



# FRANKLIN Park

ALAMO HEIGHTS  
ASSISTED LIVING

230 W Sunset Road • San Antonio, TX 78209 • (210) 829-5955

## Staff Directory

Tiffany Weiser	Executive Director
Joanna Sosa	Business Office Manager
Emma Segovia	Administration Assistant
Lauren Rodriguez	Sales & Marketing Director
Aleesa Love	Sales Assistant/Move In Coord.
Jacqueline Hodges	Dir. of Clinical Service
Andrew Resendiz	Asst. Director of AL
Chris Purgason	Director of Dining Services
Alex Reta Jr.	Executive Chef
Austin Querbach	Director of Maintenance
Nicole Garza	Director of Life Enrichment
Jo Rosser	Life Enrichment Assistant
Karla Posada	Life Enrichment/Fitness Coord.



## Happy Birthday!

Make a wish and blow out the candles! To all our neighbors celebrating birthdays this month, we offer best wishes.

Cindy Plamondon	2nd
Marilyn Veach	7th
Richard Petronis	29th

## January 2026



## Bring on the New Year

"What the new year brings to you will depend a great deal on what you bring to the new year."

—Vern McLellan

## Freedom and Service

Monday, Jan. 19, is Martin Luther King Jr. Day, also known as MLK Day, remembering the legacy and work of American civil rights activist and minister Dr. Martin Luther King Jr. This federal holiday is also a designated National Day of Service.

## This Month's Birthstone

The January birthstone is the garnet. Commonly red, the jewel also comes in the colors orange, yellow, purple and green. Garnet is found in many different locations, but during Victorian times, the region of Bohemia in the Czech Republic was the main source of these jewels. An antique garnet hair comb, fashioned during those times, is in the Smithsonian's possession. Resembling an elaborate tiara, it is the most famous piece of garnet jewelry.

# January 2026

DR Dining Room  
C Chapel  
AR Activity Room  
SA Sitting Area  
AC Arts & Crafts Room

M Memory Care  
L Meet in Lobby  
BS Beauty Shop  
IL Independent Living  
Cooking

