

230 W Sunset Road • San Antonio, TX 78209 • (210) 829-5955

Staff Directory

Tiffany Weiser Executive Director
Joanna Sosa Business Office Manager
Emma Segovia Administration Assistant
Lauren Rodriguez Sales & Marketing Director
Aleesa Love Sales Assistant/Move In Coord.
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Andrew Resendiz Asst. Director of AL
Chris Purgason Director of Dining Services
Alex Reta Jr. Executive Chef
Austin Querbach Director of Maintenance
Nicole Garza Director of Life Enrichment
Jo Rosser Life Enrichment/Fitness Coord.

Happy Birthday! May You All Have a Great Day!



Bertha Douglas	8th
Barbara Stanley	10th
Jane Escude	11th
Jack Wright	12th
Marlene Christensen	14th
George Luhn	23rd

November 2025



On Veterans Day, we pay tribute to the men and women who have served and continue to serve our country in the armed forces. Please take a moment on November 11 to honor these heroes whose dedication has kept our liberties intact.

If you are a veteran, we would like to thank you for your courage and service by honoring you on Thursday, November 6, at 3:30 P.M. in the Independent Living Ballroom. Please mark your calendars—we look forward to seeing you there!



Happy Thanksgiving!

As we celebrate Thanksgiving with family and friends in November, we'll be thinking how grateful we are to have such wonderful neighbors. Thanks for making our community such a pleasant place to live. We wish you a safe and enjoyable Thanksgiving holiday!



