



FRANKLIN *Park*

ALAMO HEIGHTS
ASSISTED LIVING

230 W Sunset Road • San Antonio, TX 78209 • (210) 829-5955

STAFF DIRECTORY

Tiffany Weiser Executive Director
 Joanna Sosa Business Office Manager
 Emma Segovia Administration Assistant
 Lauren Rodriguez Sales & Marketing Director
 Aleesa Love Sales Assistant/Move In Coord.
 Jacqueline Hodges Dir. of Clinical Services
 Andrew Resendiz Asst. Director of AL
 Chris Purgason Director of Dining Services
 Alex Reta Jr. Executive Chef
 Austin Querbach Director of Maintenance
 Nicole Garza Director of Life Enrichment
 Jo Rosser Life Enrichment Assistant
 Karla Posada Life Enrichment/Fitness Coord.



Happy Birthday!

Kent Goodman 11th
 Christine Dobie 19th
 Peter Plamondon 23rd

April 2026

Save the Date: Fiesta Fest 2026!

Join us for our annual Franklin Park Alamo Heights Fiesta Fest 2026 on Thursday, April 9 from 4:00 PM to 6:00 PM in the Independent Living Pool Courtyard! Come celebrate with us for a fun-filled afternoon of food, entertainment, and festive fun. You won't want to miss this special event—mark your calendars and get ready to fiesta with us! We look forward to seeing you there!

Vote for Your Fiesta King & Queen

Cast your vote for our Resident and Staff Fiesta King & Queen! Ballot boxes are located in the great room near the mailboxes. Be sure to submit your vote by Tuesday, April 7th don't miss your chance to participate!



Happy Easter!

It's a time of rebirth and renewal. Whether you're celebrating the arrival of spring, bunnies bearing eggs or the religious significance of Easter, our staff wishes all of you a wonderful holiday.

Outdoor Strolls

Spring is here! Take advantage of milder weather and go for a walk in the fresh air. A study by the University of Michigan reported reduced stress levels in people who walked in nature with a group.



April 2026

- DR Dining Room
- C Chapel
- AR Activity Room
- SA Sitting Area
- AC Arts & Crafts Room
- M Memory Care
- L Meet in Lobby
- BS Beauty Shop
- IL Independent Living
- CF Card Flex Room
- Art
- ♥ Healthy Heart
- ♪ Music
- 💰 Requires Money
- ✓ Sign-Up Required
- 🎲 Games
- 🐾 Pet Visits
- ★ Special Event/Guest
- † Spiritual

