



230 W. Sunset Road San Antonio, TX 78209 (210) 829-5955

Memory Care

Staff Directory

Tiffany Weiser.....Executive Director
 Joanna Sosa.....Business Office Manager
 Aleesa Love..... Sales Assistant/ Move in Coord.
 Jacqueline Hodges.....Director of AL & MC
 Araceli Vela.....Director of Memory Care
 Chris Purgason.....Director of Dining Services
 Alex Reta Jr.....Executive Chef
 Austin Querbach.....Director of Maintenance
 Nicole Garza.....Director Of Life Enrichment
 Samantha Luera.....Care Staff/Life Enrichment Assistant
 Jo Rosser.....Life Enrichment Assistant
 Karla Posada.....Life Enrichment/Fitness Coordinator

October 2025



October Pleasures

“There is no season when such pleasant and sunny spots may be lighted on, and produce so pleasant an effect on the feelings, as now in October.” —Nathaniel Hawthorne

Wild World: Monarchs

Monarch butterflies may only live a few months, but in that time, some will make a 3,000-mile journey south to Mexico. They are the only butterflies to migrate such a long distance, and later generations will make the same trip, sometimes returning to the exact tree as their ancestors. Monarch caterpillars eat milkweed almost exclusively, but reduced acreage of the plant—as well as natural disasters in Mexico—are threatening the butterflies’ population.



Happy Birthday!

Lurline Russell.....18th
 Phillip Mahan.....21st



October 2025

Franklin Park Alamo Heights- Memory Care
230 W. Sunset Road San Antonio, TX 78209 (210) 829-5955

