

#### September 2024

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Business Office Director

Racheal Espiritu

Memory Care Director **Tiffany Joe** 

Life Enrichment Director

Lara Sasser

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Director of Resident Care

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Assistant Director of Resident Care

Monica Castaneda

Maintenance Director

Wendy Shantz

Food & Beverage Director **Ralph Herrmann** 

#### **Leafing Summer Behind**

Welcome to September! It's an amazing and inspiring time of year. There's a crisp chill to the air. The leaves are transitioning, mesmerizing with their graceful change. It's hard to take your eyes off their stunning nature. And, it's also time to rotate the wardrobe and break out the colorful collection of light sweaters. Choose your favorite and get ready to look for a fall festival.

There are so many in September that it's hard to decide what to do. Many festivals are themed and focus on areas such as art, beer and wine, bluegrass, music in general, hopscotch, apples, and other yummy goods harvested in the fall (even collard greens). There's something for everyone.

The cool autumn air lends itself to plenty of outdoor fun. A few fall favorites include:

- Tailgating This isn't just for football games. Anyone can gather up a picnic to share on a tailgate!
- Communal gatherings outside to watch or participate in sporting events.
- Leaf "peeping" This can be done on a leisurely drive or on a lovely late afternoon stroll. The point is to embrace all the color of all those beautiful leaves falling.



		Franklin Park T	PC Pa	rkway • Week One		
SUN,	8:30	Breakfast	3:00	Snacktivity	7:00	Snacks
·	9:30	Christian Worship		Pencil Art	7:15	Puzzles
SEP 01	10:00	Refreshments	3:30	Spiritual Hymns		
	10:30	Coupon Clippers	4:30	Dinner		
	11:30	Lunch	5:30	Take a Stroll		
	1:30	Card Games	6:15	Ring Toss		
	2:30	Happy Labor Day Search	6:30	Table Games		
MON,		LABOR DAY	11:30	Lunch	5:30	Take a Stroll
·	8:30	Breakfast	1:30	Table Games	7:00	Snacks
SEP 02	9:30	Exercise & News	2:30	Hard at Work Crossword	7:15	Card Games
* ***	10:00	Bingo		Snacktivity		
3	1	Refreshments	3:15	Balloon Volleyball		
Dan	10110	Catholic Communion		Dinner		
* Labor bug	10:30	Tools of the Trade Match	5:30	PLAY HANGMAN		
TUE,	8:30	Breakfast	2:00	GARDENING CLUB	5:30	Play WHAT DID IT COST
*		Refreshments		One-Room Schoolhouse		Easy Listening Music
SEP 03	10:00	Exercise W/Ageility		Search		Snacks
		<b>Grandparents Day</b>	3:00	Snacktivity	7:15	<b>Table Games</b>
		Detective	3:10	Bean Bag Toss		
	11:30	Lunch		Dinner		
	1:30	Puzzles	5:30	Take a Stroll		
WED,	8:30	Breakfast	10:30	September IQ	4:30	Dinner
·	1	Exercise & News		Lunch		Take a Stroll
SEP 04	1	PAWS-Visit W/Jasper	2:00	Sing-A-Long W/ Jillian-	5:30	PLAY BINGO
		Bible Study-AL		AL	6:30	Table Games
		Spiritual Singing	2:15	A-Mazing Crossing Guard	7:00	Snacks
		W/Stephanie	2:30	Ladder Toss	7:15	Match the Socks
	10:15	Refreshments	3:00	Snacktivity		
THU,	8:30	Breakfast	11:30	Lunch	3:00	Librarian Ann- Author
•	1	Exercise & News		ZUMBA W/ ROXIE- AL		Talk- AL
SEP 05	1	Refreshments		Pencil Art	4:30	Dinner
A ROA		PAWS- Visit W/ Roger	2:00	Bingo-AL		Sing-A-Long W/Everyor
*	10:00	Balloon Tennis		What did it cost?		Word Search
*	10:30	Old Fashioned School	2:15	Searching for September	7:00	Snacks
FOOTBALL SEASON * BEGINS *		Days Crossword	3:00	Snacktivity	7:15	Story Time
FRI,	8:30	Breakfast	11:30	Lunch	5:30	Take a Stroll
•		Exercise & News		Puzzles		Table Games
SEP 06	1	Refreshments		Balloon Tennis		MOVIE & POPCORN
	I	Joys of Grandparenting		GUITAR MUSIC W/		Snacks
		Search		MARCO	7:15	Card Games
	10:30	Matching Knitting	3:00	Snacktivity		
		Baskets	4:30	Dinner		
SAT,	8:30	Breakfast	11:30	Lunch	5:30	Take a Stroll
•	1	Exercise & News		Table Games		WATER THE GARDEN
SEP 07	1	Brain Exercise		A-Mazing Grandparents		Who Am I?
		Initiative-UTSA Group		Day	6:15	Play Dominoes
	10:00	Refreshments	3:00	Snacktivity		Lawrence Welk-TV
	10:15	Bingo	3:15	Ring Toss	7:00	Snacks
	10:30	Water Painting	4:30	Dinner		
	1					

