

230 W Sunset Road • San Antonio, TX 78209 • (210) 829-5955

Staff Directory

Tiffany Weiser Executive Director
Joanna Sosa Business Office Manager
Emma Segovia Administration Assistant
Lauren Rodriguez Sales & Marketing Director
Aleesa Love Sales Assistant/Move In Coord.
Jacqueline Hodges Dir. of Clinical Service
Andrew Resendiz Asst. Director of AL
Chris Purgason Director of Dining Services
Alex Reta Jr. Executive Chef
Austin Querbach Director of Maintenance
Nicole Garza Director of Life Enrichment
Jo Rosser Life Enrichment/Fitness Coord.



Best wishes to all our neighbors celebrating birthdays this month!

Anna Billingsley	2nd
Elaine Dunlap	3rd
Henry Westrup	7th
Tom Holzman	9th
Linda Patterson	11th
Laura Gates	12th
Vella Reilly	28th

December 2025



The Life Enrichment and Transportation department will be closed on Christmas Day to allow our staff to celebrate the holiday with their families. Normal hours will resume on Friday, December 26th, 2025. We wish you a Happy Holiday and thank you for your understanding.



JW-509 - Franklin Bark Alamo Heights AL - Issue: 12/01/25
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December 2025

DR Dining Room
C Chapel
AR Activity Room
SA Sitting Area

M Memory Care
L Meet in Lobby
BS Beauty Shop
L Independent Living

Art➡ Healthy Heart♪ Music

Pet Visits

Games

★ Special Event/Guest
★ Spiritual

FRANKLIN	Decem	ber 2025		SA Sitting Area AC Arts & Crafts R		uires Money
ALAMO HEIGHTS ASSISTED LIVING Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Decembes	9:00 L HEB Trip (Meet in Lobby)\$ 10:00 C Bible Study with City of Refuge Church † 11:00 C Sit and Be Fit With Nicole ♥ 1:00 AR Manicure Monday (Please sign up) ✓ 3:00 AR Prize Bingo with Family Tree 4:00 AR Music & Cards with Friends	9:00 BS Beauty Shop Appointments 10:00 C Stretch bands & Weights with Karla ♥ 11:00 AR Learn Poker with Jo 3:00 AR Sweets & Treats Social 11 4:00 AR Music & Dominoes with Friends ♥	9:00 BS Beauty Shop Appointments 10:00 AR Train Dominoes with Jo 11:00 AR Chair volleyball With Karla ♥ 1:00 AC Creative Corner with Jo- Doily Tree ● 3:00 DR Happy Hour- Linda Mountain- sponsored by: Veterans Best Movers ★	10:00 AR Brain Teasers with Jo 11:00 M Drum Circle With Karla ♥ 3:00 AR Bingo Fun € 4:00 AR Music & Dominoes with Friends €	10:00 AC Vendor: Crafts With Dee \$ 10:00 AR White Board Games with Karla ♥ 11:00 AR Active Games with Jo ♥ 1:00 AR Fancy Nails (Sign up Required) ✓ 3:00 AR Jo's Cantina- Music & Cocktails ♪ 4:00 AR Music & Cards With Friends ♥	10:30 M Christmas caroling with Windcrest Elementary ★ 1:00 AR Performance: Latino American Duo- Harry & Lorena ♪ 4:00 AC Puzzle Mania (Bring A Friend) 6:00 SA Netflix Movie (Resident Choice)
National Pearl Harbor 7 Remembrance Day 10:00 AC Puzzle Mania 3:00 C Bible Study with The Promise Ministries (Brazos- Memory Care Activity room) † 6:00 SA Netflix Movie (Resident Choice)	9:00 ■ HEB Trip (Meet in Lobby)\$ 10:00 © Bible Study with City of Refuge Church † 11:00 © Sit and Be Fit With Karla ♥ 1:00 AR Manicure Monday (Please sign up) ✓ 3:00 AR Prize Bingo with Avionn Home Care 4:00 AR Music & Cards with Friends	9:00 BS Beauty Shop Appointments 10:00 C Stretch bands & Weights with Karla ♥ 11:00 AR Learn Poker with Jo 2:00 AR Activity Meeting (All are welcome to join) 3:00 AR Sweets & Treats Social 11 4:00 AR Music & Dominoes with Friends ��	9:00 BS Beauty Shop Appointments 10:00 AR Train Dominoes with Jo 11:00 AR Chair volleyball With Karla ♥ 3:00 DR Happy Hour with Mike Clancy ★	11 10:00 AR Brain Teasers with Jo 10:30 L Lunch Bunch- La Fonda on Main ✓ 11:00 C Drum Circle With Karla ♥ 3:00 AR Bible Bingo Fun with Magnolia Hospice ♥ 4:00 AR Music & Dominoes with Friends ♥	12 10:00 AR White Board Games with Karla ♥ 11:00 AR Active Games with Jo ♥ 1:00 AR Fancy Nails (Sign up Required) ✓ 2:00 M Catholic Mass (Meet in Memory Care) † 3:00 AR Jo's Cantina- Music & Cocktails ♪ 4:00 AR Music & Cards With Friends ♥	9:30 M Sit and Be Fit with Jo (Meet In Memory Care) (In M
