



**HAPPY**  
*Fourth of July*



230 W. Sunset Road    San Antonio, TX 78209    (210) 829-5955

## Memory Care

### Staff Directory

Tiffany Weiser.....Executive Director  
Joanna Sosa.....Business Office Manager  
Aleesa Love..... Sales Assistant/ Move in Coord.  
Jacqueline Hodges.....Director of AL & MC  
Araceli Vela.....Director of Memory Care  
Chris Purgason.....Director of Dining Services  
Alex Reta Jr.....Executive Chef  
Austin Querbach.....Director of Maintenance  
Nicole Garza.....Director Of Life Enrichment  
Samantha Luera.....Care Staff/Life Enrichment Assistant  
Jo Rosser.....Life Enrichment Assistant  
Karla Posada.....Life Enrichment/Fitness Coordinator



**Sending Special Birthday Wishes to all our Residents  
celebrating this month!**

**Joyce Hortick.....8/3**

**Manuela Juarez.....8/28**

## August 2025



### **Back –to-School Drive– Thank you!**

From the bottom of our hearts, thank you to everyone who contributed to our Back-to-School Drive. Because of your kindness and generosity, we were able to help students start the school year with the supplies and support they need to succeed. Whether you donated items, time or simply shared the word, your efforts made a real difference. Together, we're showing our community what it means to care. Thank you for being a part of something so meaningful.



### **Aloha! You're Invited!**

Get ready to sip, sway and celebrate at our Happy Hour Luau Party on Wednesday, August 27th, at 4:00 PM in the Assisted Living Dining Room. Enjoy live island vibes with music by Kai Kamaka, tropical drinks, light bites and lots of Aloha spirit! Dress in your favorite Hawaiian attire and join us for a relaxing event full of fun, music and good company. Don't miss this island escape- right here at home!





