



SENIOR LIVING *with Style!*

FRANKLIN PARK TPC PARKWAY

January 2024

Team Members

Executive Director

Jake Wycoff

Assisted Living Director

Laurie O'Brien

Business Office Director

Racheal Espiritu

Memory Care Director

Andrew Resendiz

Life Enrichment Director

Lara Sasser

Sales & Marketing Director

Avery Holley

Director of Resident Services

Monica Castaneda

Maintenance Director

Wendy Shantz

Food & Beverage Director

Ralph Herrmann

LET THE NEW YEAR

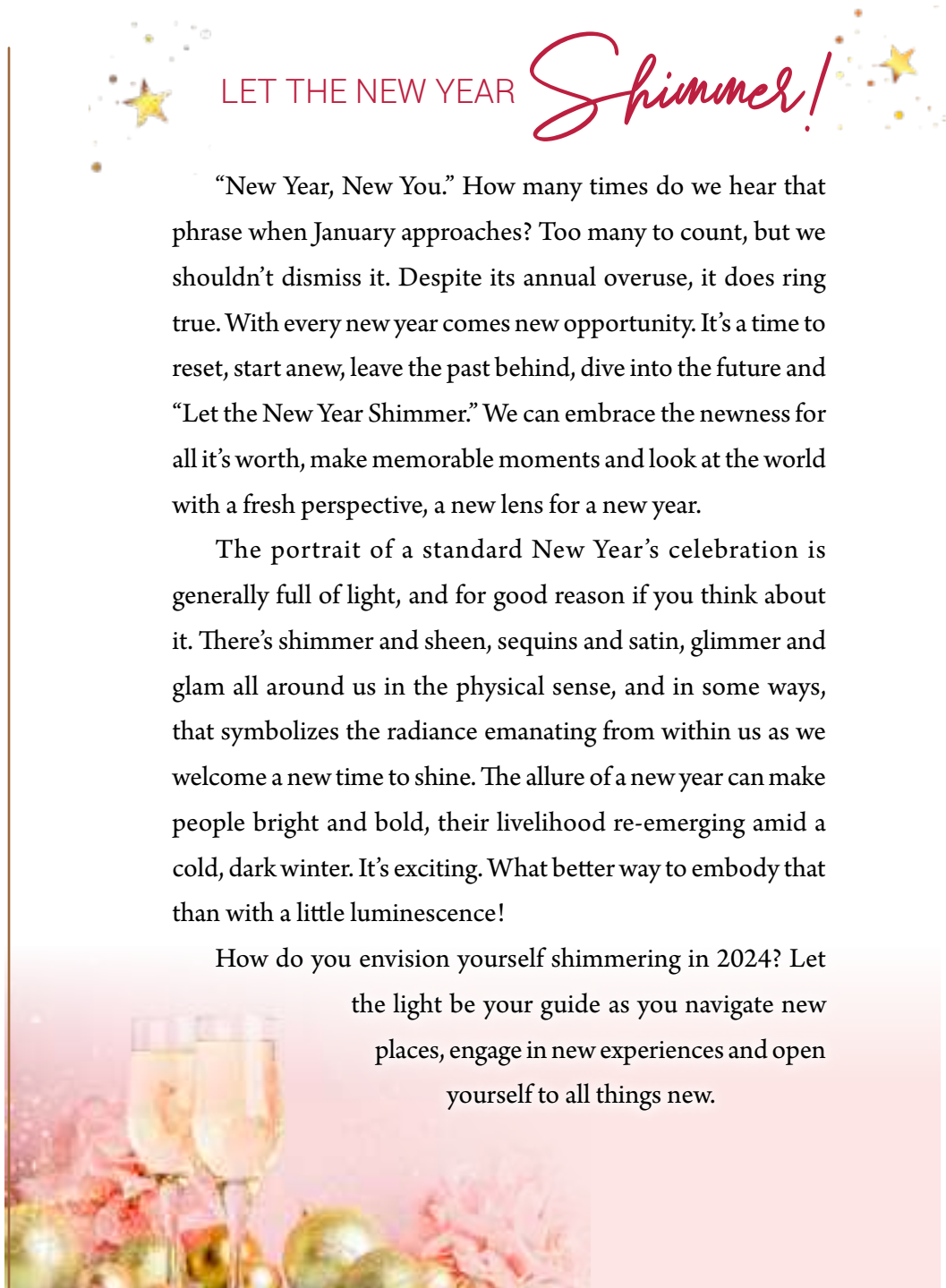
Shimmer!

“New Year, New You.” How many times do we hear that phrase when January approaches? Too many to count, but we shouldn’t dismiss it. Despite its annual overuse, it does ring true. With every new year comes new opportunity. It’s a time to reset, start anew, leave the past behind, dive into the future and “Let the New Year Shimmer.” We can embrace the newness for all it’s worth, make memorable moments and look at the world with a fresh perspective, a new lens for a new year.

The portrait of a standard New Year’s celebration is generally full of light, and for good reason if you think about it. There’s shimmer and sheen, sequins and satin, glimmer and glam all around us in the physical sense, and in some ways, that symbolizes the radiance emanating from within us as we welcome a new time to shine. The allure of a new year can make people bright and bold, their livelihood re-emerging amid a cold, dark winter. It’s exciting. What better way to embody that than with a little luminescence!

How do you envision yourself shimmering in 2024? Let the light be your guide as you navigate new places, engage in new experiences and open yourself to all things new.

MC REFRESHING WATERS



Cheers to the New Year



<p>MON, JAN 01</p>	<p>NEW YEAR'S DAY 8:30 Breakfast 9:30 Exercise & News 10:00 Bingo 10:00 Refreshments 10:15 Catholic Communion 10:30 New Year's Day Search</p>	<p>11:30 Lunch 1:30 Table Games 2:30 Secret Champagne Quote 3:00 Snacktivity 3:15 Balloon Volleyball 4:30 Dinner</p>	<p>5:30 Take a Stroll 5:30 PLAY HANGMAN 7:00 Snacks 7:15 Card Games</p>
<p>TUE, JAN 02</p>	<p>8:30 Breakfast 10:00 Refreshments 10:00 Exercise W/Ageility 10:30 Improve Your Groove Detective 11:30 Lunch 1:30 Puzzles</p>	<p>2:30 Matching Baby New Year 3:00 Snacktivity 3:10 Bean Bag Toss 4:30 Dinner 5:30 Take a Stroll</p>	<p>5:30 Play WHAT DID IT COST 6:30 Easy Listening Music 7:00 Snacks 7:15 Table Games</p>
<p>WED, JAN 03</p>	<p>8:30 Breakfast 9:30 Exercise & News 9:30 PAWS-Visit W/Jasper 10:00 Spiritual Singing W/Stephanie 10:00 Bible Study-AL 10:15 Refreshments</p>	<p>10:30 Fun Trivia 11:30 Lunch 2:00 January IQ 2:30 Ladder Toss 3:00 Snacktivity 4:30 Dinner 5:30 PLAY BINGO</p>	<p>5:30 Take a Stroll 6:30 Table Games 7:00 Snacks 7:15 Match the Socks</p>
<p>THU, JAN 04</p>	<p>8:30 Breakfast 9:30 Exercise & News 10:00 Refreshments 10:00 PAWS- Visit W/Neily 10:15 January Pair up Game 10:30 Bake Cookies 11:30 Lunch</p>	<p>1:30 Pencil Art 2:00 Bingo-AL 2:30 Searching for January 3:00 Snacktivity 4:30 Dinner 5:30 Take a Stroll</p>	<p>5:30 Sing-A-Long W/Everyone 6:00 Word Search 7:00 Snacks 7:15 Story Time</p>
<p>FRI, JAN 05</p>	<p>8:30 Breakfast 9:30 Exercise & News 9:30 Brain Exercise Initiative-UTSA Group 10:00 Mixed-up New Year 10:00 Refreshments 10:30 Play Hangman</p>	<p>11:30 Lunch 1:30 Puzzles 2:30 What's "New" with You? 3:00 Snacktivity 3:15 Balloon Tennis 4:30 Dinner</p>	<p>5:30 Take a Stroll 6:00 Table Games 6:15 MOVIE & POPCORN 7:00 Snacks 7:15 Card Games</p>
<p>SAT, JAN 06</p>	<p>8:30 Breakfast 9:30 Exercise & News 9:30 Brain Exercise Initiative-UTSA Group 10:00 Refreshments 10:15 Bingo 10:30 Water Painting</p>	<p>11:30 Lunch 1:30 Table Games 2:30 Famous January Birthday Search 3:00 Snacktivity 3:15 Ring Toss 4:30 Dinner</p>	<p>5:30 Take a Stroll 5:45 WATER THE GARDEN 6:00 Who Am I ? 6:15 Play Dominoes 7:00 Snacks 7:00 Lawrence Welk-TV</p>

Franklin Park TPC Parkway • Week Two

SUN, JAN 07	8:30 Breakfast 9:30 Christian Worship 10:00 Refreshments 10:30 Coupon Clippers 11:30 Lunch 1:30 Card Games	2:30 Brain Exercise Initiative-UTSA Group 2:30 Ends with - One 3:00 Snacktivity 3:15 Pencil Art 3:30 Spiritual Hymns 4:30 Dinner	4:30 Guitar Music W/Diego 5:30 Take a Stroll 6:15 Ring Toss 6:30 Table Games 7:00 Snacks 7:15 Puzzles
MON, JAN 08 	8:30 Breakfast 9:30 Exercise & News 10:00 Bingo 10:00 Refreshments 10:15 Catholic Communion 10:30 Piano Music W/Arland 11:30 Lunch	1:30 Table Games 2:00 Happy Hour W/Kai-AL 2:30 Baby Bird Names 3:00 Snacktivity 3:15 Balloon Volleyball 4:30 Dinner 5:30 Take a Stroll	5:30 PLAY HANGMAN 7:00 Snacks 7:15 Card Games
TUE, JAN 09	8:30 Breakfast 10:00 Refreshments 10:00 Exercise W/Ageility 10:30 Coat Categories 11:30 Lunch 1:30 Puzzles	2:30 It's Snow Time Crossword 3:00 Snacktivity 3:10 Bean Bag Toss 4:30 Dinner 5:30 Take a Stroll	5:30 Play WHAT DID IT COST 6:30 Easy Listening Music 7:00 Snacks 7:15 Table Games
WED, JAN 10	8:30 Breakfast 9:30 Exercise & News 9:30 PAWS-Visit W/Jasper 10:00 Bible Study-AL 10:15 Paint & Sip Detective 10:15 Refreshments 10:30 Play What Did It Cost?	11:30 Lunch 2:00 Mixed- Up Buffet 2:30 Ladder Toss 3:00 Snacktivity 4:30 Dinner 5:30 PLAY BINGO 5:30 Take a Stroll	6:30 Table Games 7:00 Snacks 7:15 Match the Socks
THU, JAN 11	Happy B-Day Michael F. 8:30 Breakfast 9:30 Exercise & News 10:00 PAWS- Visit W/Neily 10:00 Refreshments 10:15 Mail Time Puzzle 10:30 "ONE" Puzzle	11:30 Lunch 1:30 Pencil Art 2:00 Bingo-AL 2:30 Heavyweight Boxing Unscramble 2:55 Health Talk- AL 3:00 Snacktivity	4:30 Dinner 5:30 Sing-A-Long W/Everyone 5:30 Take a Stroll 6:00 Word Search 7:00 Snacks 7:15 Story Time
FRI, JAN 12	Happy B-Day Seborn T. 8:30 Breakfast 9:30 Exercise & News 9:30 Brain Exercise Initiative-UTSA Group 10:00 Refreshments 10:45 Lunch at McDonalds	11:30 Lunch 1:30 Puzzles 2:15 Root Beer Floats & Trivia- AL 3:00 Snacktivity 3:00 Piano Music W/Arland-AL	3:15 Balloon Tennis 4:30 Dinner 5:30 Take a Stroll 6:00 Table Games 6:15 MOVIE & POPCORN 7:00 Snacks 7:15 Card Games
SAT, JAN 13	8:30 Breakfast 9:30 Exercise & News 9:30 Brain Exercise Initiative-UTSA Group 10:00 Refreshments 10:15 Bingo 10:30 Water Painting	11:30 Lunch 1:30 Table Games 2:30 Louis Braille Search 3:00 Snacktivity 3:15 Ring Toss 4:30 Dinner 5:30 Take a Stroll	5:45 WATER THE GARDEN 6:00 Who Am I ? 6:15 Play Dominoes 7:00 Snacks 7:00 Lawrence Welk-TV

Franklin Park TPC Parkway • Week Three

SUN, JAN 14	8:30 Breakfast 9:30 Christian Worship 10:00 Refreshments 10:30 Coupon Clippers 11:30 Lunch 1:30 Card Games	2:30 Brain Exercise Initiative-UTSA Group 2:30 Utah Word Search 3:00 Snacktivity 3:15 Pencil Art 3:30 Spiritual Hymns 4:30 Dinner	4:30 Guitar Music W/Diego 5:30 Take a Stroll 6:15 Ring Toss 6:30 Table Games 7:00 Snacks 7:15 Puzzles
MON, JAN 15 	Martin Luther King Day 8:30 Breakfast 9:30 Exercise & News 10:00 Bingo 10:00 Refreshments 10:15 Catholic Communion 11:30 Lunch	1:30 Table Games 2:30 Martin Luther King Word Fit 3:00 Snacktivity 3:15 Balloon Volleyball 4:30 Dinner 5:30 PLAY HANGMAN	5:30 Take a Stroll 7:00 Snacks 7:15 Card Games
TUE, JAN 16	8:30 Breakfast 10:00 Refreshments 10:00 Exercise W/Ageility 10:30 Hidden in Plain Sight 11:30 Lunch 1:30 Puzzles	2:30 Window Shopping Shoes 3:00 Snacktivity 3:10 Bean Bag Toss 4:30 Dinner 5:30 Take a Stroll	5:30 Play WHAT DID IT COST 6:30 Easy Listening Music 7:00 Snacks 7:15 Table Games
WED, JAN 17	Happy B-Day Betty B. & Bethann L. 8:30 Breakfast 9:30 Exercise & News 9:30 PAWS-Visit W/Jasper 10:00 Spiritual Singing W/Stephanie	10:00 Bible Study-AL 10:15 Refreshments 10:30 Baby Animals Match 11:30 Lunch 2:00 Winter Tea Party- AL 2:30 Ladder Toss 3:00 Snacktivity	4:30 Dinner 5:30 Take a Stroll 5:30 PLAY BINGO 6:30 Table Games 7:00 Snacks 7:15 Match the Socks
THU, JAN 18	Happy B-Day Jim F. 8:30 Breakfast 9:30 Exercise & News 10:00 Tom Jackson Historical Program- AL 10:00 Refreshments 10:00 PAWS- Visit W/Neily	10:30 Story- A Tale of Two Dresses 11:30 Lunch 1:30 Pencil Art 2:00 Searching for Baby 2:00 Bingo-AL 3:00 Snacktivity	4:30 Dinner 5:30 Sing-A-Long W/Everyone 5:30 Take a Stroll 6:00 Word Search 7:00 Snacks 7:15 Story Time
FRI, JAN 19	8:30 Breakfast 9:30 Exercise & News 9:30 Brain Exercise Initiative-UTSA Group 10:00 Refreshments 10:00 Sing-A-Long W/jillian 10:15 Newfoundland Word Fit	11:30 Lunch 1:30 Puzzles 2:30 A-Mazing Bubble Bath 3:00 Snacktivity 3:15 Balloon Tennis 4:30 Dinner 5:30 Take a Stroll	6:00 Table Games 6:15 MOVIE & POPCORN 7:00 Snacks 7:15 Card Games
SAT, JAN 20	8:30 Breakfast 9:30 Exercise & News 9:30 Brain Exercise Initiative-UTSA Group 10:00 Refreshments 10:15 Bingo 10:30 Water Painting	11:30 Lunch 1:30 Table Games 2:30 The Last Frontier Search 3:00 Snacktivity 3:15 Ring Toss 4:30 Dinner	5:30 Take a Stroll 5:45 WATER THE GARDEN 6:00 Who Am I ? 6:15 Play Dominoes 7:00 Snacks 7:00 Lawrence Welk-TV

Franklin Park TPC Parkway • Week Four

SUN, JAN 21	<p>8:30 Breakfast 9:30 Christian Worship 10:00 Refreshments 10:30 Coupon Clippers 11:30 Lunch 1:30 Card Games</p>	<p>2:30 Brain Exercise Initiative-UTSA Group 2:30 Hot Soup Riddle Jumble 3:00 Snacktivity 3:15 Pencil Art 3:30 Spiritual Hymns</p>	<p>4:30 Dinner 4:30 Guitar Music W/Diego 5:30 Take a Stroll 6:15 Ring Toss 6:30 Table Games 7:00 Snacks 7:15 Puzzles</p>
MON, JAN 22	<p>8:30 Breakfast 9:30 Exercise & News 10:00 Bingo 10:00 Refreshments 10:00 Painting W/Gina 10:15 Catholic Communion 11:30 Lunch</p>	<p>1:30 Table Games 2:30 Spelling Inauguration 3:00 Snacktivity 3:15 Balloon Volleyball 4:30 Dinner 5:30 PLAY HANGMAN 5:30 Take a Stroll</p>	<p>7:00 Snacks 7:15 Card Games</p>
TUE, JAN 23	<p>8:30 Breakfast 10:00 Refreshments 10:00 Exercise W/Ageility 10:30 So Much Fun Puzzle 11:30 Lunch 1:30 Puzzles 2:30 Going by "Car"</p>	<p>3:00 Snacktivity 3:10 Bean Bag Toss 4:30 Dinner 5:30 Take a Stroll 5:30 Play WHAT DID IT COST 6:30 Easy Listening Music</p>	<p>7:00 Snacks 7:15 Table Games</p>
WED, JAN 24	<p>8:30 Breakfast 9:30 Exercise & News 9:30 PAWS-Visit W/Jasper 10:00 Drumming W/Kevin 10:00 Bible Study-AL 10:15 Refreshments</p>	<p>10:30 Bringing up Baby Crossword 11:30 Lunch 2:00 Hula Hoop Contest & Ice Cream Sundaes- AL 2:30 Ladder Toss 3:00 Snacktivity</p>	<p>4:30 Dinner 5:30 PLAY BINGO 5:30 Take a Stroll 6:30 Table Games 7:00 Snacks 7:15 Match the Socks</p>
THU, JAN 25 	<p>8:30 Breakfast 9:30 Exercise & News 10:00 Refreshments 10:00 PAWS- Visit W/Neily 10:00 Rock 'n' Roll Puzzle 10:30 Correct Spelling 11:30 Lunch</p>	<p>1:30 Pencil Art 2:00 Bingo-AL 3:00 Snacktivity 4:30 Dinner 5:30 Take a Stroll 5:30 Sing-A-Long W/Everyone</p>	<p>6:00 Word Search 7:00 Snacks 7:15 Story Time</p>
FRI, JAN 26	<p>8:30 Breakfast 9:30 Exercise & News 9:30 Brain Exercise Initiative-UTSA Group 10:00 Refreshments 10:00 What did it Cost?</p>	<p>10:30 History of the Golden Globes Puzzle 11:30 Lunch 1:30 Puzzles 2:00 50's SOCK HOP- AL 3:00 Snacktivity 3:15 Balloon Tennis</p>	<p>4:30 Dinner 5:30 Take a Stroll 6:00 Table Games 6:15 MOVIE & POPCORN 7:00 Snacks 7:15 Card Games</p>
SAT, JAN 27	<p>8:30 Breakfast 9:30 Exercise & News 9:30 Brain Exercise Initiative-UTSA Group 10:00 Refreshments 10:15 Bingo 10:30 Water Painting</p>	<p>11:30 Lunch 1:30 Table Games 2:30 Tom Selleck Search 3:00 Snacktivity 3:15 Ring Toss 4:30 Dinner 5:30 Take a Stroll</p>	<p>5:45 WATER THE GARDEN 6:00 Who Am I ? 6:15 Play Dominoes 7:00 Snacks 7:00 Lawrence Welk-TV</p>

Franklin Park TPC Parkway • Week Five

SUN, JAN 28	<p>8:30 Breakfast 9:30 Christian Worship 10:00 Refreshments 10:30 Coupon Clippers 11:30 Lunch 1:30 Card Games</p>	<p>2:30 Brain Exercise Initiative-UTSA Group 2:30 Secret Robert Burns Quote 3:00 Snacktivity 3:15 Pencil Art 3:30 Spiritual Hymns</p>	<p>4:30 Dinner 4:30 Guitar Music W/Diego 5:30 Take a Stroll 6:15 Ring Toss 6:30 Table Games 7:00 Snacks 7:15 Puzzles</p>
MON, JAN 29	<p>8:30 Breakfast 9:30 Exercise & News 10:00 Bingo 10:00 Refreshments 10:15 Catholic Communion 10:30 Bake Cinnamon Rolls 11:30 Lunch</p>	<p>1:30 Table Games 2:30 Grade "A" Crossword 3:00 Snacktivity 3:15 Balloon Volleyball 4:30 Dinner 5:30 PLAY HANGMAN 5:30 Take a Stroll</p>	<p>7:00 Snacks 7:15 Card Games</p>
TUE, JAN 30	<p>8:30 Breakfast 10:00 Refreshments 10:00 Exercise W/Ageility 10:30 Think Fast Game 11:30 Lunch 1:30 Puzzles 2:30 Free to Ski Word Fit</p>	<p>3:00 Snacktivity 3:10 Bean Bag Toss 4:30 Dinner 5:30 Take a Stroll 5:30 Play WHAT DID IT COST 6:30 Easy Listening Music</p>	<p>7:00 Snacks 7:15 Table Games</p>
WED, JAN 31	<p>8:30 Breakfast 9:30 PAWS-Visit W/Jasper 9:30 Exercise & News 10:00 Make Creamy Banana Dip 10:00 Bible Study-AL 10:15 Refreshments</p>	<p>10:30 Valentine Heart Craft 11:30 Lunch 2:30 Ladder Toss 2:45 Fun Trivia 3:00 Snacktivity 4:30 Dinner 5:30 PLAY BINGO</p>	<p>5:30 Take a Stroll 6:30 Table Games 7:00 Snacks 7:15 Match the Socks</p>



Senior Living with Style!



Happy Birthday!

Michael F..... 1/11
Seborn T..... 1/12
Betty B..... 1/17
Bethann L..... 1/17
Jim F..... 1/18
John V..... 1/19
Earline S..... 1/20
Philip M..... 1/24
Peggy M..... 1/27
Sarah F..... 1/28
Bonnie F..... 1/28



Welcome!

Jane M.
Gordon M.
Duane S.
Francis B.



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