



Claire Stegall	10/03
Chuck Warner	10/05
Shannon Truelock	10/07
Flora Hamilton	10/08
Sid Gold	10/10
Pat Broussard	10/11
Gladys Lynch	10/13
Carolyn Denisio	10/14
Marlies Griffin	10/16
Larry Buckles	10/17
Sue Heard	10/17

Join us for our October birthday dinner!!
Honorees and their spouses will be treated to
a special meal, complimentary wine & cake
on Tuesday, October 21st at 4:15 p.m.
music provided by Valarie in the Bistro.
Each honoree will receive a phone call 1
week prior to the dinner to confirm that you
and/or your spouse will attend.

This is a resident only event!

SERVICES & AMENITIES:

Transportation:

Available Monday -Friday 8:30am-4pm
for Medical appts. within a 10 mile radius.
Please see lead driver, Tommy Garza, for
questions on locations.

Note: You must sign up 24 hours prior to
your appt. and scheduled outing on the
monthly activity calendar. **Failure to do
so will result in no transportation
provided!**

Out of town trips: 8 sign ups needed
for any scheduled out-of-town trips to
take place.

Sunday Church Run: 8:30a.m-.1p.m.
(Sonterra Local Churches ONLY)

Wellness Center:

Beauty Salon: 210-888-1164

Store Hours: Mon-Sat 1pm-2pm

Bistro Hours: Tues. thru Sat.
11:30am-1:30pm

Library Open 24hrs

Gym Open 24hrs

Indoor Pool Open 24hrs



**Walgreens will
host our annual
Flu shot clinic!**

**Friday, October 3rd
from 11am-4pm in the
Franklin room. Please**

**sign up in the mailroom. Flu, COVID, Shingles
and RSV shots will be available!**



**Independent Living
Community**
18323 Sonterra Place
San Antonio, T.X 78258
Phone Number:
(210)404-1444



**We Are Here to Serve
You!**

**Franklin Park Sonterra
Management Team**

Tommy Wood Ext. 209	Executive Director
Racheal Bellville Ext. 202	Business Office Manager
Tina Tedford Ext. 203	Marketing Director
Anisa Washington Ext.207	Director of Life Enrichment/Trans.
Diana Ibarra Ext.207	Life Enrichment Coord.
Anthony Burks Ext. 206	Director of Dining Service Maintenance Director
Ext. 205 Tammie Rowe Ext.227	Assisted Living Director
Olivia Rangel Ext.204	Administrative Asst.
Susan Aguillon Ext. 200	Front Desk Concierge

**FRANKLIN
Park**
SONTERRA

OCTOBER

**2
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2
5**



Costume Contest & Happy Hour!!

Get ready for a fun
and spectacular
afternoon filled with spooky vibes,
live music, and plenty of laughter!
Valerie will be bringing the energy
with her amazing singing, setting the
perfect mood for a fun festive happy
hour.....And please don't forget your
costumes! Our amazing costume
contest will crown the most creative,
spooky, and show stopping looks .

Prizes, bragging rights, and loads of
fun await! Wednesday, October 29th
Franklin Room!

