



230 W. Sunset Road • San Antonio, TX 78209 • (210) 829-5955

STAFF DIRECTORY

- Tiffany Weiser Executive Director
- Joanna Sosa Business Office Manager
- Lucy Cetina Administrative Assistant
- Lauren Rodriguez Sales & Marketing Director
- Aleesa Love Sales Assistant/Move-In Coord.
- Tricia Wallace Sales & Marketing
- Chris Purgason Director of Dining Services
- Alex Reta, Jr. Executive Chef
- Austin Querbach Director of Maintenance
- Nicole Garza Director of Life Enrichment
- Karla Posada Life Enrichment/Fitness Coord.
- Jo Rosser Life Enrichment Assistant



Happy Birthday! May You All Have a Great Day!

- Marianne Archer 4th
- Patricia Smith 6th
- Jane Warren 8th
- James Vernon 12th
- Steven Mailman 17th
- Leslie Rockey 17th
- Richard Carr 19th
- Jo Estrada 20th
- Linda Ogle 24th
- Gary Wilke 24th
- Ed Sokolowski 24th
- Suzie Smith 28th

March 2026



Simple Pleasures

“Some old-fashioned things like fresh air and sunshine are hard to beat.” —Laura Ingalls Wilder

Welcoming Spring

The vernal equinox, which marks the beginning of spring in the Northern Hemisphere, occurs on March 20. On this day, the sun is directly over the equator, so day and night are of equal length.

Lots of Luck

No luck picking a one-in-10,000 four-leaf clover? Fortunately, there are plenty of other good luck charms around the world that are easier to find:

Acorn. This small seed packs the promise of a mighty oak. English soldiers used to pocket them for protection.

Maneki-neko. Meaning “beckoning cat” in Japanese, this waving feline statue’s upright paw symbolizes good fortune.

Horseshoe. Early European settlers brought this lucky charm across the pond, and it has since evolved into a cowboy culture icon.



March 2026

- AC** Arts and Crafts
- DR** Dining Room
- HR** Hobby Room
- \$** Money Required
- GR** The Great Room
- BL** Billiards Room
- PC** Pool Courtyard
- ♪** Musical Guest
- L** Meet in Lobby
- CR** Conference Rm
- ♥** Health/Educational
- BR** Ballroom
- BS** Bistro
- ✓** Sign-Up Required
- T** Theater
- WC** Wellness Center
- ★** Special Event/Guest

