

# NATIONAL ASSISTED LIVING WEEK



## We Are Here to Serve You! Franklin Park Sonterra Management Team

Tommy Wood  
Executive Director

Lesa Dillon  
Director of Resident Services

Julie Munoz  
Director of Resident Services Assistant

Racheal Bellville  
Business Office Manager

Tina Tedford  
Marketing Director

Olivia Rangel  
Administrative Assistant

Salvador Gomez  
Executive Chef

Austin Querbach  
Director of Maintenance

Anisa Washington  
Director of Life Enrichment & Transportation

RoseMarie Crow  
Assisted Living Life Enrichment Coordinator

Davis Hanna  
Assisted Living Concierge

Elizabeth Miller  
Assisted Living Concierge

Anthony Burks  
Regional Director of Dining Service

Tammie Rowe  
Regional Director of Resident Services



**Assisted Living  
Community**  
18323 Sonterra Place  
San Antonio, TX. 78258  
(210)495-4286



Dorothy Harrison 10-16

John Gillard 10-23

*Honorees will be treated to a special birthday dinner with complimentary wine, and a special birthday cake. The Birthday Dinner will be held next door in the Independent Living Dining Bistro.*

October 21st @ 4:00pm

**This is for RESIDENTS ONLY**



**Thursday, October 16th  
3pm in our Living Room**

Come show off your best **PINK ATTIRE** while we listen to Mike Clancey and eat some **PINK SNACKS** and drink **PINK WINE** or **PINK PUNCH**!



Hallo -Wine and Cheese Social  
on **October 31st at 3:00pm**  
**in our Living Room.**

Come have a spooky good time with wine and cheese and some good music!

**We will be hosting our  
ANNUAL FLU SHOT CLINIC  
with the  
RIVER ROAD PHARMACY  
on October 22nd,  
starting at 9:00am.**