Come for the music stay for the fun
celebrate Halloween in style!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Location Codes: AS-Art Studio B-Bistro C-Chapel CH-Club House CC-Computer Center CL-Cocktail Lounge CR- Card Room DR-Dining Room FR-Franklin Room 	Location Codes: G-Grill GR-Game Room L-Lobby LB-Library  M-Mailroom P-Pool PDR-Private Dining Room T-Theater WC-Wellness Center *Asterisks Require Sign-up !	1 Yom Kippur Begins National Coffee Day! On Wednesday We Wear Pink 9:15 Communion Service-C 9:30 Coffee Bar & Doughnuts-CL 10:00 Water Aerobics w/Kai-P 1:00-3:00 Bridge Group-CR 1:30 Stretch Class-FR 2:00 Bible Study-C 3:30 Happy Hour w/Bobby-GR	2 10:30 Sit & Be Fit-GR 12:30 Hand & Foot-GR *1:00 Walmart/Costco-L 1:00 LRC (Bring Quarters)-GR 2:00 All Things Pumpkin Social-GR 3:00 Bingo-GR 	3 9:30 First Friday-C *10:15 HEB-L 11:00-4pm Walgreen's Flu Clinic-FR 12:00-2:00 Elva's Shirt Sale-L 1:00 Ladies Blackjack-GR 1:00 Poker-GR 2:00 Conversational Spanish-AS 3:30 Happy Hour-CL 7:00 Movie-T No Stretch Class Today!	4 9:30 Morning Walk Meet in The Courtyard 1:00 Billiards-GR 2:00 Robert Redford Afternoon Movie-T 4:00 Music w/In-house Student Fernando-CL 7:00 Movie-T
5 *8:30 Church Run-L *11:00 Holy Trinity-L 1:00 Board & Card Games-GR 3:00 Bible Study-T 7:00 Movie-T	6 *9:00 At Home Foot Care-CR 10:30 Tai Chi w/Erma-FR 1:00 Mexican Train-CR 1:00 Ladies Blackjack-GR 2:00 Yoga Class w/Nicole-FR 3:30 Ladies Wine & Charcuterie-CL 6:30 Rummikub-GR National Food and Beverage Week!	7 10:00 Sylvia's Watch Battery Service & Jewelry Show-L 10:00 BP Clinic w/Ed-FR 10:30 Sit & Be Fit-FR 1:00 Ladies Poker-AS 2:00 Travel Movie: "Germany" & Snacks-T 3:30 Piano Music w/Thomas-L 7:00 Tuesday Night Bingo-GR	8 On Wednesday We Wear Pink 9:15 Communion Service-C 10:00 Water Aerobics w/Kai-P *10:30 Craft "Breast Cancer Centerpiece"-L 1:00-3:00 Bridge Group-CR 1:30 Stretch Class-FR 2:00 Bible Study-C 3:30 Happy Hour w/Irma Aguilar-Patio	9 10:30 Sit & Be Fit-GR 11:30 Lunch Bunch: PF Changs-L 12:30 Hand & Foot-GR *1:00 Walmart/Costco-L 1:30 Health Talk w/Dr. Gifford-FR 2:00 Acrylic Painting w/Karle Ann-AS 3:00 Bingo-GR	10 *10:00 HEB-L 10:30 Stretch Class w/Diana-FR 1:00 Ladies Blackjack-GR 1:00 Poker-GR 1:00 Line Dancing w/Brooke-FR 2:15 Celebrating Our F & B Team-FR 3:30 Happy Hour-CL 7:00 Movie-T	11 9:30 Morning Walk Meet in The Courtyard *10:45 Shopping @ Dillard's @ La Cantera-L 1:00 Billiards-GR 2:00 Robert Redford Afternoon Movie-T 3:00 \$1 Bingo-GR 7:00 Movie-T 
12 *8:30 Church Run-L *11:00 Holy Trinity-L 1:00 Board & Card Games-GR 3:00 Bible Study-T 7:00 Movie-T 	13 Columbus Day 10:30 Tai Chi w/Erma-FR 1:00 Mexican Train-CR 1:00 Ladies Blackjack-GR 2:00 Yoga Class w/Nicole-FR 3:30 Men Hanging Out (Chat, Beer & Snacks)-GR 6:30 Rummikub-GR 7:00 History w/Janice Dombi-FR	14 10:00 BP Clinic w/Michael-FR 10:30 Sit & Be Fit-FR 1:00 Ladies Poker-AS 2:00 Movie Matinee & Popcorn-T 4:30 "Fall" Theme Dinner & Music-DR 7:00 Tuesday Night Bingo-GR 	15 On Wednesday We Wear Pink 9:15 Communion Service-C 10:00 Water Aerobics w/Kai-P *11:30 Lunch Bunch: "Tip Top Cafe"-L 1:00-3:00 Bridge Group-CR 1:30 Stretch Class-FR 2:00 Bible Study-C 3:30 "Pink Out" Happy Hour w/Kai-Patio 	16 10:30 Sit & Be Fit-GR *11:15 Style Show Meeting-C 12:30 Hand & Foot-GR *1:00 Walmart/Costco-L 1:00 LRC (Bring Quarters)-GR 2:00 Presentation: Wreaths Across America w/Shorty-FR 2:00 Hearing Aid Checks-AS 3:00 Bingo-GR	17 *10:00 HEB-L 10:30 Stretch Class w/Diana-FR 1:00 Ladies Blackjack-GR 1:00 Poker-GR 1:00 FPS Book Club Mtg.