



230 W. Sunset Road San Antonio, TX 78209 (210) 829-5955

Memory Care

Staff Directory

Tiffany Weiser.....Executive Director
 Joanna Sosa.....Business Office Manager
 Lauren Rodriguez.....Sales & Marketing Director
 Aleesa Love..... Sales Assistant/ Move in Coord.
 Jacqueline Hodges.....Director of AL & MC
 Araceli Vela.....Director of Memory Care
 Chris Purgason.....Director of Dining Services
 Alex Reta Jr.....Executive Chef
 Austin Querbach.....Director of Maintenance
 Nicole Garza.....Director Of Life Enrichment
 Samantha Luera.....Care Staff/Life Enrichment Assistant
 Jo Rosser.....Life Enrichment Assistant
 Karla Posada.....Life Enrichment/Fitness Coordinator

JANUARY 2026

The Life Enrichment and Transportation department will be closed on New Year's Day to allow our staff to celebrate the holiday with their families. Normal hours will resume on Friday, January 2nd, 2026. We wish you a Happy Holiday and thank you for your understanding.



Bring on the New Year

"What the new year brings to you will depend a great deal on what you bring to the new year." —Vern McLellan

Freedom and Service

Monday, Jan. 19, is Martin Luther King Jr. Day, also known as MLK Day, remembering the legacy and work of American civil rights activist and minister Dr. Martin Luther King Jr. This federal holiday is also a designated National Day of Service.



Sending Special Birthday Wishes to all our Residents celebrating this month!

Maria Leal.....2nd
 Nancy Zachry.....4th
 Paul Penalosa.....15th
 Alice Engel.....24th



JANUARY 2026

Franklin Park Alamo Heights- Memory Care
230 W. Sunset Road San Antonio, TX 78209 (210) 829-5955

