



230 W. Sunset Road • San Antonio, TX 78209 • (210) 829-5955

STAFF DIRECTORY

Tiffany Weiser	Executive Director
Joanna Sosa	Business Office Manager
Lucy Cetina	Administrative Assistant
Lauren Rodriguez	Sales & Marketing Director
Aleesa Love	Sales Assistant/Move In Coord.
Tricia Wallace	Sales & Marketing
Chris Purgason	Director of Dining Services
Alex Reta, Jr.	Executive Chef
Austin Querbach	Director of Maintenance
Nicole Garza	Director of Life Enrichment
Karla Posada	Life Enrichment/Fitness Coord.
Jo Rosser	Life Enrichment Assistant



Birthday Wishes

We have several birthday babies this month, and we hope you'll help us in wishing them a fantastic birthday. If you know any of the following people, don't let them off the hook! Wave them over and sing "Happy Birthday" to them.

Joyce Dekoch	10th
Eddy Mah	12th
Marsha Hillman	19th
Nancy Black	19th
Dennis Klingbeil	28th

February 2026



Heart-Smart Snacks

Give your heart some love this month by choosing healthy snacks. Dark chocolate, nuts and popcorn may seem indulgent, but they contain antioxidants and other nutrients that are good for your ticker.



Love and Be Loved

"How you love yourself is how you teach others to love you." —Rupi Kaur Happy Valentines Day!



February 2026

AC	Arts and Crafts	DR	Dining Room	WC	Wellness Center
GR	The Great Room	BL	Billiards Room	HR	Hobby Room
L	Meet in Lobby	CR	Conference Rm	HE	Health/Educational
BR	Ballroom	BS	Bistro	SR	Sign-Up Required
T	Theater	P	Pool	SE	Special Event/Guest

