

INTERNATIONAL WOMEN'S DAY | MARCH 8



230 W. Sunset Road San Antonio, TX 78209 (210) 829-5955

Memory Care

Staff Directory

Tiffany Weiser.....Executive Director
 Joanna Sosa.....Business Office Manager
 Lauren Rodriguez.....Sales & Marketing Director
 Aleesa Love.....Sales Assistant/ Move in Coord.
 Tricia Wallace.....Sales & Marketing
 Jacqueline Hodges.....Director of AL & MC
 Araceli Vela.....Director of Memory Care
 Chris Purgason.....Director of Dining Services
 Alex Reta Jr.....Executive Chef
 Austin Querbach.....Director of Maintenance
 Nicole Garza.....Director Of Life Enrichment
 Susan Kulik.....Life Enrichment Assistant
 Jo Rosser.....Life Enrichment Assistant
 Karla Posada.....Life Enrichment/Fitness Coordinator

March 2026



Welcoming Spring

The vernal equinox, which marks the beginning of spring in the Northern Hemisphere, occurs on March 20. On this day, the sun is directly over the equator, so day and night are of equal length.

Simple Pleasures

“Some old-fashioned things like fresh air and sunshine are hard to beat.” —Laura Ingalls Wilder

Lots of Luck

No luck picking a one-in-10,000 four-leaf clover? Fortunately, there are plenty of other good luck charms around the world that are easier to find: Acorn. This small seed packs the promise of a mighty oak. English soldiers used to pocket them for protection. Maneki-neko. Meaning “beckoning cat” in Japanese, this waving feline statue’s upright paw symbolizes good fortune. Horseshoe. Early European settlers brought this lucky charm across the pond, and it has since evolved into a cowboy culture icon.

Happy St. Patrick's Day



Happy Birthday to all our March Birthdays!
 May you have a wonderful day filled with love and joy!

Trish Finley.....5th

Roland Schenck.....14th

Pamela McCloskey.....14th

Ann Erck.....30th



MARCH 2026

Franklin Park Alamo Heights- Memory Care
 230 W. Sunset Road San Antonio, TX 78209 (210) 829-5955

