



230 W. Sunset Road • San Antonio, TX 78209 • (210) 829-5955

#### STAFF DIRECTORY

Tiffany Weiser Executive Director
Joanna Sosa Business Office Manager
Lucy Cetina Administrative Assistant
Lauren Rodriguez Sales & Marketing Director
Aleesa Love Sales Assistant/Move In Coord.
Chris Purgason Director of Dining Services
Alex Reta, Jr. Executive Chef
Austin Querbach Director of Maintenance
Nicole Garza Director of Life Enrichment
Karla Posada Life Enrichment/Fitness Coord.
Jo Rosser Life Enrichment Assistant



Warm wishes to those celebrating in December.

	<u> </u>
Ninfa Arce	3rd
Norm Blahuta	3rd
Nina Burroughs	5th
Tommy Manley	8th
Sandy Neubert	8th
Robert Canfield	10th
Lucy Rodgers	17th
Gilder McCarroll	23rd
David Dickson	24th

### December 2025





The Life Enrichment and Transportation department will be closed on Christmas Day to allow our staff to celebrate the holiday with their families. Normal hours will resume on Friday, December 26th, 2025. We wish you a Happy Holiday and thank you for your understanding.



ALAMO HEIGHTS

## December 2025

AC Arts and Crafts DR Dining Room GR The Great Room BL Billiards Room Meet in Lobby BR Ballroom T Theater