| Sunday                                                                                                                                                                                                                                                                                                      | Monday                                                                                                                                                                                                                                                                                                                                        | Tuesday                                                                                                                                                                                                                                                                                                                                                | Wednesday                                                                                                                                                                                                                                                                                                                                                      | Thursday                                                                                                                                                                                                                                                                                                         | Friday                                                                                                                                                                                                                                                                                                           | Saturday                                                                                                                                                                                                                                        |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                                                                                                                                                              |                                                                                                                                                                                                                                                               |                                                                                                                                                                                                                                                                       | <div> <div>ON WEDNESDAYS WE WEAR PINK.</div> <div>8:30 WEIGHT CLINIC: TC</div> <div>9:00 Catching Up w/ Current Events: News &amp; Newspaper - AC</div> <div>9:30 Communion - CH</div> <div>10:30 Exercise - TC</div> <div>2:00 NEW Resident Social &amp; Friendship Games</div> <div>3:30 Afternoon Bingo - TH</div> <div>6:30 Evening Movie -TH</div> </div> | <div> <div>9:00 Catching Up w/ Current Events: News &amp; Newspaper - AC</div> <div>9:30 Balloon Volleyball - TC</div> <div>10:30 Arts &amp; Crafts: AC</div> <div>1:30 Tech Class - CH</div> <div>3:00 HAPPY HOUR - LR w/ Irma</div> <div>6:30 Evening Movie - TH</div> </div>                                  | <div> <div>9:00 Catching Up w/ Current Events: News &amp; Newspaper - AC</div> <div>9:00 1st Friday Mass - IL</div> <div>9:30 Sit &amp; Be Fit - TC</div> <div>10:30 Bible Study w/Kim-CH</div> <div>1:30 Rummikub - 3rd FL</div> <div>3:30 Afternoon Bingo - TC</div> <div>6:30 Evening Movie - TH</div> </div> | <div> <div>9:30 Elder Fit - CH</div> <div>10:30 Garden Club</div> <div>Water Flowers - CY</div> <div>2:30 Saturday Movie: TH RADIO</div> <div>4:00 Independent Card Playing - CH</div> <div>6:30 Evening Games - CH</div> </div>                |
| <div> <div>9:00 Church Service - CH</div> <div>9:00 Catching Up w/ Current Events: News &amp; Newspaper - AC</div> <div>10:00 Gardening Club</div> <div>Waters Flowers - CY</div> <div>11:00 Elder Fit: : TC</div> <div>3:00 Rummikub: 3rd FL</div> <div>6:30 Evening Movie - TH</div> </div>               | <div> <div>9:00 Catching Up w/ Current Events: News &amp; Newspaper - AC</div> <div>9:30 Sit &amp; Be Fit -TC</div> <div>10:30 Songs &amp; Snacks—LR</div> <div>1:30 Fall Word Hangman - LR</div> <div>3:00 Afternoon Bingo—TH</div> <div>6:30 Evening Movie -TH</div> </div>                                                                 | <div> <div>9:00 Catching Up w/ Current Events: News &amp; Newspaper - AC</div> <div>9:30 Sit &amp; Be Fit-TC</div> <div>10:30 Bible Study w/ Matt- CH</div> <div>2:30 Spinner: CH</div> <div>3:30 LADIES PINK SOCIAL w/ Wine &amp; Snacks</div> <div>6:30 Evening Movie -TH</div> </div>                                                               | <div> <div>ON WEDNESDAYS WE WEAR PINK.</div> <div>9:00 Catching Up w/ Current Events: News &amp; Newspaper - AC</div> <div>9:30 Communion - CH</div> <div>10:30 Exercise - TC</div> <div>2:30 Building a Cookie Tower - LR</div> <div>6:30 Evening Movie -TH</div> </div>                                                                                      | <div> <div>9:00 Catching Up w/ Current Events: News &amp; Newspaper - AC</div> <div>9:30 Balloon Volleyball - TC</div> <div>10:30 Arts &amp; Crafts: AC</div> <div>1:30 Tech Class - CH</div> <div>3:00 HAPPY HOUR - LR w/ Jimmy Lee</div> <div>6:30 Evening Movie -TH</div> </div>                              | <div> <div>9:00 Catching Up w/ Current Events: News &amp; Newspaper - AC</div> <div>9:30 Sit &amp; Be Fit-TC</div> <div>10:30 Bible Study w/Kim-CH</div> <div>1:30 Puzzles - 3rd FL</div> <div>3:30 Afternoon Bingo - TH</div> <div>6:30 Evening Movie - TH</div> </div>                                         | <div> <div>9:30 Elder Fit - CH</div> <div>10:30 Garden Club</div> <div>Water Flowers - CY</div> <div>2:30 Saturday Movie: TH THE PERFECT DATE</div> <div>4:00 Independent Card Playing - CH</div> <div>6:30 Saturday Evening Movie</div> </div> |
