsored by: FPAH, AMADA &amp; FOX REHAB ★</div> <div>11:00 GR Homily &amp; Communion</div> <div>1:00 BL Poker</div> <div>3:30 BR Line Dance Class with Virginia Gross</div> <div>7:00 BL Table Games with friends ✓</div>                                                                                                       | <div>8:30 L HEB Trip- (Oak Park- Small) ✓</div> <div>10:00 WC Silver Sneakers Classic with Jo ♥</div> <div>1:00 BL Digital Bingo with Karla\$</div> <div>1:00 BS Vendor: Marie's Trunk Show\$</div> <div>2:00 AC Mahjong</div> <div>2:30 BL Billiards</div> <div>2:30 GR Family Feud with Karla</div>                                                                          | <div>Independence Day</div> <div>10:00 BL Mexican Train Dominoes</div> <div>1:00 T Saturday Movie - Heads of State (2025) (WITH CAPTIONS)</div> <div>2:00 BL Bridge with Patsy ✓</div> <div>7:00 T Saturday Movie - Heads of State (2025) (WITH CAPTIONS)</div> |
| <div>5</div> <div>1:00 BL Digital Bingo with Shelly</div> <div>1:00 T Sunday Cinema- Heads of State (2025) "NO CAPTIONS"</div> <div>2:30 BL Simplified Mahjong ✓</div> <div>5:00 T Sunday Cinema- Heads of State (2025) "NO CAPTIONS"</div> <div>5:00 BL Texas Hold 'Em "Women's Group" ✓</div>                                                     | <div>Volunteers Needed to Remove Flags (Meet in the Lobby at 9am)</div> <div>10:00 WC Morning Exercise with Karla ♥</div> <div>11:00 BL Pray Holy Rosary</div> <div>11:00 HR Your Hobby Room With Robert</div> <div>1:00 T Weekly Trivia with Bob</div> <div>2:00 BL Bridge with Patsy ✓</div> <div>3:30 WC Chair volleyball With Karla ♥</div>                                 | <div>10:00 WC Silver Sneakers Circuit with Jo ♥</div> <div>1:00 CR Activity Meeting (All Are Welcome To Join)</div> <div>1:00 BL Poker</div> <div>2:00 T Tuesday Matinée- Spider-Noir (2026) (Episode 1 &amp; 2 ) "WITH CAPTIONS"</div> <div>3:00 BR Bean Bag Baseball</div> <div>7:00 T Tuesday Matinée- Spider-Noir (2026)(Episode 1 &amp; 2 ) "NO CAPTIONS"</div>                                             | <div>10:00 WC Morning Exercise with Karla ♥</div> <div>11:00 BL Bible Study</div> <div>1:00 CR Food Committee Meeting</div> <div>1:30 BL Mexican Train Dominoes</div> <div>2:00 L Walmart ✓</div> <div>3:30 WC Chair volleyball With Karla ♥</div>                                                                               | <div>10:00 WC Morning Exercise with Karla ♥</div> <div>1:00 BL Poker</div> <div>2:00 GR Meet The Author &amp; book Signing with DC Bloom "To See Blossom" ★</div> <div>3:30 BR Line Dance Class with Virginia Gross</div> <div>4:00 BR Happy Hour with Jaime Valera - Sponsored by: RSS Salon ★</div> <div>7:00 BL Table Games with friends ✓</div>                                        | <div>8:30 L HEB Trip (Lincoln Heights) ✓</div> <div>10:00 BS New Vendor: B &amp; W Redneck Fairy Lamps\$</div> <div>10:00 WC Silver Sneakers Classic with Jo ♥</div> <div>11:00 BL Catholic Mass ★</div> <div>1:00 BL Digital Bingo with Karla\$</div> <div>2:00 AC Mahjong</div> <div>2:30 BL Billiards</div> <div>2:30 GR Ice cream Social- Sponsored by: Devoted Care</div> | <div>10:00 BL Mexican Train Dominoes</div> <div>1:00 T Saturday Movie - Voicemails From Isabella (2026) (WITH CAPTIONS)</div> <div>2:00 BL Bridge with Patsy ✓</div> <div>7:00 T Saturday Movie - Voicemails From Isabella (2026) (WITH CAPTIONS)</div>         |