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			Yom Kippur (Begins at Sundown) 1 9:15 Morning visits 9:45 sit & Be Fit 10:00 Ball Toss 11:00 Random Trivia 1:00 Relax & refresh 2:30 Dominoes Group 3:00 Happy Hour with Linda Mountain (In Assisted Living Dining Room) 4:00 Franklin Footers (Walking Group) 6:00 Evening Movie (Residents Choice)	Yom Kippur 2 9:15 Morning visits 9:45 Bodies In Motion 10:00 Basket Ball 10:30 Outing: Lunch Bunch (Cracker Barrel) 11:00 Drum Circle With Karla 2:30 Table Games 3:00 Franklin Footers (Walking Group) 4:00 Nail Care (In Concho)	3 9:15 Morning Visits 9:45 Morning Workout 10:00 Balloon Volleyball 11:00 Card Games 1:00 Relax & Refresh 2:30 Snacktivities– No Melt Smores Sponsor: Three Oak Hospice 3:00 Franklin Footers (Walking Group) 4:00 Performance: Latinoamerican Duo- Harry & Lorena 6:00 Evening Movie (Residents Choice)	4 9:15 Morning Visits 9:30 Sit & Be Fit with Jo 10:00 Ball Toss 11:00 Random Trivia 1:00 Relax & Refresh 2:30 Prize Bingo 3:00 Franklin Footers (Walking Group) 4:00 Music & Table Games 6:00 Evening Movie (Residents Choice)
5 9:15 Morning Visits 9:45 Chair Stretches 10:00 Bowling Fun 11:00 Food Trivia 1:00 Relax & Refresh 2:30 Dominoes 3:00 Franklin Footers (Walking Group) 4:00 Music Social 6:00 Evening Movie (Residents Choice)	Active Aging Week! 6 9:15 Morning Visits 9:45 Move & Groove 10:00 Noodle Ball 11:00 Coffee Chat 1:00 Relax & Refresh 2:30 Ice Cream Social 3:00 Nature Walks (Walking Group) 4:00 Fancy Nails and Smooth Jazz 6:00 Evening Movie (Residents Choice)	Active Aging Week! 7 9:00 Beauty Shop appointments 9:15 Morning Visits 9:45 Moving to the Music 10:00 Parachute Fun 11:00 Read Out Loud Stories 1:00 Relax & Refresh 2:30 Creative Arts (Clay Pumpkins) 3:00 Franklin Footers (Walking Group) 4:00 Picture Bingo 6:00 Evening Movie (Residents Choice)	Active Aging Week! 8 9:15 Morning visits 9:45 Simple Stretch 10:00 Finish the Phrase 11:00 Chair volleyball (Assisted Living V'S Memory Care) -Residents & Staff competition 2:30 Ping Pong 3:00 Franklin Footers (Walking Group) 4:00 Nail Care (In Concho) 6:00 Evening Movie (Residents Choice)	Active Aging Week! 9 9:15 Morning Visits 9:45 Chair Aerobics 10:00 Balloon Tennis 11:00 Scattergories 1:00 Relax & Refresh 2:30 Nail Care (In Concho) 3:30 Oktoberferst Happy Hour with Scnell Spass– The Polka Duo (In Independent Living Ballroom) 4:00 Franklin Footers (Walking Group)	Active Aging Week! 10 Dead line for Flu Clinic Forms 9:15 Morning Visits 9:45 Friday Dance Class 10:00 Sticky Ball 11:00 Coffee Chat 1:00 Relax & Refresh 2:00 Catholic Mass in (MC– Brazos Library) 2:30 Snacktivities– Short Cakes Sponsor: Three Oak Hospice 3:00 Franklin Footers (Walking Group) 4:00 Performance: Latinoamerican Duo- Harry & Lorena 6:00 Evening Movie (Residents Choice)	Active Aging Week! 11 9:15 Morning Visits 9:30 Sit & Be Fit With Jo 10:00 Ring Toss 11:00 Guess What? 1:00 Relax & Refresh 2:30 Prize Bingo 3:00 Franklin Footers (Walking Group) 4:00 Coloring Social 6:00 Evening Movie (Residents Choice)
Active Aging Week! 12 9:15 Morning Visits 9:45 Morning Stretches 10:00 Ball Toss 11:00 AM Trivia 1:00 Relax & Refresh 2:30 Card Games 3:00 Franklin Footers (Walking Group) 4:00 Music Social	Columbus Day 13 9:15 Morning Visits 9:45 Chair Yoga 10:00 Bowling 11:00 Brain Benders 1:00 Relax & Refresh 2:30 Ice Cream Social 3:00 Snapshot Strolls (Walking/photo Group) 4:00 Nail Care W/ Easy Listening Music 6:00 Evening Movie (Residents Choice)	9:00 Beauty Shop appointments 14 9:15 Morning Visits 9:45 AM Stretches 10:00 Witch Hat Ring Toss 11:00 Family Feud 1:00 Relax & Refresh 2:30 Creative Arts (Ghost Door Décor) 3:00 Franklin Footers (Walking Group) 4:00 Traditional Bingo 6:00 Evening Movie (Residents Choice)	15 9:15 Morning visits 9:45 sit & Be Fit 10:00 Ball Toss 11:00 Random Trivia 1:00 Relax & refresh 2:30 Corn Hole 3:00 Happy Hour/ Celebrating Monthly Birthday's with (In Assisted Living Dining Room) 4:00 Franklin Footers (Walking Group) 6:00 Evening Movie (Residents Choice)	16 9:15 Morning visits 9:45 Bodies In Motion 10:00 Basket Ball 11:00 Arts & Crafts– Pumpkin Paper Lanterns Sponsor: Hearts of Texas Hospice 11:00 Hearing Life (Free Hearing Test) 