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|--|---|---|---|--|
| <p style="text-align: right; font-weight: bold;">1</p> <p>1:00 BL Digital Bingo with Claire</p> <p>1:00 T Sunday Cinema- Sentimental Value (2025) "NO CAPTIONS"</p> <p>2:30 L Outing: San Antonio Chamber Music Society -WindSync + Daniel Anastasio (Piano) ✓</p> <p>2:30 BL Simplified Mahjong ✓</p> <p>5:00 T Sunday Cinema- Sentimental Value (2025) "NO CAPTIONS"</p> <p>5:00 BL Texas Hold 'Em "Women's Group" ✓</p> | <p style="text-align: right; font-weight: bold;">2</p> <p>10:00 WC Sit and Be Fit with Karla ♥</p> <p>11:00 BL Pray Holy Rosary</p> <p>11:00 HR Your Hobby Room With Robert Canfield</p> <p>1:00 T Weekly Trivia with Robert Canfield</p> <p>2:00 BL Bridge✓</p> <p>3:30 WC Chair volleyball With Karla ♥</p> | <p style="text-align: right; font-weight: bold;">3</p> <p>10:00 WC Silver Sneakers Circuit with Jo ♥</p> <p>11:00 BL Homily & Communion★</p> <p>1:00 CR Activity Meeting (All Are Welcome To Join)</p> <p>1:00 BL Poker</p> <p>2:00 T Tuesday Matinée - Mother of the Bride (2024) (WITH CAPTIONS)</p> <p>3:00 BR Bean Bag Baseball</p> <p>7:00 T Tuesday Matinée - Mother of the Bride (2024) (NO CAPTIONS)</p> | <p style="text-align: right; font-weight: bold;">4</p> <p>9:30 L Outing: Central Library ✓</p> <p>10:00 WC Light Weight Training with Melissa ♥</p> <p>11:00 BL Bible Study with Reverend Rick Wilkins University Methodist Church (The Book of Revelation)</p> <p>1:30 BL Mexican Train Dominoes</p> <p>3:30 WC Chair volleyball with AMADA ♥</p> | <p style="text-align: right; font-weight: bold;">5</p> <p>10:00 WC Tai Chi with Tam Le ♥</p> <p>10:45 T Presentation with Freedom Wealth Advisor: Rene Soliz III (Investment Success- Having the Right Mix) ✓</p> <p>1:00 BL Poker</p> <p>3:30 BR Line Dance Class with Virginia Gross</p> <p>4:00 BR Happy Hour with Kai Kamaka- Sponsored by: Summit Hospice ★</p> <p>7:00 BL Table Games with Friends ✓</p> | <p style="text-align: right; font-weight: bold;">6</p> <p>National Employee Appreciation Day</p> <p>8:30 BL HEB Trip (Lincoln Heights) ✓</p> <p>10:00 WC Silver Sneakers Classic with Jo ♥</p> <p>10:30 AC Glass Class</p> <p>1:00 BL Digital Bingo with Melissa \$</p> <p>1:00 BS Vendor: Marie's Trunk Show\$</p> <p>2:00 AC Mahjong</p> <p>2:00 GR Performance: Latinoamerican Duo- Harry & Lorena ♪</p> <p>2:30 BL Billiards</p> <p>2:30 GR Family Feud & Dessert- Sponsored by: Three Oaks Hospice</p> | <p style="text-align: right; font-weight: bold;">7</p> <p>10:00 WC Light Weight Training with Melissa ♥</p> <p>10:00 BL Mexican Train Dominoes</p> <p>1:00 T Saturday Movie - Purple Hearts (2022) (WITH CAPTIONS)</p> <p>2:00 BL Bridge✓</p> <p>7:00 T Saturday Movie -Purple Hearts (2022) (WITH CAPTIONS)</p> |
| <p style="text-align: right; font-weight: bold;">8</p> <p>Daylight Saving Time Begins / International Women's Day</p> <p>1:00 BL Digital Bingo with Dave</p> <p>1:00 T Sunday Cinema- Purple Hearts (2022) "NO CAPTIONS"</p> <p>2:30 BL Simplified Mahjong ✓</p> <p>5:00 T Sunday Cinema- Purple Hearts (2022) "NO CAPTIONS"</p> <p>5:00 BL Texas Hold 'Em "Women's Group" ✓</p> | <p style="text-align: right; font-weight: bold;">9</p> <p>10:00 WC Light Weight Training with Melissa ♥</p> <p>11:00 BL Pray Holy Rosary</p> <p>11:00 HR Your Hobby Room With Robert Canfield</p> <p>1:00 T Weekly Trivia with Robert Canfield</p> <p>2:00 BL Bridge✓</p> <p>3:30 WC Chair volleyball With Kea ♥</p> | <p style="text-align: right; font-weight: bold;">10</p> <p>10:00 WC Silver Sneakers Circuit with Jo ♥</p> <p>11:00 L Outing: Lunch Bunch- The County Line ✓</p> <p>1:00 BL Poker</p> <p>2:00 T Tuesday Matinée - Priscilla (2023) (WITH CAPTIONS)</p> <p>3:00 WC Mini Golf Course</p> <p>7:00 T Tuesday Matinée - Priscilla (2023) (NO CAPTIONS)</p> | <p style="text-align: right; font-weight: bold;">11</p> <p>10:00 WC Morning Exercise with Karla ♥</p> <p>11:00 BL Bible Study with Reverend Rick Wilkins University Methodist