November 2025

AC Arts & Crafts Room ♥ Healthy Heart BS Beauty Shop ★ Special Event/Guest CY Courtyard of Independent Independent Living **†** Spiritual Music ALAMO HEIGHTS ASSISTED LIVING Sunday Monday Tuesday Wednesday Thursday Saturday Friday El Dia De Los Muertos 9:30 M Sit and Be Fit with Jo (Meet In Hello Memory Care) 10:30 AR Bingo with Jo 🐠 YOU VETERANS 4:00 AC Puzzle Mania (Bring A Friend) November 6:00 El Dia De Los Muertos Performance: Ballet Folkorico De San Antonio (Meet in **Memory Care Brazos Activity FALL BACK** Room)★ SET YOUR CLOCKS BACK AN HOU Daylight Saving (Set Your Clock 4 Volunteers Needed to Put Up Flags 3 Election Day Back 1HR) (Meet in Lobby at 9:30am) 9:00 HEB Trip (Meet in Lobby)\$ 10:00 AC Vendor: Crafts with Dee (Arts & 9:00 BS Beauty Shop 10:00 AR Bingo Fun with FOX Rehab 9:30 M Sit and Be Fit with Jo (Meet In 10:00 CY Chair Volleyball with JO 10:00 AC Puzzle Mania 10:00 C Bible Study with City of Craft Room)\$ **Appointments** 11:00 M Drum Circle With Karla ♥ Memory Care) 11:00 AR Train Dominoes with Karla 10:00 AR White Board Games with Refuge Church + 1:00 M Performance: 2:00 AR Music & Dominoes with 10:30 🗚 Bingo with Jo 🕬 10:00 C Stretch bands & Weights Creative Corner with Jo- Fall Nicole 🕬 11:00 C Sit and Be Fit With Karla 🎔 Friends 1:00 AR Performance: Latinoamerican Duowith Karla♥ **Pumpkin Table Decor (Please** 11:00 AR Active Games with Jo 1:00 AR Manicure Monday (Please sign 3:00 Veterans Day Ceremony in **Latinoamerican Duo- Harry** Harry & Lorena 11:00 AR Learn Poker with Jo meet in Crafts Room) 1:00 AR Fancy Nails (Sign up Required) \(\sqrt{} \) up) 🗸 IL- Ballroom followed by & Lorena 3:00 DR Happy Hour- Fermin Rocha-3:00 C Fellowship with friends **†** 3:00 AR Sweets & Treats Social 11 3:00 AR Jo's Cantina- Music & 3:00 AR Prize Bingo with Family Tree 4:00 AC Puzzle Mania (Bring A Friend) Sponsor: Three Oaks Hospice ★ live entertainment with Kai 4:00 AR Music & Dominoes with 6:00 LO Netflix Movie (Resident Cocktails. 4:00 AR Music & Cards with Friends 4:00 AR Music & Cards with Friends Kamaka (Meet In Lobby)★ 6:00 Netflix Movie (Resident Choice) Friends 🕬 4:00 AR Music & Cards With Friends Choice) 11 Volunteers Needed to Remove 10 Veterans Day Flags (Meet in the Lobby at 9:00 BS Beauty Shop Appointments 9:00 LO Vendor: The Posada Catering \$ 9:30 M Sit and Be Fit with Jo (Meet In 10:00 AC Puzzle Mania 9:00 HEB Trip (Meet in Lobby)\$ 10:00 AR Brain Teasers With Karla 9:30am) 0:30 M Performance: The Friday Singers (Meet in 10:00 C Stretch bands & Weights with 10:00 Bible Study with City of Memory Care) 3:00 C Bible study with The 11:00 C Sit and Be Fit with Karla♥ Memory Care) Karla♥ 10:00 CY Courtyard Games with Nicole 10:30 🗚 Bingo with Jo 🕬 Refuge Church + 1:00 AR Active Games With Karla **Promise Ministries** 3:00 AR Bingo Fun with 11:00 AR Train Dominoes with Karla 11:00 AR Learn Poker with Jo 2:00 AC Vendor: Scentsy with Carmen (Arts & 1:00 AR Performance: 11:00 C Sit and Be Fit With Karla ♥ (Memory Care Activity Remarkable Hospice 3:00 DR Happy Hour with Mike Clancy-2:00 AR Activity Meeting (All are Crafts Room) 12pm-3pm\$ **Latinoamerican Duo- Harry** 1:00 AR Manicure Monday (Please Room)† 4:00 AR Music & Dominoes with **Sponsor: Hearts of Texas** 1:00 AR Fancy Nails (Sign up Required) ✓ welcome to join) & Lorena 🎝 sign up) < 2:00 M Catholic Mass (Meet in Memory Care) 1 6:00 LO Netflix Movie (Resident Friends Hospice ★ 3:00 AR Patriotic Sweets & Treats Socia 4:00 AC Puzzle Mania (Bring A Friend) 3:00 AR Nicole's Cantina- Music & Cocktails A 3:00 AR Prize Bingo with ADROIT 4:00 AR Music & Cards with Friends Choice) 4:00 AR Music & Dominoes with 4:00 AR Music & Cards With Friends 6:00 Netflix Movie (Resident Choice) 4:00 AR Music & Cards with Friends Friends 20 21 16 18 International Men's Day 9:00 BS Beauty Shop Appointments 10:00 AR Train Dominoes with JO 10:00 AR White Board Games with Karla 🐠 9:30 M Sit and Be Fit with Jo (Meet In 10:00 AR Brain Teasers with Jo 10:00 AC Puzzle Mania 9:00 HEB Trip (Meet in Lobby)\$ 10:00 C Stretch bands & Weights with Nicole ♥ 11:00 Turkey Chair Volleyball with Karla 10:30 Lunch Bunch (Incredible Pizza) 11:00 AR Active Games with Jo 10:00 C Bible Study with City of Memory Care) 3:00 C Fellowship with friends **†** 11:00 AR Learn Poker with Jo (Residents VS Staff)- Memory Care Sign up Required "Meet in 12:00 AC Vendor: Danielle Emon- Festive 10:30 AR Bingo with Jo 🕬 Refuge Church † 6:00 LO Netflix Movie (Resident 11:00 New Resident Orientation 1:00 AC Creative Corner with Jo- Christmas Lobby"✓ pop-up Sale\$ 1:00 AR Performance: 11:00 C Sit and Be Fit With Karla ♥ Choice) (Independent Living Theatre) door Wreaths 11:00 M Drum Circle With Karla (Meet In 1:00 AR Fancy Nails (Sign up Required) \(\sqrt{} \) 2:00 AR Resident Meeting (All Are Welcome 3:00 B Annual Thanksgiving Blessing Latinoamerican Duo- Harry 1:00 AR Manicure Monday (Please 3:00 AR Jo's Cantina- Music & Cocktails J Memory Care) Social "Join us for Dessert & To Join) & Lorena Bingo Fun with Advance Care 4:00 AR Music & Cards With Friends 3:00 sign up) 🗸 3:00 AR Get To Know Your Neighbor Ice Drinks" "Entertainment with Jaime Tech **₹** 6:00 CY Fall Movie Night under the Stars 4:00 AC Puzzle Mania (Bring A Friend) 3:00 AR Prize Bingo with AMADA Valera"- Independent Ballroom ★ Cream Social 11 4:00 AR Music & Dominoes with Friends (Independent Living Courtyard) ★ 6:00 Netflix Movie (Resident Choice) 4:00 AR Music & Cards with Friends 4:00 AR Music & Cards with Friends 4:00 AR Music & Dominoes with Friends 26 Thanksgiving Day- Life Enrichment 27 23 28 & Transportation Office Closed 10:00 AC Puzzle Mania 9:00 HEB Trip (Meet in Lobby)\$ 9:00 BS Beauty Shop Appointments 10:00 AR Bingo Fun with FOX Therapy 10:00 AR White Board Games with 9:30 M Sit and Be Fit with Jo (Meet In 3:00 Bible study with The Promise Ministries 11:00 AR Independent Games 10:00 Bible Study with City of 11:00 AR Courtyard Games with Karla Nicole **₹** 10:00 C Stretch bands & Weights with Memory Care) (Memory Care Activity Room)+ 11:00 AR Active Games with Jo 🐠 Refuge Church + 3:00 AR Music & Cards with Friends available all dav♥ Karla 🎔 10:30 AR Bingo with Jo 🕬 6:00 Netflix Movie (Resident Choice) 1:00 AR Fancy Nails (Sign up Required) 11:00 C Sit and Be Fit With Karla 🎔 4:00 DR Happy Hour Birthday 1:00 AR Performance: 11:00 AR Learn Poker with Jo 1:30 LO Movie & Snacks 1:00 AC Vendor: Marie's Jewelry & 1:00 AR Manicure Monday (Please sign Celebration with Kai Kamaka 3:00 AR Sweets & Treats (Pumpkin **Latinoamerican Duo- Harry** (Resident Choice) Meet Accessories 1pm-4pm \$ Sponsor: EMBRACE up) 🗸 10:00 AC Puzzle Mania Spice Pancakes)★ & Lorena 🎝 in Lounge 3:00 AR Jo's Cantina- Music & 3:00 AR Prize Bingo with Graceful **HOSPICE**★ 3:00 C Fellowship with friends + 4:00 AR Music & Dominoes with 4:00 AC Puzzle Mania (Bring A Friend) 4:00 AR Music & Dominoes with Cocktails ♪ Guidance 6:00 LO Netflix Movie (Resident Choice) Friends 6:00 Netflix Movie (Resident Choice) 4:00 AR Music & Cards With Friends Friends 4:00 AR Music & Cards with Friends