CR Conference Rm BS Bistro Pool

WC Wellness Center HR Hobby Room ♥ Health/Educational ✓ Sign-Up Required

★ Special Event/Guest

\$ Money Required Musical Guest

ALAMO HEIGHTS INDEPENDENT LIVING				Theater	F 7001 # 3pt	eciai Everiv Guest
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
HELLO. HELLO.	Entryway Door Decorating Contest 1 Begins 10:00 WC Yoga with Sylvia ♥ 11:00 BL Pray Holy Rosary 11:00 HR Your Hobby Room With Robert Canfield 1:00 T Weekly Trivia with Bob Mooney 2:00 BL Bridge ✓ 3:30 WC Chair volleyball With Karla ♥	10:00 We Silver Sneakers with JO ♥ 11:00 BL Homily & Communion ★ 11:00 BS New Vendor: Christmas Décor with Gloria \$ 1:00 FA Activity Meeting (All Are Welcome To Join) 1:00 BL Poker 2:00 TUesday Matinée - A Merry Little Ex- Mas (2025) (WITH CAPTIONS) 3:00 FB Bean Bag Baseball 6:30 FC Coffee Chat with Friends 7:00 TUesday Matinée - A Merry Little Ex- Mas (2025) (NO CAPTIONS)	10:00 WC Morning Exercise with Karla ♥ 10:30 L Outing: The Women's Club Christmas Fair ✓ 11:00 BL Bible Study with Reverend Simpson (First Presbyterian Church) 1:00 AC Christmas Ornaments with Melissa ✓ 1:30 BL Mexican Train Dominoes 2:30 P Water Fitness 3:30 WC Chair volleyball With Karla ♥	9:30 WC Morning Exercise with Karla♥ 10:00 BR Performance: T&T Singers ★ 1:00 BL Poker 3:30 BR Line Dance Class with Virginia Gross 4:00 BR Happy Hour with Kai Kamaka- Sponsored by: Three Oaks Hospice ★	8:30 L HEB Trip- (Oak Park-Small) ✓ 10:00 WC Silver Sneakers Classic with Jo ♥ 10:30 AC Glass Class 11:30 BR Our Annual 90s Plus Party- Sponsored by: Generations & Advance Care Tech ✓ 1:00 BL Digital Bingo with Hearing Life \$ 1:00 BS Vendor: Marie's Trunk Show\$ 2:00 AC Mahjong 2:30 BL Billiards 2:30 GR Family Feud Games	10:00 BL Mexican Train Dominoes 1:00 T Saturday Movie - Midway (1976) (WITH CAPTIONS) 2:00 BL Bridge ✓ 2:00 GR Performance: Latino American Duo- Harry & Lorena ♪ 7:00 T Saturday Movie - Midway (1976) (WITH CAPTIONS)
National Pearl Harbor 7 Remembrance Day 1:00 BL Digital Bingo with Claire Compton 1:00 T Sunday Cinema- Midway (1976) "NO CAPTIONS" 2:30 BL Simplified Mahjong ✓ 5:00 T Sunday Cinema- Midway (1976)"NO CAPTIONS" 5:00 BL Texas Hold 'Em "Womens Group"	10:00 WC Tai Chi with Tam Le ♥ 11:00 BL Pray Holy Rosary 11:00 HR Your Hobby Room With Robert Canfield 1:00 T Weekly Trivia with Bob Mooney 2:00 BL Bridge ✓ 3:30 WC Chair volleyball With Karla ♥	9 10:00 WC Silver Sneakers with JO ♥ 1:00 BL Poker 2:00 T Tuesday Matinée - Champagne Problems (2025) (WITH CAPTIONS) 3:00 BR Bean Bag Baseball 6:30 GR Coffee Chat with Friends 7:00 T Tuesday Matinée - Champagne Problems (2025) (NO CAPTIONS)	10:00 WC Morning Exercise with Karla ♥ 11:00 BL Bible Study with Reverend Simpson (First Presbyterian Church) 1:00 CR Food Committee Meeting 1:30 BL Mexican Train Dominoes 2:00 L Walmart ✓ 2:30 P Water Fitness 3:30 WC Chair volleyball With Karla ♥ 6:30 L Outing: Christmas Lights Bus ride to Windcrest ✓	8:30 L HEB Trip (Lincoln Heights) ✓ 10:00 WC Morning Exercise with Karla ♥ 1:00 BL Poker 3:30 BR Line Dance Class with Virginia Gross 4:00 BR Happy Hour with Fermin Rocha - Sponsored by: FOX Rehab ★	9:30 L Outing: San Fernando Cathedral Guided Tour with Karen Roe Followed by lunch at Mi Tierra ✓ 10:00 WC Silver Sneakers Classic with Jo♥ 10:30 AC Glass Class 11:00 BL Catholic Mass ★ 12:00 BS Vendor: Festive Pop Up with Danielle Emon \$ 1:00 BL Digital Bingo with Vangi \$ 2:00 AC Mahjong 2:30 BL Billiards	10:00 BL Mexican Train Dominoes 1:00 T Saturday Movie - Train Dreams (2025) (WITH CAPTIONS) 1:00 AC Snowflake Balloon Sculpting wit Tam Le ✓ 2:00 BL Bridge ✓ 2:00 GR Performance: Latino American Duo- Harry & Lorena ♪ 7:00 T Saturday Movie - Train Dreamers (2025) (WITH CAPTIONS)