| <div>12</div> <div>1:00 BL Digital Bingo with Dave</div> <div>1:00 T Sunday Cinema- Voicemails From Isabella (2026) " NO CAPTIONS"</div> <div>2:30 BL Simplified Mahjong ✓</div> <div>5:00 T Sunday Cinema- Voicemails From Isabella (2026) "NO CAPTIONS"</div> <div>5:00 BL Texas Hold 'Em "Women's Group" ✓</div>                                 | <div>10:00 WC Morning Exercise with Karla ♥</div> <div>11:00 BL Pray Holy Rosary</div> <div>11:00 HR Your Hobby Room With Robert</div> <div>1:00 T Weekly Trivia with Bob</div> <div>2:00 BL Bridge with Patsy ✓</div> <div>3:30 WC Chair volleyball With Karla ♥</div>                                                                                                         | <div>10:00 WC Silver Sneakers Circuit with Jo ♥</div> <div>11:00 L Outing: Lunch Bunch- Rudy's BBQ ✓</div> <div>1:00 BL Poker</div> <div>2:00 T Tuesday Matinée- Spider-Noir (2026) (Episode 3 &amp; 4) "WITH CAPTIONS"</div> <div>3:00 BR Bean Bag Baseball</div> <div>7:00 T Tuesday Matinée- Spider-Noir (2026) (Episode 3 &amp; 4 ) "NO CAPTIONS"</div>                                                      | <div>10:00 WC Silver Sneakers Classic with Jo ♥</div> <div>11:00 BL Bible Study</div> <div>1:00 BL Book Club- Theo of Golden</div> <div>2:00 BL Mexican Train Dominoes</div> <div>2:30 P Low Impact Water Fitness ♥</div> <div>3:30 WC Chair volleyball With Karla ♥</div> <div>4:30 DR Birthday Dinner PT:1 ✓</div>             | <div>10:00 WC Tai Chi with Tam Le ♥</div> <div>1:00 CR Hearing Life Services ★</div> <div>1:00 BL Poker</div> <div>2:00 T Tom Jackson, Historian- Presenting: The Texas Rangers ★</div> <div>3:30 BR Line Dance Class with Virginia Gross</div> <div>4:00 BR Happy Hour with Julian Escobedo- Sponsored by: Adroit Medical Equipment ★</div> <div>7:00 BL Table Games with friends ✓</div> | <div>8:30 L HEB Trip- (Oak Park- Small) ✓</div> <div>10:00 WC Morning Exercise with Karla ♥</div> <div>1:00 BL Digital Bingo with Karla\$</div> <div>2:00 AC Mahjong</div> <div>2:30 BL Billiards</div> <div>2:30 GR Word Scramble &amp; Mimosas- Sponsored by: Spruce Goose Organizers</div>                                                                                  | <div>10:00 BL Mexican Train Dominoes</div> <div>1:00 T Saturday Movie - Song Sung Blue (2026) (WITH CAPTIONS)</div> <div>2:00 BL Bridge with Patsy ✓</div> <div>7:00 T Saturday Movie - Song Sung Blue (2026) (WITH CAPTIONS)</div>                             |
| <div>19</div> <div>1:00 BL Digital Bingo with Gilder</div> <div>1:00 T Sunday Cinema- Song Sung Blue (2026) "NO CAPTIONS"</div> <div>2:30 BL Simplified Mahjong ✓</div> <div>5:00 T Sunday Cinema- Song Sung Blue (2026) "NO CAPTIONS"</div> <div>5:00 BL Texas Hold 'Em "Women's Group" ✓</div>                                                    | <div>Rummage Sale- Pick Up</div> <div>10:00 WC Baoding balls with Tam LE ♥</div> <div>11:00 BL Pray Holy Rosary</div> <div>11:00 HR Your Hobby Room With Robert</div> <div>1:00 T Weekly Trivia with Bob</div> <div>2:00 BL Bridge with Patsy ✓</div> <div>3:30 WC Chair volleyball With Karla ♥</div>                                                                          | <div>10:00 WC Silver Sneakers Circuit with Jo ♥</div> <div>11:00 T New Resident Orientation</div> <div>1:00 AC Acrylic Painting class with Tess Outlaw ✓</div> <div>1:00 BL Poker</div> <div>2:00 T Tuesday Matinée- Spider-Noir (2026) (Episode 5 &amp; 6 ) "WITH CAPTIONS"</div> <div>3:00 BR Bean Bag Baseball</div> <div>7:00 T Tuesday Matinée- Spider-Noir (2026) (Episode 5 &amp; 6 ) (NO CAPTIONS)</div> | <div>10:00 WC Morning Exercise with Karla ♥</div> <div>10:30 L Outing: SA Museum of Art ✓</div> <div>11:00 BL Bible Study</div> <div>1:00 AC