





230 W. Sunset Road

San Antonio, TX 78209

(210) 829-5955

### **Memory Care**

#### **Staff Directory**

Executive Director
Business Office Manager
Sales Assistant/ Move in Coord.
Director of AL & MC
Director of Memory Care
Director of Dining Services
Executive Chef
Director of Maintenance
Director Of Life Enrichment
.Care Staff/Life Enrichment Assistant
Life Enrichment Assistant
.Life Enrichment/Fitness Coordinator



Sending Special Birthday Wishes to all our Residents celebrating this month!

Katherine Catsifas5	ith
Jane White13	th
David (Hoot) Gibson20	6th

### November 2025



On Veterans Day, we pay tribute to the men and women who have served and continue to serve our country in the armed forces. Please take a moment on November 11 to honor these heroes whose dedication has kept our liberties intact. If you are a veteran, we would like to thank you for your courage and service by honoring you on Thursday, November 6, at 3:30pm in the Independent Living Ballroom. Please mark your calendars, we look forward to seeing you there!



As we celebrate Thanksgiving with family and friends in November, we'll be thinking how grateful we are to have such wonderful neighbors. Thanks for making our community such a pleasant place to live. We wish you a safe and enjoyable Thanksgiving holiday!



# November 2025

## Franklin Park Alamo Heights- Memory Care 230 W. Sunset Road San Antonio, TX 78209 (210) 829-5955

ALAMO HEIGHTS						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Hello November	DIA DE LOS MUERTOS	Set your clocks BACK one hour before going to bed tonight.	VOTE	NOVEMBER 11TH VETERAN'S DAY	HAPPY Thanksgiving	El Dia De Los Muertos  9:15 Morning Visits 9:30 Sit & Be Fit with Jo 10:00 Ball Toss 11:00 Random Trivia 1:00 Relax & Refresh 2:30 Prize Bingo 3:00 Franklin Footers (Walking Group) 4:00 Music & Table Games 6:00 El Dia De Los Muertos Performance: Ballet Folklorico De San Antonio—Brazos
Day light Savings time 2	3	Election Day	9:15 Morning visits	6		7
9:15 Morning Visits 9:45 Chair Stretching 10:00 Ball Toss 11:00 Trivia 1:00 Relax & Refresh 2:30 Table Games 3:00 Franklin Footers (Walking Group) 4:00 Music Social 6:00 Evening Movie (Residents Choice)	9:15 Morning Visits 9:45 Simply Stretching 10:00 Football Toss 11:00 Hang man 1:00 Relax & Refresh 2:30 Ice Cream Social 3:00 Nature Walks (Walking Group) 4:00 Fancy Nails and Smooth Jazz 6:00 Evening Movie (Residents Choice)	9:00 Beauty Shop appointments 9:15 Morning Visits 9:45 Bodies In Motion 10:00 Balloon Volleyball 11:00 Short Stories 1:00 Relax & Refresh 2:30 Creative Arts (Paper Plate Pies) 3:00 Franklin Footers (Walking Group) 4:00 Bingo Fu n 6:00 Evening Movie (Residents Choice)	9:45 Move & Groove 10:00 Chair volleyball 11:00 Guess What? 1:00 Relax & refresh 2:30 Card Games 3:00 Happy Hour with Fermin Rocha Sponsor: Three Oaks Hospice (In Assisted Living Dining Room) 4:00 Franklin Footers (Walking Group) 6:00 Evening Movie (Residents Choice)	9:15 Morning Visits 9:45 Chair Aerobics 10:00 Coffee Chat 11:00 Drum Circle with Karla 1:00 Relax & Refresh 2:30 Hand Massages 3:30 Veterans Day Ceremony in IL- Ballroom followed by Live Entertainment with Kai Kamaka 4:00 Franklin Footers (Walking Group) 6:00 Evening Movie (Resident Choice)	9:15 Morning Visits 9:45 Sittercise 10:00 Parachute Fun 11:00 Table Talk 1:00 Relax & Refresh 2:00 Catholic Mass in (MC- Brazos Library) 2:30 Snacktivities- Cherry Pie in a Cup Sponsor: Family Tree 3:00 Franklin Footers (Walking Group) 4:00 Nail Care (In Concho) 6:00 Evening Movie (Residents Choice)	9:15 Morning Visits 9:30 Sit & Be Fit With Jo 10:00 Ring Toss 11:00 Finish the Phrase 1:00 Relax & Refresh 2:30 Prize Bingo 3:00 Franklin Footers (Walking Group) 4:00 Coloring Social 6:00 Evening Movie (Residents Choice)
9:15 Morning Visits 9:45 Chair Stretching 10:00 Bean Bag Toss 11:00 AM Trivia 1:00 Relax & Refresh 2:30 Table Games 3:00 Bible study with The Promise Ministries (Brazos Activity) Room 4:00 Franklin Footers (Walking Group) 6:00 Evening Movie (Residents Choice)	9:15 Morning Visits 9:45 Chair Aerobics 10:00 Balloon Tennis 11:00 Brain Teasers 1:00 Relax & Refresh 2:30 Ice Cream Social 3:00 Snapshot Strolls & Picnic in Courtyard 4:00 Nail Care W/ Easy Listening Music 6:00 Evening Movie (Residents Choice)	9:00 Beauty Shop appointments 9:15 Morning Visits 9:45 Sit & Be Fit 10:00 Pumpkin Toss 11:00 What the missing word 1:00 Relax & Refresh 2:30 Creative Arts (Veteran Day Craft) 3:00 Franklin Footers (Walking Group) 4:00 Traditional Bingo 6:00 Evening Movie (Residents Choice)	9:15 Morning visits 9:45 Chair Yoga 10:00 Basket Ball 11:00 Scattergories 1:00 Relax & refresh 2:30 Corn Hole 3:00 Happy Hour with Mike Clancy Sponsor: Hearts of Texas (In Assisted Living Dining Room) 4:00 Franklin Footers (Walking Group) 6:00 Evening Movie (Residents Choice)	9:15 Morning visits 9:45 Bodies In Motion 10:00 Ball Toss 11:00 Family Feud 1:00 Relax & Refresh 2:30 Sam's Science Experience 3:00 Dementia Support Group (Independent Living Wellness Center) 3:00 Franklin Footers (Walking Group) 4:00 Performance: Latinoamerican Duo- Harry & Lorena 6:00 Evening Movie (Resident Choice)	9:15 Morning Visits 9:45 Morning Workout 10:00 AM Stretches 10:30 Performance: The Friday Singers- Brazos Activity Room 11:00 Guess What? 1:00 Relax & Refresh 2:00 Catholic Mass 2:30 Snacktivities- Pumpkin Fluff Sponsor: Three Oaks Hospice 3:00 Franklin Footers (Walking Group) 4:00 Nail Care (In Concho) 6:00 Evening Movie (Residents Choice)	9:15 Morning Visits 9:30 Sit & Be Fit 10:00 Ping Pong 1:00 Relax & Refresh 2:30 Prize Bingo 3:00 Franklin Footers (Walking Group) 4:00 Music & Table Games 6:00 Evening Movie (Residents Choice)