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

1	Groundhog Day! 1:00 BL Digital Bingo with Dave 1:00 T Sunday Cinema- Lonely Planet (2024) "NO CAPTIONS" 2:30 BL Simplified Mahjong ✓ 5:00 T Sunday Cinema- Lonely Planet (2024) "NO CAPTIONS" 5:00 BL Texas Hold 'Em "Womens Group" ✓	2	10:00 WC Light Weight Training with Melissa ♥ 11:00 BL Pray Holy Rosary 11:00 HR Your Hobby Room With Robert Canfield 1:00 T Weekly Trivia with Bob 2:00 BL Bridge ✓ 2:00 T Special Movie Showing- Ground Hog Day (1993) (WITH CAPTIONS) 3:30 WC Chair volleyball With Karla ♥ 7:00 T Special Movie Showing- Ground Hog Day (1993) (NO CAPTIONS)	3	10:00 WC Silver Sneakers Circuit with Jo ♥ 11:00 BL Homily & Communion ★ 1:00 CR Activity Meeting (All Are Welcome To Join) 1:00 BL Poker 2:00 T Tuesday Matinée -One Battle After Another (2025) (WITH CAPTIONS) 3:00 BR Bean Bag Baseball 7:00 T Tuesday Matinée -One Battle After Another (2025) (NO CAPTIONS)	4	9:30 L Outing: The Tobin Library ✓ 10:00 WC Morning Exercise with Karla ♥ 11:00 BL Bible Study 1:30 BL Mexican Train Dominoes 2:30 P Low Impact Water Fitness ♥ 3:30 WC Chair volleyball With Karla ♥	5	10:00 WC Morning Exercise with Karla ♥ 1:00 BL Poker 3:30 BR Line Dance Class with Virginia Gross 4:00 BR Happy Hour with Kai Kamaka- Sponsored by: Texas Senior Home Care PCP ★ 7:00 BL Table Games with friends ✓	6	8:30 L HEB Trip (Lincoln Heights) ✓ 10:00 WC Silver Sneakers Classic with Jo ♥ 10:30 AC Glass Class 1:00 BL Digital Bingo with Melissa \$ 1:00 BS Vendor: Marie's Trunk Show \$ 2:00 AC Mahjong 2:30 BL Billiards 2:30 GR Family Feud With Karla	7	10:00 WC Light Weight Training with Melissa ♥ 10:00 BL Mexican Train Dominoes 1:00 T Saturday Movie- Pretty Woman (1990) (WITH CAPTIONS) 2:00 BL Bridge ✓ 7:00 T Saturday Movie - Pretty Woman (1990) (WITH CAPTIONS)
8	Super Bowl Sunday!!! 1:00 BL Digital Bingo with Claire 1:00 T Sunday Cinema- Pretty Woman (1990) "NO CAPTIONS" 2:30 BL Simplified Mahjong ✓ 5:00 T Sunday Cinema- Pretty Woman (1990) "NO CAPTIONS" 5:00 BL Super Bowl Watch Party 5:00 AC Texas Hold 'Em "Womens Group" ✓	9	10:00 WC Light Weight Training with Melissa ♥ 11:00 BL Pray Holy Rosary 11:00 HR Your Hobby Room With Robert Canfield 1:00 T Weekly Trivia with Bob 2:00 BL Bridge ✓ 3:30 WC Chair volleyball With Karla ♥	10	10:00 WC Silver Sneakers Circuit with Jo ♥ 11:00 L Outing: Lunch Bunch- Panchitos Mexican Restaurant ✓ 1:00 BL Poker 2:00 T Tuesday Matinée - Hamnet (2025) (WITH CAPTIONS) 3:00 BR Bean Bag Baseball 7:00 T Tuesday Matinée - Hamnet (2025) (NO CAPTIONS)	11	Volunteers Needed to Put Up Flags (Meet in Lobby at 9am)	12	SA Rodeo Begins 10:00 WC Tai Chi with Tam Le ♥ 11:00 BR Town Hall Meeting 1:00 BL Poker 3:00 BR Valentines Day Sock Hop Happy Hour with ELVIS- Sponsored by: Three Oaks Hospice & Christus Hospice ★ 7:00 BL Table Games with friends ✓	13	Valentines Day 10:00 WC Light Weight Training with Melissa ♥ 10:00 BL Mexican Train Dominoes 1:00 T Saturday Movie -Sleepless In Seattle (2003)(WITH CAPTIONS) 2:00 BL Bridge ✓ 7:00 T Saturday Movie - Sleepless In Seattle (2003)(WITH CAPTIONS)	14	
15	Presidents Day (Rummage Sale Pick Up) 1:00 BL Digital Bingo with Gilder 1:00 T Sunday Cinema- Sleepless In Seattle (2003)"NO CAPTIONS" 2:30 BL Simplified Mahjong ✓ 5:00 T Sunday Cinema- Sleepless In Seattle (2003) "NO CAPTIONS" 5:00 BL Texas Hold 'Em "Womens Group" ✓	16	10:00 WC Light Weight Training with Melissa ♥ 11:00 BL Pray Holy Rosary 11:00 HR Your Hobby Room With Robert Canfield 1:00 T Presidents Day Trivia with Bob 2:00 BL Bridge ✓ 3:30 WC Chair volleyball With Karla ♥ 7:00 T Special Movie Showing- Patton (1997) (NO CAPTIONS)	17	Mardi Gras / Lunar New Years / Ramadan 10:00 WC Silver Sneakers Circuit with Jo ♥ 11:00 T New Resident Orientation 1:00 BL Poker 2:00 T Tuesday Matinée - IP Man (2008) (WITH CAPTIONS) 3:00 BR Bean Bag Baseball 7:00 T Tuesday Matinée - IP Man (2008) (NO CAPTIONS)	18	Ash Wednesday / Volunteers Needed to Remove Flags (Meet in the Lobby at 9am) 10:00 WC Morning Exercise with Karla ♥ 11:00 BL Ash Wednesday Service with Father Kevin 1:00 BL Book Club- The Alice Network 1:30 L Outing: Costco Trip ✓ 2:00 BL Mexican Train Dominoes 3:00 P Low Impact Water Fitness ♥ 7:00 DR Birthday Dinner PT:1 ✓	19	9:30 WC Morning Exercise with Karla ♥ 10:00 GR Performance: Hearts & Tune Choir-Coker Methodist Church ★ 1:00 CR Hearing Life Services ✓ 1:00 BL Poker 2:00 T Tom Jackson, Historian- Presenting: The Crusades ★ 3:00 BR Line Dance Class with Virginia Gross 4:00 BR Mardi Gras Happy Hour with Julian Escobedo- Sponsored by: Graceful Guidance ★ 7:00 BL Table Games with friends ✓	20	8:30 L HEB Trip (Lincoln Heights) ✓ 10:00 WC Silver Sneakers Classic with Jo ♥ 10:00 BS Vendor: Carmen with Scentsy \$ 10:30 AC Glass Class 1:00 BL Digital Bingo with Melissa \$ 2:00 AC Mahjong 2:30 BL Billiards 2:30 GR Word scramble with Karla	21	10:00 WC Light Weight Training with Melissa ♥ 10:00 BL Mexican Train Dominoes 1:00 L Outing: Tobin Center- Presenting (Cinderella)✓ 1:00 T Saturday Movie - Pride & Prejudice (2005) (WITH CAPTIONS) 2:00 BL Bridge ✓ 7:00 T Saturday Movie - Pride & Prejudice (2005) (WITH CAPTIONS)
22	Rummage Sale 10:00 DR Tammy & Ally Bake Sale \$ 1:00 BL Digital Bingo with Shelly 1:00 T Sunday Cinema- Pride & Prejudice (2005) "NO CAPTIONS" 2:30 BL Simplified Mahjong ✓ 5:00 T Sunday Cinema- Pride & Prejudice (2005) "NO CAPTIONS" 5:00 BL Texas Hold 'Em "Womens Group" ✓	23	10:00 WC Light Weight Training with Melissa ♥ 10:00 GR Piano Performance - Thomas Fedorichik ★ 11:00 BL Pray Holy Rosary 11:00 HR Your Hobby Room With Robert Canfield 1:00 T Weekly Trivia with Bob 2:00 BL Bridge ✓ 3:30 WC Rodeo Theme Chair volleyball (Staff VS Residents) ♥	24	10:00 WC Morning Exercise with Karla ♥ 1:00 BL Poker 1:00 CR RAC MEETING 2:00 T Tuesday Matinée - The Secret Agent (2025) (WITH CAPTIONS) 3:00 BR Bean Bag Baseball 7:00 T Tuesday Matinée - The Secret Agent (2025) (NO CAPTIONS)	25	9:30 L Outing: Rodeo Grounds ✓ 10:00 WC Silver Sneakers Circuit with Jo ♥ 11:00 BL Bible Study 1:00 AC Get Crafty with Jo- Easter Door Craft ✓ 1:30 BL Mexican Train Dominoes 4:30 DR Birthday Dinner Pt:2 ✓	26	10:00 WC Tai Chi with Tam Le ♥ 1:00 BL Poker 3:00 BR Rodeo & Chili Cook Off Happy Hour with JL Wilkins Sponsored by: AMADA ★ 7:00 BL Table Games with friends ✓	27	Last Day of SA Rodeo 10:00 WC Light Weight Training with Melissa ♥ 10:00 BL Mexican Train Dominoes 11:00 BR Performance: Presenting Music & Heart Piano Studio ★ 1:00 T Saturday Movie - Sentimental Value (2025) (WITH CAPTIONS) 2:00 BL Bridge ✓ 7:00 T Saturday Movie - Sentimental Value (2025) (WITH CAPTIONS)	28	



