



Wear It PINK Photo Shoot!

Please join us as we come together to honor and recognize our residents and staff in support of Breast Cancer Awareness Month. Friday, October 23rd 2026 at 2:30 PM Independent Living Courtyard by the Pool. Wear your PINK! We'll be taking a group photo, so let's show our support and fill the courtyard with pink! If you need assistance walking to the courtyard, please meet us in the Arts & Crafts Room at 2:15 PM, and we'll walk over together. Come join us as we stand together in support, hope, and remembrance



October Food Drive!

We are excited to host a Food Drive from October 1st through October 31st to help support our local food bank and families in need during the upcoming holiday season. We are collecting: Canned & non-perishable food items Including Dog food and Cat food. If you would like to participate, please bring your donations to the facility and place them in the two collection bins located in the Lounge area. Every donation, big or small, can make a difference. Thank you for helping us give back to our community and make the holidays a little brighter for those in need!



230 W.SUNSET ROAD

SAN ANTONIO, TX 78209

210-829-5955

STAFF DIRECTORY

Tiffany Weiser..... Executive Director
 Joanna Sosa.....Business Office Manager
 Emma Segovia.....Administration Assistant
 Lauren Rodriguez ..Sales & Marketing Director
 Tabitha Fix..... Sales Assistant/Move In Coord
 Jacqueline Hodges.....Dir. of Clinical Services
 Araceli Vela..... Director of Memory Care
 Chris Purgason.....Director of Dining Services
 Alex Reta Jr.....Executive Chef
 Nicole Garza.....Director of Life Enrichment
 Diamond Zavala.....Life Enrichment /Caregiver



**Wishing you all a wonderful day
filled with love and joy!**

Dorothy Grosse.....8th
 Lurline Russell.....18th
 Maxine O'Brian.....24th

OCTOBER 2026

Oktoberfest

Let's Celebrate Oktoberfest!

Join us for some fun, fellowship, and a little celebration. Thursday, October 8th at 3:00 PM Independent Living Ballroom. Need a little help getting there? No problem! Meet us in the Activity Room at 2:30 PM, and we'll walk over together as a group. Come celebrate, laugh, and welcome October with us!



Get Ready for a Spooktacular Halloween Bash!

It's time to dress to impress... Halloween style!
 Wednesday, October 28th at 3:00 PM in the assisted living Dining Room. Come join us for an afternoon of Halloween fun, including a Halloween Costume Contest! And that's not all... We'll also be revealing the winner of our Pumpkin Contest!
 Costumes, pumpkins, and plenty of fun —we'll see you there!

OCTOBER 2026

Franklin Park Alamo Heights - Memory Care
230 W. Sunset Road San Antonio TX 78209
(210) 829-595