Hanukkah Begins- The Beginning 14 of the Miracle 1:00 ■ Digital Bingo with Dave Dickson 1:00 ■ Sunday Cinema-Train Dreams (2025) "NO CAPTIONS" 2:30 ■ Simplified Mahjong ✓ 5:00 ■ Sunday Cinema- Train Dreams (2025) "NO CAPTIONS" 5:00 ■ Texas Hold 'Em "Womens Group"	Hanukkah- Strength & Dedication  10:00 WC Morning Exercise with Karla ♥  10:30 BR Performance The Silver Buckets ★  11:00 BL Pray Holy Rosary  11:00 HR Your Hobby Room With Robert Canfield  1:00 T Weekly Trivia with Bob Mooney  2:00 BL Bridge ✓  3:30 WC Chair volleyball With Karla ♥  5:30 L Christmas Caroling Boat Ride (RSVP Event) ✓	Hanukkah- Faith  10:00 WC Silver Sneakers with JO ♥  11:00 New Resident Orientation  12:00 SS Vendor: Scentsy ✓  1:00 SL Poker  2:00 To Tuesday Matinée - National Lampoon's Christmas Vacation (1989) (WITH CAPTIONS)  3:00 NBR Bean Bag Baseball  6:30 NBR Coffee Chat with Friends  7:00 To Tuesday Matinée - National Lampoon's Christmas Vacation (1989)(NO CAPTIONS)	Hanukkah- Triumph  10:00 Wc Morning Exercise with Karla ♥  11:00 BL Bible Study with Reverend Simpson (First Presbyterian Church)  1:00 BL Book Club- Fahrenheit  1:00 AC Make you own Charcuterie Board with Melissa (\$20fee)\$  1:30 L Costco Trip ✓  2:00 BL Mexican Train Dominoes  2:30 Wc Chair volleyball With Karla ♥  4:30 DR Birthday Dinner PT:1 ✓	Hanukkah- Community & Unity  10:00 WC Morning Exercise with Karla ♥  1:00 CR Hearing Life Services ✓  1:00 BL Poker  2:00 Tom Jackson, Historian- Presenting: Benjamin Franklin★  4:30 BR Resident Christmas Dinner Party ★	Hanukkah- Gratitude  8:30 ■ HEB Trip- (Oak Park-Small) ✓  10:00 WC Silver Sneakers Classic with Jo ♥  10:30 AC Glass Class  1:00 ■ Digital Bingo with ADROIT \$  2:00 ■ FPAH Employee Christmas	Hanukkah- Holiness & Spiritual Light  10:00 BL Mexican Train Dominoes  1:00 AC Painting with Pals (Winter Scene) 1:00 T Saturday Movie - ELF (2003) (WITH CAPTIONS)  2:00 BL Bridge ✓  2:00 GR Performance: Latino American Ducharry & Lorena ♪  7:00 T Saturday Movie - ELF (2003)(WITH CAPTIONS)
Hanukkah- Complete & Renewal 21 10:00 BS Tammy & Ally Bake Sale \$ 1:00 BL Digital Bingo with Gilder McCarroll 1:00 T Sunday Cinema- ELF (2003) "NO CAPTIONS" 2:30 BL Simplified Mahjong ✓ 5:00 T Sunday Cinema- ELF (2003) "NO CAPTIONS" 5:00 BL Texas Hold 'Em "Womens Group"	Hanukkah- Concludes at Nightfall - 22 Last Day to Submit Your Entry Door Decorating Photos  9:30 WG Morning Exercise with Karla ♥ 10:00 GR Piano Performance - Thomas Fedorichik J 11:00 Pray Holy Rosary 11:00 Pray Holy Rosary 11:00 WG Your Hobby Room With Robert Canfield 1:00 WG Weekly Trivia with Bob Mooney 2:00 BL Bridge ✓ 3:30 WG Christmas Chair volleyball With Karla (Staff VS Residents) ♥	10:00 WC Silver Sneakers with JO ♥ 1:00 BL Poker 1:00 CR RAC MEETING 2:00 T Tuesday Matinée - Home Alone (1990) (WITH CAPTIONS) 3:00 BR Bean Bag Baseball 6:30 GR Coffee Chat with Friends 7:00 T Tuesday Matinée - Home Alone (1990) (NO CAPTIONS)	Christmas Eve  10:00 WC Morning Exercise with Karla ♥  11:00 BL Bible Study with Reverend Simpson (First Presbyterian	Merry Christmas- Life Enrichment 25 & Transportation Offices Closed 10:00 WC Morning Exercise Video ♥ 1:00 T Christmas Day Special Showing: A Christmas Story (1983) WITH CAPTIONS 1:00 BL Poker 7:00 T Christmas Day Special Showing: A Christmas Story (1983) NO CAPTIONS	Kwanzaa Begins 26 8:30 L HEB Trip (Lincoln Heights) ✓ 10:00 WC Silver Sneakers Classic with Jo ❤ 10:30 AC Glass Class 1:00 BL Digital Bingo!\$ 2:00 AC Mahjong 2:30 BL Billiards 2:30 GR Ice Cream Social	10:00 BL Mexican Train Dominoes 1:00 T Saturday Movie - Jay Kelley (2025) (WITH CAPTIONS) 2:00 BL Bridge ✓ 2:00 GR Performance: Latino American Duo- Harry & Lorena J 7:00 T Saturday Movie - Jay Kelley (2025)(WITH CAPTIONS)
Pledge of Allegiance Day 28  1:00 BL Digital Bingo Shelly  1:00 T Sunday Cinema- Jay Kelley (2025) "NO CAPTIONS"  2:30 BL Simplified Mahjong ✓  5:00 T Sunday Cinema- Jay Kelley (2025) "NO CAPTIONS"  5:00 BL Texas Hold 'Em "Womens Group"	10:00 WC Morning Exercise with Karla♥		New Year's Eve  10:00 WC Morning Exercise with Karla ♥  11:00 BL Bible Study with Reverend Simpson (First Presbyterian Church)  1:00 T Special Showing: The Great Gatsby (1974) (WITH CAPTIONS)  2:30 P Water Fitness  3:30 WC Chair volleyball With Karla ♥  5:00 T Special Showing: The Great Gatsby (1974) (NO CAPTIONS)  7:00 BR New Year's Eve Party & White Elephant Gift Exchange) ✓	National Pearl Harbor Remembrance Day December 7	MERRY CHRISTMAS	Happy