Hanukkah Begins- The Beginning 14 of the Miracle 10:00 AC Puzzle Mania 3:00 C Fellowship with friends † 6:00 SA Netflix Movie (Resident Choice)	Hanukkah- Strength & Dedication 9:00 ■ HEB Trip (Meet in Lobby) \$ 10:00 ■ Bible Study with City of Refuge Church † 11:15 ■ Performance The Silver Buckets (Please meet in Memory Care) ♥ 1:00 ■ Manicure Monday (Please sign up) ✓ 1:00 ■ Vendor: Marie's Jewelry & Accessories \$ 3:00 ■ Prize Bingo with Summit Hospice 4:00 ■ Music & Cards with Friends	Hanukkah- Faith 9:00 BS Beauty Shop Appointments 10:00 C Stretch bands & Weights with Karla ♥ 11:00 AR Learn Poker with Jo 11:00 I. New Resident Orientation (Independent Living Theatre) 2:00 AR Resident Meeting (All Are Welcome To Join) 3:00 AR Get To Know Your Neighbor Ice Cream Social 11 4:00 AR Music & Dominoes with Friends 🕮	Hanukkah- Triumph 17 9:00 BS Beauty Shop Appointments 10:00 AR Train Dominoes with Jo 11:00 AR Chair volleyball With Karla ♥ 1:30 AC Movie & Popcorn in IL- Theater (Meet In Activity Room) ●	Hanukkah- Community & Unity 10:00 AR Morning Bingo with AMADA 11:00 M Happy Tails (Meet In Memory Care) 5:00 DR Resident Christmas Dinner Party ★		Hanukkah- Holiness & Spiritual 20 Light 9:30 M Sit and Be Fit with Jo (Meet In Memory Care) (B) 10:30 AR Bingo with Jo (B) 1:00 AR Performance: Latino American Duo- Harry & Lorena J 4:00 AC Puzzle Mania (Bring A Friend) 6:00 SA Netflix Movie (Resident Choice)
Hanukkah- Complete & Renewal 21 10:00 AC Puzzle Mania 3:00 C Bible Study with The Promise Ministries (Brazos- Memory Care Activity room) † 6:00 SA Netflix Movie (Resident Choice)	Hanukkah- Concludes at Nightfall 22 9:00 ■ HEB Trip (Meet in Lobby)\$ 10:00 © Bible Study with City of Refuge Church+ 11:00 © Sit and Be Fit With Karla ♥ 1:00 AR Manicure Monday (Please sign up) ✓ 3:00 AR Prize Bingo with Graceful Guidance 4:00 AR Music & Cards with Friends	9:00 BS Beauty Shop Appointments 10:00 C Stretch bands & Weights with Karla ♥ 11:00 AR Learn Poker with Jo 3:00 AR Sweets & Treats Social- Sponsor: Bristol Hospice (Waffle Bar) 11 4:00 AR Music & Dominoes with Friends ₩	Christmas Eve 24 9:00 BS Beauty Shop Appointments 10:00 AR Train Dominoes with Jo 11:00 AR Chair volleyball With Karla ♥ 3:00 AR Music & Cards with Friends ♥ 4:00 DR Happy Hour Birthday Celebration with Kai Kamaka- Sponsor: Embrace Hospice ★	Merry Christmas- Life Enrichment 25 & Transportation Offices Closed 10:00 SA A Special Movie Showing: White Christmas (1954) 1:00 AR Music & Dominoes with Friends 16:00 SA A special Movie Showing: White Christmas (1954)	Kwanzaa Begins 26 10:00 AR White Board Games with Karla ₩ 11:00 AR Active Games with Jo № 1:00 AR Fancy Nails (Sign up Required) ✓ 3:00 AR Jo's Cantina- Music & Cocktails J 4:00 AR Music & Cards With Friends №	9:30 M Sit and Be Fit with Jo (Meet In Memory Care) (In M
Pledge of Allegiance Day 10:00 AC Puzzle Mania 3:00 C Fellowship with friends † 6:00 SA Netflix Movie (Resident Choice)	9:00 L HEB Trip (Meet in Lobby)\$ 10:00 C Bible Study with City of Refuge Church† 11:00 C Sit and Be Fit With Karla ♥ 1:00 AR Manicure Monday (Please sign up) ✓ 3:00 AR Prize Bingo 4:00 AR Music & Cards with Friends	9:00 BS Beauty Shop Appointments 10:00 C Stretch bands & Weights with Karla ♥ 11:00 AR Learn Poker with Jo 3:00 AR Sweets & Treats Social 11 4:00 AR Music & Dominoes with Friends ♥	New Year's Eve 31 9:00 BS Beauty Shop Appointments 10:00 AR Train Dominoes with Jo 11:00 AR Chair volleyball With Karla ♥ 3:00 DR New Year's Eve Happy Hour Celebration with George Murphy ♪	PEARL HARBOR ** REMEMBRANCE DAY **	MERRY CHRISTMAS 6 HAPPY NEW YEAR	HAPDY



