SERVICES & AMENITIES:

Transportation: Available Monday -Friday 8:30am-4pm for Medical appts. within a 10 mile radius. Please see lead driver, Tommy Garza, for questions on locations.

Note: You must sign up 24 hours prior to your appt, and scheduled outing on the monthly activity calendar. Failure to do so will result in no transportation provided!

Out of town trips: 8 sign ups needed for any scheduled out-of-town trips to take place.

Sunday Church Run: 8:30a.m-.1p.m. (Sonterra Local Churches ONLY)

Wellness Center:

Store Hours: Mon-Sat 1pm-2pm **Bistro Hours:** Tues, thru Sat, 11:30am-

1:30pm

Library Open 24hrs **Indoor Pool** Open 24hrs **Gym** Open 24hrs





Alys Kaihlanen	09/01
Derema Sears	09/08
Dolores Hutcherson	09/14
Judith Nixon	09/18
Paul Lyle	09/19
Audrey Van Syoc	09/20
Rosie Lindquist	09/21
Linda Morgan	09/21
Ann Witty	09/22
Jamie Buckner	09/29
Miguel Duran	09/29
Margaret Stuart	09/29

Join us for our FALL theme birthday dinner!!
Honorees and their spouses will be treated to a special meal, complimentary wine & cake on Tuesday, Sept. 16th at 4:15 p.m. music provided by Valarie in the Bistro.
Each honoree will receive a phone call 1 week prior to the dinner to confirm that you and/or your spouse will attend.

This is a resident only event!







Enjoy a delicious "All American" lunch
buffet Monday, September 1st
in the dining room!
Southern Fried Chicken and BBQ Brisket!!
There will be a continental breakfast today.
The bistro will be closed and there's
no dinner service!!
Front Offices are closed!
No Transportation Today!





Independent Living Community 18323 Sonterra Place San Antonio, T.X 78258

Phone Number: (210)404-1444

We Are Here to Serve You! Franklin Park Sonterra Management Team

Tommy Wood Executive Director Ext. 209 Racheal Bellville **Business Office Manager** Ext. 202 Tina Tedford **Marketing Director** Ext. 203 Anisa Washington Director of Life Ext.207 **Enrichment/Trans.** Diana Ibarra Life Enrichment Coord. Ext.207 Anthony Burks **Director of Dining** Ext. 206 Service **Maintenance Director** Ext. 205 **Tammie Rowe Assisted Living Director** Ext.227 Olivia Rangel Administrative Assistant Ext.204