-PDR 2:00 Conversational Spanish-AS 3:30 Happy Hour-CL *6:30 "The Sunshine Boys" @ S.T.A.G.E. -L 7:00 Movie-T	18 9:30 Morning Walk Meet in The Courtyard *10:00 Shopping @ Target/Dollar Tree-L 1:00 Billiards-GR *1:00 Outdoor Concert @ Cornerstone Church "Food Truck Event"-L 2:00 Robert Redford Afternoon Movie-T 3:00 \$1 Bingo-GR 4:00 Music w/Fernando-CL 7:00 Movie-T
19 *8:30 Church Run-L *11:00 Holy Trinity-L 1:00 Board & Card Games-GR 3:00 Bible Study-T 7:00 Movie-T	20 10:30 Tai Chi w/Erma-FR 1:00 Mexican Train-CR 1:00 Ladies Blackjack-GR 1:00 Chat Group w/Ruth-C 2:00 Yoga Class w/Nicole-FR 3:00 Style Show Practice-FR 6:30 Rummikub-GR	21 10:30 Sit & Be Fit-FR 1:00 Ladies Poker-AS 2:00 Movie Matinee & Popcorn-T 4:15 October Birthday Dinner Music by Valerie-B 7:00 Tuesday Night Bingo-GR	22 On Wednesday We Wear Pink 9:15 Communion Service-C 10:00 Water Aerobics w/Kai-P *10:30 Fall Craft: "Pumpkin Wreath" w/Anisa-AS 1:00-3:00 Bridge Group-CR 1:30 Stretch Class-FR 2:00 Bible Study-C 3:30 Happy Hour w/Pete-Patio	23 10:30 Sit & Be Fit-GR 12:30 Hand & Foot-GR *1:00 Walmart/Costco-L 2:00 Acrylic Painting w/Karle Ann-AS 3:00 Fall Style Show w/Dorothy's Creations-FR *4:30 Happy Hour on the Road "Purple Garlic"-L	24 *10:00 HEB-L 10:30 Stretch Class w/Diana-FR 1:00 Ladies Blackjack-GR 1:00 Poker-GR 2:00 Conversational Spanish-AS 3:30 Spooktacular Happy Hour-CL 7:00 Movie-T	25 9:30 EAF Craft Sale-L 9:30 Morning Walk Meet in The Courtyard 1:30 "Fall Fun" Carnival music w/Irma-Patio 7:00 Movie-T
26 *8:30 Church Run-L *11:00 Holy Trinity-L 1:00 Board & Card Games-GR 3:00 Bible Study-T 7:00 Movie-T 	27 *10:00 Outing "Lockhart, TX"-L 10:30 Tai Chi w/Erma-FR 1:00 Mexican Train-CR 1:00 Ladies Blackjack-GR 2:00 Yoga Class w/Nicole-FR 3:30 Karaoke Happy Hour w/Friends-CL 6:30 Rummikub-GR	28 10:00 Texas Wine Merch Show-L 10:30 Sit & Be Fit-FR 1:00 Ladies Poker-AS 2:00 Halloween PJ Showdown Movie Matinee & Popcorn "Hubbie Halloween"-T 3:30 Halloween Would You Rather? & Riddles-GR 7:00 Tuesday Night Bingo-GR	29 9:15 Communion Service-C 9:30-12:30 Fall Health Fair w/PAM Health-FR 10:00 Water Aerobics w/Kai-P 1:00-3:00 Bridge Group-CR 2:00 Bible Study- C 3:30 Halloween Happy Hour w/Valerie-FR Costume Contest! 	30 National Candy Corn Day! 10:30 Sit & Be Fit-GR  12:30 Hand & Foot-GR *1:00 Walmart/Costco-L 1:00 LRC (Bring Quarters)-GR 2:00 Creamsicle & Candy Corn Floats-CL 3:00 Bingo-GR *4:30 Dinner Outing: "Bourbon Street"-L	31 *10:00 HEB-L 10:30 Stretch Class w/Diana-FR 1:00 Ladies Blackjack-GR 1:00 Poker-GR 3:30 "Let The Ghou! Times" Roll Happy Hour-CL 7:00 Movie-T 	Activities are subject to change without notice! 