



230 W. Sunset Road • San Antonio, TX 78209 • (210) 829-5955

STAFF DIRECTORY

Tiffany Weiser Executive Director
Joanna Sosa Business Office Manager
Lucy Cetina Administrative Assistant
Lauren Rodriguez Sales & Marketing Director
Aleesa Love Sales Assistant/Move In Coord.
Chris Purgason Director of Dining Services
Alex Reta, Jr. Executive Chef
Austin Querbach Director of Maintenance
Nicole Garza Director of Life Enrichment
Karla Posada Life Enrichment/Fitness Coord.
Jo Rosser Life Enrichment Assistant



Joyce Hibbs	4th
Jane May	7th
Pat Zimlich	. 12th
Jim Hill	. 16th
Wilfred Brassard	. 18th
Jimmy Toubin	20th
Helen Henderson	. 24th
Kay Segrato	25th
Ted Kerr	26th
Sue Fleming	
Jo Ann Schwab	29th

September 2025

CLOSED CLOSED LABOR DAY

In honor of Labor Day, the Life Enrichment and Transportation Departments will be closed on Monday, September 1st. We wish everyone a safe and happy holiday! Normal services will resume the following day.



Wishing a Happy Grandparents Day to all of our Wonderful Grandparents! Your guidance, love and stories make every day brighter.

Park.

September 2025

AC Arts and Crafts DR Dining Room WC Wellness Center GR The Great Room BL Billiards Room CR Conference Rm BS Bistro

Meet in Lobby

BR Ballroom

HR Hobby Room Cultural/Arts ♥ Health/Educational ★ Special Event/Guest \$ Money Required