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	 REGISTER TO VOTE!			9:15 Morning visits 9:45 Light Movements 10:00 Bowling 10:30 Outing: Lunch Bunch- P.F Changs 11:00 Daily Chronicles 1:00 Relax & Refresh 2:30 Bull Dozer Game 3:00 Franklin Footers (Walking Group) 4:00 Picture Bingo 6:00 Evening Movie (Resident Choice)	9:15 Morning Visits 9:45 Step to the Beat 10:00 Daily Chronicles 11:00 Entertainment with Kai Kamaka 1:00 Relax & Refresh 2:30 Snackivities- Halloween Trail Mix 3:00 Franklin Footers (Walking Group) 4:00 Nail Care 6:00 Evening Movie (Residents Choice)	9:15 Morning Visits 9:30 Sit & Be Fit With Jo 10:00 Table Games 11:00 Random Trivia 1:00 Relax & Refresh 2:30 Prize Bingo 3:00 Franklin Footers (Walking Group) 4:00 Puzzle Mania 6:00 Evening Movie (Residents Choice)
9:15 Morning Visits 9:45 Ball Toss 10:00 Table Games with Smooth Jazz 11:00 The Daily Chronicles 1:00 Relax & Refresh 2:30 The Promise Ministry Orchestra 3:00 Bible study with The Promise Ministries (Brazos Activity Room) 4:00 Franklin Footers (Walking Group) 6:00 Evening Movie (Residents Choice)	9:15 Morning Visits 9:45 Silver Stretchers 10:00 Ball Races 11:00 The Daily Chronicles 1:00 Relax & Refresh 2:30 Ice Cream Sundeas 3:00 Franklin Footers (Walking Group) 4:00 Nail Care 6:00 Evening Movie (Residents Choice)	9:00 Beauty Shop Appointments 9:15 Morning Visits 9:45 Stretch & Balance 10:00 Balloon Tennis 11:00 The Daily Chronicles 1:00 Relax & Refresh 2:30 Creative Arts - (Halloween Lanters) 3:00 Music with Latinoamerican Duo- Harry & Lorena 3:30 Franklin Footers (Walking Group) 4:00 Traditional Bingo 6:00 Evening Movie (Residents Choice)	9:00 Beauty Shop appointments 9:15 Morning visits 9:45 Seated Resisted Bands 10:00 Whack the noodle 11:00 The Daily Chronicles 1:00 Relax & refresh 2:30 Pumpkin Pass Game 3:00 Franklin Footers (Walking Group) 4:00 Active Games 6:00 Evening Movie (Residents Choice)	9:15 Morning visits 9:45 Sittercize 10:00 Hungry Hippo 11:00 Daily Chronicles 1:00 Relax & Refresh 2:30 Creative Coloring 3:00 Oktoberfest Happy Hour (In Independant Ballroom) 4:00 Picture Bingo 6:00 Evening Movie (Resident Choice)	9:15 Morning Visits 9:45 Move to the Music 10:00 Drum Circle 11:00 Daily Chronicles 1:00 Relax & Refresh 2:00 Catholic Mass 2:30 Snackivities- Mini Pumpkin Pies Sponsored by: Lifted Hospice 3:00 Franklin Footers (Walking Group) 4:00 Nail Care 6:00 Evening Movie (Residents Choice)	9:15 Morning Visits 9:30 Sit & Be Fit With Jo 10:00 Football Toss 11:00 word Search 1:00 Relax & Refresh 2:30 Prize Bingo 3:00 Franklin Footers (Walking Group) 4:00 Puzzle Mania 6:00 Evening Movie (Residents Choice)
9:15 Morning Visits 9:45 Chair Exercises 10:00 Table Puzzles W/ 50's Music 11:00 The Daily Chronicles 1:00 Relax & Refresh 2:30 Music & Creative Coloring 3:00 Franklin Footers (Walking Group) 4:00 Table Games 6:00 Evening Movie (Residents Choice)	Columbus Day/Indigenous Peoples Day 9:15 Morning Visits 9:45 Golden Strength 10:00 Balloon Tennis 11:00 The Daily Chronicles 1:00 Relax & Refresh 2:30 Root Beer Floats 3:00 Franklin Footers (Walking Group) 4:00 Nail Care 6:00 Evening Movie (Residents Choice)	9:00 Beauty Shop Appointments 9:15 Morning Visits 9:45 Move To The Beat 10:00 Sticky Ball 11:00 The Daily Chronicles 1:00 Relax & Refresh 2:30 Creative Arts - (Spooky Mache Mask) 3:00 Music with Latinoamerican Duo- Harry & Lorena 3:30 Franklin Footers (Walking Group) 4:00 Traditional Bingo 6:00 Evening Movie (Residents Choice)	9:00 Beauty Shop appointments 9:15 Morning visits 9:45 AM Stretches 10:00 Ping Pong 11:00 The Daily Chronicles 1:00 Relax & refresh 2:30 Air Hockey 3:00 Happy Hour With Pete Martinez (In Assisted Living Dining Room) 4:00 Franklin Footers (Walking Group) 6:00 Evening Movie (Residents Choice)	9:15 Morning visits 9:45 Light Movements 10:00 Pumpkin Pass 11:00 Happy Tails (Pet Visits) 1:00 Relax & Refresh 2:30 Making Halloween Treat Bags for Kiddos 3:00 Franklin Footers (Walking Group) 4:00 Picture Bingo 6:00 Evening Movie (Resident Choice)	9:15 Morning Visits 9:45 Step to the Beat 10:00 Chair Volleyball 11:00 Daily Chronicles 1:00 Relax & Refresh 2:30 Snackivities- Edible Witch Hats 3:00 Franklin Footers (Walking Group) 4:00 Nail Care 6:00 Evening Movie (Residents Choice)	9:15 Morning Visits 9:30 Sit & Be Fit With Jo 10:00 Table Games 11:00 Random Trivia 1:00 Relax & Refresh 2:30 Prize Bingo 3:00 Franklin Footers (Walking Group) 4:00 Puzzle Mania 6:00 Evening Movie (Residents Choice)