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				NEW YEAR'S DAY! 		
9:15 Morning Visits 9:45 Morning Stretches 10:00 Ball Toss 11:00 Sunday Trivia 1:00 Relax & Refresh 2:30 Table Games 3:00 Franklin Footers (Walking Group) 4:00 Music Social 6:00 Evening Movie (Residents Choice)	9:15 Morning Visits 9:45 Step to the Beat 10:00 Bowling Fun 11:00 UNO 1:00 Relax & Refresh 2:30 Ice Cream Social 3:00 Franklin Footers (Walking Group) 4:00 Fancy Nails 6:00 Evening Movie (Residents Choice)	9:00 Beauty Shop appointments 9:15 Morning Visits 9:45 Chair Aerobics 10:00 Hungry Hippo 11:00 Tuesday Trivia 1:00 Relax & Refresh 2:30 Creative Arts (Popsicle Snowflakes) 3:00 Franklin Footers (Walking Group) 4:00 Bingo Fun 6:00 Evening Movie (Residents Choice)	9:00 Beauty Shop appointments 9:15 Morning visits 9:45 Chair Stretching 10:00 Catapult Ball 11:00 Finish That Phrase 2:30 Creative Coloring 3:00 Happy Hour with Arland Shcnacker (In Assisted Living Dining Room) 4:00 Franklin Footers (Walking Group) 6:00 Evening Movie (Residents Choice)	9:15 Morning Visits 9:45 Bodies in Motion 10:00 Chair Soccer 10:30 Lunch Bunch (Formosa Gardens) 11:00 Drum Circle with Karla 1:00 Relax & Refresh 2:30 Hand Massages 3:00 Franklin Footers (Walking Group) 4:00 Table Games 6:00 Evening Movie (Resident Choice)	9:15 Morning Visits 9:45 Tai Chi 10:00 Bean Bag Fishing 11:00 Guess Who? 1:00 Relax & Refresh 2:00 Catholic Mass in (MC- Brazos Library) 2:30 Snacktivities- Avocado Toast 3:00 Franklin Footers (Walking Group) 4:00 Nail Care (In Concho) 6:00 Evening Movie (Residents Choice)	9:15 Morning Visits 9:30 Sit And be Fit with Jo 10:00 Soccer 11:00 Trivia 1:00 Relax & Refresh 2:30 Prize Bingo 3:00 Franklin Footers (Walking Group) 4:00 Music & Table Games 6:00 Evening Movie (Residents Choice)
9:15 Morning Visits 9:45 Chair Exercise 10:00 Football Toss 11:00 Random Trivia 1:00 Relax & Refresh 2:30 Table Games 3:00 Bible study with The Promise Ministries (Brazos Activity Room) 4:00 Music Social 6:00 Evening Movie (Residents Choice)	9:15 Morning Visits 9:45 Sit & Be Fit 10:00 Whack A Noodle 11:00 Pictionary 1:00 Relax & Refresh 2:30 Soda Floats 3:00 Franklin Footers (Walking Group) 4:00 Nail Care 6:00 Evening Movie (Residents Choice)	9:00 Beauty Shop appointments 9:15 Morning Visits 9:45 Morning Workout 10:00 Chair Volleyball 11:00 Tuesday Trivia 1:00 Relax & Refresh 2:30 Creative Arts (Tea Light Planet Craft) 3:00 Franklin Footers (Walking Group) 4:00 Traditional Bingo 6:00 Evening Movie (Residents Choice)	9:00 Beauty Shop appointments 9:15 Morning visits 9:45 AM Stretches 10:00 Parachute 11:00 Alphabet Categories 1:00 Relax & refresh 2:30 Tic Tac Toe 3:00 Happy Hour with Mike Clancy (In Assisted Living Dining Room) 4:00 Franklin Footers (Walking Group) 6:00 Evening Movie (Residents Choice)	9:15 Morning visits 9:45 Move & Groove 10:00 Corn Hole 11:00 Spelling Bee 1:00 Relax & Refresh 2:30 Ping Pong 3:00 Franklin Footers (Walking Group) 4:00 Card Games 6:00 Evening Movie (Resident Choice)	9:15 Morning Visits 9:45 Fun Fit Friday 10:00 Bean Bag Twister 11:00 Family Feud 1:00 Relax & Refresh 2:30 Snacktivities-Sweet Brown Rice Cakes- Sponsor- AMADA 3:00 Franklin Footers (Walking Group) 4:00 Nail Care (In Concho) 6:00 Evening Movie (Residents Choice)	9:15 Morning Visits 9:30 Sit And be Fit with Jo 10:00 Soccer 11:00 Trivia 1:00 Relax & Refresh 2:30 Prize Bingo 3:00 Franklin Footers (Walking Group) 4:00 Music & Table Games 6:00 Evening Movie (Residents)