		Franklin Park T	PC Pa	rkway • Week Two		
SUN,	0.20	GRANDPARENTS DAY	2:30	Grandparents Day		Ring Toss Table Games
SEP 08	1	Breakfast Christian Worship	3.00	Activity Match Snacktivity		Snacks
	1	Refreshments		Pencil Art		Puzzles
	1	Coupon Clippers		Spiritual Hymns		
· Children	1	Lunch		Dinner		
andpapents Var	1:30	Card Games	5:30	Take a Stroll		
MON,		Happy B-Day Sandy T.	10:30	Piano Music W/Arland	3:00	Snacktivity
SEP 09		Breakfast		Lunch		Balloon Volleyball
OLI US	1	Exercise & News		Table Games		Dinner
	1	Bingo Refreshments	2:00	LUAU Happy Hour W/Kai- AL		PLAY HANGMAN Take a Stroll
	1	Catholic Communion	2:30	Famous September		Snacks
	1	Pencil Art		Birthday Search		Card Games
T	0.20	Breakfast	0.20	Work-Related Finish the	0.20	Facultistanian Music
TUE,		Refreshments	2:30	Lines		Easy Listening Music Snacks
SEP 10	1	Exercise W/Ageility	3:00	Snacktivity		Table Games
		Play Would You Rather ?		Bean Bag Toss		
	11:30	Lunch	4:30	Dinner		
	1	Puzzles		Take a Stroll		
	2:00	GARDENING CLUB	5:30	Play WHAT DID IT COST		
WED,	8:30	Breakfast	11:30	Lunch	5:30	PLAY BINGO
SEP 11	1	Exercise & News	2:00	50's Sock Hop & Coke		Table Games
SEP II	1	PAWS-Visit W/Jasper		Floats- AL		Snacks
		Bible Study-AL		Ladder Toss	7:15	Match the Socks
	10:00	Searching for School Subjects		Snacktivity Dinner		
PATRIOT DAY	10:15	Refreshments		Take a Stroll		
	0.00	Descriptions	4.00	ZUMDA W/ DOVIE AL	5.00	Talas a Otracil
THU,	1	Breakfast Exercise & News		ZUMBA W/ ROXIE- AL Pencil Art		Take a Stroll Sing-A-Long W/Everyone
<b>SEP 12</b>		Refreshments		Bingo-AL		Word Search
	1	PAWS- Visit W/ Roger		What did it cost?		Snacks
		Balloon Tennis	2:15	School Days Bingo	7:15	Story Time
	1	Secret Education Quote		Snacktivity		
	11:30	Lunch	4:30	Dinner		
FRI,	7:30	MEN'S BREAKFAST-	11:30	Lunch	3:00	Piano Music W/ Arland-
SEP 13		AL		Puzzles		AL
JET 13	1	Breakfast		Balloon Tennis		Dinner
	1	Exercise & News Refreshments	2:00	GUITAR MUSIC W/ MARCO		Table Games MOVIE & POPCORN
	1	Which is the Correct	2:30	Trivia & Treats- AL		Snacks
		Spelling		Snacktivity		Card Games
CAT	8-30	Breakfast	11.30	Lunch	5:45	WATER THE GARDEN
SAT,		Exercise & News		Table Games		Who Am I?
SEP 14		Brain Exercise		Virginia Search		Play Dominoes
$\sim$		Initiative-UTSA Group	3:00	Snacktivity	7:00	Lawrence Welk-TV
NATIONAL	1	Refreshments		Ring Toss	7:00	Snacks
COLORING	1	Bingo Water Painting		Dinner		
DAY	10:30	Water Painting	5:30	Take a Stroll		
All Programs Are	Subject <sup>*</sup>	To Change With Notice. Please	Refer to	the Posted Daily Schedule.	FRANKLII	N PARK TPC PARKWAY • MCRW

		Franklin Park TP	C Pai	kway • Week Three		
SUN,	8:30	Breakfast	3:00	Snacktivity	7:00	Snacks
•	9:30	Christian Worship	3:15	Pencil Art	7:15	Puzzles
SEP 15	10:00	Refreshments	3:30	Spiritual Hymns		
	10:30	Coupon Clippers	4:30	Dinner		
	11:30	Lunch	5:30	Take a Stroll		
	1	Card Games		Ring Toss		
	2:30	Michael Douglas Search	6:30	Table Games		
MON,	8:30	Breakfast	1:30	Table Games	5:30	Take a Stroll
•	9:30	Exercise & News	2:30	Healthy Lifestyle	7:00	Snacks
SEP 16	10:00	Bingo		Crossword	7:15	Card Games
	10:00	Refreshments	3:00	Snacktivity		
	10:15	<b>Catholic Communion</b>	3:15	Balloon Volleyball		
	10:30	Pencil Art	4:30	Dinner		
	11:30	Lunch	5:30	PLAY HANGMAN		
TUE,	8:30	Breakfast	2:30	Mixed-up School Supplies	7:00	Snacks
•	1 0100	Refreshments		Snacktivity		Table Games
<b>SEP 17</b>	10:00	Exercise W/Ageility		Bean Bag Toss		
		Remembering Homework		Dinner		
		Lunch		Take a Stroll		
	1:30	Puzzles	5:30	Play WHAT DID IT COST		
	2:00	GARDENING CLUB	6:30	Easy Listening Music		
WED,	8:30	Breakfast	11:30	Lunch	6:30	Table Games
•	9:30	Exercise & News		Story- Open House		Snacks
SEP 18	1	PAWS-Visit W/Jasper		Ladder Toss	7:15	Match the Socks
FULI		Bible Study-AL		Snacktivity		
		Spiritual Singing		Dinner		
• • •		W/Stephanie	5:30	Take a Stroll		
Moon	10:15	Refreshments	5:30	PLAY BINGO		
THU,	8:30	Breakfast	11:30	Lunch	4:30	Dinner
•	9:30	Exercise & News	1:00	ZUMBA W/ ROXIE- AL	5:30	Take a Stroll
<b>SEP 19</b>	10:00	Refreshments	1:30	Pencil Art	5:30	Sing-A-Long W/Everyone
	10:00	PAWS- Visit W/ Roger	2:00	Bingo-AL	6:00	Word Search
	10:00	Balloon Tennis	2:15	What did it cost?	7:00	Snacks
	10:30	Hooked on Books	2:15	Mexico City Word Fit	7:15	Story Time
		Detective	3:00	Snacktivity		
FRI,	8:30	Breakfast	2:00	Balloon Tennis	6:00	Table Games
•	9:30	Exercise & News	2:00	GUITAR MUSIC W/	6:15	<b>MOVIE &amp; POPCORN</b>
SEP 20	10:00	Refreshments		MARCO		Snacks
	10:00	Sing-A-Long W/ Mike	2:30	Condiment Bar Search	7:15	Card Games
		Lawyer up Match	3:00	Snacktivity		
	11:30	Lunch	4:30	Dinner		
	1:30	Puzzles	5:30	Take a Stroll		
SAT,		Happy B-Day Julie T.	10:30	Water Painting	5:45	WATER THE GARDEN
_	8:30	Breakfast	11:30	Lunch	6:00	Who Am I?
<b>SEP 21</b>	9:30	Exercise & News	1:30	Table Games	6:15	Play Dominoes
*	9:30	Brain Exercise		Snacktivity		Lawrence Welk-TV
Gratitude**		Initiative-UTSA Group		Ring Toss	7:00	Snacks
Day	1	Refreshments		Dinner		
*	10:15	Bingo	5:30	Take a Stroll		

