



230 W. Sunset Road

San Antonio, TX 78209

(210) 829-5955

## Memory Care

### Staff Directory

Tiffany Weiser.....Executive Director  
 Joanna Sosa.....Business Office Manager  
 Lauren Rodriguez.....Sales & Marketing Director  
 Aleesa Love.....Sales Assistant/ Move in Coord.  
 Jacqueline Hodges.....Director of AL & MC  
 Araceli Vela.....Director of Memory Care  
 Chris Purgason.....Director of Dining Services  
 Alex Reta Jr.....Executive Chef  
 Austin Querbach.....Director of Maintenance  
 Nicole Garza.....Director Of Life Enrichment  
 Samantha Luera.....Care Staff/Life Enrichment Assistant  
 Jo Rosser.....Life Enrichment Assistant  
 Karla Posada.....Life Enrichment/Fitness Coordinator



Sending Special Birthday Wishes to all our Residents  
 celebrating this month!

Maria Leal.....2nd  
 Nancy Zachry.....4th  
 Paul Penaloza.....15th  
 Alice Engel.....24th

## JANUARY 2026

The Life Enrichment and Transportation department will be closed on New Year's Day to allow our staff to celebrate the holiday with their families. Normal hours will resume on Friday, January 2nd, 2026. We wish you a Happy Holiday and thank you for your understanding.

Happy  
New Year



### Bring on the New Year

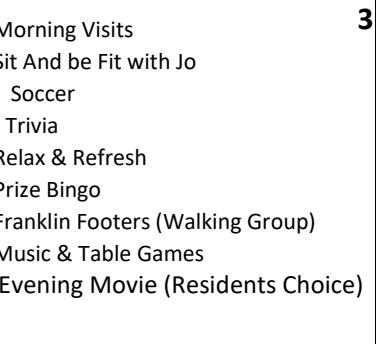
"What the new year brings to you will depend a great deal on what you bring to the new year." —Vern McLellan

### Freedom and Service

Monday, Jan. 19, is Martin Luther King Jr. Day, also known as MLK Day, remembering the legacy and work of American civil rights activist and minister Dr. Martin Luther King Jr. This federal holiday is also a designated National Day of Service.

# JANUARY 2026

Franklin Park Alamo Heights- Memory Care  
230 W. Sunset Road San Antonio, TX 78209 (210) 829-5955