1:00 Relax & Refresh 2:30 Sam's Science Experience 3:00 Dementia Support Group (Independent Living Wellness Center) 3:00 Franklin Footers (Walking Group) 4:00 Nail Care (In Concho) 6:00 Evening Movie (Resident Choice)	17 9:15 Morning Visits 9:45 Morning Workout 10:00 Balloon Volleyball 11:00 Card Games 1:00 Relax & Refresh 2:30 Snacktivities– Halloween Trail Mix 3:00 Franklin Footers (Walking Group) 4:00 Performance: Latinoamerican Duo- Harry & Lorena 6:00 Evening Movie (Residents Choice)	18 9:15 Morning Visits 9:30 Sit & Be Fit 10:30 Trick Or Treating With Windcrest Elementary 1:00 Relax & Refresh 2:30 Prize Bingo 3:00 Franklin Footers (Walking Group) 4:00 Music & Table Games 6:00 Evening Movie (Residents Choice)
19 9:15 Morning Visits 9:45 Chair Stretches 10:00 Bowling Fun 11:00 Food Trivia 1:00 Relax & Refresh 2:30 Dominoes 3:00 Franklin Footers (Walking Group) 4:00 Music Social	20 9:15 Morning Visits 9:45 Move & Groove 10:00 Noodle Ball 11:00 Coffee Chat 1:00 Relax & Refresh 2:30 Ice Cream Social 3:00 Nature Walks (Walking Group) 4:00 Fancy Nails and Smooth Jazz 6:00 Evening Movie (Residents Choice)	21 9:00 Beauty Shop appointments 9:15 Morning Visits 9:45 Moving to the Music 10:00 Parachute Fun 11:00 Read Out Loud Stories 1:00 Relax & Refresh 2:30 Creative Arts (Pumpkin Painting) 3:00 Franklin Footers (Walking Group) 4:00 Picture Bingo 6:00 Evening Movie (Residents Choice)	22 9:15 Morning visits 9:45 Simple Stretch 10:00 Finish the Phrase 11:00 Chair volleyball (Assisted Living V'S Memory Care) -Residents & Staff competition 2:30 Ping Pong 3:00 Franklin Footers (Walking Group) 4:00 Happy Hour/ Celebrating Monthly Birthday's with Kai Kamaka (In Assisted Living Dining Room) 6:00 Evening Movie (Residents Choice)	23 9:15 Morning Visits 9:45 Chair Aerobics 10:00 Balloon Tennis 11:00 Scattergories 1:00 Relax & Refresh 1:30 Movie & Popcorn (in Independent Living Theatre) 3:00 Franklin Footers (Walking Group) 4:00 Nail Care (In Concho) 6:00 Evening Movie (Resident Choice)	United Nations Day 24 Wear It Pink! 9:15 Morning Visits 9:45 Friday Dance Class 10:00 Sticky Ball 11:00 Coffee Chat 1:00 Relax & Refresh 2:30 Wear It Pink Photo Shoot -Independent Living Courtyard (Honoring Our Breast Cancer Survivors) 2:30 Snacktivities– Grave Yard Pudding Sponsor: All Seasons 3:00 Franklin Footers (Walking Group) 4:00 Performance: Latinoamerican Duo- Harry & Lorena 6:00 Evening Movie (Residents Choice)	25 9:15 Morning Visits 9:30 Sit & Be Fit With Jo 10:00 Ring Toss 11:00 Guess What? 1:00 Relax & Refresh 2:30 Prize Bingo 3:00 Franklin Footers (Walking Group) 4:00 Coloring Social 6:00 Evening Movie (Residents Choice)
26 9:15 Morning Visits 9:45 Morning Stretches 10:00 Ball Toss 11:00 AM Trivia 1:00 Relax & Refresh 2:30 Card Games 3:00 Franklin Footers (Walking Group) 4:00 Music Social 6:00 Evening Movie (Residents Choice)	27 9:15 Morning Visits 9:45 Chair Yoga 10:00 Bowling 11:00 Brain Benders 1:00 Relax & Refresh 2:30 Ice Cream Social 3:00 Snapshot Strolls (Walking/photo Group) 4:00 Nail Care W/ Easy Listening Music 6:00 Evening Movie (Residents Choice)	28 9:00 Beauty Shop appointments 9:15 Morning Visits 9:45 AM Stretches 10:00 Witch Hat Ring Toss 11:00 Family Feud 1:00 Relax & Refresh 2:30 Creative Arts (DIY Ghost House) 3:00 Franklin Footers (Walking Group) 4:00 Traditional Bingo 6:00 Evening Movie (Residents Choice)	29 9:15 Morning visits 9:45 Chair Exercise 10:00 Whack a noodle 11:00 Random Trivia 1:00 Relax & refresh 2:30 Face Painting / Costume Dressup 3:00 Halloween Happy Hour Party With Julian Escobedo Sponsor: Family Tree 4:00 Franklin Footers (Walking Group) 6:00 Evening Movie (Residents Choice)	30 9:15 Morning visits 9:45 Bodies In Motion 10:00 Basket Ball 11:00 Creative Coloring 1:00 Relax & Refresh 2:30 Sam's Science Experience 3:00 Franklin Footers (Walking Group) 4:00 Nail Care (In Concho) 6:00 Evening Movie (Resident	Happy Halloween 31 9:15 Morning Visits 9:45 Morning Workout 10:00 Balloon Volleyball 11:00 Card Games 1:00 Relax & Refresh 2:30 Snacktivities– Spooky Cupcake Decorating Sponsor: Guiding Light 3:00 Franklin Footers (Walking Group) 4:00 Performance: Latinoamerican Duo- Harry & Lorena 6:00 Evening Movie (Residents Choice)	