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

<p>Easter 5</p> <p>10:00 AC Puzzle Mania 3:00 C Fellowship with friends † 6:00 SA Netflix Movie (Resident Choice)</p>	<p>9:00 L HEB Trip (Meet in Lobby) 💰 10:00 C Bible Study with City of Refuge Church † 11:00 C Sit and Be Fit With Karla ♥ 1:00 AR Manicure Monday (Please sign up) ✓ 3:00 AR Bingo Fun 4:00 AR Music & Cards with Friends</p>	<p>World Health Day 7</p> <p>9:00 BS Beauty Shop Appointments 10:00 C Stretch bands & Weights with Karla ♥ 11:00 AR Poker with Jo 🎲 1:00 AR Performance: Latinoamerican Duo- Harry & Lorena ♪ 3:00 AR Sweets & Treats Social 4:00 AR Music & Dominoes with Friends 🎲</p>	<p>Passover Begins at Sunset / April Fool's Day 1</p> <p>10:00 AC Train Dominoes with Jo 11:00 C Communion Service with St. Anthony de Padua Catholic Church † 1:00 AC Creative Corner with Jo- Yarn Work ● 3:00 DR Happy Hour with Mike Clancy- Sponsored by: Christus Hospice ★ 4:00 AR Music & Cards with Friends</p>	<p>2</p> <p>10:00 AR Brain Teasers with Jo 10:30 L Outing: Lunch Bunch- La Fogata Cantina- Alamo Heights ✓ 11:00 M Drum Circle With Karla ♥ 3:00 AR Bingo Fun 🎲 4:00 AR Music & Dominoes with Friends 🎲</p>	<p>Good Friday 3</p> <p>10:00 AR White Board Games with Karla 🎲 11:00 AR Easter Egg Hunt 🎲 1:00 AR Fancy Nails (Sign up Required) ✓ 3:00 AR Jo's Cantina- Music & Cocktails ♪ 4:00 AR Music & Cards With Friends 🎲</p>	<p>4</p> <p>9:30 M Sit and Be Fit with Jo (Meet In Memory Care) 🎲 10:30 AR Bingo with Jo 🎲 4:00 AC Puzzle Mania (Bring A Friend) 6:00 SA Netflix Movie (Resident Choice)</p>
<p>12</p> <p>10:00 AC Puzzle Mania 3:00 C Fellowship with friends † 6:00 SA Netflix Movie (Resident Choice)</p>	<p>13</p> <p>9:00 L HEB Trip (Meet in Lobby) 💰 10:00 C Bible Study with City of Refuge Church † 11:00 C Sit and Be Fit With Nicole ♥ 1:00 AR Manicure Monday (Please sign up) ✓ 3:00 AR Bingo Fun 4:00 AR Music & Cards with Friends</p>	<p>14</p> <p>9:00 BS Beauty Shop Appointments 10:00 C Stretch bands & Weights with Karla ♥ 11:00 AR Mahjong with Jo 🎲 1:00 AR Performance: Latinoamerican Duo- Harry & Lorena ♪ 2:00 AR Activity Meeting (All are welcome to join) 3:00 AR Sweets & Treats Social 4:00 AR Music & Dominoes with Friends 🎲</p>	<p>15</p> <p>Tax Day</p> <p>10:00 AC Train Dominoes with Jo 11:00 C Communion Service with St. Anthony de Padua Catholic Church † 1:00 AC Creative Corner with Jo- DIY Bird Houses ● 3:00 DR Happy Hour ★ 4:00 AR Music & Cards with Friends</p>	<p>16</p> <p>10:00 AR Brain Teasers with Jo 11:00 M Happy Tails (Meet In Memory Care) 🐾 11:00 CF Hearing Life Services (Free Hearing Test) 3:00 AR Bingo Fun 🎲 4:00 AR Music & Dominoes with Friends 🎲</p>	<p>17</p> <p>10:00 AR White Board Games with Karla 🎲 11:00 AR Active Games with Jo 🎲 1:00 AR Fancy Nails (Sign up Required) ✓ 3:00 AR Jo's Cantina- Music & Cocktails ♪ 4:00 AR Music & Cards With Friends 🎲</p>	<p>18</p> <p>9:30 M Sit and Be Fit with Jo (Meet In Memory Care) 🎲 10:30 AR Bingo with Jo 🎲 4:00 AC Puzzle Mania (Bring A Friend) 6:00 SA Netflix Movie (Resident Choice)</p>
<p>19</p> <p>10:00 AC Puzzle Mania 3:00 C Fellowship with friends † 6:00 SA Netflix Movie (Resident Choice)</p>	<p>20</p> <p>9:00 L HEB Trip (Meet in Lobby) 💰 10:00 C Bible Study with City of Refuge Church † 11:00 C Sit and Be Fit with Karla ♥ 1:00 AR Manicure Monday (Please sign up) ✓ 3:00 AR Bingo Fun 4:00 AR Music & Cards with Friends</p>	<p>21</p> <p>9:00 BS Beauty Shop Appointments 10:00 C Stretch bands & Weights with Karla ♥ 11:00 IL New Resident Orientation (Independent Living Theatre) 11:00 AR Poker with Jo 🎲 1:00 AR Performance: Latinoamerican Duo- Harry & Lorena ♪ 2:00 AR Resident Meeting (All Are Welcome To Join) 3:00 AR Get To Know Your Neighbor Ice Cream Social 4:00 AR Music & Dominoes with Friends 🎲</p>	<p>22</p> <p>Earth Day / Administrative Professional Day</p> <p>10:00 AC Train Dominoes with Jo 11:00 C Communion Service with St. Anthony de Padua Catholic Church † 3:00 AR Music & Cards with Friends 🎲 4:00 DR Happy Hour Birthday Celebration with Kai Kamaka Sponsor: Graceful Guidance ★</p>	<p>23</p> <p>10:00 AR Bingo Fun 🎲 11:00 C Sit and Be Fit with Karla ♥ 1:30 AR Movie & Popcorn In IL Theatre (Meet In activity room) 4:00 AR Music & Dominoes with Friends 🎲</p>	<p>24</p> <p>Arbor Day</p> <p>10:00 AR White Board Games with Karla 🎲 11:00 AR Active Games with Jo 🎲 1:00 AR Fancy Nails (Sign up Required) ✓ 1:00 AC Marie's Jewelry & Accessories 1pm-4pm \$ 3:00 AR Jo's Cantina- Music & Cocktails ♪ 4:00 AR Music & Cards With Friends 🎲</p>	<p>25</p> <p>9:30 M Sit and Be Fit with Jo (Meet In Memory Care) 🎲 10:30 AR Bingo with Jo 🎲 4:00 AC Puzzle Mania (Bring A Friend) 6:00 SA Netflix Movie (Resident Choice)</p>
<p>26</p> <p>10:00 AC Puzzle Mania 3:00 C Fellowship with friends † 6:00 SA Netflix Movie (Resident Choice)</p>	<p>27</p> <p>9:00 L HEB Trip (Meet in Lobby) 💰 10:00 C Bible Study with City of Refuge Church † 11:00 C Sit and Be Fit With Karla ♥ 1:00 AR Manicure Monday (Please sign up) ✓ 3:00 AR Bingo Fun 4:00 AR Music & Cards with Friends</p>	<p>28</p> <p>9:00 BS Beauty Shop Appointments 10:00 C Stretch bands & Weights with Karla ♥ 11:00 AC Mahjong with Jo 🎲 1:00 AR Performance: Latinoamerican Duo- Harry & Lorena ♪ 3:00 AR Sweets & Treats Social 4:00 AR Music & Dominoes with Friends 🎲</p>	<p>29</p> <p>10:00 AC Train Dominoes with Jo 11:00 C Communion Service with St. Anthony de Padua Catholic Church † 3:00 DR Karaoke Happy Hour (Come join us and share your talent) ♪ 4:00 AR Music & Cards with Friends</p>	<p>30</p> <p>10:00 AR Brain Teasers with Jo 11:00 C Sit & Be Fit With Karla ♥ 3:00 AR Bingo Fun 🎲 4:00 AR Music & Dominoes with Friends 🎲</p>	<p style="font-size: 2em; font-weight: bold; color: white;">HAPPY EARTH DAY</p> <p style="font-size: 1.5em; font-weight: bold; color: white;">APRIL 22</p>	