ALAMO HEIGHTS INDEPENDENT LIVING				Theater		Up Required
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Hello September	Labor Day / LE & Transportation Office Closed 10:00 WC Tai Chi With Tam Le ♥ 11:00 BL Pray Holy Rosary 11:00 HR Your Hobby Room With Robert Canfield 1:00 T Weekly Trivia 2:00 BL Bridge ✓ 2:30 WC Chair volley with Kea	9:30 L Outdoor Morning Social 10:00 Wc Silver Sneakers with JO ♥ 11:00 BL Homily & Communion ★ 1:00 GR Activity Meeting (All Are Welcome To Join) 1:00 BL Poker 2:00 T Tuesday Matinée - Kandahar (2023) (WITH CAPTIONS) 3:00 BR Bean Bag Baseball 7:00 T Tuesday Matinée - Kandahar (2023) (NO CAPTIONS)	10:00 WC Morning Exercise with Jo 11:00 BL Bible Study 1:30 BL Mexican Train Dominoes 3:30 WC Chair volleyball ♥	9:30 L Outdoor Morning Social 10:00 WC Yoga With Sylvia ♥ 1:00 BL Poker 3:30 BR Line Dance Class with Virginia Gross 4:00 BR Happy Hour with Kai Kamaka- Sponsored by: Avionn★	8:30 L HEB Trip (Oak Park Village) ✓ 10:00 WC Silver Sneakers Classic with Jo ♥ 10:30 AC Glass Class ✓ 10:30 L Outing: Jenna & Blake Concert at The First Presbyterian Church ✓ 12:00 BS Marie's Trunk Show\$ 1:00 BL Digital Bingo with Vangi\$ 2:00 AC Mahjong 2:30 BL Billiards	10:00 BL Mexican Train Dominoes 1:00 T Saturday Movie - Fiddler on the Roof (1971) (WITH CAPTIONS) 7:00 T Saturday Movie - Fiddler on the Roof (1971) (WITH CAPTIONS)
Grandparents Day! 7 1:00 BL Digital Bingo with Claire Compton \$ 1:00 T Sunday Cinema- Fiddler on the Roof (1971) "NO CAPTIONS" 2:30 BL Simplified Mahjong 5:00 T Sunday Cinema- Fiddler on the Roof (1971) "NO CAPTIONS" 5:00 BL Texas Hold 'Em "Women's Group"	8 10:00 WC Morning Exercise with Karla ♥ 11:00 BL Pray Holy Rosary 11:00 HR Your Hobby Room With Robert Canfield 1:00 T Weekly Trivia 2:00 BL Bridge ✓ 3:30 WC Chair volleyball With Karla ♥	9:30 L Outdoor Morning Social 10:00 WC Silver Sneakers with JO ♥ 11:30 L Outing: Lunch Bunch- Papouli's Greek Grill ✓ 1:00 BL Poker 2:00 T Tuesday Matinée - A Star is Born (2018) (WITH CAPTIONS) 3:00 BR Bean Bag Baseball 7:00 T Tuesday Matinée - A Star is Born (2018) (NO CAPTIONS)	10 10:00 WC Morning Exercise with Karla ♥ 11:00 BL Bible Study 1:00 CR Food Committee Meeting 1:00 AC Get crafty with Jo- DIY Suncatchers ● 1:30 BL Mexican Train Dominoes 2:00 L Sam's Club ✓ 2:30 P Water Fitness ✓ 3:30 WC Chair volleyball With Karla ♥	Patriot Day - Moment of Silence- 8:46am 8:30 ■ HEB Trip (Lincoln Heights) ✓ 9:30 ■ Outdoor Morning Social 10:00 WC Morning Exercise with Karla ♥ 1:00 ■ Poker 2:00 ■ Special Movie Showing- Flight 93 (2006) 3:30 ■ Line Dance Class with Karla 4:00 ■ Happy Hour with Jaime Valera - Sponsored by: Adroit ★ 7:00 ■ Special Movie Showing- Flight 93 (2006)	9:30 L Outing: Alamo City Bus Tour with Karen Roe ✓ 10:00 WC Silver Sneakers Classic with Jo ♥ 10:30 AC Glass Class ✓ 11:00 BL Catholic Mass ★ 1:00 BL Digital Bingo \$ 2:00 AC Mahjong 2:30 BL Billiards	13 10:00 BL Mexican Train Dominoes 1:00 T Saturday Movie- The
14 1:00 BL Digital Bingo with Dave Dickson\$ 1:00 T Sunday Cinema- The Accountant 2 (2025) "NO CAPTIONS" 2:30 BL Simplified Mahjong 5:00 T Sunday Cinema- The Accountant 2 (2025) "NO CAPTIONS" 5:00 BL Texas Hold 'Em "Women's Group"	15 10:00 WC Morning Exercise with Karla ♥ 11:00 BL Pray Holy Rosary 11:00 HR Your Hobby Room With Robert Canfield 1:00 T Weekly Trivia 2:00 BL Bridge ✓ 3:30 WC Chair volleyball With Karla ♥	Mexico Independence Day 9:30	17 10:00 WC Morning Exercise with Karla ♥ 11:00 BL Bible Study 1:00 BL Book Club- Defending Jacob 1:30 L Traders Village ✓ 2:00 BL Mexican Train Dominoes 2:30 P Water Fitness ✓ 3:30 WC Chair volleyball With Karla ♥ 4:30 DR Birthday Dinner PT:1 ✓	9:30 L Outdoor Morning Social 10:00 WC Morning Exercise with Karla ♥ 1:00 BL Poker 2:00 T Tom Jackson, Historian- Presenting: Robert E Lee ★ 3:30 BR Line Dance Class with Karla 4:00 BR Happy Hour with Julian Escobedo- Sponsored by: All Seasons ★	POW/ MIA Recognition Day- Moment of Silence at Noon 8:30	10:00 BL Mexican Train Dominoes 1:00 T Saturday Movie - As Good as it Gets (1997) (WITH CAPTIONS) 1:00 AC Watercolor Class with Gina Marie's Art Studio ✓ 2:00 BL Bridge ✓ 7:00 T Saturday Movie - As Good as it Gets (1997) (WITH CAPTIONS)
10:00 DR Bake Sale With Tammy & Ally (Near Dining room) \$ 1:00 BL Digital Bingo with Gilder McCarroll \$ 1:00 T Sunday Cinema- As Good as it Gets	Rosh Hashanah- Begins Sundown 22 10:00 WC Morning Exercise with Karla ♥ 10:30 GR Piano Performance - Thomas Fedorichik ★ 11:00 BL Pray Holy Rosary 11:00 HR Your Hobby Room With Robert Canfield 1:00 T Weekly Trivia 2:00 BL Bridge ✓ 3:30 WC Chair volleyball With Karla ♥	Rosh Hashanah 23 9:30	10:00 WC Morning Exercise with Karla ♥ 11:00 BL Bible Study 1:00 AC Get crafty with Jo- Halloween Door Decor ● 1:30 BL Mexican Train Dominoes 2:30 P Water Fitness Class with Karla ✓ 3:30 WC Chair volleyball With Karla ♥ 4:30 DR Birthday Dinner Pt:2✓	9:30 L Outdoor Morning Social 10:00 WC Morning Exercise with Karla ♥ 1:00 BL Poker 2:30 GR Word Scramble with Karla 3:30 BR Line Dancing 4:00 BR Happy Hour with Fermin Rocha ★	8:30 L HEB Trip (Lincoln Heights) ✓ 10:00 WC Silver Sneakers Classic with Jo ♥ 10:30 AC Glass Class ✓ 1:00 BL Digital Bingo! \$ 2:00 AC Mahjong 2:30 BL Billiards 2:30 GR Outdoor Pickleball with Harold 7:00 BL Wine Tasting Event (Must Sign up- Limited Spaces) ✓	10:00 BL Mexican Train Dominoes 1:00 T Saturday Movie -Night Always Comes (2025) (WITH CAPTIONS) 7:00 T Saturday Movie - Night Always Comes (2025) (WITH CAPTIONS)
1:00 BL Digital Bingo with Shelley Grieshaber\$ 1:00 T Sunday Cinema- Night Always Comes (2025) "NO CAPTIONS" 2:30 BL Simplified Mahjong 5:00 T Sunday Cinema- Night Always Comes (2025) "NO CAPTIONS" 5:00 BL Texas Hold 'Em "Women's Group"	10:00 WC Morning Exercise with Karla ♥ 11:00 BL Pray Holy Rosary 11:00 HR Your Hobby Room With Robert Canfield 1:00 T Weekly Trivia 2:00 BL Bridge ✓ 3:30 WC Chair volleyball With Karla ♥	9:30 L Outdoor Morning Social 10:00 WC Silver Sneakers with JO ♥ 1:00 BL Poker 2:00 T Tuesday Matinée - Don't Move (2004) (WITH CAPTIONS) 3:00 BR Bean Bag Baseball 7:00 T Tuesday Matinée - Don't Move (2004) (NO CAPTIONS)	HAPPY LABOR DAY	DINING ROOM HOURS: BREAKFAST: 7:00AM-9:00AM LUNCH: 11:30AM-2:00PM DINNER: 4:30PM-7:00PM	DRY CLEANING: Did you know we have delivery service for your dry cleaning? Pickaps and defiveries are Tuesdays and Fridays. Visit the exercicage for more details.	ALL ACTIVITIES ARE SUBJECT TO CHANGE AND/OR CANCEL CHANGE OUE TO AVAILABILITY ON STREAMING PLATFORMS