| Sunday   | Monday  | Tuesday   | Wednesday  | Thursday   | Friday   | Saturday   |
|--|---|---|--|--|--|--|
|   |    |   |   |   |   |   |
| 9:15 Morning Visits<br>9:45 Morning Stretches<br>10:00 Ball Toss<br>11:00 Sunday Trivia<br>1:00 Relax & Refresh<br>2:30 Table Games<br>3:00 Franklin Footers (Walking Group)<br>4:00 Music Social<br>6:00 Evening Movie (Residents Choice)                                       | 4 9:15 Morning Visits<br>9:45 Step to the Beat<br>10:00 Bowling Fun<br>11:00 UNO<br>1:00 Relax & Refresh<br>2:30 Ice Cream Social<br>3:00 Franklin Footers (Walking Group)<br>4:00 Fancy Nails<br>6:00 Evening Movie (Residents Choice)   | 5 9:00 Beauty Shop appointments<br>9:15 Morning Visits<br>9:45 Chair Aerobics<br>10:00 Hungry Hippo<br>11:00 Tuesday Trivia<br>1:00 Relax & Refresh<br><b>2:30 Creative Arts (Popsicle Snowflakes)</b><br>3:00 Franklin Footers (Walking Group)<br>4:00 Bingo Fun<br>6:00 Evening Movie (Residents Choice)                  | 6 9:00 Beauty Shop appointments<br>9:15 Morning Visits<br>9:45 Chair Aerobics<br>10:00 Hungry Hippo<br>11:00 Tuesday Trivia<br>1:00 Relax & Refresh<br><b>2:30 Creative Arts (Popsicle Snowflakes)</b><br>3:00 Franklin Footers (Walking Group)<br>4:00 Bingo Fun<br>6:00 Evening Movie (Residents Choice)                             | 7 9:00 Beauty Shop appointments<br>9:15 Morning Visits<br>9:45 Chair Aerobics<br>10:00 Hungry Hippo<br>11:00 Tuesday Trivia<br>1:00 Relax & Refresh<br><b>2:30 Creative Arts (Popsicle Snowflakes)</b><br>3:00 Happy Hour with Arland Shnacker (In Assisted Living Dining Room)<br>4:00 Franklin Footers (Walking Group)<br>6:00 Evening Movie (Residents Choice)              | 8 9:15 Morning Visits<br>9:45 Bodies in Motion<br>10:00 Chair Soccer<br><b>10:30 Lunch Bunch (Formosa Gardens)</b><br><b>11:00 Drum Circle with Karla</b><br>1:00 Relax & Refresh<br>2:30 Creative Coloring<br>3:00 Happy Hour with Arland Shnacker (In Assisted Living Dining Room)<br>4:00 Franklin Footers (Walking Group)<br>6:00 Evening Movie (Residents Choice) | 9 9:15 Morning Visits<br>9:45 Tai Chi<br>10:00 Bean Bag Fishing<br>11:00 Guess Who?<br>1:00 Relax & Refresh<br><b>2:00 Catholic Mass in (MC- Brazos Library)</b><br><b>2:30 Snacktivities- Avocado Toast</b><br>3:00 Franklin Footers (Walking Group)<br>4:00 Nail Care (In Concho)<br>6:00 Evening Movie (Residents Choice) |
| 9:15 Morning Visits<br>9:45 Chair Exercise<br>10:00 Football Toss<br>11:00 Random Trivia<br>1:00 Relax & Refresh<br>2:30 Table Games<br><b>3:00 Bible study with The Promise Ministries (Brazos Activity Room)</b><br>4:00 Music Social<br>6:00 Evening Movie (Residents Choice) | 11 9:15 Morning Visits<br>9:45 Sit & Be Fit<br>10:00 Whack A Noodle<br>11:00 Pictionary<br>1:00 Relax & Refresh<br>2:30 Soda Floats<br>3:00 Franklin Footers (Walking Group)<br>4:00 Nail Care<br>6:00 Evening Movie (Residents Choice)   | 12 9:00 Beauty Shop appointments<br>9:15 Morning Visits<br>9:45 Morning Workout<br>10:00 Chair Volleyball<br>11:00 Tuesday Trivia<br>1:00 Relax & Refresh<br><b>2:30 Creative Arts (Tea Light Planet Craft)</b><br>3:00 Franklin Footers (Walking Group)<br>4:00 Traditional Bingo<br>6:00 Evening Movie (Residents Choice) | 13 9:00 Beauty Shop appointments<br>9:15 Morning Visits<br>9:45 AM Stretches<br>10:00 Parachute<br>11:00 Alphabet Categories<br>1:00 Relax & refresh<br>2:30 Tic Tac Toe<br><b>3:00 Happy Hour with Mike Clancy (In Assisted Living Dining Room)</b><br>4:00 Franklin Footers (Walking Group)<br>6:00 Evening Movie (Residents Choice) | 14 9:15 Morning visits<br>9:45 Move & Groove<br>10:00 Corn Hole<br>11:00 Spelling Bee<br>1:00 Relax & Refresh<br>2:30 Ping Pong<br>3:00 Franklin Footers (Walking Group)<br>4:00 Card Games<br>6:00 Evening Movie (Resident Choice)  | 15 9:15 Morning Visits<br>9:45 Fun Fit Friday<br>10:00 Bean Bag Twister<br>11:00 Family Feud<br>1:00 Relax & Refresh<br><b>2:30 Snacktivities- Sweet Brown Rice Cakes- Sponsor- AMADA</b><br>3:00 Franklin Footers (Walking Group)<br>4:00 Nail Care (In Concho)<br>6:00 Evening Movie (Residents Choice)  | 16 9:15 Morning Visits<br>9:45 Sit & Be Fit with Jo<br>10:00 Soccer<br>11:00 Trivia<br>1:00 Relax & Refresh<br>2:30 Prize Bingo<br>3:00 Franklin Footers (Walking Group)<br>4:00 Coloring Social<br>6:00 Evening Movie (Residents Choice)  |