## Color of the Year

Each December since 2000, the Pantone Color Institute announces its choice for the upcoming "Color of the Year," by looking at current influences from fashion, entertainment, technology and other cultural trends.

A code is assigned to each Pantone color to ensure consistency wherever it is used. Here's a look back at some palette picks from previous years:

Year	Color	Code	Symbolism
2000	Cerulean	Pantone 4020	Peace, relaxation
2002	True Red	Pantone 1664	Passion, power
2005	Blue Turquoise	Pantone 5217	Gentle reassurance
2013	Emerald	Pantone 5641	Beauty, prosperity
2014	Radiant Orchid	Pantone 3224	Confidence, joy
2018	Ultra Violet	Pantone 3838	Original, futuristic
2020	Classic Blue	Pantone 4052	Open to possibilities
2021	Illuminating (Yellow)	Pantone 0647 &	Warmth, steadiness
	& Ultimate Grey	Pantone 5104	
2025	Mocha Mousse	Pantone 17-1230	Nurturing, comfort

# "This Month In History"

#### **DECEMBER**

1907: On New Year's Eve, a ball decorated with 100 lightbulbs is lowered down a flagpole over New York City's Times Square. The ball drop has been featured in the annual celebration ever since.

1918: In the first official visit by a U.S. president to Europe, Woodrow Wilson travels to France for World War I peace negotiations.

1924: Astronomer Edwin Hubble announces his discovery of the existence of galaxies outside the Milky Way. The Hubble Space Telescope was named in his honor.

**1941:** America enters World War II after the Japanese attack on Pearl Harbor, Hawaii.

**1966:** The first observance of Kwanzaa takes place in Los Angeles. The seven-day holiday celebrates African heritage.

**1970:** Congress authorizes the creation of a new dollar coin depicting President Dwight D. Eisenhower.

**1982:** Gabriel Garcia Marquez is awarded the Nobel Prize in

literature. The Colombian writer is best known for his 1967 novel "One Hundred Years of Solitude."

1990: British computer scientist Tim Berners-Lee demonstrates his information-sharing system that would become the World Wide Web.

**2001:** Italy's Leaning Tower of Pisa reopens to the public after II years and \$27 million in work to fortify its famous lean.

2017: "Star Wars: The Last Jedi," the eighth installment in the space fantasy series, premieres. The film's \$1 billion in ticket sales made it the year's highest-grossing film.

