



230 W. Sunset Road San Antonio, TX 78209 (210) 829-5955

Memory Care

Staff Directory

Tiffany Weiser.....Executive Director
Joanna Sosa.....Business Office Manager
Lauren Rodriguez.....Sales & Marketing Director
Aleesa Love.....Sales Assistant/ Move in Coord.
Tricia Wallace.....Sales & Marketing
Jacqueline Hodges.....Director of AL & MC
Araceli Vela.....Director of Memory Care
Chris Purgason.....Director of Dining Services
Alex Reta Jr.....Executive Chef
Austin Querbach.....Director of Maintenance
Nicole Garza.....Director Of Life Enrichment
Samantha Luera.....Care Staff/Life Enrichment Assistant
Jo Rosser.....Life Enrichment Assistant
Karla Posada.....Life Enrichment/Fitness Coordinator



Happy Birthday to all our February birthdays!
Wishing you joy and smiles all month long.

- Valerie Wenger.....1st
- Rosemary Valentine.....9th
- Leslie Dallenbach.....10th

February 2026



Love and Be Loved

"How you love yourself is how you teach others to love you." —Rupi Kaur

You're Doing a Great Job

To improve your mood instantly, look in the mirror and give yourself a compliment.

A Little Laugh

Q: What do you call the world's smallest Valentine's Day card?

Wear Red

The first Friday in February is National Wear Red Day, dedicated to raising awareness of heart disease in women. Remember to wear red to support the cause.



FEBRUARY 2026

Franklin Park Alamo Heights- Memory Care
230 W. Sunset Road San Antonio, TX 78209 (210) 829-5955