# August 2025

**Franklin Park Alamo Heights- Memory Care**  
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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<b><u>Dining Room Hours:</u></b>  Breakfast: 8:00AM –9:00AM  Lunch: 12:00PM-1:00PM  Dinner: 5:00PM-6:00PM  <b><u>Daily Snacks &amp; Hydration:</u></b>  10:30am    3:30pm    7:00pm	<b><u>ADDITIONAL</u></b>  <b><u>DAILY ACTIVITIES:</u></b>  -In house Library  -Outdoor Activities (Weather Permitted)  -Indoor Bird Watching		9:15 Morning Visits 9:45 chair stretching 10:00 Outdoor Fishing Game 11:00 Short Stories 1:00 Relax & Refresh <b>2:30 Snackivities– Pasta Salad</b> <b>Sponsor: All Seasons</b> 3:00 Franklin Footers (Walking Group) 4:00 Sing Along with Friends 6:00 Evening Movie (Residents Choice)	9:15 Morning Visits 9:30 Sit & Be Fit with Jo 10:00 Ball Toss 11:00 Random Trivia 1:00 Relax & Refresh 2:30 Prize Bingo 3:00 Franklin Footers (Walking Group) 4:00 Music & Table Games 6:00 Evening Movie (Residents Choice)
9:15 Morning Visits 9:45 Chair Stretches 10:00 Bowling Fun 11:00 Food Trivia 1:00 Relax & Refresh 2:30 Dominoes 3:00 Franklin Footers (Walking Group) 4:00 Music Social 6:00 Evening Movie (Residents Choice)	9:15 Morning Visits 9:45 AM Stretches 10:00 Balloon Tennis 11:00 What’s that word? 1:00 Relax & Refresh 2:30 Ice Cream Social 3:00 Nature Walks (Walking Group) 4:00 Fancy Nails and Smooth Jazz 6:00 Evening Movie (Residents Choice)	9:00 Beauty Shop appointments 9:15 Morning Visits 9:45 Moving To The Beat 10:00 Frisbee Toss 11:00 Search & Find Puzzles 1:00 Relax & Refresh <b>2:30 Creative Arts (Bracelet Making)</b> <b>Sponsored By: Allison with</b> <b>Hearts Of Texas</b> 3:00 Franklin Footers (Walking Group) 4:00 Picture Bingo 6:00 Evening Movie (Residents Choice)	9:15 Morning Visits 9:45 Chair Aerobics 10:00 Hockey Noodle 11:00 Current Events 1:00 Relax & Refresh 2:30 Word Scramble <b>3:00 Happy Hour with Jaime Varela</b> <b>(In Assisted Living Dining Room)</b> 4:00 Franklin Footers (Walking Group) 6:00 Evening Movie (Residents Choice)	9:15 Morning Visits 9:45 Chair Exercise 10:00 Balloon Volleyball <b>10:30 Outing: Lunch Bunch</b> <b>(Cracker Barrel)</b> 11:00 Drum circle With Karla 1:00 Relax & Refresh 2:30 Aqua Painting 3:00 Franklin Footers (Walking Group) 4:00 Nail Care (In Concho) 6:00 Evening Movie (Resident Choice)	9:15 Morning Visits 9:45 Friday Dance class 10:00 Bean Bag Baseball 11:00 Jeopardy Trivia 1:00 Relax & Refresh <b>2:00 Catholic Mass in</b> <b>(MC– Brazos Library)</b> <b>2:30 Snackivities– Fruit Salad</b> <b>Sponsor: AMADA</b> 3:00 Karaoke Fun 4:00 Franklin Footers (Walking Group) 6:00 Evening Movie (Residents Choice)	9:15 Morning Visits 9:30 Sit & Be Fit With Jo 10:00 Ring Toss 11:00 Guess What? 1:00 Relax & Refresh 2:30 Prize Bingo 3:00 Franklin Footers (Walking Group) 4:00 Coloring Social 6:00 Evening Movie (Residents Choice)
9:15 Morning Visits 9:45 Morning Stretches 10:00 Ball Toss 11:00 AM Trivia 1:00 Relax & Refresh 2:30 Card Games 3:00 Franklin Footers (Walking Group) 4:00 Music Social 6:00 Evening Movie (Residents Choice)	9:15 Morning Visits 9:45 Light Movements 10:00 Step To The Beat 11:00 Hangman 1:00 Relax & Refresh 2:30 Ice Cream Social <b>3:00 Snapshot Strolls</b> <b>(Walking/photo Group)</b> 4:00 Nail Care W/ Easy Listening Music 6:00 Evening Movie (Residents Choice)	9:00 Beauty Shop appointments <b>9:00 Podiatrist Visits</b> <b>(MC– Brazos Library)</b> 9:15 Morning Visits 9:45 Chair Yoga 10:00 Ball Toss 11:00 Match Up Sayings 1:00 Relax & Refresh <b>2:30 Creative Arts (DIY Luau Lays)</b> 3:00 Franklin Footers (Walking Group) 4:00 Traditional Bingo 6:00 Evening Movie (Residents Choice)	9:15 Morning Visits 9:45 Morning Workout 10:00 Parachute Fun 11:00 Reminiscing 1:00 Relax & Refresh 2:30 Word Games <b>3:00 Happy Hour/ Celebrating all August</b> <b>Birthday’s with Mike Clancy</b> <b>Sponsor: Summit &amp; Embrace Hospice</b> <b>(In Assisted Living Dining Room)</b> 4:00 Franklin Footers (Walking Group) 6:00 Evening Movie (Residents Choice)	9:15 Morning Visits 9:45 Sittercize 10:00 Bowling <b>11:00 Outing: Scenic Drive</b> 1:00 Relax & Refresh <b>2:30 Sam’s Science Experience</b> 3:00 Franklin Footers (Walking Group) 4:00 Nail Care (In Concho) 6:00 Evening Movie (Resident Choice)	9:15 Morning Visits 9:45 chair stretching 10:00 Outdoor Fishing Game 11:00 Short Stories 1:00 Relax & Refresh <b>2:30 Music With Joanie</b> 3:00 Franklin Footers (Walking Group) 4:00 Sing Along with Friends 6:00 Evening Movie (Residents Choice)	9:15 Morning Visits 9:30 Sit & Be Fit with Samantha 10:00 Ball Toss 11:00 Random Trivia 1:00 Relax & Refresh 2:30 Prize Bingo 3:00 Franklin Footers (Walking Group) 4:00 Music & Table Games 6:00 Evening Movie (Residents Choice)
9:15 Morning Visits 9:45 Chair Stretches 10:00 Bowling Fun 11:00 Food Trivia 1:00 Relax & Refresh 2:30 Dominoes 3:00 Franklin Footers (Walking Group) 4:00 Music Social 6:00 Evening Movie (Residents Choice)	9:15 Morning Visits 9:45 AM Stretches 10:00 Balloon Tennis 11:00 What’s that word? 1:00 Relax & Refresh 2:30 Ice Cream Social 3:00 Nature Walks (Walking Group) 4:00 Fancy Nails and Smooth Jazz 6:00 Evening Movie (Residents Choice)	9:00 Beauty Shop appointments 9:15 Morning Visits 9:45 Moving To The Beat 10:00 Frisbee Toss 11:00 Search & Find Puzzles 1:00 Relax & Refresh <b>2:30 Creative Arts (Beachside Art Painting)</b> 3:00 Franklin Footers (Walking Group) 4:00 Picture Bingo 6:00 Evening Movie (Residents Choice)	9:15 Morning Visits 9:45 Chair Aerobics 10:00 Hockey Noodle 11:00 Current Events 1:00 Relax & Refresh 2:30 Word Scramble <b>3:00 Happy Hour with Linda Mountain</b> <b>(In Assisted Living Dining Room)</b> 4:00 Franklin Footers (Walking Group) 6:00 Evening Movie (Residents Choice)	9:15 Morning Visits 9:45 Chair Exercise 10:00 Balloon Volleyball <b>11:00 Happy Tails in</b> <b>(MC– Brazos Activity Room)</b> 1:00 Relax & Refresh 3:00 Franklin Footers (Walking Group) 4:00 Nail Care (In Concho) 6:00 Evening Movie (Resident Choice)	9:15 Morning Visits 9:45 Friday Dance class 10:00 Bean Bag Baseball 11:00 Jeopardy Trivia 1:00 Relax & Refresh <b>2:30 Snackivities– Angel Food Cake</b> 3:00 Franklin Footers (Walking Group) 4:00 Karaoke Fun 6:00 Evening Movie (Residents Choice)	9:15 Morning Visits 9:30 Sit & Be Fit With Jo 10:00 Ring Toss 11:00 Guess What? 1:00 Relax & Refresh 2:30 Prize Bingo 3:00 Franklin Footers (Walking Group) 4:00 Coloring Social 6:00 Evening Movie (Residents Choice)
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[Nicole Garza, Life Enrichment Director] [Samantha Luera, Care Staff-Life Enrichment Assistant] [Jo Rosser, Life Enrichment Assistant] \*\*\* All activities are subject to change due to unforeseen Events /per resident preference or interest\*\*\*