	Franklin Park T	PC Parkway • Week Four	
SUN, SEP 22 Fall Begins	FIRST DAY OF AUTUMN B-Day Emerence M. 8:30 Breakfast 9:30 Christian Worship 10:00 Refreshments 10:30 Coupon Clippers 11:30 Lunch	1:30 Card Games 3:00 Snacktivity 3:15 Pencil Art 3:30 Spiritual Hymns 4:30 Dinner 5:30 Take a Stroll 6:15 Ring Toss	6:30 Table Games 7:00 Snacks 7:15 Puzzles
MON, SEP 23	8:30 Breakfast 9:30 Exercise & News 10:00 Bingo 10:00 Refreshments 10:15 Catholic Communion 10:30 Pencil Art 11:30 Lunch	1:30 Table Games 2:00 Happy Hour- AL 3:00 Snacktivity 3:15 Balloon Volleyball 4:30 Dinner 5:30 PLAY HANGMAN 5:30 Take a Stroll	7:00 Snacks 7:15 Card Games
TUE, SEP 24	8:30 Breakfast 10:00 Refreshments 10:00 Exercise W/Ageility 10:30 Corn Categories 11:30 Lunch 1:30 Puzzles 2:00 GARDENING CLUB	2:30 Play Toss Across 3:00 Snacktivity 3:10 Bean Bag Toss 4:30 Dinner 5:30 Take a Stroll 5:30 Play WHAT DID IT COST 6:30 Easy Listening Music	7:00 Snacks 7:15 Table Games
WED, SEP 25	8:30 Breakfast 9:30 Exercise & News 9:30 PAWS-Visit W/Jasper 10:00 Bible Study-AL 10:00 Drumming W/ Kevin 10:15 Refreshments 11:30 Lunch	2:15 Hispanic Heritage Crossword 2:30 Ladder Toss 3:00 Snacktivity 4:30 Dinner 5:30 Take a Stroll 5:30 PLAY BINGO	6:30 Table Games 7:00 Snacks 7:15 Match the Socks
THU, SEP 26	8:30 Breakfast 9:30 Exercise & News 10:00 Refreshments 10:00 PAWS- Visit W/ Roger 10:00 Balloon Tennis 10:30 Fall Crafts 11:30 Lunch	1:00 ZUMBA W/ ROXIE- AL 1:30 Pencil Art 2:00 Bingo-AL 2:15 What did it cost ? 2:15 Detroit Tigers Word Fit 3:00 Snacktivity 4:30 Dinner	5:30 Take a Stroll 5:30 Sing-A-Long W/Everyone 6:00 Word Search 7:00 Snacks 7:15 Story Time
FRI, SEP 27	Happy B-Day Douglas J. 8:30 Breakfast 9:30 Exercise & News 10:00 Refreshments 10:00 Make Pumpkin Dip 10:30 Secret Grandma Moses Quote	11:30 Lunch 1:30 Puzzles 2:00 Balloon Tennis 2:00 GUITAR MUSIC W/ MARCO 3:00 Snacktivity 4:30 Dinner	5:30 Take a Stroll 6:00 Table Games 6:15 MOVIE & POPCORN 7:00 Snacks 7:15 Card Games
SAT, SEP 28	8:30 Breakfast 9:30 Exercise & News 9:30 Brain Exercise Initiative-UTSA Group 10:00 Refreshments 10:15 Bingo 10:30 Water Painting	11:30 Lunch 1:30 Table Games 2:30 Classical Music Era Search 3:00 Snacktivity 3:15 Ring Toss 4:30 Dinner	5:30 Take a Stroll 5:45 WATER THE GARDEN 6:00 Who Am I ? 6:15 Play Dominoes 7:00 Lawrence Welk-TV 7:00 Snacks
All Programs Are	Subject To Change With Notice. Please	e Refer to the Posted Daily Schedule.	FRANKLIN PARK TPC PARKWAY • MCRW

# SUN, **SEP 29**

MON,

**SEP 30** 

### Franklin Park TPC Parkway • Week Five

8:30 Breakfast

9:30 Christian Worship

10:00 Refreshments

10:30 Coupon Clippers

11:30 Lunch

1:30 Card Games

2:30 Columbo Search

3:00 Snacktivity

7:00 Snacks 3:15 Pencil Art 7:15 Puzzles

7:00 Snacks

7:15 Card Games

3:30 Spiritual Hymns 4:30 Dinner

5:30 Take a Stroll

6:15 Ring Toss

6:30 Table Games

8:30 Breakfast

9:30 Exercise & News

10:00 Bingo

10:00 Refreshments

10:15 Catholic Communion

10:30 Pencil Art

11:30 Lunch

1:30 Table Games

2:30 FUN Trivia 3:00 Snacktivity

3:15 Balloon Volleyball

4:30 Dinner

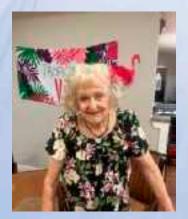
5:30 PLAY HANGMAN

5:30 Take a Stroll



# Senior Living with Style!





















## Employee of the Month

We are very excited to announce that Eva Salcedo has been selected as EMPLOYEE OF THE MONTH!!

Eva has been with Franklin Park TPC for four months and has made quite an impression on our residents and staff. She always has a smile on her face and is willing to jump in on the fun with the residents. Eva not only cleans the resident's rooms but also ensures that each resident feels valued and cared for during her visit. Residents frequently give her glowing praise on a job well done.

Please join us in congratulating Eva for her exceptional work ethic and contributions to our community. We are grateful to have you as part of our team!!

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