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:15 Morning Visits 9:45 Chair Stretching 10:00 Chair Soccer 11:00 Bible Trivia 1:00 Relax & Refresh 2:30 Variety of Table Games 3:00 Franklin Footers (Walking Group) 4:00 Music Social 6:00 Evening Movie (Residents Choice)	<u>Groundhog Day</u> 9:15 Morning Visits 9:45 Move & Groove 10:00 Parachute Fun 11:00 Sing Along 1:00 Relax & Refresh 2:30 Ice Cream Sundaes 3:00 Franklin Footers (Walking Group) 4:00 Nail Care 6:00 Evening Movie (Residents Choice)	9:00 Beauty Shop appointments 9:15 Morning Visits 9:45 Mindful Movements 10:00 Hungry Hippo 11:00 Categories 1:00 Relax & Refresh 2:30 Creative Arts (Abstract Painting) 3:00 Franklin Footers (Walking Group) 4:00 Traditional Bingo 6:00 Evening Movie (Residents Choice)	9:00 Beauty Shop appointments 9:15 Morning visits 9:45 Tai Chi 10:00 Sticky Ball 11:00 Hang Man 1:00 Relax & refresh 2:30 Table Games 3:00 Happy Hour with Fermin Rocha Sponsored by: Family Tree (In Assisted Living Dining Room) 4:00 Franklin Footers (Walking Group) 6:00 Evening Movie (Residents Choice)	9:15 Morning visits 9:45 AM Stretches 10:00 Short Stories 10:30 Lunch Bunch (The BBQ Station) 11:00 Drum Circle with Karla 1:00 Relax & Refresh 2:30 Ping Pong 3:00 Franklin Footers (Walking Group) 4:00 UNO Card Game 6:00 Evening Movie (Resident Choice)	9:15 Morning Visits 9:45 Fun Fit Friday 10:00 Balloon Toss 11:00 Music Performance with Kai Kamaka 1:00 Relax & Refresh 2:30 Snackivities– Strawberry Shortcake Sponsor: Three Oaks Hospice 3:00 Franklin Footers (Walking Group) 4:00 Nail Care (In Concho) 6:00 Evening Movie (Residents Choice)	9:15 Morning Visits 10:30 Valentine's Day Celebration with Windcrest Elementary 11:00 Trivia 1:00 Relax & Refresh 2:30 Prize Bingo 3:00 Franklin Footers (Walking Group) 4:00 Music & Table Games 6:00 Evening Movie (Residents Choice)
9:15 Morning Visits 9:45 Morning Workout 10:00 Bowling Fun 11:00 Coffee Chat 1:00 Relax & Refresh 2:30 Variety of Table Games 3:00 Bible study with The Promise Ministries (Brazos Activity Room) 4:00 Franklin Footers (Walking Group) 6:00 Evening Movie (Residents Choice)	9:15 Morning Visits 9:45 Body In Motion 10:00 Word Games 11:00 Chair Volley Ball 1:00 Relax & Refresh 2:30 Ice Cream Cones 3:00 Franklin Footers (Walking Group) 4:00 Fancy Nails 6:00 Evening Movie (Residents Choice)	9:00 Beauty Shop appointments 9:15 Morning Visits 9:45 Move To The Music 10:00 Bowling fun 11:00 Math Quiz 1:00 Relax & Refresh 2:30 Art with Tess Outlaw (Cupids Tea Bags) 3:00 Franklin Footers (Walking Group) 4:00 Bingo Fun 6:00 Evening Movie (Residents Choice)	9:00 Beauty Shop appointments 9:15 Morning visits 9:45 chair Aerobics 10:00 Golf Competition 11:00 Finish That Phrase 1:00 Relax & refresh 2:30 Creative Coloring 3:00 Franklin Footers (Walking Group) 4:00 Card Games 6:00 Evening Movie (Residents Choice)	9:15 Morning visits 9:45 Morning Motion 10:00 Performance: Tried & True Singers 11:00 Corn Hole 1:00 Relax & Refresh 2:00 Valentines Day Sock Hop Happy Hour with ELVIS– IL– Ballroom Sponsored by: Three Oaks Hospice & Christus Hospice 3:00 Franklin Footers (Walking Group) 4:00 Tic-Tac-Toe Game 6:00 Evening Movie (Resident Choice)	9:15 Morning Visits 9:45 Step to the Beat 10:00 Alphabet Categories 11:00 Penny Pinching Game 1:00 Relax & Refresh 2:00 Catholic Mass in (MC– Brazos Library) 2:30 Snackivities– Parfaits Sponsor: AMADA 3:00 Franklin Footers (Walking Group) 4:00 Nail Care (In Concho) 6:00 Evening Movie (Residents Choice)	<u>Valentine's Day</u> 9:15 Morning Visits 9:30 Sit & Be Fit With Jo 10:00 Whack A Noodle 11:00 Family Feud 1:00 Relax & Refresh 2:30 Prize Bingo 3:00 Franklin Footers (Walking Group) 4:00 Coloring Social 6:00 Evening Movie (Residents Choice)
