



230 W Sunset Road • San Antonio, TX 78209 • (210) 829-5955

**Staff Directory**

Tiffany Weiser ..... Executive Director  
Joanna Sosa ..... Business Office Manager  
Emma Segovia ..... Administration Assistant  
Lauren Rodriguez ..... Sales & Marketing Director  
Aleesa Love ..... Sales Assistant/Move In Coord.  
Jacqueline Hodges ..... Dir. of Clinical Service  
Andrew Resendiz ..... Asst. Director of AL  
Chris Purgason ..... Director of Dining Services  
Alex Reta Jr. .... Executive Chef  
Austin Querbach ..... Director of Maintenance  
Nicole Garza ..... Director of Life Enrichment  
Jo Rosser ..... Life Enrichment Assistant  
Karla Posada ..... Life Enrichment/Fitness Coord.



**Happy Birthday!**

Make a wish and blow out the candles! To all our neighbors celebrating birthdays this month, we offer best wishes.

Cindy Plamondon ..... 2nd  
Marilyn Veach ..... 7th  
Richard Petronis ..... 29th

**January 2026**



**Bring on the New Year**

“What the new year brings to you will depend a great deal on what you bring to the new year.”  
—Vern McLellan

**Freedom and Service**

Monday, Jan. 19, is Martin Luther King Jr. Day, also known as MLK Day, remembering the legacy and work of American civil rights activist and minister Dr. Martin Luther King Jr. This federal holiday is also a designated National Day of Service.

**This Month’s Birthstone**

The January birthstone is the garnet. Commonly red, the jewel also comes in the colors orange, yellow, purple and green. Garnet is found in many different locations, but during Victorian times, the region of Bohemia in the Czech Republic was the main source of these jewels. An antique garnet hair comb, fashioned during those times, is in the Smithsonian’s possession. Resembling an elaborate tiara, it is the most famous piece of garnet jewelry.





