



Barb Gore	11/01
Jeanie Classen	11/08
Jane Kuyoth	11/12
Mary Gibson	11/17
Clarice Henry	11/17
Gary Simone	11/21
Elizabeth Gibbons	11/22
Frances Gragg	11/25
Janice Cutrer	11/25
Joyce Sprouse	11/25

Honorees and their spouses will be treated to a special birthday theme dinner with complimentary wine & cake @ 4:15 P.M. in the Bisto. Live entertainment by Valarie.

Each honoree will receive a phone call one week prior to the dinner to confirm that you and/or your spouse will attend.

SERVICES & AMENITIES:

Transportation:

Available Monday -Friday 8:30am-4pm for Medical appts. within a 10 mile radius. Please see lead driver, Tommy Garza, for questions on locations.

Note: You must sign up 24 hours prior to your appt. and scheduled outing on the monthly activity calendar. **Failure to do so will result in no transportation provided!**

Out of town trips: 8 sign ups needed for any scheduled out-of-town trips to take place.

Sunday Church Run: 8:30a.m.-1p.m. (Sonterra Local Churches ONLY)

Wellness Center:

Beauty Salon: 210-888-1164

Store Hours: Mon-Sat 1pm-2pm

Bistro Hours: Tues. thru Sat.

11:30am-1:30pm

Library Open 24hrs

Gym Open 24hrs

Indoor Pool Open 24hrs



Independent Living Community
18323 Sonterra Place
San Antonio, T.X 78258
Phone Number:
(210)404-1444



We Salute Our Veterans! Thank You for your centuries of dedication. We honor your supreme act of patriotism and act of COURAGE!

From: Your Franklin Park Family!

November is the month to remind us to be thankful for the many positive things happening in our life.

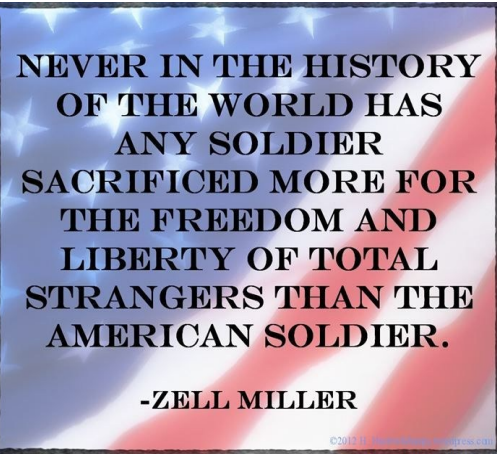


We Are Here to Serve You!

Franklin Park Sonterra Management Team

Tommy Wood Ext. 209	Executive Director
Racheal Bellville Ext. 202	Business Office Manager
Tina Tedford Ext. 203	Marketing Director
Anisa Washington Ext.207	Director of Life Enrichment/Trans.
Diana Ibarra Ext.207	Life Enrichment Coord.
Anthony Burks Ext. 206	Director of Dining Service
Austin Querbach Ext. 205	Maintenance Director
Tammie Rowe Ext.227	Assisted Living Director
Olivia Rangel Ext.204	Administrative Asst.
Ruth Gonzalez Ext. 200	Front Desk Concierge



