



# SENIOR LIVING *with Style!*

FRANKLIN PARK TPC PARKWAY

October 2024

Executive Director

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**Racheal Bellville**

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Assistant Director of Resident Care

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**Wendy Shantz**

Food & Beverage Director

**Ralph Herrmann**

MC REFRESHING WATERS

## All About Bobbing for Apples

After the seasons changed last month, there's been a nip in the air and now the door is wide open for fall festivals filled with games, hayrides, corn mazes, pumpkin patches and more. And, there's one game we've continued to play for decades that is beyond beloved. It's the ancient art of "bobbing for apples."

You fill a giant tub with water, add apples and do your best to grab as many as you can with just your teeth. Apparently, that's harder than it sounds, which probably makes sense if we look at the pastime's history.

This "love game" has European roots that go back hundreds of years and was used in the act of courtship. One version of the game included a female bobbing for apples. Each apple representing a particular male or love interest. If she bit into her love apple in a single bite, it was seen as a sign, with fate offering the green light on their engagement. Two tries at a bite wasn't good. That indicated the lady and her love would be fine mates, but their love would be fleeting. Lastly, if the lady made three or more attempts at a bite into a fate-filled apple, the relationship was a no-go. The couple was advised not to bother with acting on their love for one another.

Moving forward, the game became a key act in welcoming the new fall harvest, stemming from a Celtic tradition. Irish and European immigrants brought the game to North America, and it slowly became much less related to love and more related to Halloween's history.



Franklin Park TPC Parkway • Week One



<b>TUE, OCT 01</b>	8:30 Breakfast 10:00 Refreshments 10:00 Exercise W/Ageility 10:30 Oktoberfest FUN Match 11:30 Lunch 1:30 Puzzles 2:00 GARDENING CLUB	2:30 Julie Andrews Birthday 3:00 Snacktivity 3:10 Bean Bag Toss 4:30 Dinner 5:30 Take a Stroll 5:30 Play WHAT DID IT COST 6:30 Easy Listening Music	7:00 Snacks 7:15 Table Games
<b>WED, OCT 02</b> 	8:30 Breakfast 9:30 Exercise & News 9:30 PAWS-Visit W/Jasper 10:00 Bible Study-AL 10:00 Spiritual Singing W/Stephanie 10:15 Refreshments	10:30 October IQ 11:30 Lunch 2:00 Searching for October 2:30 Ladder Toss 3:00 Snacktivity 4:30 Dinner 5:30 Take a Stroll	5:30 PLAY BINGO 6:30 Table Games 7:00 Snacks 7:15 Match the Socks
<b>THU, OCT 03</b>	8:30 Breakfast 9:30 Exercise & News 10:00 Refreshments 10:00 PAWS- Visit W/ Roger 10:00 Balloon Tennis 10:30 Play the Perfect 10 Game 11:30 Lunch	1:00 ZUMBA W/ ROXIE- AL 1:30 Pencil Art 2:00 Bingo-AL 2:15 What did it cost ? 2:30 Rascally Raccoons Search 3:00 Snacktivity	4:30 Dinner 5:30 Take a Stroll 5:30 Sing-A-Long W/Everyone 6:00 Word Search 7:00 Snacks 7:15 Story Time
<b>FRI, OCT 04</b> 	8:30 Breakfast 9:30 Exercise & News 10:00 Refreshments 10:00 Traditional Oktoberfest Feast Search 10:30 Fire on the Mountain Cloggers- AL	11:30 Lunch 1:30 Puzzles 2:00 GUITAR MUSIC W/ MARCO 2:30 Balloon Tennis 3:00 Snacktivity 4:30 Dinner	5:30 Take a Stroll 6:00 Table Games 6:15 MOVIE & POPCORN 7:00 Snacks 7:15 Card Games
<b>SAT, OCT 05</b>	8:30 Breakfast 9:30 Exercise & News 9:30 Brain Exercise Initiative-UTSA Group 10:00 Refreshments 10:15 Bingo 10:30 Water Painting	11:30 Lunch 1:30 Table Games 2:30 Country Music Stars Search 3:00 Snacktivity 3:15 Ring Toss 4:30 Dinner	5:30 Take a Stroll 5:45 WATER THE GARDEN 6:00 Who Am I ? 6:15 Play Dominoes 7:00 Lawrence Welk-TV 7:00 Snacks

Franklin Park TPC Parkway • Week Two

<b>SUN, OCT 06</b>	8:30 Breakfast 9:30 Christian Worship 10:00 Refreshments 10:30 Coupon Clippers 11:30 Lunch 1:30 Card Games 2:30 Groucho Marx Search	2:30 Brain Exercise- UTSA Group 3:00 Snacktivity 3:15 Pencil Art 3:30 Spiritual Hymns 4:30 Dinner 5:30 Take a Stroll	6:15 Ring Toss 6:30 Table Games 7:00 Snacks 7:15 Puzzles
<b>MON, OCT 07</b>	8:30 Breakfast 9:30 Exercise & News 10:00 Refreshments 10:00 Halloween Painting W/Gina 10:15 Catholic Communion 10:30 Pencil Art	11:30 Lunch 1:30 Table Games 2:30 Famous October Birthday Search 3:00 Snacktivity 3:15 Balloon Volleyball 4:30 Dinner	5:30 PLAY HANGMAN 5:30 Take a Stroll 7:00 Snacks 7:15 Card Games
<b>TUE, OCT 08</b>	8:30 Breakfast 10:00 Refreshments 10:00 Exercise W/Ageility 10:30 Untidy Crafter Detective 11:30 Lunch 1:30 Puzzles 2:00 GARDENING CLUB	2:30 Which one Doesn't Belong 3:00 Snacktivity 3:10 Bean Bag Toss 4:30 Dinner 5:30 Take a Stroll 5:30 Play WHAT DID IT COST	6:30 Easy Listening Music 7:00 Snacks 7:15 Table Games
<b>WED, OCT 09</b>	8:30 Breakfast 9:30 Exercise & News 9:30 PAWS-Visit W/Jasper 10:00 Bible Study-AL 10:00 Make Halloween Ghosts 10:15 Refreshments 10:30 Searching for Tea	11:30 Lunch 1:40 Happy Tails Show 2:15 Play Ball Crossword 2:30 Ladder Toss 3:00 Snacktivity 4:30 Dinner 5:30 Take a Stroll	5:30 PLAY BINGO 6:30 Table Games 7:00 Snacks 7:15 Match the Socks
<b>THU, OCT 10</b>	Happy B-Day Mary Ann J. 8:30 Breakfast 9:30 Exercise & News 10:00 Refreshments 10:00 PAWS- Visit W/ Roger 10:00 Balloon Tennis 10:30 10 Clue What Is It ?	11:30 Lunch 1:00 ZUMBA W/ ROXIE- AL 1:30 Pencil Art 2:00 Bingo-AL 2:15 What did it cost ? 2:30 At the Bookstore Crossword	3:00 Snacktivity 4:30 Dinner 5:30 Take a Stroll 5:30 Sing-A-Long W/Everyone 6:00 Word Search 7:00 Snacks 7:15 Story Time
<b>FRI, OCT 11</b> 	7:30 MEN'S BREAKFAST- AL 8:30 Breakfast 9:30 Exercise & News 10:00 Refreshments 10:00 Make Caramel Grapes	10:30 Celestial Navigation Match 11:30 Lunch 1:30 Puzzles 2:00 GUITAR MUSIC W/ MARCO 2:30 Balloon Tennis	2:30 Believable or Batty? Trivia- AL 3:00 Snacktivity 3:00 Piano Music W/Arland- AL 4:30 Dinner 5:30 Take a Stroll 6:00 Table Games
<b>SAT, OCT 12</b>	8:30 Breakfast 9:30 Exercise & News 9:30 Brain Exercise Initiative-UTSA Group 10:00 Refreshments 10:15 Bingo 10:30 Water Painting	11:30 Lunch 1:30 Table Games 2:30 Exposing the Secret Word 3:00 Snacktivity 3:15 Ring Toss 4:30 Dinner 5:30 Take a Stroll	5:45 WATER THE GARDEN 6:00 Who Am I ? 6:15 Play Dominoes 7:00 Lawrence Welk-TV 7:00 Snacks



Franklin Park TPC Parkway • Week Three			
<b>SUN, OCT 13</b>	<b>8:30</b> Breakfast <b>9:30</b> Christian Worship <b>10:00</b> Refreshments <b>10:30</b> Coupon Clippers <b>11:30</b> Lunch <b>1:30</b> Card Games	<b>2:30</b> Brain Exercise- UTSA Group <b>2:30</b> Best Chili Ever Crossword <b>3:00</b> Snacktivity <b>3:15</b> Pencil Art <b>3:30</b> Spiritual Hymns	<b>4:30</b> Dinner <b>5:30</b> Take a Stroll <b>6:15</b> Ring Toss <b>6:30</b> Table Games <b>7:00</b> Snacks <b>7:15</b> Puzzles
<b>MON, OCT 14</b> 	<b>COLUMBUS DAY</b> <b>8:30</b> Breakfast <b>9:30</b> Exercise & News <b>10:00</b> Refreshments <b>10:00</b> What Happened to Columbus Ships ? <b>10:15</b> Catholic Communion	<b>10:30</b> Pencil Art <b>10:30</b> Piano Music W/Arland <b>11:30</b> Lunch <b>1:30</b> Table Games <b>2:00</b> Happy Hour W/Kai- AL <b>2:30</b> Columbus Day Poem Search	<b>3:00</b> Snacktivity <b>3:15</b> Balloon Volleyball <b>4:30</b> Dinner <b>5:30</b> PLAY HANGMAN <b>7:00</b> Snacks <b>7:15</b> Card Games
<b>TUE, OCT 15</b>	<b>8:30</b> Breakfast <b>10:00</b> Refreshments <b>10:00</b> Exercise W/Ageility <b>10:30</b> GREAT Categories <b>11:30</b> Lunch <b>1:30</b> Puzzles <b>2:00</b> GARDENING CLUB	<b>2:30</b> Who Knows the Answer? <b>3:00</b> Snacktivity <b>3:10</b> Bean Bag Toss <b>4:30</b> Dinner <b>5:30</b> Take a Stroll <b>5:30</b> Play WHAT DID IT COST <b>6:30</b> Easy Listening Music	<b>7:00</b> Snacks <b>7:15</b> Table Games
<b>WED, OCT 16</b>	<b>8:30</b> Breakfast <b>9:30</b> Exercise & News <b>9:30</b> PAWS-Visit W/Jasper <b>10:00</b> Bible Study-AL <b>10:00</b> Spiritual Singing W/Stephanie <b>10:15</b> Refreshments	<b>10:30</b> Can you See the Big Picture <b>11:30</b> Lunch <b>2:30</b> Ladder Toss <b>2:30</b> ARMCHAIR ASTRONOMY-AL <b>3:00</b> Snacktivity	<b>4:30</b> Dinner <b>5:30</b> Take a Stroll <b>5:30</b> PLAY BINGO <b>6:30</b> Table Games <b>7:00</b> Snacks <b>7:15</b> Match the Socks
<b>THU, OCT 17</b> 	<b>8:30</b> Breakfast <b>9:30</b> Exercise & News <b>10:00</b> Refreshments <b>10:00</b> PAWS- Visit W/ Roger <b>10:00</b> Balloon Tennis <b>10:30</b> Double Trouble <b>11:30</b> Lunch	<b>1:00</b> ZUMBA W/ ROXIE- AL <b>1:30</b> Pencil Art <b>2:00</b> Bingo-AL <b>2:15</b> What did it cost ? <b>2:30</b> Matching Crochet Bears <b>3:00</b> Snacktivity <b>4:30</b> Dinner	<b>5:30</b> Take a Stroll <b>5:30</b> Sing-A-Long W/Everyone <b>6:00</b> Word Search <b>7:00</b> Snacks <b>7:15</b> Story Time
<b>FRI, OCT 18</b>	<b>8:30</b> Breakfast <b>9:30</b> Exercise & News <b>10:00</b> Refreshments <b>10:00</b> Matching Tarot Cards <b>10:30</b> Play Toss Across <b>11:30</b> Lunch <b>1:30</b> Puzzles	<b>2:00</b> GUITAR MUSIC W/ MARCO <b>2:30</b> Balloon Tennis <b>3:00</b> Snacktivity <b>4:30</b> Dinner <b>5:30</b> Take a Stroll <b>6:00</b> Table Games	<b>6:15</b> MOVIE & POPCORN <b>7:00</b> Snacks <b>7:15</b> Card Games
<b>SAT, OCT 19</b>	<b>8:30</b> Breakfast <b>9:30</b> Exercise & News <b>9:30</b> Brain Exercise Initiative-UTSA Group <b>10:00</b> Refreshments <b>10:15</b> Bingo <b>10:30</b> Water Painting	<b>11:30</b> Lunch <b>1:30</b> Table Games <b>2:30</b> Missing First Letter <b>3:00</b> Snacktivity <b>3:15</b> Ring Toss <b>4:30</b> Dinner <b>5:30</b> Take a Stroll	<b>5:45</b> WATER THE GARDEN <b>6:00</b> Who Am I ? <b>6:15</b> Play Dominoes <b>7:00</b> Lawrence Welk-TV <b>7:00</b> Snacks
All Programs Are Subject To Change With Notice. Please Refer to the Posted Daily Schedule.			

FRANKLIN PARK TPC PARKWAY • MCRW

Franklin Park TPC Parkway • Week Four			
<b>SUN, OCT 20</b>	<b>8:30</b> Breakfast <b>9:30</b> Christian Worship <b>10:00</b> Refreshments <b>10:30</b> Coupon Clippers <b>11:30</b> Lunch <b>1:30</b> Card Games	<b>2:30</b> Brain Exercise- UTSA Group <b>2:30</b> Spelling Architecture <b>3:00</b> Snacktivity <b>3:15</b> Pencil Art <b>3:30</b> Spiritual Hymns <b>4:30</b> Dinner	<b>5:30</b> