

230 W Sunset Road • San Antonio, TX 78209 • (210) 829-5955

Staff Directory

Tiffany Weiser Executive Director
Joanna Sosa Business Office Manager
Emma Segovia Administration Assistant
Lauren Rodriguez Sales & Marketing Director
Aleesa Love Sales Assistant/Move In Coord.
Jacqueline Hodges Dir. of Clinical Service
Andrew Resendiz Asst. Director of AL
Chris Purgason Director of Dining Services
Alex Reta Jr. Executive Chef
Austin Querbach Director of Maintenance
Nicole Garza Director of Life Enrichment
Jo Rosser Life Enrichment/Fitness Coord.



Shirley Faulkner	16th
Elin Thomas	. 27th
Don Ford	. 30th

September 2025

HAPPY LABOR DAY

In honor of Labor Day, the Life Enrichment and Transportation Departments will be closed on Monday, September 1st. We wish everyone a safe and happy holiday! Normal services will resume the following day.



Join us as we celebrate Assisted Living Week with fun festivities, goodies and celebrations all week long! Keep an eye out for the flyer with all the details. We can't wait to celebrate with you!

ALAMO HEIGHTS

September 2025

DR Dining Room C Chapel

Memory Care Meet in Lobby BS Beauty Shop Independent Living

11 Cooking

Art ♥ Healthy Heart Music

\$ Requires Money

✓ Sign-Up Required

Games ★ Special Event/Guest + Spiritual

NEVER FORGET

*** 09/11 ***

AR Activity Room SA Sitting Area AC Arts & Crafts Room

Sunday Monday Tuesday Wednesday Thursday Friday Saturday Labor Day / LE & Transportation Office Closed 10:00 AR White Board Games with Nicole 9:30 M Sit and Be Fit with Jo (Meet 9:00 BS Beauty Shop Appointments 10:00 AR Brain Teasers with Jo 10:00 AR Word Scramble with JO 10:00 AC Puzzle Mania (Bring A 11:00 AR Active Games with Jo 10:00 C Stretch bands & Weights 11:00 AR Chair volleyball With Jo 🎔 In Memory Care) 10:30 U Outing: Lunch Bunch-Hello Des 12:00 AC Vendor: Scentsy with Carmen Friend) with Nicole 1:00 AC Creative Corner with Jo-10:30 AR Bingo with Jo 🐠 **Longhorn Cafe** ✓ (Arts & Crafts Room) 12pm-3pm\$ september 1:00 AR Music & Cards with Friends 11:00 AR Whist Card Game with 4:00 AC Puzzle Mania (Bring A DYI Sun catchers 3:00 AR Bingo Fun 1:00 AR Fancy Nails (Sign-up Required) < 4:00 AR Mexican Train with Jo **88** 3:00 DR Happy Hour- Brindis 2 Friend) 3:00 AR Jo's Cantina- Music & Cocktails J 4:00 AR Music & Dominoes with Friends 🕬 4:00 AR Music & Cards With Friends 3:00 AR Sweets & Treats 11 (Last Performance) 6:00 SA Netflix Movie (Resident Friends 6:00 SA Netflix Movie (Resident 4:00 AR Music & Dominoes with Sponsor: Enable Dental * Choice) Choice) 4:00 AR Music & Cards with Friends Friends 🕬 Happy Grandparents Day! / National Assisted Living Week! / 7 National Assisted Living Week! 8 National Assisted Living Week! **National Assisted Living Week!** 11 National Assisted Living Week! 12 National Assisted Living Week! National Assisted Living Week! Patriot Day- Moment of Silence 9:00 BS Beauty Shop Appointments 10:00 AR White Board Games with 9:00 HEB Trip (Meet in Lobby)\$ 10:00 AR Wheel of Fortune with Jo 9:30 M Sit and Be Fit with Jo (Meet 8:46am 10:00 C Stretch Bands & Weights with Karla 10:00 AR Joel Osteen Sermon on 10:00 AC Puzzle Mania Nicole In Memory Care) 11:00 AR Chair volleyball With 11:00 AR Mexican Train Dominoes with Jo 🎔 11:00 AR Active Games with Jo Television + 10:00 AC Crafts with Dee 10am-3pm\$ 3:00 C Fellowship with friends **†** 10:30 AR Bingo with Jo 🕬 Karla♥ 2:00 AR Activity Meeting (All are welcome 1:00 AR Fancy Nails (Sign-up Required) ~ 10:00 AR Wheel of Fortune with JO 11:00 C Sit & Be Fit With Karla♥ 6:00 SA Netflix Movie (Resident 4:00 AC Puzzle Mania (Bring A 3:00 DR Happy Hour with Jamie to join) 2:00 M Catholic Mass (Meet in Memory 1:00 AR Manicure Monday (Please sign 11:00 C Sit and Be Fit with Karla♥ Choice) Friend) 3:00 AR Music With Joanie & Sweets and Varela ★ Care) + up) 🗸 3:00 AR Bingo Fun Treats 1 6:00 SA Netflix Movie (Resident 3:00 AR Jo's Cantina- Music & 4:00 AR Music & Cards with 3:00 AR Prize Bingo with Summit 4:00 AR Music & Dominoes with 4:00 AR Music & Dominoes with Friends Cocktails. Choice) Friends Hospice **₹** Friends 4:00 AR Music & Cards With Friends 4:00 AR Music & Cards with Friends 18 POW/ MIA Recognition Day-15 Mexico Independence Day Moment of Silence at Noon 9:00 BS Beauty Shop Appointments 9:00 HEB Trip (Meet in Lobby)\$ 10:00 AC Puzzle Mania 10:00 AR Brain Teasers with Jo 10:00 AR Word Scramble with JO 9:30 M Sit and Be Fit with Jo (Meet 9:00 AC Vendor: The Posada's Catering\$ 10:00 c stretch bands & Weights with Karla 0:00 AR Joel Osteen Sermon on 11:00 AR Chair volleyball With Karla 🎔 3:00 C Fellowship with friends + 11:00 C Sit and Be Fit With In Memory Care) 10:00 AR White Board Games with Karla Television **†** 1:00 AC Creative Corner with Jo-10:30 AR Bingo with Jo 🕬 6:00 SA Netflix Movie (Resident Karla 💙 11:00 AR Active Games with Jo (Independent Living Theatre) 11:00 C Sit & Be Fit With Karla♥ Halloween Door Decor 4:00 AC Puzzle Mania (Bring A Choice) 3:00 AR Bingo Fun 1:00 AR Fancy Nails (Sign-up Required) ✓ 11:00 AR Whist Card Game with Jo 1:00 AR Manicure Monday (Please sign 3:00 DR Happy Hour- Mike Clancey-3:00 AR Jo's Cantina- Music & Cocktails A 2:00 Resident Meeting (All Are Friend) 4:00 AR Music & Dominoes with up) 🗸 Sponsor: Avionn 🖈 4:00 AR Music & Cards With Friends Welcome To Join) 6:00 SA Netflix Movie (Resident Friends 3:00 AR Prize Bingo with All 4:00 AR Music & Cards with Friends 3:00 AR Sweets & Treats 11 Choice) Seasons **₹** 4:00 AR Music & Dominoes with Friends 4:00 AR Music & Cards with Friends 21 Rosh Hashanah- Begins Sundown 22 Rosh Hashanah 25 26 0:00 AR White Board Games with 9:00 HEB Trip (Meet in Lobby)\$ 10:00 AR Wheel of Fortune with Karla 10:00 AC Puzzle Mania 9:00 BS Beauty Shop 10:00 AR Bingo Fun ₩ 9:30 M Sit and Be Fit with Jo (Meet Karla 🕬 10:00 AR Joel Osteen Sermon on 11:00 AR Chair volleyball With Jo In Memory Care) 3:00 C Fellowship with friends **†** 11:00 C Sit and Be Fit with Karla♥ **Appointments** 11:00 AR Chair Volleyball Television **†** 3:00 AR Music & Cards with 10:30 AR Bingo with Jo 🕬 6:00 SA Netflix Movie (Resident 10:00 AR Sit & Be Fit with Karla 1:30 AR Movie & Popcorn In IL 1:00 AR Fancy Nails (Sign-up Required) 11:00 C Sit & Be Fit With Karla♥ Friends 4:00 AC Puzzle Mania (Bring A Choice) 11:00 AR Mexican Train with Jo 🎔 Theatre (Meet In activity 1:00 AC Vendor: Marie's Jewelry & 1:00 AR Manicure Monday (Please sign 4:00 DR Happy Hour Birthday Friend) 3:00 AR Sweets & Treats 11 room) Accessories 12pm-3pm \$ Celebration with Kai 6:00 SA Netflix Movie (Resident 3:00 AR Jo's Cantina- Music & 4:00 AR Music & Dominoes with 4:00 AR Music & Dominoes with 3:00 AR Prize Bingo with Family Tree Kamaka Sponsor: Choice) Cocktails. Friends 849 Friends 4:00 AR Music & Cards with Friends Embrace ★ 4:00 AR Music & Cards With Friends 28 29 30 9:00 HEB Trip (Meet in Lobby)\$ 9:00 BS Beauty Shop Appointments 10:00 AC Puzzle Mania Grandparents 10:00 AR Joel Osteen Sermon on 10:00 C Stretch bands & Weights 3:00 C Fellowship with friends **†** Television **†** with Karla 💙 6:00 SA Netflix Movie (Resident 11:00 C Sit & Be Fit With Karla♥ 11:00 AR Whist Card Game with Jo Choice) 1:00 AR Manicure Monday (Please sign 3:00 AR Sweets & Treats 11

4:00 AR Music & Dominoes with

Friends 849

up) 🗸

3:00 AR Prize Bingo with Care

4:00 AR Music & Cards with Friends

Advocates



School Tools

Pencils, pens, paper and paint—students use these items and more in school. Study this list to see when some school supplies were newcomers to the classroom.

Years	School Supplies
1850s	Prang watercolor sets
1900s	Crayola crayons
1940s	Pee-Chee pocket folders
1950s	Metal lunchboxes featuring characters
1960s	Spiral notebooks
1970s	Pocket calculators
1980s	Trapper Keeper binders
2000s	Laptop computers
2010s	Tablet computers

"This Month In History"

SEPTEMBER

1846: German astronomer Johann Galle first observes the planet Neptune.

1957: The Little Rock Nine face mobs and rioting in their attempts to attend previously segregated Little Rock Central High School. President Eisenhower eventually sends the 101st Army Airborne to escort the children safely to school.

1965: Satchel Paige becomes the oldest player in Major League Baseball history at 59 years old when he pitches three innings against the Boston Red Sox. Paige

was the first Negro Leagues veteran to be inducted to the National Baseball Hall of Fame six years later.

1966: The sci-fi TV series "Star Trek" premieres, inviting audiences "to boldly go where no man has gone before."

1972: Bobby Fischer defeats Boris Spassky in "the match of the century" to become the world chess champion. Fischer was only 29 years old.

1984: Joe Kittinger completes the first solo balloon crossing of the Atlantic Ocean. He launched from Maine and crash landed on the Italian coast 86 hours later, breaking his ankle and a record for distance in a solo balloon flight.

1986: "The Oprah Winfrey Show" debuts nationwide, running until May 25, 2011.

1998: Google is founded in Menlo Park, Calif., and receives 10,000 queries in its initial beta phase.