



230 W. Sunset Road San Antonio, TX 78209 (210) 829-5955

Memory Care

Staff Directory

Tiffany Weiser.....Executive Director
 Joanna Sosa.....Business Office Manager
 Lauren Roriguez.....Sales & Marketing Director
 Aleesa Love..... Sales Assistant/ Move in Coord.
 Jacqueline Hodges.....Director of AL & MC
 Araceli Vela.....Director of Memory Care
 Chris Purgason.....Director of Dining Services
 Alex Reta Jr.....Executive Chef
 Austin Querbach.....Director of Maintenance
 Nicole Garza.....Director Of Life Enrichment
 Samantha Luera.....Care Staff/Life Enrichment Assistant
 Jo Rosser.....Life Enrichment Assistant
 Karla Posada.....Life Enrichment/Fitness Coordinator

September 2025



In honor of Labor Day, the Life Enrichment and Transportation Departments will be closed on Monday, September 1st. We wish everyone a safe and happy holiday! Normal services will resume the following day.



**Sending Special Birthday Wishes to all our Residents
 celebrating this month!**

Larry Riak.....9/22



Join us as we celebrate Assisted Living Week with fun festivities, goodies and celebrations all week long! Keep an eye out for the flyer with all the details. We can't wait to celebrate with you!



September 2025

Franklin Park Alamo Heights- Memory Care
230 W. Sunset Road San Antonio, TX 78209 (210) 829-5955