9:15 Morning Visits 9:45 Chair Stretching 10:00 Chair Soccer 11:00 Bible Trivia 1:00 Relax & Refresh 2:30 Variety of Table Games 3:00 Franklin Footers (Walking Group) 4:00 Music Social 6:00 Evening Movie (Residents Choice)	<u>Presidents Day</u> 9:15 Morning Visits 9:45 Move & Groove 10:00 Parachute Fun 11:00 Sing Along 1:00 Relax & Refresh 2:30 Banana Splits 3:00 Franklin Footers (Walking Group) 4:00 Nail Care 6:00 Evening Movie (Residents Choice)	<u>Madi Gras</u> 9:00 Beauty Shop appointments 9:15 Morning Visits 9:45 Mindful Movements 10:00 Hungry Hippo 11:00 Categories 1:00 Relax & Refresh 2:30 Creative Arts (Cheerio Heart Bird Feeders) Sponsored by: San Antonio Home Care 3:00 Franklin Footers (Walking Group) 4:00 Traditional Bingo 6:00 Evening Movie (Residents Choice)	<u>Ash Wednesday</u> 9:00 Beauty Shop appointments 9:15 Morning visits 9:45 Tai Chi 10:00 Sticky Ball 11:00 Hang Man 1:00 Relax & refresh 2:00 Distribution of Ashes with Father Kevin 3:00 Happy Hour with Jaime Valera Sponsored by: Executive Home Care (In Assisted Living Dining Room) 4:00 Franklin Footers (Walking Group) 6:00 Evening Movie (Residents Choice)	9:15 Morning visits 9:45 AM Stretches 10:00 Short Stories 11:00 Happy Tails (Pet Visits) 11:00 Hearing Life Services –AL– Flex Room (Free Hearing Test & Cleaning) 1:00 Relax & Refresh 2:30 Ping Pong 3:00 Franklin Footers (Walking Group) 4:00 UNO Card Game 6:00 Evening Movie (Resident Choice)	9:15 Morning Visits 9:45 Fun Fit Friday 10:00 Balloon Toss 11:00 Music With Mike Clancy 1:00 Relax & Refresh 2:30 Snackivities– Cupid's Trail Mix Sponsor: First Light Home Care 3:00 Franklin Footers (Walking Group) 4:00 Nail Care (In Concho) 6:00 Evening Movie (Residents Choice)	9:15 Morning Visits 9:30 Sit & Be Fit With Jo 10:00 Football Toss 11:00 Trivia 1:00 Relax & Refresh 2:30 Prize Bingo 3:00 Franklin Footers (Walking Group) 4:00 Music & Table Games 6:00 Evening Movie (Residents Choice)
9:15 Morning Visits 9:45 Morning Workout 10:00 Bowling Fun 11:00 Coffee Chat 1:00 Relax & Refresh 2:30 Variety of Table Games 3:00 Bible study with The Promise Ministries (Brazos Activity Room) 4:00 Franklin Footers (Walking Group) 6:00 Evening Movie (Residents Choice)	9:15 Morning Visits 9:45 Body In Motion 10:00 Word Games 11:00 Chair Volley Ball 1:00 Relax & Refresh 2:30 Soda Floats 3:00 Franklin Footers (Walking Group) 4:00 Fancy Nails 6:00 Evening Movie (Residents Choice)	9:00 Beauty Shop appointments 9:15 Morning Visits 9:45 Move To The Music 10:00 Bowling fun 11:00 Math Quiz 1:00 Relax & Refresh 2:30 Creative Arts (Painted Heart Tree) 3:00 Franklin Footers (Walking Group) 4:00 Bingo Fun 6:00 Evening Movie (Residents Choice)	9:00 Beauty Shop appointments 9:15 Morning visits 9:30 Podiatrist Visits– Sign up Required AL– Conference Room 9:45 chair Aerobics 10:00 Golf Competition 11:00 Finish That Phrase 1:00 Relax & refresh 2:30 Creative Coloring 3:00 Franklin Footers (Walking Group) 4:00 Card Games 6:00 Evening Movie (Residents Choice)	9:15 Morning visits 9:45 Morning Motion 10:00 Performance: Hearts & Tune Choir 11:00 Rodeo Theme Chair Volleyball (Staff VS Residents) 1:00 Relax & Refresh 2:00 Rodeo Happy Hour & Chilli Cook Off with JL Wilkens- IL– Ballroom Sponsored by: AMADA 3:00 Franklin Footers (Walking Group) 4:00 Tic-Tac-Toe Game 6:00 Evening Movie (Resident Choice)	9:15 Morning Visits 9:45 Step to the Beat 10:00 Alphabet Categories 11:00 Bean Bag Twister 1:00 Relax & Refresh 2:30 Snackivities– Cookie Decorating Sponsor: Harmony Cares 3:00 Franklin Footers (Walking Group) 4:00 Nail Care (In Concho) 6:00 Evening Movie (Residents Choice)	9:15 Morning Visits 9:30 Sit & Be Fit With Jo 10:00 Whack A Noodle 11:00 Family Feud 1:00 Relax & Refresh 2:30 Prize Bingo 3:00 Franklin Footers (Walking Group) 4:00 Coloring Social 6:00 Evening Movie (Residents Choice)