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30 8:30 Church Run-L *11:00 Holy Trinity-L 1:00 Board & Card Games-GR 3:00 Bible Study-T 7:00 Movie Time-T 				<u>LOCATION CODES:</u> EVENTS AND ACTIVITES W/ ASTERICKS REQUIRE SIGN UP! BINDER IS IN THE MAILROOM. CH-CLUB COMPUTER CTR.-CC LB-LIBRARY M-MAILROOM AS-ART STUDIO G-GRILL	WC-WELLNESS CENTER FR-FRANKLIN ROOM DR-DINING ROOM CL-COCKTAIL LOUNGE GR-GAME ROOM C-CHAPEL P-POOL B-BISTRO T- THEATER L-LOBBY	1 9:30 Morning Walk Meet in The Courtyard *10:00 SAS Shoe Factory-L 1:00 Billiards-GR 2:00 Movie & Popcorn-T Diane Keaton Movie 4:00 Music w/Fernando-CL 7:00 Movie-T Set Your Clock back 1 hour before going to bed!
2 *8:30 Church Run-L *11:00 Holy Trinity-L 1:00 Board & Card Games-GR 3:00 Bible Study-T 7:00 Movie Time-T	3 1:00 Quarter Black Jack-GR 1:00 Mexican Train-GR 2:00 Yoga w/Nicole-FR 3:00 Mindfit w/Michelle-T 6:30 Rummikub-GR 7:00 History w/Janice Dombi-FR (Start Bringing Your Framed Military Photo to the Life Enrichment Office.)	4 9-10 am Ask A Nurse-WC 10:30 Sit & Be Fit-FR 1:00 Ladies Poker-AS 2:00 The Ultimate "HOT" Chocolate Bar w/Mikey and Arnold-CL 3:30 Piano Music w/Thomas-L 7:00 Tuesday Night Bingo-GR 	5 9:15 Communion Service-C 10:00 Water Aerobics w/Kai-P *11:00 Lunch @ Osaka Japanese Steak & Sushi Bar-L 1:00-3:00 Bridge Group-CR 1:30 Stretch Class-FR 2:00 Bible Study-C 3:30 Happy Hour w/Bobby-Patio	6 National Nacho Day! 10:30 Sit & Be Fit-FR 12:30 Hand & Foot-GR *1:00 Walmart/Costco-L 1:30 Acrylic Painting Class w/ Karle Ann-AS 3:00 \$1 Bingo & Nacho Bar-GR *4:30 Wurstfest Celebration (New Braunfels)-L	7 9:30 First Friday Mass-C *10:15 HEB-L 10:30 Stretch w/Diana-FR 1:00 Ladies Blackjack-GR 1:00 Poker-GR 2:00 Guess Who Military Photo?-L 3:30 Happy Hour-CL 7:00 Movie-T Nat. Jersey Day Wear Your Favorite Jersey! 	8 1:30-3:00pm FPS Fall Festival 2:00 Movie & Popcorn-T Diane Keaton Movie 7:00 Movie-T 
9 *8:30 Church Run-L *11:00 Holy Trinity-L 1:00 Board & Card Games-GR 3:00 Bible Study-T 7:00 Movie Time-T	10 10:30 Tai Chi w/Erma-FR 1:00 Mexican Train-CR 1:00 Ladies Blackjack-GR 2:00 Yoga Class w/Nicole-FR 3:00 All Things Wursfest Bar & Background German Music-CL 6:30 Rummikub-GR 7:00 History w/Janice Dombi-FR 	11 9-10 am Ask A Nurse-WC 9:45 Sit & Be Fit-FR  10:00 BP Clinic w/Michael-FR 11:00 Reagan H.S. ROTC Posting Colors @ The Flagpole 1:00 Ladies Poker-AS 2:30 Patriotic concert w/ Pete -FR 4:30 Veteran's Day Dinner-DR 7:00 Tuesday Night Bingo-GR	12 9:15 Communion Service-C 10:00 Water Aerobics w/Kai-P *10:30 Holiday Craft w/Anisa-AS 1:00-3:00 Bridge Group-CR 1:30 Stretch Class-FR 2:00 Bible Study-C 3:30 "Disco" Happy Hour w/ Jimmy Lee-GR 	13 10:30 Sit & Be Fit-FR 12:30 Hand & Foot-GR *1:00 Walmart/Costco-L 2:00 Karaoke and Apple Cider Floats w/Amada-GR 3:00 \$1 Bingo-GR *4:00 Happy Hour on The Road @ The Hayden-L	14 *10:00 HEB-L 10:30 Stretch Class w/Diana-FR 1:00 Ladies Blackjack-GR 1:00 Poker-GR FPS Book Club 3:30 Happy Hour-CL 7:00 PJ's Movie Night Event-T  National PJ Day!!	15 9:00 *Casino Trip-L 9:30 Morning Walk Meet in The Courtyard 1:00 Billiards-GR 2:00 Movie & Popcorn-T Diane Keaton Movie 7:00 Movie-T
16 *8:30 Church Run-L *11:00 Holy Trinity-L 1:00 Board & Card Games-GR 3:00 Bible Study-T 7:00 Movie Time-T	17 10:30 Tai Chi w/Erma-FR 1:00 Mexican Train-CR 1:00 Ladies Blackjack-GR 1:00 Chat Group w/Ruth-C 2:00 Yoga Class w/Nicole-FR 2:30 Bread Tasting Bar-CL 6:30 Rummikub-GR  National Bread Day!	18 9-10 am Ask A Nurse-WC *11:30 Lunch: Down On Grayson-L 10:30 Sit & Be Fit-FR 1:00 Ladies Poker-AS 2:00 Movie Matinee & Popcorn-T 4:15 November Birthday Dinner Music by Valerie-B 7:00 Tuesday Night Bingo-GR	19 *9:00 Marble Falls All Day Trip Lunch/Visit Beloved Museum-L 9:15 Communion Service-C 10:00 Water Aerobics w/Kai-P 1:00-3:00 Bridge Group-CR 1:30 Stretch Class-FR 2:00 Bible Study-C 3:30 "Turkey Hat" Happy Hour w/Kai- Patio	20 10:30 Sit & Be Fit-FR 12:30 Hand & Foot-GR *1:00 Walmart/Costco-L 1:30 Acrylic Painting Class w/ Karle Ann-AS 2:00 Hearing Aid Checks-AS 2:30 FPS Team Game Fun-FR 3:30 Time Change \$1 Bingo-GR	21 *10:00 HEB-L 10:30 Annual Turkey Trot-L 1:00 Ladies Blackjack-GR 1:00 FPS Book Club Mtg.PDR 1:00 Poker-GR 2:00 Zumba w/Erma-P 3:30 Happy Hour-CL 7:00 Movie-T	22 9:30 Morning Walk Meet in The Courtyard 1:00 Billiards-GR 2:00 Movie & Popcorn-T Diane Keaton Movie 4:00 Music w/ Student Fernando-CL 7:00 Movie-T
23 *8:30 Church Run-L *11:00 Holy Trinity-L 1:00 Board & Card Games-GR 3:00 Bible Study-T 7:00 Movie Time-T 	24 10:30 Tai Chi w/Erma-FR 1:00 Mexican Train-CR 1:00 Ladies Blackjack-GR 2:00 Yoga Class w/Nicole-FR 3:30 Guy's Hanging Out (Chat, Beer & Snacks)-GR 6:30 Rummikub-GR	25 9-10 am Ask A Nurse-WC 9:30 We're Thankful For You ! Muffins & Mimosa-CL 10:30 Sit & Be Fit-FR 1:00 Ladies Poker-AS 2:00 Movie & Popcorn-T 3:30 New Resident Reception-GR 7:00 Tuesday Night Bingo-GR	26 9:15 Communion Service-C 10:00 Water Aerobics w/Kai-P 1:00-3:00 Bridge Group-CR 1:30 Stretch Class-FR 2:00 Bible Study-C 2:00 How To Make 3 Ingredient Chocolate Chip Pumpkin Muffins-B 3:30 Happy Hour w/Pete-Patio	27 NO TRANSPORTATION! Offices Closed!  11:30-2:00 Thanksgiving Brunch 3:00 Movie Matinee-T	28 NO TRANSPORTATION! Black Friday! 1:00 Ladies Blackjack-GR 1:00 Poker-GR 2:00 Holiday Movie -T 3:30 Happy Hour-CL 7:00 Movie-T 	29 9:30 Morning Walk Meet in The Courtyard 1:00 Billiards-GR 2:00 Movie & Popcorn-T "Diane Keaton Movie" 7:00 Movie-T