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<u>Labor Day</u> 1 9:15 Morning Visits 9:45 Stretch & Balance 10:00 Sticky Ball 11:00 Short Stories 1:00 Relax & Refresh 2:30 Ice Cream Social 3:00 Snapshot Strolls (Walking/photo Group) 4:00 Nail Care W/ Easy Listening Music 6:00 Evening Movie (Residents Choice)	2 9:00 Beauty Shop appointments 9:15 Morning Visits 9:45 Morning Workout 10:00 Balloon Tennis 11:00 Reminiscing (Childhood) 1:00 Relax & Refresh 2:30 Creative Arts 3:00 Franklin Footers (Walking Group) 4:00 Traditional Bingo 6:00 Evening Movie (Residents Choice)	3 9:15 Morning visits 9:45 Chair Exercise 10:00 Whack a noodle 11:00 Random Trivia 1:00 Relax & refresh 2:15 Table Puzzles 3:00 Happy Hour with Brindis 2 (In Assisted Living Dining Room) 4:00 Franklin Footers (Walking Group) 6:00 Evening Movie (Residents Choice)	4 9:15 Morning visits 9:45 Step To The Beat 10:00 Balloon Volleyball 10:30 Lunch Bunch (Longhorn Cafe) 11:00 Wheel Of Fortune 2:30 Table Games 3:00 Franklin Footers (Walking Group) 4:00 Nail Care (In Concho) 6:00 Evening Movie (Residents)	5 9:15 Morning Visits 9:45 chair stretching 10:00 Drum circle 11:00 Short Stories 1:00 Relax & Refresh 2:30 Snacktivities (Rice Cakes) Sponsor: Three Oaks Hospice 3:00 Franklin Footers (Walking Group) 4:00 Music With Henry & Lorena 6:00 Evening Movie (Residents Choice)	6 9:15 Morning Visits 9:30 Sit & Be Fit with Jo 10:00 Baseball Toss 11:00 Morning Trivia 1:00 Relax & Refresh 2:30 Prize Bingo 3:00 Franklin Footers (Walking Group) 4:00 Music & Table Games 6:00 Evening Movie (Residents Choice)
<u>Happy Grandparents Day!</u> 7 <u>National Assisted Living Week</u> 9:15 Morning Visits 9:45 Chair Stretches 10:00 Bowling Fun 11:00 Food Trivia 1:00 Relax & Refresh 2:30 Dominoes 3:00 Franklin Footers (Walking Group) 4:00 Music Social 6:00 Evening Movie (Residents Choice)	<u>National Assisted Living Week</u> 8 9:15 Morning Visits 9:45 Sit & Be Fit 10:00 Balloon Tennis 11:00 Word Games 1:00 Relax & Refresh 2:30 Ice Cream Social 3:00 Nature Walks (Walking Group) 4:00 Fancy Nails and Smooth Jazz 6:00 Evening Movie (Residents Choice)	<u>National Assisted Living Week</u> 9 9:00 Beauty Shop appointments 9:15 Morning Visits 9:45 Chair Aerobics 10:00 Spider Game Web 11:00 Search & Find Puzzles 1:00 Relax & Refresh 2:30 Creative Arts 3:00 Franklin Footers (Walking Group) 4:00 Picture Bingo 6:00 Evening Movie (Residents Choice)	<u>National Assisted Living Week</u> 10 9:15 Morning visits 9:45 Morning Workout 10:00 Parachute Fun 11:00 Family Feud 2:15 Creative Coloring 3:00 Happy Hour with Jaime Valera (In Assisted Living Dining Room) 4:00 Franklin Footers (Walking Group) 6:00 Evening Movie (Residents Choice)	<u>National Assisted Living Week/</u> 11 <u>Patriotic Day– Moment of Silence</u> 9:15 Morning Visits 9:45 Moving To The Beat 10:00 Chair Yoga 11:00 Hang man 1:00 Relax & Refresh 2:30 Sam’s Science Experience (Lava Lam) 3:00 Franklin Footers (Walking Group) 4:00 Nail Care (In Concho) 6:00 Evening Movie (Resident Choice)	<u>1National Assisted Living Week</u> 12 9:15 Morning Visits 9:45 Friday Dance class 10:00 Bean Bag Baseball 11:00 Jeopardy Trivia 1:00 Relax & Refresh 2:00 Catholic Mass in (MC– Brazos Library) Sponsor: All Seasons 3:00 Franklin Footers (Walking Group) 4:00 Music With Henry & Lorena 6:00 Evening Movie (Residents Choice)	<u>National Assisted Living Week</u> 13 9:15 Morning Visits 9:30 Sit & Be Fit With Jo 10:00 Basketball 11:00 Slide Shows 1:00 Relax & Refresh 2:30 Prize Bingo 3:00 Franklin Footers (Walking Group) 4:00 Coloring Social 6:00 Evening Movie (Residents Choice)