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|---|--|--|--|--|
| 9:15 Morning Visits 9:45 Morning Chair Workout 10:00 Football Toss 11:00 AM Trivia 1:00 Relax & Refresh 2:30 Table Games 3:00 Bible study with The Promise Ministries (Brazos Activity Room) 4:00 Franklin Footers (Walking Group) 6:00 Evening Movie (Residents Choice) | 9:15 Morning Visits 9:45 Sit & Be Fit 10:00 Chair Volleyball 11:00 Word Scramble 1:00 Relax & Refresh 2:30 Ice Cream Social 3:00 Franklin Footers (Walking Group) 4:00 Nail Care 6:00 Evening Movie (Residents Choice) | 9:00 Beauty Shop appointments 9:15 Morning Visits 9:45 Step To The Beat 10:00 Football Toss 11:00 Pictionary 1:00 Relax & Refresh 1:30 Performance: Harry & Lorena 2:30 Creative Arts (Scrapbooking) Sponsored by: First Light Home Care 3:00 Franklin Footers (Walking Group) 4:00 Traditional Bingo 6:00 Evening Movie (Residents Choice) | 9:00 Beauty Shop appointments 9:15 Morning visits 9:45 Bodies In Motion 10:00 Seated Line Dancing 11:00 Auction Art Class Sponsored by: DLP Homecare 1:00 Relax & refresh 2:30 Dominoes 3:00 Happy Hour With Mike Clancy (In Assisted Living Dining Room) Sponsored by: Enable dental 4:00 Franklin Footers (Walking Group) 6:00 Evening Movie (Residents Choice) | 9:15 Morning visits 9:45 Morning Stretches 10:00 Ball Toss 10:30 Lunch Bunch (Mama's Café) 11:00 Trivia 1:00 Relax & Refresh 2:30 Creative Coloring 3:00 Franklin Footers (Walking Group) 4:00 Pass The Present Game 6:00 Evening Movie (Resident Choice) | National Employee Appreciation Day 9:15 Morning Visits 9:45 Chair Aerobics 10:00 Parachute Fun 11:00 Food Fact Trivia 1:00 Relax & Refresh 2:30 Snackivities– Build Your own Mini Bagels Sponsor: Homewell Care 3:00 Franklin Footers (Walking Group) 4:00 Nail Care (In Concho) 6:00 Evening Movie (Residents Choice) | 9:15 Morning Visits 9:30 Sit & Be Fit With Jo 10:00 Whack The Noodle 11:00 Family Feud Game 1:00 Relax & Refresh 2:30 Prize Bingo 3:00 Franklin Footers (Walking Group) 4:00 Music & Table Games 6:00 Evening Movie (Residents Choice) |
| Daylight Savings Time Begins International Women's Day 9:15 Morning Visits 9:45 Morning Workout 10:00 Bowling 11:00 Hymn Sing Along 1:00 Relax & Refresh 2:30 Matching Game 3:00 Franklin Footers (Walking Group) 4:00 Music Social 6:00 Evening Movie (Residents Choice) | 9:15 Morning Visits 9:45 Scarf Exercise 10:00 Bean Bag Toss 11:00 Finish The Lyric 1:00 Relax & Refresh 2:30 Create Your Own Sundaes 3:00 Franklin Footers (Walking Group) 4:00 Fancy Nails 6:00 Evening Movie (Residents Choice) | 9:00 Beauty Shop appointments 9:15 Morning Visits 9:45 Morning Movement 10:00 Bowling Fun 11:00 Name That Tune 1:00 Relax & Refresh 1:30 Performance: Harry & Lorena 2:30 Creative Arts (Watercolor Painting) 3:00 Franklin Footers (Walking Group) 4:00 Bingo Fun 6:00 Evening Movie (Residents Choice) | 9:00 Beauty Shop appointments 9:15 Morning visits 9:45 Am Stretches 10:00 Noodle Hockey 11:00 This Or That? 1:00 Relax & refresh 2:30 Card Games 3:00 Franklin Footers (Walking Group) 4:00 Parachute Game 6:00 Evening Movie (Residents Choice) | 9:15 Morning visits 9:45 Morning Motion 10:00 Chair Volleyball 11:00 Hangman 1:00 Relax & Refresh 2:15 St. Patrick's Day Happy Hour with Lori Waters– Ballroom Sponsored by: AMADA & Adroit Medical Equipment 3:00 Franklin Footers (Walking Group) 4:00 Table Games 6:00 Evening Movie (Resident Choice) | 9:15 Morning Visits 9:45 Tai Chi 10:00 Beach Ball Question Game 11:00 Story Telling 1:00 Relax & Refresh 2:00 Catholic Mass in (MC– Brazos Library) 2:30 Snackivities– St. Patrick's Cookie Decorating Sponsor: Three Oaks Hospice 3:00 Franklin Footers (Walking Group) 4:00 Nail Care (In Concho) 6:00 Evening Movie (Residents Choice) | 9:15 Morning Visits 9:30 Sit & Be Fit With Jo 10:00 Balloon Volleyball 11:00 Trivia Fun 1:00 Relax & Refresh 2:30 Prize Bingo 3:00 Franklin Footers (Walking Group) 4:00 Coloring Social 6:00 Evening Movie (Residents Choice) |