January 2026

- DR

Dining Room
- C

Chapel
- AR

Activity Room
- SA

Sitting Area
- AC

Arts & Crafts Room

M

Memory Care

L

Meet in Lobby

BS

Beauty Shop

IL

Independent Living

↑↑

Cooking

♥

Healthy Heart

♪

Music

\$

Requires Money

✓

Sign-Up Required

🎲

Games

★

Special Event/Guest

†

Spiritual

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div></div>	<div></div>	<div></div>	<div></div>	<div><b>NEW YEAR'S DAY! - Life Enrichment &amp; Transportation Offices Closed</b> <b>10:00 SA A Special Movie Showing: New Year's Eve (2011)</b> 1:00 AR Music &amp; Dominoes with Friends🎲 <b>6:00 SA A Special Movie Showing: New Year's Eve (2011)</b></div>	<div><b>10:00 AR</b> White Board Games with Karla 🎲 11:00 AR Active Games with Jo 🎲 1:00 AR Fancy Nails (Sign up Required)✓ <b>3:00 AR Jo's Cantina- Music &amp; Cocktails</b>♪ 4:00 AR Music &amp; Cards With Friends🎲</div>	<div>9:30 M Sit and Be Fit with Jo (Meet In Memory Care)🎲 <b>10:30 AR Bingo with Jo</b> 🎲 <b>1:00 AR Performance: Latinoamerican Duo- Harry &amp; Lorena</b> ♪ 4:00 AC Puzzle Mania (Bring A Friend) <b>6:00 SA Netflix Movie (Resident Choice)</b></div>
4 10:00 AC Puzzle Mania <b>3:00 AR Fellowship with friends</b> † 6:00 SA Netflix Movie (Resident Choice)	5 9:00 L HEB Trip (Meet in Lobby)\$ <b>10:00 C Bible Study with City Refuge Church</b> † 11:00 C Sit and Be Fit With Karla ♥ 1:00 AR Manicure Monday (Please sign up) ✓ 3:00 AR Prize Bingo 4:00 AR Music & Cards with Friends	6 9:00 BS Beauty Shop Appointments \$ 10:00 C Stretch bands & Weights with Karla♥ 11:00 AR Learn Poker with JO🎲 <b>3:00 AR Sweets &amp; Treats</b> ♪ 4:00 AR Music & Dominoes with Friends🎲	7 9:00 BS Beauty Shop Appointments\$ 10:00 AR Train Dominoes with JO🎲 11:00 AR Chair volleyball With Karla♥ <b>3:00 DR Happy Hour with Arland Shcnacker</b> ★ 4:00 AR Music & Cards with Friends🎲	8 10:00 AR Brain Teasers with Jo <b>10:30 L Lunch Bunch (Formosa Garden)</b> ✓ 11:00 M Drum Circle With Karla (Meet In Memory Care)♥ 3:00 AR Bingo Fun🎲 4:00 AR Music & Dominoes with Friends🎲	9 10:00 AR White Board Games with Karla 🎲 11:00 AR Active Games with Jo 🎲 1:00 AR Fancy Nails (Sign up Required)✓ <b>2:00 M Catholic Mass (Meet in Memory Care)</b> † <b>3:00 AR Jo's Cantina- Music &amp; Cocktails</b> ♪ 4:00 AR Music & Cards With Friends🎲	10 9:30 M Sit and Be Fit with Jo (Meet In Memory Care)🎲 <b>10:30 AR Bingo with Jo</b> 🎲 <b>1:00 AR Performance: Latinoamerican Duo- Harry &amp; Lorena</b> ♪ 4:00 AC Puzzle Mania (Bring A Friend) <b>6:00 SA Netflix Movie (Resident Choice)</b>
11 10:00 AC Puzzle Mania <b>3:00 C Bible Study with The Promise Ministries- Brazos- Memory Care</b> † 6:00 SA Netflix Movie (Resident Choice)	12 9:00 L HEB Trip (Meet in Lobby)\$ <b>10:00 C Bible Study with City Refuge Church</b> † 11:00 C Sit and Be Fit With Karla ♥ 1:00 AR Manicure Monday (Please sign up) ✓ 3:00 AR Prize Bingo 4:00 AR Music & Cards with Friends	13 9:00 BS Beauty Shop Appointments\$ 10:00 C Stretch bands & Weights with Karla♥ 11:00 AR Learn Poker with JO🎲 <b>2:00 AR Activity Meeting (All are welcome to join)</b> <b>3:00 AR Sweets &amp; Treats</b> ♪ 4:00 AR Music & Dominoes with Friends🎲	14 9:00 BS Beauty Shop Appointments\$ 10:00 AR Train Dominoes with JO🎲 11:00 AR Chair volleyball With Karla♥ 1:00 AC Creative Corner with Jo✓ <b>3:00 DR Happy Hour with Mike Clancey</b> ★ 4:00 AR Music & Cards with Friends🎲	15 10:00 AR Brain Teasers with Jo 11:00 C Sit & Be Fit With Karla 3:00 AR Bingo Fun🎲 4:00 AR Music & Dominoes with Friends🎲	16 10:00 AR White Board Games with Karla 🎲 11:00 AR Active Games with Jo 🎲 1:00 AR Fancy Nails (Sign up Required)✓ <b>3:00 AR Jo's Cantina- Music &amp; Cocktails</b> ♪ 4:00 AR Music & Cards With Friends🎲	17 9:30 M Sit and Be Fit with Jo (Meet In Memory Care)🎲 <b>10:30 AR Bingo with Jo</b> 🎲 <b>1:00 AR Performance: Latinoamerican Duo- Harry &amp; Lorena</b> ♪ 4:00 AC Puzzle Mania (Bring A Friend) <b>6:00 SA Netflix Movie (Resident Choice)</b>