14 9:15 Morning Visits 9:45 Morning Stretches 10:00 Ball Toss 11:00 AM Trivia 1:00 Relax & Refresh 2:30 Card Games 3:00 Franklin Footers (Walking Group) 4:00 Music Social 6:00 Evening Movie (Residents Choice)	15 9:15 Morning Visits 9:45 Stretch & Balance 10:00 Sticky Ball 11:00 Let’s Talk Card Games 1:00 Relax & Refresh 2:30 Ice Cream Social 3:00 Snapshot Strolls (Walking/photo Group) 4:00 Nail Care W/ Easy Listening Music	<u>Mexico Independence Day</u> 16 9:00 Beauty Shop appointments 9:15 Morning Visits 9:45 Morning Workout 10:00 Car Wash Fun W/ Allison 1:00 Relax & Refresh 2:30 Creative Arts 3:00 Franklin Footers (Walking Group) 4:00 Traditional Bingo 6:00 Evening Movie (Residents Choice)	17 9:15 Morning visits 9:45 Chair Exercise 10:00 Whack a noodle 11:00 Random Trivia 1:00 Relax & refresh 2:15 Table Puzzles 3:00 Happy Hour/ Celebrating Monthly Birthday’s with Mike Clancy (In Assisted Living Dining Room) 4:00 Franklin Footers (Walking Group) 6:00 Evening Movie (Residents Choice)	18 9:15 Morning Visits 9:45 Sittercize 10:00 Bowling 11:00 Wheel Of Fortune 1:00 Relax & Refresh 2:30 Sam’s Science Experience (Density Trick) 3:00 Franklin Footers (Walking Group) 4:00 Nail Care (In Concho) 6:00 Evening Movie (Resident Choice)	<u>POW/ MIA Recognition Day</u> 19 <u>Moment of Silence at Noon</u> 9:15 Morning Visits 9:45 chair stretching 10:00 Drum circle 11:00 Short Stories 1:00 Relax & Refresh 2:30 Music With Joanie 3:00 Franklin Footers (Walking Group) 4:00 Music With Henry & Lorena 6:00 Evening Movie (Residents Choice)	20 9:15 Morning Visits 9:30 Sit & Be Fit with JO 10:00 Baseball Toss 11:00 Morning Trivia 1:00 Relax & Refresh 2:30 Prize Bingo 3:00 Franklin Footers (Walking Group) 4:00 Music & Table Games 6:00 Evening Movie (Residents Choice)
21 9:15 Morning Visits 9:45 Chair Stretches 10:00 Bowling Fun 11:00 Food Trivia 1:00 Relax & Refresh 2:30 Dominoes 3:00 Franklin Footers (Walking Group) 4:00 Music Social 6:00 Evening Movie (Residents Choice)	<u>Rosh Hashanah– Begins Sundown</u> 22 9:15 Morning Visits 9:45 Sit & Be Fit 10:00 Balloon Tennis 11:00 Word Games 1:00 Relax & Refresh 2:30 Ice Cream Social 3:00 Nature Walks (Walking Group) 4:00 Fancy Nails and Smooth Jazz 6:00 Evening Movie (Residents Choice)	<u>Rosh Hashanah</u> 23 9:00 Beauty Shop appointments 9:15 Morning Visits 9:45 Chair Aerobics 10:00 Balloon Volleyball W/ Allison 11:00 Search & Find Puzzles 1:00 Relax & Refresh 2:30 Creative Arts 3:00 Franklin Footers (Walking Group) 4:00 Picture Bingo 6:00 Evening Movie (Residents Choice)	24 9:15 Morning visits 9:45 Morning Workout 10:00 Parachute Fun 11:00 Family Feud 2:15 Creative Coloring 3:00 Franklin Footers (Walking Group) 4:00 Happy Hour with Kai Kamaka (In Assisted Living Dining Room) 6:00 Evening Movie (Residents Choice)	25 9:15 Morning Visits 9:45 Moving To The Beat 10:00 Chair Yoga 11:00 Hang man 1:00 Relax & Refresh 1:30 Movie & Popcorn– IL– Theatre (Meet In AL– Activity Room) 3: Franklin Footers (Walking Group) 4:00 Nail Care (In Concho)	26 9:15 Morning Visits 9:45 Friday Dance class 10:00 Bean Bag Baseball 11:00 Jeopardy Trivia 1:00 Relax & Refresh 2:30 Snacktivities– Fruit Salad Sponsor: Remarkable Hospice 3:00 Franklin Footers (Walking Group) 4:00 Music With Henry & Lorena 6:00 Evening Movie (Residents Choice)	27 9:15 Morning Visits 9:30 Sit & Be Fit With Jo 10:00 Basketball 11:00 Slide Shows 1:00 Relax & Refresh 2:30 Prize Bingo 3:00 Franklin Footers (Walking Group) 4:00 Coloring Social 6:00 Evening Movie (Residents Choice)
28 9:15 Morning Visits 9:45 Morning Stretches 10:00 Ball Toss 11:00 AM Trivia 1:00 Relax & Refresh 2:30 Card Games 3:00 Franklin Footers (Walking Group) 4:00 Music Social 6:00 Evening Movie (Residents Choice)	29 9:15 Morning Visits 9:45 Stretch & Balance 10:00 Sticky Ball 11:00 Let’s Talk Card Games 1:00 Relax & Refresh 2:30 Ice Cream Social 3:00 Snapshot Strolls (Walking/photo Group) 4:00 Nail Care W/ Easy Listening Music 6:00 Evening Movie (Residents Choice)	30 9:00 Beauty Shop appointments 9:15 Morning Visits 9:45 Morning Workout 10:00 Spider Game Web 11:00 Reminiscing (Music) 1:00 Relax & Refresh 2:30 Creative Arts 3:00 Franklin Footers (Walking Group) 4:00 Traditional Bingo 6:00 Evening Movie (Residents Choice)	<u>Dining Room Hours:</u> Breakfast: 8:00AM –9:00AM Lunch: 12:00PM-1:00PM Dinner: 5:00PM-6:00PM <u>Daily Snacks & Hydration:</u> 10:30am 3:30pm 7:00pm	<u>ADDITIONAL</u> <u>DAILY ACTIVITIES:</u> -In house Library -Outdoor Activities (Weather Permitted) -Indoor Bird Watching		

[Nicole Garza, Life Enrichment Director] [Samantha Luera, Care Staff-Life Enrichment Assistant] [Jo Rosser, Life Enrichment Assistant] *** All activities are subject to change due to unforeseen Events /per resident preference or interest***