



230 W Sunset Road • San Antonio, TX 78209 • (210) 829-5955

STAFF DIRECTORY

Tiffany Weiser Executive Director
Joanna Sosa Business Office Manager
Emma Segovia Administration Assistant
Lauren Rodriguez Sales & Marketing Director
Aleesa Love Sales Assistant/Move In Coord.
Jacqueline Hodges Dir. of Clinical Services
Andrew Resendiz Asst. Director of AL
Chris Purgason Director of Dining Services
Alex Reta Jr. Executive Chef
Nicole Garza Director of Life Enrichment
Karla Posada Life Enrichment/Fitness Coord.
Jo Rosser Life Enrichment Assistant
Ashley Rosser Life Enrichment Assistant



Happy Birthday

Happy Birthday to all of our residents celebrating a birthday this month! And remember: You’re not getting older—you’re getting better!

Lynne Barnett 7th
James “JIM” Detwiler 8th
Marge McGovern 16th
Ruth Millsap 20th
Loretta Carroll 25th
LaNelle Westrup 29th
Claire Pronovost 31st

July 2026



4th of July Community Barbecue

Join us as we celebrate **Independence Day** with our Fourth of July Community Barbecue on **Thursday, July 2, from 11am to 1pm** in the Independent Living Courtyard by the pool. Residents and staff are invited to enjoy delicious barbecue, festive music, and fun as we come together to celebrate our nation’s birthday. We look forward to celebrating with you!



Happy Birthday, America

Celebrate your liberty! Display the flag. Wear red, white and blue. Sing patriotic songs. However you spend Independence Day, make sure you have some fun!



July 2026

- DR

Dining Room
- C

Chapel
- AR

Activity Room
- SA

Sitting Area
- AC

Arts & Crafts Room

CY

Courtyard of Independent

M

Memory Care

L

Meet in Lobby

BS

Beauty Shop

IL

Independent Living

CF

Card Flex Room

●

Art

♥

Healthy Heart

♪

Music

\$

Requires Money

✓

Sign-Up Required

🎲

Games

★

Special Event/Guest

†

Spiritual

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 5 10:45 AC Puzzle Mania 1:00 SA Sunday Cinema- Heads of State (2025) 3:00 C Fellowship with friends† 6:00 SA Sunday Cinema- Heads of State (2025)	 6 9:00 L HEB Trip (Meet in Lobby)\$ 10:00 C Bible Study with City of Refuge Church† 10:45 AC Sit and Be Fit♥ 11:15 AR Wheel of Fortune 1:00 AR Manicure Monday (Please sign up) ✓ 3:00 AR Bingo Fun 4:00 AR Music & Cards with Friends	 7 9:00 BS Beauty Shop Appointments 10:45 AR Chair volleyball ♥ 11:15 AR Family Feud 1:00 AR Train Dominoes🎲 3:00 AR Sweets & Treats Social 4:00 AR Music & Dominoes with Friends🎲	1 9:00 BS Beauty Shop Appointments\$ 10:45 AR Morning Yoga 11:15 AR Trivia Fun 1:00 AC Creative Corner with Jo- DIY Magnets ● 3:00 SA Movie & Popcorn In Lounge 4:00 AR Music & Cards with Friends	2 11:00 CY Community BBQ (Meet in IL- Courtyard)- Sponsored by: FPAH, AMADA & FOX REHAB★ 1:00 AR Mahjong 🎲 3:00 AR Bingo Fun Sponsored by: Homewell🎲 4:00 AR Music & Dominoes with Friends🎲	3 10:45 AR Active Games with Jo 🎲 11:15 AR Jeopardy 12:00 AC Vendor: Danielle Emon Jewelry \$ 1:00 AR Fancy Nails (Sign up Required)✓ 3:00 AR Jo's Cantina- Music & Cocktails♪ 4:00 AR Music & Cards With Friends🎲	4 Independence Day 9:30 M Sit and Be Fit with Jo (Meet In Memory Care)🎲 10:45 AR Bingo with Jo 🎲 1:00 SA Saturday Movie -The Best You Can (2026) 3:00 AC Puzzle Mania (Bring A Friend) 6:00 SA Saturday Movie -The Best You Can (2026)
12 10:45 AC Puzzle Mania 1:00 SA Sunday Cinema- Voicemails From Isabella (2026) 3:00 C Fellowship with friends† 6:00 SA Sunday Cinema- Voicemails From Isabella (2026)	13 9:00 L HEB Trip (Meet in Lobby)\$ 10:00 C Bible Study with City of Refuge Church† 10:45 AC Sit and Be Fit♥ 11:15 AR Wheel of Fortune with Ashley 1:00 AR Manicure Monday (Please sign up) ✓ 3:00 AR Bingo Fun 4:00 AR Music & Cards with Friends	14 9:00 BS Beauty Shop Appointments 10:45 AR Chair volleyball ♥ 11:15 AR Family Feud 1:00 AR Activity Meeting (All are welcome to join) 3:00 AR Sweets & Treats Social 4:00 AR Music & Dominoes with Friends🎲	15 9:00 BS Beauty Shop Appointments\$ 10:45 AR Morning Yoga 11:15 AR Trivia Fun 1:00 AC Creative Corner with Jo- DIY Yarn Baskets● 3:00 DR Happy Hour with Julian Escobedo- Sponsored by Three Oaks Hospice★ 4:00 AR Music & Cards with Friends	16 10:45 AR Chair One Fitness ♥ 11:00 CF Hearing Life Services (Free Hearing Test)✓ 11:15 AR Word Scramble 1:00 AR Mahjong 🎲 3:00 AR Bingo Fun Sponsored by: Christus Hospice🎲 4:00 AR Music & Dominoes with Friends🎲	17 10:45 AR Active Games with Jo 🎲 11:15 AR Jeopardy 1:00 AR Fancy Nails (Sign up Required)✓ 3:00 AR Jo's Cantina- Music & Cocktails♪ 4:00 AR Music & Cards With Friends🎲	18 1:00 SA Saturday Movie -The Proposal (2009) 3:00 AC Puzzle Mania (Bring A Friend) 6:00 SA Saturday Movie -The Proposal (2009)
19 10:45 AC Puzzle Mania 1:00 SA Sunday Cinema- Song Sung Blue (2026) 3:00 C Fellowship with friends† 6:00 SA Sunday Cinema- Song Sung Blue (2026)	20 9:00 L HEB Trip (Meet in Lobby)\$ 10:00 C Bible Study with City of Refuge Church† 10:45 AC Sit and Be Fit♥ 11:15 AR Wheel of Fortune 1:00 AR Manicure Monday (Please sign up) ✓ 3:00 AR Bingo Fun Sponsored by: ACARA 4:00 AR Music & Cards with Friends	21 9:00 BS Beauty Shop Appointments 10:45 AR Chair volleyball ♥ 11:00 IL New Resident Orientation (Independent Living Theatre) 11:15 AR Family Feud 1:00 AR Resident Town Hall Meeting (All Are Welcome To Join) 3:00 AR Get To Know Your Neighbor Ice Cream Social 4:00 AR Music & Dominoes with Friends🎲	22 9:00 BS Beauty Shop Appointments\$ 10:45 AR Morning Yoga 11:15 AR Trivia Fun 1:00 AR Creative Corner with Jo- "Getting Ready For Christmas"Snowman Ornaments● 3:00 AR Music & Cards with Friends🎲 4:00 DR Happy Hour Birthday Celebration with Kai Kamaka-Sponsored by Graceful Guidance★	23 10:45 AR Exercise BINGO♥ 1:00 AR Mahjong 🎲 1:30 AR Movie & Popcorn In IL Theatre (Meet In activity room) 4:00 AR Music & Dominoes with Friends🎲	24 10:45 AR Active Games with Jo 🎲 11:15 AR Jeopardy 1:00 AR Fancy Nails (Sign up Required)✓ 1:00 AC Vendor: Marie's Jewelry & Accessories \$ 3:00 AR Jo's Cantina- Music & Cocktails♪ 4:00 AR Music & Cards With Friends🎲	25 9:30 M Sit and Be Fit with Jo (Meet In Memory Care)🎲 10:45 AR Bingo with Jo 🎲 1:00 SA Saturday Movie -And So It Goes (2014) 3:00 AC Puzzle Mania (Bring A Friend) 6:00 SA Saturday Movie -The Proposal (2009)
26 10:45 AC Puzzle Mania 1:00 SA Sunday Cinema- The Wrong Missy (2020) 3:00 C Fellowship with friends† 6:00 SA Sunday Cinema- The Wrong Missy (2020)	27 9:00 L HEB Trip (Meet in Lobby)\$ 10:00 C Bible Study with City of Refuge Church† 10:45 AC Sit and Be Fit♥ 11:15 AR Wheel of Fortune 1:00 AR Manicure Monday (Please sign up) ✓ 3:00 AR Bingo Fun Sponsored by: AMADA 4:00 AR Music & Cards with Friends	28 9:00 BS Beauty Shop Appointments 10:45 AR Chair volleyball ♥ 11:15 AR Family Feud 1:00 AR Poker 🎲 3:00 AR Sweets & Treats Social 4:00 AR Music & Dominoes with Friends🎲	29 9:00 BS Beauty Shop Appointments\$ 10:45 AR Morning Yoga 11:15 AR Trivia Fun 1:00 AR Creative Corner with Jo- Wooden Coasters● 3:00 DR Happy hour with Fermin Rocha- Sponsored by Embrace Hospice★ 4:00 AR Music & Cards with Friends	30 10:45 AR Chair One Fitness ♥ 11:15 AR Word Scramble 1:00 AR Mahjong 🎲 3:00 AR Bingo Fun Sponsored by: Family Tree🎲 4:00 AR Music & Dominoes with Friends🎲	31 10:00 AC Vendor: The Posadas Catering \$ 10:45 AR Active Games with Jo 🎲 11:15 AR Jeopardy 1:00 AR Fancy Nails (Sign up Required)✓ 3:00 AR Jo's Cantina- Music & Cocktails♪ 4:00 AR Music & Cards With Friends🎲	



We All Scream for Ice Cream!

Many people beat the summer heat by dipping into their favorite ice cream. Take a "lick" at these popular parlors and see when and where they began serving up their cool treats.

Year	Ice Cream Shop	Location
1934	Carvel	Hartsdale, N.Y.
1935	Friendly's	Springfield, Mass.
1940	Dairy Queen	Joliet, Ill.
1945	Baskin-Robbins	Glendale, Calif.
1948	Swensen's	San Francisco, Calif.
1968	Braum's	Oklahoma City, Okla.
1976	Häagen-Dazs	Brooklyn Heights, N.Y.
1978	Ben & Jerry's	Burlington, Vt.
1988	Cold Stone Creamery	Tempe, Ariz.
1989	Bruster's	Bridgewater, Pa.

"This Month In History"

JULY

1904: The ice cream cone debuts at the World's Fair in St. Louis.

1913: Alfred Carlton Gilbert is granted a patent for the Erector Set. His invention became one of the most popular toys of all time.

1922: A new sport is invented on a lake in Minnesota when 18-year-old Ralph Samuelson skis on water using two planks of wood.

1930: Congress creates the Veterans Administration.

1946: The new flag of the Philippines is raised over Manila after the U.S. grants the Asian nation full independence.

1957: John Glenn, then a major in the U.S. Marines, sets a new transcontinental speed record, flying a jet from California to New York in 3 hours, 23 minutes. The record was broken in March 1990 with a flight from Los Angeles to Washington, D.C., that took 1 hour and 4 minutes.

1963: To help speed up mail delivery, the Postal Service begins implementing the ZIP code system.

1976: Bicentennial celebrations are held all over the U.S. to celebrate the 200th anniversary

of the signing of the Declaration of Independence.

1981: President Ronald Reagan announces he will nominate Sandra Day O'Connor to be the new associate justice of the U.S. Supreme Court. She was the first woman to serve on the court.

1999: The U.S. women's soccer team wins the World Cup, defeating China in front of a record crowd at the Rose Bowl in California.

2005: NASA's space probe Deep Impact slams into a comet as part of a mission to learn more about the solar system.