18 10:00 AC Puzzle Mania <b>3:00 C Fellowship with friends</b> † 6:00 SA Netflix Movie (Resident Choice)	19 <b>MARTIN LUTHER KING DAY</b> 9:00 L HEB Trip (Meet in Lobby)\$ <b>10:00 C Bible Study with City Refuge Church</b> † 11:00 C Sit and Be Fit With Karla ♥ 1:00 AR Manicure Monday (Please sign up) ✓ 3:00 AR Prize Bingo 4:00 AR Music & Cards with Friends	20 9:00 BS Beauty Shop Appointments\$ 10:00 C Stretch bands & Weights with Karla♥ 11:00 AR Learn Poker with JO🎲 <b>11:00 IL New Resident Orientation (Independent Living Theatre)</b> <b>2:00 AR Resident Meeting (All Are Welcome To Join)</b> <b>3:00 AR Get To Know Your Neighbor Ice Cream Social</b> ↑↑ 4:00 AR Music & Dominoes with Friends🎲	21 9:00 BS Beauty Shop Appointments\$ 10:00 AR Train Dominoes with JO🎲 11:00 AR Chair volleyball With Karla♥ <b>3:00 DR Happy Hour with Jaime Valera</b> ★ 4:00 AR Music & Cards with Friends🎲	22 <b>10:00 L Outing: San Antonio Museum of Art</b> ✓ 11:00 M Drum Circle With Karla (Meet In Memory Care)♥ 3:00 AR Bingo Fun🎲 4:00 AR Music & Dominoes with Friends🎲	23 10:00 AR White Board Games with Karla 🎲 11:00 AR Active Games with Jo 🎲 1:00 AR Fancy Nails (Sign up Required)✓ <b>3:15 M Wine &amp; Cheese Social with Special Guest -Triple J Juggling (Meet In Memory Care)</b> ★ 4:00 AR Music & Cards With Friends🎲	24 9:30 M Sit and Be Fit with Jo (Meet In Memory Care)🎲 <b>10:30 AR Bingo with Jo</b> 🎲 <b>1:00 AR Performance: Latinoamerican Duo- Harry &amp; Lorena</b> ♪ 4:00 AC Puzzle Mania (Bring A Friend) <b>6:00 SA Netflix Movie (Resident Choice)</b>
25 10:00 AC Puzzle Mania <b>3:00 C Bible Study with The Promise Ministries- Brazos- Memory Care</b> † 6:00 SA Netflix Movie (Resident Choice)	26 9:00 L HEB Trip (Meet in Lobby)\$ <b>10:00 C Bible Study with City Refuge Church</b> † 11:00 C Sit and Be Fit With Karla ♥ 1:00 AR Manicure Monday (Please sign up) ✓ 3:00 AR Prize Bingo 4:00 AR Music & Cards with Friends	27 9:00 BS Beauty Shop Appointments \$ 10:00 C Stretch bands & Weights with Karla♥ 11:00 AR Learn Poker with JO🎲 <b>3:00 AR Sweets &amp; Treats</b> ♪ 4:00 AR Music & Dominoes with Friends🎲	28 9:00 BS Beauty Shop Appointments\$ 10:00 AR Train Dominoes with JO🎲 11:00 AR Chair volleyball With Karla♥ 1:00 AC Creative Corner with Jo✓ 3:00 AR Music & Cards with Friends🎲 <b>4:00 DR Happy Hour Birthday Celebration with Kai Kamaka Sponsor: EMBRACE HOSPICE</b> ★	29 10:00 AR Bingo Fun🎲 11:00 C Sit & Be Fit With Karla♥ <b>1:30 AR Movie &amp; Popcorn In IL Theatre (Meet In activity room)</b> 4:00 AR Music & Dominoes with Friends🎲	30 10:00 AR White Board Games with Karla 🎲 11:00 AR Active Games with Jo 🎲 <b>3:00 AR Jo's Cantina- Music &amp; Cocktails</b> ♪ 4:00 AR Music & Cards With Friends🎲	31 9:30 M Sit and Be Fit with Jo (Meet In Memory Care)🎲 <b>10:30 AR Bingo with Jo</b> 🎲 <b>1:00 AR Performance: Latinoamerican Duo- Harry &amp; Lorena</b> ♪ 4:00 AC Puzzle Mania (Bring A Friend) <b>6:00 SA Netflix Movie (Resident Choice)</b>