Tunes by Twosomes

When two voices combine to sing a love song, the sentiment is doubly sweet. Spin through this record collection of popular duets.

Year	Song	Duo
1956	"Let the Good Times Roll"	Shirley & Lee
1965	"I Got You Babe"	Sonny & Cher
1967	"Ain't No Mountain High Enough"	Marvin Gaye & Tammi Terrell
1976	"Golden Ring"	George Jones & Tammy Wynette
1981	"Endless Love"	Lionel Richie & Diana Ross
1987	"(I've Had) The Time of My Life"	Bill Medley & Jennifer Warnes
1997	"It's Your Love"	Tim McGraw & Faith Hill
2004	"My Boo"	Usher & Alicia Keys
2018	"Shallow"	Bradley Cooper & Lady Gaga

"This Month In History"

FEBRUARY

1887: The first official Groundhog Day is celebrated in Punxsutawney, Pa., starting a tradition of the town's groundhog, named Phil, forecasting spring's arrival.

1913: Imposing a federal income tax, the 16th Amendment to the U.S. Constitution takes effect.

1936: With the mission of conservation, the National Wildlife Federation is formed.

1940: College basketball is televised for the first time.

A New York station broadcast the Pittsburgh vs. Fordham game from Madison Square Garden.

1955: "Sincerely" by the McGuire Sisters tops the pop music chart.

1963: Julia Child's pioneering cooking show "The French Chef" premieres on PBS.

1971: Wanting to do something special during the Apollo 14 mission to the moon, astronaut Alan Shepard hits two golf balls on the lunar surface.

1986: Pulitzer Prize winner Robert Penn Warren is named the first U.S. poet laureate.

1994: At the Winter Olympics in Norway, 13-year-old South Korean Kim Yun-Mi won the gold medal in the 3,000 meter speed-skating relay.

2011: Celebrated author Maya Angelou is awarded the Presidential Medal of Freedom, the nation's highest civilian honor.

2018: The Philadelphia Eagles win their first Super Bowl title after defeating the New England Patriots 41–33.

2022: Queen Elizabeth II celebrated her Platinum Jubilee, marking 70 years as queen. She passed away seven months later at the age of 96.