| 9:15 Morning Visits 9:45 Morning Chair Workout 10:00 Football Toss 11:00 AM Trivia 1:00 Relax & Refresh 2:30 Table Games 3:00 Bible study with The Promise Ministries (Brazos Activity Room) 4:00 Music Social 6:00 Evening Movie (Residents Choice) | 9:15 Morning Visits 9:45 Sit & Be Fit 10:00 Chair Volleyball 11:00 Word Categories 1:00 Relax & Refresh 2:30 Banana Splits 3:00 Franklin Footers (Walking Group) 4:00 Nail Care 6:00 Evening Movie (Residents Choice) | St. Patrick's Day 9:00 Beauty Shop appointments 9:15 Morning Visits 9:45 Step To The Beat 10:00 Noodle Toss 11:00 Word Association 1:30 Performance: Harry & Lorena 1:00 Relax & Refresh 2:30 Creative Arts (Tissue Paper shamrocks) 3:00 Franklin Footers (Walking Group) 4:00 Traditional Bingo 6:00 Evening Movie (Residents Choice) | 9:00 Beauty Shop appointments 9:15 Morning visits 9:45 Bodies In Motion 10:00 Seated Line Dancing 11:00 Magazine Hunt 1:00 Relax & refresh 2:30 Dominoes 3:00 Happy Hour With Sallie Cisneros (In Assisted Living Dining Room) Sponsored by: Bristol Hospice 4:00 Franklin Footers (Walking Group) 6:00 Evening Movie (Residents Choice) | 9:15 Morning visits 9:45 Morning Stretches 10:00 Ball Toss 11:00 Trivia 1:00 Relax & Refresh 2:30 Matching & Sorting Games 3:00 Franklin Footers (Walking Group) 4:00 Ping Pong 6:00 Evening Movie (Resident Choice) | First Day of Spring 9:15 Morning Visits 9:45 Chair Aerobics 10:00 Parachute Fun 11:00 Spring Trivia 1:00 Relax & Refresh 2:30 Snackivities– Build Your Own Ice-cream Sandwich Sponsor: All Seasons Hospice 3:00 Franklin Footers (Walking Group) 4:00 Nail Care (In Concho) 6:00 Evening Movie (Residents Choice) | 9:15 Morning Visits 9:30 Sit & Be Fit With Jo 10:00 Whack The Noodle 11:00 Family Feud Game 1:00 Relax & Refresh 2:30 Prize Bingo 3:00 Franklin Footers (Walking Group) 4:00 Music & Table Games 6:00 Evening Movie (Residents Choice) |
| 9:15 Morning Visits 9:45 Morning Workout 10:00 Bowling 11:00 Hymn Sing Along 1:00 Relax & Refresh 2:30 Matching Game 3:00 Franklin Footers (Walking Group) 4:00 Music Social 6:00 Evening Movie (Residents Choice) | 9:15 Morning Visits 9:45 Scarf Exercise 10:00 Bean Bag Toss 11:00 Finish The Lyric 1:00 Relax & Refresh 2:30 Ice Cream Cones 3:00 Franklin Footers (Walking Group) 4:00 Fancy Nails 6:00 Evening Movie (Residents Choice) | 9:00 Beauty Shop appointments 9:15 Morning Visits 9:45 Morning Movement 10:00 Bowling Fun 11:00 Name That Tune 1:00 Relax & Refresh 1:30 Performance: Harry & Lorena 2:30 Creative Arts (Spring Flower Arrangements) 3:00 Franklin Footers (Walking Group) 4:00 Bingo Fun 6:00 Evening Movie (Residents Choice) | 9:00 Beauty Shop appointments 9:15 Morning visits 9:45 Am Stretches 10:00 Noodle Hockey 10:30 Easter Photo Shoot Sponsored by: Abundance Hospice 11:00 What is That? 1:00 Relax & refresh 2:30 Card Games 3:00 Happy Hour With Kai Kamaka (In Assisted Living Dining Room) 4:00 Franklin Footers (Walking Group) 6:00 Evening Movie (Residents Choice) | 9:15 Morning visits 9:45 Morning Motion 10:00 Chair Volleyball 11:00 Hangman 1:00 Relax & Refresh 2:30 Creative Coloring 3:00 Franklin Footers (Walking Group) 4:00 Table Games 6:00 Evening Movie (Resident Choice) | 9:15 Morning Visits 9:45 Tai Chi 10:00 Beach Ball Question Game 11:00 Performance by Jamie Valera 1:00 Relax & Refresh 2:30 Snackivities– Berry Fluff Jello Salad Sponsor: AMADA 3:00 Franklin Footers (Walking Group) 4:00 Nail Care (In Concho) 6:00 Evening Movie (Residents Choice) | 9:15 Morning Visits 9:30 Sit & Be Fit With Jo 10:00 Balloon Volleyball 11:00 Trivia Fun 1:00 Relax & Refresh 2:30 Prize Bingo 3:00 Franklin Footers (Walking Group) 4:00 Coloring Social 6:00 Evening Movie (Residents) |
| Palm Sunday 9:15 Morning Visits 9:45 Morning Chair Workout 10:00 Football Toss 11:00 AM Trivia 1:00 Relax & Refresh 2:30 Table Games 3:00 Bible study with The Promise Ministries 4:00 Franklin Footers (Walking Group) 6:00 Evening Movie (Residents Choice) | 9:15 Morning Visits 9:45 Sit & Be Fit 10:00 Chair Volleyball 11:00 Word Scramble 1:00 Relax & Refresh 2:30 Ice Cream Bars 3:00 Franklin Footers (Walking Group) 4:00 Nail Care 6:00 Evening Movie (Residents Choice) | Cesar Chavez Day 9:00 Beauty Shop appointments 9:15 Morning Visits 9:45 Step To The Beat 10:00 Football Toss 11:00 Pictionary 1:00 Relax & Refresh 1:30 Performance: Harry & Lorena 2:30 Creative Arts (Fiesta Flowers) 3:00 Franklin Footers (Walking Group) 4:00 Bingo Fun 6:00 Evening Movie (Residents Choice) | | | | |