Color of the Year

Each December since 2000, the Pantone Color Institute announces its choice for the upcoming "Color of the Year," by looking at current influences from fashion, entertainment, technology and other cultural trends.

A code is assigned to each Pantone color to ensure consistency wherever it is used. Here's a look back at some palette picks from previous years:

Year	Color	Code	Symbolism
2000	Cerulean	Pantone 4020	Peace, relaxation
2002	True Red	Pantone 1664	Passion, power
2005	Blue Turquoise	Pantone 5217	Gentle reassurance
2013	Emerald	Pantone 5641	Beauty, prosperity
2014	Radiant Orchid	Pantone 3224	Confidence, joy
2018	Ultra Violet	Pantone 3838	Original, futuristic
2020	Classic Blue	Pantone 4052	Open to possibilities
2021	Illuminating (Yellow)	Pantone 0647 &	Warmth, steadiness
	& Ultimate Grey	Pantone 5104	
2025	Mocha Mousse	Pantone 17-1230	Nurturing, comfort

"This Month In History"

DECEMBER

1907: On New Year's Eve, a ball decorated with 100 lightbulbs is lowered down a flagpole over New York City's Times Square. The ball drop has been featured in the annual celebration ever since.

1918: In the first official visit by a U.S. president to Europe, Woodrow Wilson travels to France for World War I peace negotiations.

1924: Astronomer Edwin Hubble announces his discovery of the existence of galaxies outside the Milky Way. The Hubble Space Telescope was named in his honor.

1941: America enters World War II after the Japanese attack on Pearl Harbor, Hawaii.

1966: The first observance of Kwanzaa takes place in Los Angeles. The seven-day holiday celebrates African heritage.

1970: Congress authorizes the creation of a new dollar coin depicting President Dwight D. Eisenhower.

1982: Gabriel Garcia Marquez is awarded the Nobel Prize in

literature. The Colombian writer is best known for his 1967 novel "One Hundred Years of Solitude."

1990: British computer scientist Tim Berners-Lee demonstrates his information-sharing system that would become the World Wide Web.

2001: Italy's Leaning Tower of Pisa reopens to the public after II years and \$27 million in work to fortify its famous lean.

2017: "Star Wars: The Last Jedi," the eighth installment in the space fantasy series, premieres. The film's \$1 billion in ticket sales made it the year's highest-grossing film.