Creating Blankets with Embrace Hospice ✓</div> <div>1:30 BL Mexican Train Dominoes</div> <div>3:30 WC Chair volleyball With Karla ♥</div> <div>4:30 DR Birthday Dinner Pt:2 ✓</div> | <div>10:00 WC Morning Exercise with Karla ♥</div> <div>1:00 BL Poker</div> <div>3:30 BR Line Dance Class with Virginia Gross</div> <div>4:00 BR Happy Hour with Fermin Rocha- Sponsored by: Bloom ★</div> <div>7:00 BL Table Games with friends ✓</div>                                                                                                                                    | <div>8:30 L HEB Trip (Lincoln Heights) ✓</div> <div>10:00 WC Silver Sneakers Classic with Jo ♥</div> <div>1:00 BL Digital Bingo with Karla\$</div> <div>2:00 AC Mahjong</div> <div>2:30 BL Billiards</div> <div>2:30 GR Sweets &amp; Treats Social- Sponsored by: Robert Walker (Inhouse Massage Therapist</div>                                                               | <div>10:00 BL Mexican Train Dominoes</div> <div>1:00 T Saturday Movie - The Wrong Missy (2020) (WITH CAPTIONS)</div> <div>2:00 BL Bridge with Patsy ✓</div> <div>7:00 T Saturday Movie - The Wrong Missy (2020) (WITH CAPTIONS)</div>                           |
| <div>26</div> <div>10:00 BS Tammy &amp; Ally Bake Sale \$</div> <div>1:00 BL Digital Bingo with Claire</div> <div>1:00 T Sunday Cinema- The Wrong Missy (2020) "NO CAPTIONS"</div> <div>2:30 BL Simplified Mahjong ✓</div> <div>5:00 T Sunday Cinema- The Wrong Missy (2020)"NO CAPTIONS"</div> <div>5:00 BL Texas Hold 'Em "Women's Group" ✓</div> | <div>Rummage Sale</div> <div>9:30 WC Morning Exercise with Karla ♥</div> <div>10:00 GR Piano Performance - Thomas Fedorichik ★</div> <div>11:00 BL Pray Holy Rosary</div> <div>11:00 HR Your Hobby Room With Robert</div> <div>1:00 T Weekly Trivia with Bob</div> <div>2:00 BL Bridge with Patsy ✓</div> <div>3:30 WC Christmas in July Volleyball Staff V'S Residents ♥</div> | <div>10:00 WC Silver Sneakers Circuit with Jo ♥</div> <div>1:00 BL Poker</div> <div>1:00 CR RAC MEETING</div> <div>2:00 T Tuesday Matinée- Spider-Noir (2026) (Episode 7 &amp; 8 ) "WITH CAPTIONS"</div> <div>3:00 BR Bean Bag Baseball</div> <div>7:00 T Tuesday Matinée- Spider-Noir (2026) (Episode 7 &amp; 8 ) "NO CAPTIONS"</div>                                                                           | <div>10:00 WC Morning Exercise with Karla ♥</div> <div>11:00 BL Bible Study</div> <div>2:30 T Adroit Medical Equipment ✓</div> <div>2:30 P Low Impact Water Fitness</div> <div>3:30 WC Chair volleyball With Karla ♥</div>                                                                                                       | <div>International Friendship Day</div> <div>10:00 WC Morning Exercise with Karla ♥</div> <div>1:00 BL Poker</div> <div>3:30 BR Line Dance Class with Virginia Gross</div> <div>4:00 BR Meet your Neighbor Social Hour with Linda Mountain- Sponsored by: Advance Care Tech ★</div> <div>7:00 BL Table Games with friends ✓</div>                                                          | <div>8:30 L HEB Trip- (Oak Park- Small) ✓</div> <div>10:00 WC Silver Sneakers Classic with Jo ♥</div> <div>1:00 BL Digital Bingo with Karla\$</div> <div>2:00 AC Mahjong</div> <div>2:30 BL Billiards</div> <div>2:30 GR Medicare Trivia &amp; Smoothies- Sponsored by: TMS</div>                                                                                              |                                                                                                                                                                            |