9:15 Morning Visits 9:45 Chair Stretching 10:00 Ball Toss 11:00 Trivia 1:00 Relax & Refresh 2:30 Table Games 3:00 Franklin Footers (Walking Group) 4:00 Music Social 6:00 Evening Movie (Residents Choice)	9:15 Morning Visits 9:45 Simply Stretching 10:00 Football Toss 11:00 Hang man 1:00 Relax & Refresh 2:30 Ice Cream Social 3:00 Nature Walks (Walking Group) 4:00 Fancy Nails and Smooth Jazz 6:00 Evening Movie (Residents Choice)	9:00 Beauty Shop appointments 9:15 Morning Visits 9:45 Bodies In Motion 10:00 Balloon Volleyball 11:00 Short Stories 1:00 Relax & Refresh 2:30 Doll Therapy with Remarkable Hospice 3:00 Franklin Footers (Walking Group) 4:00 Bingo Fun 6:00 Evening Movie (Residents Choice)	9:15 Morning visits 10:00 Guess What? 11:00 Turkey Chair volleyball with Karla (Residents V'S Staff competition) 2:30 Ping Pong 3:00 Annual Thanksgiving Blessing Social "Join us for deserts & Drinks) Entertainment with Jaime Valera - Independent Living Ballroom 4:00 Franklin Footers (Walking Group) 6:00 Evening Movie (Residents Choice)	9:45 Chair Aerobics  10:30 Lunch Bunch (Incredible Pizza)  11:00 Drum Circle with Karla  1:00 Relax & Refresh  2:30 Hand Massages  3:00 Franklin Footers (Walking Group)  4:00 Performance: Latinoamerican	9:15 Morning Visits 9:45 Sittercise 10:00 Parachute Fun 11:00 Table Talk 1:00 Relax & Refresh 2:30 Snacktivities— Apple Crumble Sponsor: AMADA 3:00 Franklin Footers (Walking Group) 4:00 Nail Care (In Concho) 6:00 Fall Movie Night Under the Stars (Independent Living Courtyard)	9:15 Morning Visits 9:30 Sit & Be Fit With Jo 10:00 Ring Toss 11:00 Finish the Phrase 1:00 Relax & Refresh 2:30 Prize Bingo 3:00 Franklin Footers (Walking Group) 4:00 Coloring Social 6:00 Evening Movie (Residents Choice
9:15 Morning Visits 9:45 Chair Stretching 10:00 Bean Bag Toss 11:00 AM Trivia 1:00 Relax & Refresh 2:30 Table Games 3:00 Bible study with The Promise Ministries (Brazos Activity) Room—23rd 4:00 Franklin Footers (Walking Group) 6:00 Evening Movie (Residents Choice)	9:15 Morning Visits 9:45 Chair Aerobics 10:00 Balloon Tennis 11:00 Brain Teasers 1:00 Relax & Refresh 2:30 Ice Cream Social 3:00 Snapshot Strolls & Picnic in Courtyard 4:00 Nail Care W/ Easy Listening Music 6:00 Evening Movie (Residents Choice)	9:00 Beauty Shop appointments 9:15 Morning Visits 9:45 Sit & Be Fit 10:00 Pumpkin Toss 11:00 What the missing word 1:00 Relax & Refresh 2:30 Creative Arts (Indian Corn) 3:00 Franklin Footers (Walking Group) 4:00 Traditional Bingo 6:00 Evening Movie (Residents Choice)	9:15 Morning visits 9:45 Chair Yoga 10:00 Basket Ball 11:00 Scattergories 1:00 Relax & refresh 2:30 Corn Hole 3:00 Happy Hour Birthday Celebration with Kai Kamaka– Sponsor: Embrace Hospice (In Assisted Living Dining Room) 4:00 Franklin Footers (Walking Group) 6:00 Evening Movie (Residents Choice)	9:15 Morning visits 9:45 Bodies In Motion 10:00 Ball Toss 11:00 Family Feud 1:00 Relax & Refresh 2:30 Music & Dominoes 3:00 Franklin Footers (Walking Group) 4:00 Performance: Latinoamerican Duo- Harry & Lorena 6:00 Evening Movie (Resident Choice)	9:15 Morning Visits 9:45 Morning Workout 10:00 AM Stretches 11:00 Guess What? 1:00 Relax & Refresh 2:30 Snacktivities- Fall Snack Mix Sponsor: Guiding Light 3:00 Franklin Footers (Walking Group) 4:00 Nail Care (In Concho) 6:00 Evening Movie (Residents Choice)	9:15 Morning Visits 9:30 Sit & Be Fit 10:00 Ping Pong 1:00 Relax & Refresh 2:30 Prize Bingo 3:00 Franklin Footers (Walking Group) 4:00 Music & Table Games 6:00 Evening Movie (Residents Choice)