Front Desk Concierge

Susan Aguillon

Ext. 200

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Section 19	Offices Are Closed! No Transportation Today! 1:00 Mexican Train-GR 1:00 Quarter Black Jack-GR 2:00 Afternoon Movie-T 6:30 Rummikub-GR	2 10:30 Sit & Be Fit-FR *11:00 Country Store Volunteers Lunch Outing-L 1:00 Resident Poker-GR 1:00 Ladies Poker-AS 2:00 Movie Matinee & Popcorn-T 4:30 August Birthday Dinner Piano Music w/Thomas-DR 7:00 Tuesday Night Bingo-GR	9:15 Communion Service-C 10:00 Water Aerobics w/Kai-P *11:00 Lunch Outing: "Wah Kee"-L 1:00-3:00 Bridge Group-CR 1:30 Stretch Class-FR 2:00 Bible Study-C 3:30 "Football Theme" Happy Hour w/Bobby Zamora-GR Wear Your Team Hat or Jersey	4 10:30 Sit & Be Fit-FR 12:30 Hand & Foot-GR *1:00 Walmart /Costco-L 1:00 LRC (Bring Quarters)-GR 2:00 Community for Veteran Families "Wreaths Across America & Adopt-A-Grave Program"-FR 3:00 Bingo-GR	9:30 First Friday Mass-C *10:15 HEB-L 1:00 Ladies Blackjack-GR 1:00 Poker-GR 2:00 Grandparents' Day Appreciation w/Stretch Zone & Ice Cream Bar-FR 3:30 Happy Hour-CL 7:00 Movie-T	6 *12:30 Shopping Outing "Kohl's"-L 1:00 Billiards-GR 2:00 Afternoon Series "The Night Agent Season 1 Episode 9"-T 3:00 \$1 Bingo-GR 4:00 Meet New Music Student Fernando-CL 7:00 Movie-T
7 Grandparents' Day *8:30 Church Run-L *11:00 Holy Trinity-L 1:00 Board & Card Games-GR 3:00 Bible Study-T 7:00 Movie -T	9:00 Hammonds Cozy Melts-L 10:30 Tai Chi w/Erma-FR 1:00 Mexican Train-GR 1:00 Quarter Black Jack-GR 2:00 Yoga Class w/Nicole-FR 3:15 Mind Fit-T 6:30 Rummikub-GR 7:00 History w/Janice Dombi-FR	9 10:00 BP Clinic w/Michael-FR 10:30 Sit & Be Fit-FR 1:00 Resident Poker-GR 1:00 Ladies Poker-AS 2:00 Movie Matinee & Popcorn-T 3:30 New Resident Reception-GR 7:00 Tuesday Night Bingo-GR	9:15 Communion Service-C 10:00 Water Aerobics w/Kai-P *11:00 Lunch Outing	9:00 Celebrating Our Housekeepers Doughnut & Coffee Social-GR 10:30 Sit & Be Fit-FR 12:30 Hand & Foot-GR *1:00 Walmart /Costco-L 1:00 LRC (Bring Quarters)-GR 2:00 Remembrance Social "Where Were You When the World Stopped Turning"-GR 3:00 Bingo-GR *6:15 Outing "Amadues" @ R.H.S-L	*10:00 HEB-L *10:30 Stretch Class-FR 1:00 Ladies Blackjack-GR 1:00 Poker-GR 2:00 Shake It Up Baby! Milk Shake Social -CL 3:30 Happy Hour-CL 7:00 Movie-T	*9:00 Shopping @ Boerne Market Day-L 1:00 Billiards-GR 2:00 Afternoon Series "The Night Agent Season 1 Episode 10"-T 3:00 \$1 Bingo-GR 7:00 Movie-T
*8:30 Church Run-L *11:00 Holy Trinity-L 1:00 Board & Card Games-GR 3:00 Bible Study-T 7:00 Movie -T	15 It' National Guacamole Day! 10:30 Tai Chi w/Erma-FR 1:00 Mexican Train-GR 1:00 Quarter Black Jack-GR 2:00 Yoga w/Nicole-FR 3:30 Big Money Bingo w/Amada "Guacamole & Margaritas"-GR 6:30 Rummikub-GR	16 10:30 Sit & Be Fit-FR 1:00 Resident Poker-GR 1:00 Ladies Poker-AS 2:00 Movie Matinee & Popcorn-T 3:00 Billiards-GR 4:15 September Birthday Dinner music by Valerie-B 7:00 Tuesday Night Bingo-GR	9:15 Communion Service-C 10:00 Water Aerobics w/Kai-P 10:00 General Resident Council Meeting-FR 1:00-3:00 Bridge Group-CR 1:30 Stretch Class-FR 2:00 Bible Study-C 3:30 Happy Hour w/Kai-GR	18 10:30 Sit & Be Fit-FR 12:30 Hand & Foot-GR *1:00 Walmart /Costco-L 1:00 LRC (Bring Quarters)-GR 2:00 Hearing Aid Checks-AS 2:00 Enjoy Paletas w/Renee from Embrace-GR 3:00 Bingo-GR *4:30 Happy Hour on the Road "Aldaco's"-L	*10:00 HEB-L 10:30 Stretch Class-FR 1:00 Ladies Black Jack-GR 1:00 Poker-GR 1:00 FPS Book Club MtgPDR *2:00 Sip & Paint "Ceramic Owl"-AS 3:30 Happy Hour-CL 7:00 Movie-T	*11:15 Movie Outing "Downtown Abbey: The Grand Finale"L 1:00 Billiards-GR 2:00 Afternoon Series "The Night Agent Season 2 Episode 1"-T 3:00 \$1 Bingo-GR 4:00 Music w/Fernando-CL 7:00 Movie-T
*8:30 Church Run-L *11:00 Holy Trinity-L 1:00 Board & Card Games-GR 3:00 Bible Study-T 7:00 Movie-T	22 First Day of Autumn Rosh Hashanah Begins 10:30 Tai Chi w/Erma-FR *11:00 Outing: "Pop Stroke"-L 1:00 Mexican Train-GR 1:00 Chat Group w/ Ruth-C 1:00 Quarter Black Jack-GR 2:00 Yoga w/Nicole-FR 3:15 Mind Fit-T 6:30 Rummikub -GR	23 10:30 Sit & Be Fit-FR 1:00 Resident Poker-GR 1:00 Ladies Poker-AS 2:00 Movie Matinee & Popcorn-T 3:00 Billiards-GR 3:30 New Resident Reception-GR 7:00 Tuesday Bingo-GR	9:15 Communion Service-C 10:00 Water Aerobics w/Kai-P *10:30 Craft: "Yarn Pumpkins"-AS 1:00-3:00 Bridge Group-CR 1:30 Stretch Class-FR 2:00 Bible Study-C 3:30 "Autumn Celebration" Happy Hour w/Pete-GR	25 10:30 Sit & Be Fit-FR 12:30 Hand & Foot-GR *1:00 Walmart /Costco-L 1:00 LRC (Bring Quarters)-GR 2:00 Food Service Appreciation Social-FR 3:00 Bingo-GR	9:00-2:00 Blood Drive *10:00 HEB-L 10:30 Stretch Class-FR *10:30 Lunch Outing: "Perry's Steakhouse"-L 1:00 Ladies Blackjack-GR 1:00 Poker-GR 2:00 Conversational Spanish w/Diana-AS 3:30 Happy Hour-CL 7:00 Movie-T	1:00 Billiards-GR 2:00 Afternoon Series "The Night Agent Season 2 Episode 2"-T 3:00 \$1 Bingo-GR 7:00 Movie-T
*8:30 Church Run-L *11:00 Holy Trinity-L 1:00 Board & Card Games-GR 3:00 Bible Study-T 7:00 Movie-T	29 10:30 Tai Chi w/Erma-FR 1:00 Mexican Train-GR 1:00 Quarter Black Jack-GR 2:00 Yoga w/Nicole-FR 3:00 Guys Hanging Out Chat, Beer & Snacks -GR 3:30 Loteria-AS 6:30 Rummikub-GR	30 10:30 Sit & Be Fit-FR 1:00 Resident Poker-GR 1:00 Ladies Poker-AS 2:00 Movie Matinee & Popcorn-T 3:00 Billiards-GR 7:00 Tuesday Night Bingo-GR	Activities Are Subject to Change!	Location Codes: AS-Art Studio B-Bistro C-Chapel CH-Club House CC-Computer Center CL-Cocktail Lounge CR- Card Room DR-Dining Room FR-Franklin Room	Location Codes: G-Grill GR-Game Room L-Lobby LB-Library M-Mailroom P-Pool PDR-Private Dining Room T-Theater WC-Wellness Center *Asterisks Require Sign-up!	goodbye september, Italia Octobar