School Tools

Pencils, pens, paper and paint—students use these items and more in school. Study this list to see when some school supplies were newcomers to the classroom.

Years	School Supplies
1850s	Prang watercolor sets
1900s	Crayola crayons
1940s	Pee-Chee pocket folders
1950s	Metal lunchboxes featuring characters
1960s	Spiral notebooks
1970s	Pocket calculators
1980s	Trapper Keeper binders
2000s	Laptop computers
2010s	Tablet computers

"This Month In History"

SEPTEMBER

1846: German astronomer Johann Galle first observes the planet Neptune.

1957: The Little Rock Nine face mobs and rioting in their attempts to attend previously segregated Little Rock Central High School. President Eisenhower eventually sends the 101st Army Airborne to escort the children safely to school.

1965: Satchel Paige becomes the oldest player in Major League Baseball history at 59 years old when he pitches three innings against the Boston Red Sox. Paige

was the first Negro Leagues veteran to be inducted to the National Baseball Hall of Fame six years later.

1966: The sci-fi TV series "Star Trek" premieres, inviting audiences "to boldly go where no man has gone before."

1972: Bobby Fischer defeats Boris Spassky in "the match of the century" to become the world chess champion. Fischer was only 29 years old.

1984: Joe Kittinger completes the first solo balloon crossing of the Atlantic Ocean. He launched from Maine and crash landed on the Italian coast 86 hours later, breaking his ankle and a record for distance in a solo balloon flight.

1986: "The Oprah Winfrey Show" debuts nationwide, running until May 25, 2011.

1998: Google is founded in Menlo Park, Calif., and receives 10,000 queries in its initial beta phase.