Healthy Heart  
Music  
Requires Money  
✓ Sign-Up Required  
Games

★ Special Event/Guest  
† Spiritual

Sunday

Monday

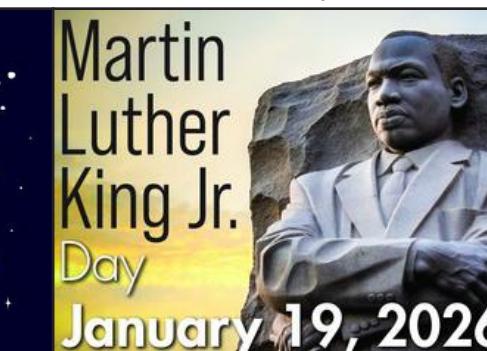
Tuesday

Wednesday

Thursday

Friday

Saturday



**NEW YEAR'S DAY! - Life Enrichment & Transportation Offices Closed**

**10:00 SA A Special Movie Showing: New Year's Eve (2011)**

**1:00 AR Music & Dominoes with Friends**

**6:00 SA A Special Movie Showing: New Year's Eve (2011)**

**10:00 AR White Board Games with Karla**

**11:00 AR Active Games with Jo**

**1:00 AR Fancy Nails (Sign up Required) ✓**

**3:00 AR Jo's Cantina- Music & Cocktails**

**4:00 AR Music & Cards With Friends**

**9:30 M Sit and Be Fit with Jo (Meet In Memory Care)**

**10:30 AR Bingo with Jo**

**1:00 AR Performance: Latinoamerican Duo- Harry & Lorena**

**4:00 AC Puzzle Mania (Bring A Friend)**

**6:00 SA Netflix Movie (Resident Choice)**

**10:00 AC Puzzle Mania**

**3:00 AR Fellowship with friends†**

**6:00 SA Netflix Movie (Resident Choice)**

**9:00 L HEB Trip (Meet in Lobby) \$**

**10:00 C Bible Study with City Refuge Church†**

**11:00 C Sit and Be Fit With Karla**

**1:00 AR Manicure Monday (Please sign up) ✓**

**3:00 AR Prize Bingo**

**4:00 AR Music & Cards with Friends**

**9:00 BS Beauty Shop Appointments \$**

**10:00 C Stretch bands & Weights**

**11:00 AR Chair volleyball With Karla**

**3:00 DR Happy Hour with Arland Shcnacker ★**

**4:00 AR Music & Cards with Friends**

**9:00 BS Beauty Shop Appointments \$**

**10:00 AR Train Dominoes with JO**

**11:00 AR Chair volleyball With Karla**

**3:00 DR Happy Hour with Arland Shcnacker ★**

**4:00 AR Music & Cards with Friends**

**10:00 AR Brain Teasers with Jo**

**10:30 L Lunch Bunch (Formosa Garden) ✓**

**11:00 M Drum Circle With Karla (Meet In Memory Care) ❤**

**3:00 AR Bingo Fun**

**4:00 AR Music & Dominoes with Friends**

**9:30 M Sit and Be Fit with Jo (Meet In Memory Care)**

**10:30 AR Bingo with Jo**

**1:00 AR Performance: Latinoamerican Duo- Harry & Lorena**

**4:00 AC Puzzle Mania (Bring A Friend)**

**6:00 SA Netflix Movie (Resident Choice)**

**10:00 AC Puzzle Mania**

**3:00 C Bible Study with The Promise Ministries- Brazos- Memory Care †**

**6:00 SA Netflix Movie (Resident Choice)**

**9:00 L HEB Trip (Meet in Lobby) \$**

**10:00 C Bible Study with City Refuge Church†**

**11:00 C Sit and Be Fit With Karla**

**1:00 AR Manicure Monday (Please sign up) ✓**

**3:00 AR Prize Bingo**

**4:00 AR Music & Cards with Friends**

**9:00 BS Beauty Shop Appointments \$**

**10:00 C Stretch bands & Weights with Karla**

**11:00 AR Learn Poker with JO**

**2:00 AR Activity Meeting (All are welcome to join)**

**3:00 AR Sweets & Treats**

**4:00 AR Music & Dominoes with Friends**

**9:00 BS Beauty Shop Appointments \$**

**10:00 AR Train Dominoes with JO**

**11:00 AR Chair volleyball With Karla**

**3:00 DR Happy Hour with Mike Clancey★**

**4:00 AR Music & Cards with Friends**

**10:00 AR Brain Teasers with Jo**

**11:00 C Sit & Be Fit With Karla**

**3:00 AR Bingo Fun**

**4:00 AR Music & Dominoes with Friends**

**9:30 M Sit and Be Fit with Jo (Meet In Memory Care)**

**10:30 AR Bingo with Jo**

**1:00 AR Performance: Latinoamerican Duo- Harry & Lorena**

**4:00 AC Puzzle Mania (Bring A Friend)**

**6:00 SA Netflix Movie (Resident Choice)**

**10:00 AC Puzzle Mania**

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**6:00 SA Netflix Movie (Resident Choice)**

**9:00 L HEB Trip (Meet in Lobby) \$**

**10:00 C Bible Study with City Refuge Church†**

**11:00 C Sit and Be Fit With Karla**

**1:00 AR Manicure Monday (Please sign up) ✓**

**3:00 AR Prize Bingo**

**4:00 AR Music & Cards with Friends**

**9:00 BS Beauty Shop Appointments \$**

**10:00 C Stretch bands & Weights with Karla**

**11:00 AR Learn Poker with JO**

**11:00 IL New Resident Orientation (Independent Living Theatre)**

**2:00 AR Resident Meeting (All Are Welcome To Join)**

**3:00 AR Get To Know Your Neighbor Ice Cream Social**

**4:00 AR Music & Dominoes with Friends**

**9:00 BS Beauty Shop Appointments \$**

**10:00 AR Train Dominoes with JO**

**11:00 AR Chair volleyball With Karla**

**3:00 DR Happy Hour with Jaime Valera ★**

**4:00 AR Music & Cards with Friends**

**10:00 L Outing: San Antonio Museum of Art ✓**

**11:00 M Drum Circle With Karla (Meet In Memory Care) ❤**

**3:00 AR Bingo Fun**

**4:00 AR Music & Dominoes with Friends**

**9:30 M Sit and Be Fit with Jo (Meet In Memory Care)**

**10:30 AR Bingo with Jo**

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**3:00 AR Sweets & Treats**

**4:00 AR Music & Dominoes with Friends**

**9:00 BS Beauty Shop Appointments \$**

**10:00 AR Train Dominoes with JO**

**11:00 AR Chair volleyball With Karla**

**1:00 AC Creative Corner with Jo**

**3:00 AR Music & Cards with Friends**

**4:00 DR Happy Hour Birthday Celebration with Kai Kamaka Sponsor: EMBRACE HOSPICE★**

**10:00 AR Bingo Fun**

**11:00 C Sit & Be Fit With Karla**

**1:30 AR Movie & Popcorn In IL Theatre (Meet In activity room)**

**4:00 AR Music & Dominoes with Friends**

**9:30 M Sit and Be Fit with Jo (Meet In Memory Care)**

**10:30 AR Bingo with Jo**

**1:00 AR Performance: Latinoamerican Duo- Harry & Lorena**

**4:00 AC Puzzle Mania (Bring A Friend)**

**6:00 SA Netflix Movie (Resident Choice)**