9:15 Morning Visits 9:45 Morning Stretches 10:00 Ball Toss 11:00 Sunday Trivia 1:00 Relax & Refresh 2:30 Table Games 3:00 Franklin Footers (Walking Group) 4:00 Music Social 6:00 Evening Movie (Residents Choice)	MARTIN LUTHER KING DAY 9:15 Morning Visits 9:45 Step to the Beat 10:00 Bowling Fun 11:00 Martin Luther King Trivia 1:00 Relax & Refresh 2:30 Ice Cream Social 3:00 Franklin Footers (Walking Group) 4:00 Fancy Nails 6:00 Evening Movie (Residents Choice)	9:00 Beauty Shop appointments 9:15 Morning Visits 9:45 Chair Aerobics 10:00 Hungry Hippo 11:00 Tuesday Trivia 1:00 Relax & Refresh 2:30 Creative Arts (Jewelry Making) 3:00 Franklin Footers (Walking Group) 4:00 Bingo Fun 6:00 Evening Movie (Residents Choice)	9:00 Beauty Shop appointments 9:15 Morning visits 9:45 Chair Stretching 10:00 Catapult Ball 11:00 Finish That Phrase 2:30 Creative Coloring 3:00 Happy Hour with Jaime Valera (In Assisted Living Dining Room) 4:00 Franklin Footers (Walking Group) 6:00 Evening Movie (Residents Choice)	9:15 Morning Visits 9:45 Bodies in Motion 10:00 Chair Soccer 10:30 Outing: San Antonio Museum of Art 11:00 Drum Circle with Karla 1:00 Relax & Refresh 2:30 Hand Massages 3:00 Franklin Footers (Walking Group) 4:00 Table Games 6:00 Evening Movie (Resident Choice)	9:15 Morning Visits 9:45 Tai Chi 10:00 Bean Bag Fishing 11:00 Guess Who? 1:00 Relax & Refresh 2:30 Franklin Footers (Walking Group) 3:00 Wine & Cheese Social with Special Guest- Triple J Juggling 4:00 Nail Care (In Concho) 6:00 Evening Movie (Residents Choice)	9:15 Morning Visits 9:30 Sit & Be Fit With Jo 10:00 Basketball 11:00 Coffee Chat 1:00 Relax & Refresh 2:30 Prize Bingo 3:00 Franklin Footers (Walking Group) 4:00 Coloring Social 6:00 Evening Movie (Residents Choice)
9:15 Morning Visits 9:45 Chair Exercise 10:00 Football Toss 11:00 Random Trivia 1:00 Relax & Refresh 2:30 Table Games 3:00 Bible study with The Promise Ministries (Brazos Activity Room) 4:00 Music Social 6:00 Evening Movie (Residents Choice)	9:15 Morning Visits 9:45 Sit & Be Fit 10:00 Whack A Noodle 11:00 Pictionary 1:00 Relax & Refresh 2:30 Soda Floats 3:00 Franklin Footers (Walking Group) 4:00 Nail Care 6:00 Evening Movie (Residents Choice)	9:00 Beauty Shop appointments 9:15 Morning Visits 9:45 Morning Workout 10:00 Chair Volleyball 11:00 Tuesday Trivia 1:00 Relax & Refresh 2:30 Creative Arts (Floral Arrangements) 3:00 Franklin Footers (Walking Group) 4:00 Traditional Bingo 6:00 Evening Movie (Residents Choice)	9:00 Beauty Shop appointments 9:15 Morning visits 9:45 AM Stretches 10:00 Parachute 11:00 Alphabet Categories 1:00 Relax & refresh 2:30 Tic Tac Toe 3:00 Franklin Footers (Walking Group) 4:00 Happy Hour with Kai Kamaka (In Assisted Living Dining Room) 6:00 Evening Movie (Residents Choice)	9:15 Morning Visits 9:45 Bodies in Motion 10:00 Chair Soccer 11:00 Math Quiz 1:00 Relax & Refresh 1:30 Movie & Popcorn (In Independent Living Theater) 2:30 Hand Massages 4:00 Franklin Footers (Walking Group) 6:00 Evening Movie (Resident Choice)	9:15 Morning Visits 9:45 Fun Fit Friday 10:00 Bean Bag Twister 11:00 Family Feud 1:00 Relax & Refresh 2:30 Snacktivities-Strawberry Cups 3:00 Franklin Footers (Walking Group) 4:00 Nail Care (In Concho) 6:00 Evening Movie (Residents Choice)	9:15 Morning Visits 9:30 Sit And be Fit with Jo 10:00 Soccer 11:00 Trivia 1:00 Relax & Refresh 2:30 Prize Bingo 3:00 Franklin Footers (Walking Group) 4:00 Music & Table Games 6:00 Evening Movie (Residents Choice)

[Nicole Garza, Life Enrichment Director] [Samantha Luera, Care Staff-Life Enrichment Assistant] [Jo Rosser, Life Enrichment Assistant] *** All activities are subject to change due to unforeseen Events /or per resident preference or interest***