## We All Scream for Ice Cream!

Many people beat the summer heat by dipping into their favorite ice cream. Take a "lick" at these popular parlors and see when and where they began serving up their cool treats.

| Year | Ice Cream Shop      | Location               |
|------|---------------------|------------------------|
| 1934 | Carvel              | Hartsdale, N.Y.        |
| 1935 | Friendly's          | Springfield, Mass.     |
| 1940 | Dairy Queen         | Joliet, Ill.           |
| 1945 | Baskin-Robbins      | Glendale, Calif.       |
| 1948 | Swensen's           | San Francisco, Calif.  |
| 1968 | Braum's             | Oklahoma City, Okla.   |
| 1976 | Häagen-Dazs         | Brooklyn Heights, N.Y. |
| 1978 | Ben & Jerry's       | Burlington, Vt.        |
| 1988 | Cold Stone Creamery | Tempe, Ariz.           |
| 1989 | Bruster's           | Bridgewater, Pa.       |

## "This Month In History"

### JULY

**1904:** The ice cream cone debuts at the World's Fair in St. Louis.

**1913:** Alfred Carlton Gilbert is granted a patent for the Erector Set. His invention became one of the most popular toys of all time.

**1922:** A new sport is invented on a lake in Minnesota when 18-year-old Ralph Samuelson skis on water using two planks of wood.

**1930:** Congress creates the Veterans Administration.

**1946:** The new flag of the Philippines is raised over Manila after the U.S. grants the Asian nation full independence.

**1957:** John Glenn, then a major in the U.S. Marines, sets a new transcontinental speed record, flying a jet from California to New York in 3 hours, 23 minutes. The record was broken in March 1990 with a flight from Los Angeles to Washington, D.C., that took 1 hour and 4 minutes.

**1963:** To help speed up mail delivery, the Postal Service begins implementing the ZIP code system.

**1976:** Bicentennial celebrations are held all over the U.S. to celebrate the 200th anniversary

of the signing of the Declaration of Independence.

**1981:** President Ronald Reagan announces he will nominate Sandra Day O'Connor to be the new associate justice of the U.S. Supreme Court. She was the first woman to serve on the court.

**1999:** The U.S. women's soccer team wins the World Cup, defeating China in front of a record crowd at the Rose Bowl in California.

**2005:** NASA's space probe Deep Impact slams into a comet as part of a mission to learn more about the solar system.