9:15 Morning Visits 9:45 Ball Toss 10:00 Table Games with Smooth Jazz 11:00 The Daily Chronicles 1:00 Relax & Refresh 2:30 The Promise Ministry Orchestra 3:00 Bible study with The Promise Ministries (Brazos Activity Room) 4:00 Franklin Footers (Walking Group) 6:00 Evening Movie (Residents Choice)	9:15 Morning Visits 9:45 Silver Stretchers 10:00 Ball Races 11:00 The Daily Chronicles 1:00 Relax & Refresh 2:30 Ice Cream Sandwiches 3:00 Franklin Footers (Walking Group) 4:00 Nail Care 6:00 Evening Movie (Residents Choice)	9:00 Beauty Shop Appointments 9:15 Morning Visits 9:45 Stretch & Balance 10:00 Balloon Tennis 11:00 The Daily Chronicles 1:00 Relax & Refresh 2:30 Creative Arts - (Ghost Mason Jars) 3:00 Music with Latinoamerican Duo- Harry & Lorena 3:30 Franklin Footers (Walking Group) 4:00 Traditional Bingo 6:00 Evening Movie (Residents Choice)	9:00 Beauty Shop appointments 9:15 Morning visits 9:45 Seated Resisted Bands 10:00 Whack the noodle 11:00 The Daily Chronicles 1:00 Relax & refresh 2:30 Tic Tac Toe 3:00 Happy Hour With Julian Escobedo (In Assisted Living Dining Room) 4:00 Franklin Footers (Walking Group) 6:00 Evening Movie (Residents Choice)	9:15 Morning visits 9:45 Sittercize 10:00 Hungry Hippo 11:00 Daily Chronicles 1:00 Relax & Refresh 1:30 Movie & Popcorn in IL Theatre 2:30 Creative Coloring 3:00 Franklin Footers (Walking Group) 4:00 Picture Bingo 6:00 Evening Movie (Resident Choice)	Wear It Pink! Breast Cancer Awareness 9:15 Morning Visits 9:45 Move to the Music 10:00 Drum Circle 11:00 Daily Chronicles 1:00 Relax & Refresh 2:30 Wear It Pink Photo Shoot (Honoring Our Breast Cancer Survivors) 3:00 Pumpkin Painting Contest 4:00 Nail Care 6:00 Evening Movie (Residents Choice)	9:15 Morning Visits 10:30 Trick Or Treat with Kids from Windcrest Methodist Church 1:00 Relax & Refresh 2:30 Prize Bingo 3:00 Franklin Footers (Walking Group) 4:00 Puzzle Mania 6:00 Evening Movie (Residents Choice)
9:15 Morning Visits 9:45 Chair Exercises 10:00 Table Puzzles W/ 50's Music 11:00 The Daily Chronicles 1:00 Relax & Refresh 2:30 Music & Creative Coloring 3:00 Franklin Footers (Walking Group) 4:00 Table Games 6:00 Evening Movie (Residents Choice)	9:15 Morning Visits 9:45 Golden Strength 10:00 Balloon Tennis 11:00 The Daily Chronicles 1:00 Relax & Refresh 2:30 Sherbert Social 3:00 Franklin Footers (Walking Group) 4:00 Nail Care 6:00 Evening Movie (Residents Choice)	9:00 Beauty Shop Appointments 9:15 Morning Visits 9:45 Move To The Beat 10:00 Sticky Ball 11:00 The Daily Chronicles 1:00 Relax & Refresh 2:30 Creative Arts - (Creating Edible Dirt Cups) 3:00 Music with Latinoamerican Duo- Harry & Lorena 3:30 Franklin Footers (Walking Group) 4:00 Traditional Bingo 6:00 Evening Movie (Residents Choice)	9:00 Beauty Shop appointments 9:15 Morning visits 9:45 AM Stretches 10:00 Ping Pong 11:00 The Daily Chronicles 1:00 Relax & refresh 2:30 Witch Racing 3:00 Happy Hour With Jaime Valera (In Assisted Living Dining Room) 4:00 Franklin Footers (Walking Group) 6:00 Evening Movie (Residents Choice)	9:15 Morning visits 9:45 Light Movements 10:00 Bowling 11:00 Daily Chronicles 1:00 Relax & Refresh 2:30 Bull Dozer Game 3:00 Franklin Footers (Walking Group) 4:00 Picture Bingo 6:00 Evening Movie (Resident Choice)	9:15 Morning Visits 9:45 Step to the Beat 10:00 Chair Volleyball 11:00 Daily Chronicles 1:00 Relax & Refresh 2:30 Snackivities- Rice Crispy Pumpkins 3:00 Franklin Footers (Walking Group) 4:00 Nail Care 6:00 Evening Movie (Residents Choice)	Happy Halloween 9:15 Morning Visits 9:30 Sit & Be Fit With Jo 10:00 Table Games 11:00 Random Trivia 1:00 Relax & Refresh 2:30 Prize Bingo 3:00 Franklin Footers (Walking Group) 4:00 Puzzle Mania 6:00 Evening Movie (Residents Choice)

[Nicole Garza, Director OF Life Enrichment] [Diamond Zavala , Life Enrichment Assistant / Caregiver]

*** All activities are subject to change due to unforeseen Events /or per resident preference or interest***