| 9:15 Morning Visits<br>9:45 Morning Stretches<br>10:00 Ball Toss<br>11:00 Sunday Trivia<br>1:00 Relax & Refresh<br>2:30 Table Games<br>3:00 Franklin Footers (Walking Group)<br>4:00 Music Social<br>6:00 Evening Movie (Residents Choice)                                       | 18 <b>MARTIN LUTHER KING DAY</b><br>9:15 Morning Visits<br>9:45 Step to the Beat<br>10:00 Bowling Fun<br>11:00 Martin Luther King Trivia<br>1:00 Relax & Refresh<br>2:30 Ice Cream Social<br>3:00 Franklin Footers (Walking Group)<br>4:00 Fancy Nails<br>6:00 Evening Movie (Residents Choice) | 19 9:00 Beauty Shop appointments<br>9:15 Morning Visits<br>9:45 Chair Aerobics<br>10:00 Hungry Hippo<br>11:00 Tuesday Trivia<br>1:00 Relax & Refresh<br><b>2:30 Creative Arts (Jewelry Making)</b><br>3:00 Franklin Footers (Walking Group)<br>4:00 Bingo Fun<br>6:00 Evening Movie (Residents Choice)                      | 20 9:00 Beauty Shop appointments<br>9:15 Morning Visits<br>9:45 Chair Aerobics<br>10:00 Hungry Hippo<br>11:00 Tuesday Trivia<br>1:00 Relax & Refresh<br><b>2:30 Creative Arts (Jewelry Making)</b><br>3:00 Franklin Footers (Walking Group)<br>4:00 Bingo Fun<br>6:00 Evening Movie (Residents Choice)                                 | 21 9:15 Morning Visits<br>9:45 Bodies in Motion<br>10:00 Chair Soccer<br><b>10:30 Outing: San Antonio Museum of Art</b><br><b>11:00 Drum Circle with Karla</b><br>1:00 Relax & Refresh<br>2:30 Creative Coloring<br><b>3:00 Happy Hour with Jaime Valera (In Assisted Living Dining Room)</b><br>4:00 Franklin Footers (Walking Group)<br>6:00 Evening Movie (Resident Choice) | 22 9:15 Morning Visits<br>9:45 Tai Chi<br>10:00 Bean Bag Fishing<br>11:00 Guess Who?<br>1:00 Relax & Refresh<br><b>2:30 Franklin Footers (Walking Group)</b><br><b>3:00 Wine &amp; Cheese Social with Special Guest- Triple J Juggling</b><br>4:00 Nail Care (In Concho)<br>6:00 Evening Movie (Residents Choice)  | 23 9:15 Morning Visits<br>9:45 Sit & Be Fit With Jo<br>10:00 Basketball<br>11:00 Coffee Chat<br>1:00 Relax & Refresh<br>2:30 Prize Bingo<br>3:00 Franklin Footers (Walking Group)<br>4:00 Coloring Social<br>6:00 Evening Movie (Residents Choice)   |
| 9:15 Morning Visits<br>9:45 Chair Exercise<br>10:00 Football Toss<br>11:00 Random Trivia<br>1:00 Relax & Refresh<br>2:30 Table Games<br><b>3:00 Bible study with The Promise Ministries (Brazos Activity Room)</b><br>4:00 Music Social<br>6:00 Evening Movie (Residents Choice) | 25 9:15 Morning Visits<br>9:45 Sit & Be Fit<br>10:00 Whack A Noodle<br>11:00 Pictionary<br>1:00 Relax & Refresh<br>2:30 Soda Floats<br>3:00 Franklin Footers (Walking Group)<br>4:00 Nail Care<br>6:00 Evening Movie (Residents Choice)   | 26 9:00 Beauty Shop appointments<br>9:15 Morning Visits<br>9:45 Morning Workout<br>10:00 Chair Volleyball<br>11:00 Tuesday Trivia<br>1:00 Relax & Refresh<br><b>2:30 Creative Arts (Floral Arrangements)</b><br>3:00 Franklin Footers (Walking Group)<br>4:00 Traditional Bingo<br>6:00 Evening Movie (Residents Choice)    | 27 9:00 Beauty Shop appointments<br>9:15 Morning Visits<br>9:45 AM Stretches<br>10:00 Parachute<br>11:00 Alphabet Categories<br>1:00 Relax & refresh<br>2:30 Tic Tac Toe<br>3:00 Franklin Footers (Walking Group)<br><b>4:00 Happy Hour with Kai Kamaka (In Assisted Living Dining Room)</b><br>6:00 Evening Movie (Residents Choice)  | 28 9:15 Morning Visits<br>9:45 Bodies in Motion<br>10:00 Chair Soccer<br>11:00 Math Quiz<br>1:00 Relax & Refresh<br>1:30 Movie & Popcorn (In Independent Living Theater)<br>2:30 Hand Massages<br>4:00 Franklin Footers (Walking Group)<br>6:00 Evening Movie (Resident Choice)  | 29 9:15 Morning Visits<br>9:45 Fun Fit Friday<br>10:00 Bean Bag Twister<br>11:00 Family Feud<br>1:00 Relax & Refresh<br><b>2:30 Snacktivities-Strawberry Cups</b><br>3:00 Franklin Footers (Walking Group)<br>4:00 Nail Care (In Concho)<br>6:00 Evening Movie (Residents Choice)  | 30 9:15 Morning Visits<br>9:45 Sit And be Fit with Jo<br>10:00 Soccer<br>11:00 Trivia<br>1:00 Relax & Refresh<br>2:30 Prize Bingo<br>3:00 Franklin Footers (Walking Group)<br>4:00 Music & Table Games<br>6:00 Evening Movie (Residents Choice)  |