DR Dining Room

AR Activity Room

C Chapel

Memory Care

Meet in Lobby

B Ballroom

LO LOUNGE

Art

11 Cooking

\$ Requires Money

✓ Sign-Up Required

Games



Decade-Defining Innovations

These innovations made waves from the decades when they were created until today.

Decade	Names
1950s	Commercial jet airliner travel, polio vaccine and the computer hard disk drive
1960s	First implanted pacemaker,
	cordless tools and coronary bypass surgery
1970s	MRI, barcodes, personal computers,
	GPS and the Walkman
1980s	DNA fingerprinting, the World Wide Web,
	Microsoft Word and Prozac
1990s	DVDs, the International Space Station,
	Bluetooth and white LED lightbulbs
2000s	Wikipedia, Facebook, Google Maps,
	iPhone and Bitcoin
2010s	Siri, Curiosity Rover on Mars, metal 3D printing
	video doorbell, Apple Watch

"This Month In History"

NOVEMBER

1800: President John Adams and his family move in to the newly completed White House, then called the President's House.

1906: SOS is adopted as the standard distress signal at sea.

1910: Hailed as a monumental work of architecture, the Pennsylvania Station railroad terminal opens in New York City.

1922: The entrance to King Tut's tomb was discovered by archaeologist Howard Carter.

1924: The Boston Bruins make their debut as the first U.S. team in the NHL.

1939: In Hyde Park, N.Y., the cornerstone is laid for a library to preserve President Franklin D. Roosevelt's official papers. It was America's first presidential library.

1945: The first issue of Ebony magazine is published.

1959: On Broadway, the Rodgers and Hammerstein musical "The Sound of Music" opens.

1968: The Motion Picture Association of America introduces a rating system for movies.

1973: Britain's Princess Anne marries Capt. Mark Phillips at Westminster Abbey.

1989: L. Douglas Wilder of Virginia becomes the first African American governor elected in the U.S.

1993: Made up of 12 countries, the European Union is formally established.

2000: A crew of three arrives at the International Space Station and is the first to live and work at the research facility.

2008: Taylor Swift releases her second album, "Fearless." It would go on to be the most awarded album in country music history.

2013: Disney's animated movie musical "Frozen" premieres.