| <div> <div>9:00 Church Service - CH</div> <div>9:00 Catching Up w/ Current Events: News &amp; Newspaper - AC</div> <div>10:00 Gardening Club</div> <div>Waters Flowers - CY</div> <div>11:00 Elder Fit: - TC</div> <div>3:00 Rummikub: 3rd FL</div> <div>6:30 Evening Movie - TH</div> </div>               | <div> <div>9:00 Catching Up w/ Current Events: News &amp; Newspaper - AC</div> <div>9:30 Sit &amp; Be Fit -TC</div> <div>10:30 Spinner - CH</div> <div>2:30 Chair Travel: GERMANY w/ German snacks &amp; beer TH</div> <div>3:30 What is Oktoberfest? TH</div> <div>3:00 Afternoon Bingo - TH</div> <div>6:30 Evening Movie - TH</div> </div> | <div> <div>9:00 Catching Up w/ Current Events: News &amp; Newspaper - AC</div> <div>9:30 Sit &amp; Be Fit - TC</div> <div>10:30 Bible Study w/ Matt- CH</div> <div>2:30 MEN'S ORANGE SOCIAL w/ Beer &amp; Snacks - CH</div> <div>3:00 Rummikub - 3rd FL</div> <div>6:30 Evening Movie -TH</div> </div>                                                 | <div> <div>ON WEDNESDAYS WE WEAR PINK.</div> <div>9:00 Catching Up w/ Current Events: News &amp; Newspaper—AC</div> <div>9:30 Communion - CH</div> <div>10:30 Exercise - TC</div> <div>2:30 RESIDENT COUNCIL -CH</div> <div>3:30 Afternoon Bingo - TH</div> <div>6:30 Evening Movie -TH</div> </div>                                                           | <div> <div>PINK OUT</div> <div>9:00 Catching Up w/ Current Events: News &amp; Newspaper - AC</div> <div>9:30 Balloon Volleyball - TC</div> <div>10:30 Arts &amp; Crafts: AC</div> <div>1:30 Tech Class - CH</div> <div>3:00 PINK HAPPY HOUR - LR w/ Mike Clancey</div> <div>6:30 Evening Movie - TH</div> </div> | <div> <div>9:00 Catching Up w/ Current Events: News &amp; Newspaper - AC</div> <div>9:30 Sit &amp; Be Fit-TC</div> <div>10:30 Bible Study w/Kim-CH</div> <div>1:30 Rummikub - 3rd FL</div> <div>3:00 Afternoon Bingo -TH</div> <div>6:30 Evening Movie - TH</div> </div>                                         | <div> <div>9:30 Elder Fit - CH</div> <div>10:30 Garden Club</div> <div>Water Flowers - CY</div> <div>2:30 Saturday Movie: TH AIRPLANE MODE</div> <div>4:00 Independent Card Playing - CH</div> <div>6:30 Evening Games - CH</div> </div>        |
| <div> <div>9:00 Church Service - CH</div> <div>9:00 Catching Up w/ Current Events: News &amp; Newspaper - AC</div> <div>11:00 Elder Fit - TC</div> <div>1:30 Sing - A - Long w/ Suzanne - CH</div> <div>3:00 Rummikub: 3rd FL</div> <div>4:00 Dominoes - CH</div> <div>6:30 Evening Movie - TH</div> </div> | <div> <div>9:00 Catching Up w/ Current Events: News &amp; Newspaper - AC</div> <div>9:00 Gardening Club</div> <div>Water Flowers - CY</div> <div>9:30 Exercise w/ Michael - TC</div> <div>10:30 Rummikub: 3rd FL</div> <div>3:00 Afternoon PRIZE Bingo w/ Enhabit—TH</div> <div>6:30 Evening Movie - TH</div> </div>                          | <div> <div>9:00 Catching Up w/ Current Events: News &amp; Newspaper - AC</div> <div>9:30 Exercise w/ Fily - TC</div> <div>10:30 Bible Study w/ Matt- CH</div> <div>10:30 Arts &amp; Crafts w/ Fily, AC</div> <div>2:00 UNO: 3rd FL</div> <div>3:00 Theodora plays music</div> <div>4:00 BIRTHDAY DINNER</div> <div>6:30 Evening Movie -TH</div> </div> | <div> <div>ON WEDNESDAYS WE WEAR PINK.</div> <div>9:00 FLU SHOT CLINIC</div> <div>9:00 Catching Up w/ Current Events: News &amp; Newspaper - AC</div> <div>9:30 Communion - CH</div> <div>2:30 Puzzle Time: AC</div> <div>3:30 Afternoon PRIZE Bingo w/ Theracare: TH</div> <div>6:30 Evening Movie -TH</div> </div>                                           | <div> <div>9:00 Catching Up w/ Current Events: News &amp; Newspaper - AC</div> <div>9:30 Balloon Volleyball: TC</div> <div>10:30 Arts &amp; Crafts: AC</div> <div>1:30 Tech Class - CH</div> <div>2:30 Pumpkin Spice Cake Social &amp; Spooky Word Hangman: LR</div> <div>6:30 Evening Movie - TH</div> </div>   | <div> <div>9:00 Catching Up w/ Current Events: News &amp; Newspaper - AC</div> <div>9:30 Exercise: TC</div> <div>10:30 Bible Study w/Kim-CH</div> <div>1:30 Puzzles - 3rd FL</div> <div>3:30 Afternoon Bingo - TH</div> <div>6:30 Evening Movie - TH</div> </div>                                                | <div> <div>9:30 Elder Fit - CH</div> <div>10:30 Garden Club</div> <div>Water Flowers - CY</div> <div>2:30 Saturday Movie: TH NOTHING TO LOSE</div> <div>4:00 Independent Card Playing - CH</div> <div>6:30 Evening Games - CH</div> </div>      |
| <div> <div>9:00 Church Service - CH</div> <div>9:00 Catching Up w/ Current Events: AC</div> <div>10:00 Gardening Club</div> <div>Waters Flowers - CY</div> <div>11:00 Elder Fit: TC</div> <div>3:00 Rummikub: 3rd FL</div> <div>6:30 Evening Movie - TH</div> </div>                                        | <div> <div>9:00 Catching Up w/ Current Events: News &amp; Newspaper - AC</div> <div>9:30 Sit &amp; Be Fit - TC</div> <div>10:30 Gardening Club</div> <div>Water Flowers - CY</div> <div>1:30 Hot Apple Pie w/ Ice Cream</div> <div>3:00 Afternoon Bingo—TH</div> <div>6:30 Evening Movie -TH</div> </div>                                     | <div> <div>9:00 Catching Up w/ Current Events: News &amp; Newspaper - AC</div> <div>9:30 Sit &amp; Be Fit - TC</div> <div>10:30 Bible Study w/ Matt- CH</div> <div>2:30 Spinner- AC</div> <div>3:30 Rummikub: 3rd FL</div> <div>6:30 Evening Movie -TH</div> </div>                                                                                    | <div> <div>ON WEDNESDAYS WE WEAR PINK.</div> <div>9:00 Catching Up w/ Current Events: News &amp; Newspaper - AC</div> <div>9:30 Communion - CH</div> <div>10:30 Exercise - TC</div> <div>2:30 DINING MEETING - CH</div> <div>3:30 Afternoon Bingo - TH</div> <div>6:30 Evening Movie -TH</div> </div>                                                          | <div> <div>9:00 Catching Up w/ Current Events: News &amp; Newspaper - AC</div> <div>9:30 Balloon Volleyball: TC</div> <div>10:30 Arts &amp; Crafts: AC</div> <div>1:30 Tech Class - CH</div> <div>UNO ATTACK! - AC</div> <div>6:30 Evening Movie -TH</div> </div>                                                | <div> <div>Happy Halloween</div> <div>9:00 Catching Up w/ Current Events: News &amp; Newspaper - AC</div> <div>9:30 Sit &amp; Be Fit-TC</div> <div>10:30 Bible Study w/Kim-CH</div> <div>1:30 Halloween Trivia -</div> <div>3:00 HALLOWEEN HAPPY HOUR w/ George</div> <div>6:30 Evening Movie - TH</div> </div>  | <div> <div>ALL Activities are subject to change without notice!</div> </div>                                                                                                                                                                    |