"Then & Now"

Rainy Day Tunes

The pitter-patter of raindrops seems to inspire songwriters, and many tunes have been recorded about drizzly days. Which one of these songs about rain is your favorite?

Year	Song	Artist
1944	"Into Each Life Some Rain Must Fall"	Ella Fitzgerald and Bill Kenny
1952	"Singin' in the Rain"	Gene Kelly
1967	"I Wish It Would Rain"	The Temptations
1970	"Fire and Rain"	James Taylor
1975	"Blue Eyes Crying in the Rain"	Willie Nelson
1980	"I Love a Rainy Night"	Eddie Rabbitt
1984	"Purple Rain"	Prince
1990	"I Wish It Would Rain Down"	Phil Collins
1996	"Like the Rain"	Clint Black
2003	"Songs About Rain"	Gary Allan
2011	"Set Fire to the Rain"	Adele

"This Month In History"

APRIL

1912: Considered the first movie palace, the Strand Theatre opens in New York City. The lavish building could seat nearly 3,000 people.

1924: The first book of crossword puzzles is published.

1935: Congress votes to establish the Works Progress Administration. The WPA created jobs for out-of-work Americans during the Great Depression.

1947: A two-lane bowling alley built inside the White House is unveiled. It was an early birthday present for President Harry S. Truman.

1956: World heavyweight champion Rocky Marciano retires from boxing undefeated.

1969: At the 41st Academy Awards ceremony, Katharine Hepburn and Barbra Streisand tie for best actress. Hepburn won for "The Lion in Winter" and Streisand for "Funny Girl."

1976: Barbara Walters is named the first female coanchor of a network evening news program. She teamed with Harry Reasoner on ABC.

1983: Alice Walker wins the Pulitzer Prize for her novel "The Color Purple."

1993: The U.S. Holocaust Memorial Museum is dedicated in Washington, D.C.

2008: Pop star Beyoncé Knowles weds rapper Jay-Z in New York City.

2011: In the largest outbreak ever recorded, more than 300 tornadoes hit a third of the states in the U.S. over four days.

2018: Prince Louis, the third child of England's Prince William and his wife, Catherine, is born in London.