Church (The Book of Revelation)</p> <p>1:00 CR Food Committee Meeting</p> <p>1:30 BL Mexican Train Dominoes</p> <p>2:00 L Walmart ✓</p> <p>2:30 PC Low Impact Water Fitness ♥</p> <p>3:30 WC Chair volleyball With Karla ♥</p> | <p style="text-align: right; font-weight: bold;">12</p> <p>10:00 WC Morning Exercise with Karla ♥</p> <p>10:45 T Presentation with Texas Medicare Solutions (New Updates) ✓</p> <p>1:00 BL Poker</p> <p>3:00 BR St. Patrick's Day Happy Hour with Lori Waters Sponsored by: AMADA & Adroit Medical Equipment ★</p> <p>7:00 BL Table Games with Friends ✓</p> | <p style="text-align: right; font-weight: bold;">13</p> <p>8:30 L HEB Trip- (Oak Park- Small) ✓</p> <p>10:00 WC Silver Sneakers Classic with Jo ♥</p> <p>10:30 AC Glass Class</p> <p>11:00 BL Catholic Mass★</p> <p>1:00 BL Digital Bingo with Melissa \$</p> <p>2:00 AC Mahjong</p> <p>2:00 GR Performance: Latinoamerican Duo- Harry & Lorena ♪</p> <p>2:30 BL Billiards</p> <p>2:30 GR Ice cream Social- Sponsored by: Guiding Light Hospice</p> | <p style="text-align: right; font-weight: bold;">14</p> <p>10:00 WC Light Weight Training with Melissa ♥</p> <p>10:00 BL Mexican Train Dominoes</p> <p>1:00 T Saturday Movie - Enola Holmes (2020) (WITH CAPTIONS)</p> <p>2:00 BL Bridge✓</p> <p>7:00 T Saturday Movie - Enola Holmes (2020) (WITH CAPTIONS)</p> |
| <p style="text-align: right; font-weight: bold;">15</p> <p>1:00 BL Digital Bingo with Gilder</p> <p>1:00 T Sunday Cinema- Enola Holmes (2020) "NO CAPTIONS"</p> <p>2:30 BL Simplified Mahjong ✓</p> <p>5:00 T Sunday Cinema- Enola Holmes (2020)"NO CAPTIONS"</p> <p>5:00 BL Texas Hold 'Em "Women's Group" ✓</p> | <p style="text-align: right; font-weight: bold;">16</p> <p>10:00 WC Light Weight Training with Melissa ♥</p> <p>11:00 BL Pray Holy Rosary</p> <p>11:00 HR Your Hobby Room With Robert Canfield</p> <p>1:00 T Weekly Trivia with Bob</p> <p>2:00 BL Bridge✓</p> <p>3:30 WC Chair volleyball With Karla ♥</p> | <p style="text-align: right; font-weight: bold;">17</p> <p>St. Patrick's Day</p> <p>10:00 WC Silver Sneakers Circuit with Jo ♥</p> <p>11:00 T New Resident Orientation</p> <p>1:00 BL Poker</p> <p>1:30 L Outing: Friendship Tea at the Women's Club ✓</p> <p>2:00 T Tuesday Matinée - Darby O'Gill and the Little People (1960) (WITH CAPTIONS)</p> <p>3:00 BR Bean Bag Baseball (Staff V'S RSD)</p> <p>7:00 T Tuesday Matinée - Darby O'Gill and the Little People (1960) (NO CAPTIONS)</p> | <p style="text-align: right; font-weight: bold;">18</p> <p>10:00 WC Morning Exercise with Karla ♥</p> <p>11:00 BL Bible Study with Reverend Rick Wilkins University Methodist Church (The Book of Revelation)</p> <p>1:00 BL Book Club- Finding Flora</p> <p>1:30 L Costco Trip ✓</p> <p>2:00 BL Mexican Train Dominoes</p> <p>3:30 WC Chair volleyball With Karla ♥</p> <p>4:30 DR Birthday Dinner PT:1 ✓</p> | <p style="text-align: right; font-weight: bold;">19</p> <p>8:30 L HEB Trip (Lincoln Heights) ✓</p> <p>10:00 WC Tai Chi with Tam Le ♥</p> <p>1:00 BL Poker</p> <p>2:00 T Tom Jackson, Historian- Presenting: Winston Churchill★</p> <p>3:30 BR Line Dance Class with Virginia Gross</p> <p>4:00 BR Happy Hour with Julian Escobedo Sponsored by: Veterans Best Movers★</p> <p>7:00 BL Table Games with Friends ✓</p> | <p style="text-align: right; font-weight: bold;">20</p> <p>First Day of Spring</p> <p>9:30 L Outing: San Antonio Food Bank ✓</p> <p>10:00 WC Silver Sneakers Classic with Jo ♥</p> <p>10:30 AC Glass Class</p> <p>1:00 BL Digital Bingo with Melissa \$</p> <p>2:00 AC Mahjong</p> <p>2:00 GR Performance: Latinoamerican Duo- Harry & Lorena ♪</p> <p>2:30 BL Billiards</p> <p>2:30 GR Word Scramble & Mimosas with Karla</p> | <p style="text-align: right; font-weight: bold;">21</p> <p>10:00 WC Light Weight Training with Melissa ♥</p> <p>10:00 BL Mexican Train Dominoes</p> <p>1:00 T Saturday Movie - Forgotten Love (2023) (WITH CAPTIONS)</p> <p>2:00 BL Bridge✓</p> <p>7:00 T Saturday Movie - Forgotten Love (2023) (WITH CAPTIONS)</p> |
| <p style="text-align: right; font-weight: bold;">22</p> <p>10:00 DR Tammy & Ally Bake Sale \$</p> <p>1:00 BL Digital Bingo with Shelly</p> <p>1:00 T Sunday Cinema- Forgotten Love (2023) "NO CAPTIONS"</p> <p>2:30 BL Simplified Mahjong ✓</p> <p>5:00 T Sunday Cinema- Forgotten Love (2023) "NO CAPTIONS"</p> <p>5:00 BL Texas Hold 'Em "Women's Group" ✓</p> | <p style="text-align: right; font-weight: bold;">23</p> <p>9:30 WC Light Weight Training with Melissa ♥</p> <p>10:00 GR Piano Performance - Thomas Fedorchik ★</p> <p>11:00 BL Pray Holy Rosary</p> <p>11:00 HR Your Hobby Room With Robert Canfield</p> <p>1:00 T Weekly Trivia with Bob</p> <p>2:00 BL Bridge✓</p> <p>3:30 WC Chair volleyball With Karla ♥</p> | <p style="text-align: right; font-weight: bold;">24</p> <p>10:00 WC Silver Sneakers Circuit with Jo ♥</p> <p>1:00 BL Poker</p> <p>1:00 CR RAC MEETING</p> <p>2:00 T Tuesday Matinée - Little Women (2019) (WITH CAPTIONS)</p> <p>3:00 WC Mini Golf Course</p> <p>7:00 T Tuesday Matinée - Little Women (2019) (NO CAPTIONS)</p> | <p style="text-align: right; font-weight: bold;">25</p> <p>10:00 WC Morning Exercise with Karla ♥</p> <p>11:00 BL Bible Study with Reverend Rick Wilkins University Methodist Church (The Book of Revelation)</p> <p>1:00 AC Get crafty with Jo- Fiesta Door Decor ✓</p> <p>1:30 BL Mexican Train Dominoes</p> <p>3:30 WC Chair volleyball With Karla ♥</p> <p>4:30 DR Birthday Dinner Pt:2 ✓</p> | <p style="text-align: right; font-weight: bold;">26</p> <p>10:00 WC Morning Exercise with Karla ♥</p> <p>1:00 BL Poker</p> <p>3:30 BR Line Dance Class with Virginia Gross</p> <p>4:00 BR Happy Hour with Fermin Rocha Sponsored by: Veterans Best Movers ★</p> <p>7:00 BL Table Games with Friends ✓</p> | <p style="text-align: right; font-weight: bold;">27</p> <p>8:30 L HEB Trip- (Oak Park- Small) ✓</p> <p>10:00 WC Silver Sneakers Classic with Jo ♥</p> <p>10:30 AC Glass Class</p> <p>1:00 BL Digital Bingo with Melissa \$</p> <p>2:00 AC Mahjong</p> <p>2:00 GR Performance: Latinoamerican Duo- Harry & Lorena ♪</p> <p>2:30 BL Billiards</p> <p>2:30 GR Root Beer Floats with Karla & Macy</p> | <p style="text-align: right; font-weight: bold;">28</p> <p>10:00 WC Light Weight Training with Melissa ♥</p> <p>10:00 BL Mexican Train Dominoes</p> <p>1:00 T Saturday Movie - Our Little Secret (2024) (WITH CAPTIONS)</p> <p>2:00 BL Bridge✓</p> <p>6:30 L Outing: The Tobin Center (The Orchestra San Antonio) "American Harmony" ✓</p> <p>7:00 T Saturday Movie - Our Little Secret (2024) (WITH CAPTIONS)</p> |
| <p style="text-align: right; font-weight: bold;">29</p> <p>Palm Sunday</p> <p>1:00 BL Digital Bingo with Gilder</p> <p>1:00 T Sunday Cinema- Our Little Secret (2024)"NO CAPTIONS"</p> <p>2:30 BL Simplified Mahjong ✓</p> <p>5:00 T Sunday Cinema- Our Little Secret (2024) "NO CAPTIONS"</p> <p>5:00 BL Texas Hold 'Em "Women's Group" ✓</p> | <p style="text-align: right; font-weight: bold;">30</p> <p>11:00 BL Pray Holy Rosary</p> <p>11:00 HR Your Hobby Room With Robert Canfield</p> <p>1:00 T Weekly Trivia with Bob</p> <p>2:00 BL Bridge✓</p> <p>3:30 WC Chair volleyball With Karla ♥</p> | <p style="text-align: right; font-weight: bold;">31</p> <p>Cesar Chavez Day</p> <p>10:00 WC Silver Sneakers Circuit with Jo ♥</p> <p>1:00 BL Poker</p> <p>2:00 T Tuesday Matinée - Wedding Season (2022) (WITH CAPTIONS)</p> <p>2:30 CR Adroit Medical Equipment ✓</p> <p>3:00 BR Bean Bag Baseball</p> <p>7:00 T Tuesday Matinée - Wedding Season (2022) (NO CAPTIONS)</p> | | | | |

“Well-behaved women
seldom make history.”

—Laurel Thatcher Ulrich

March:
WOMEN'S HISTORY MONTH

A woman with a backpack is shown in profile, looking up at the sun in a field. The sun is low on the horizon, creating a warm, golden glow. She is wearing a light-colored t-shirt and a backpack. The background consists of green foliage and a hazy horizon.

Celebrate

ST. PATRICK'S DAY!



We hope your day is filled with good times,
good friends and good luck.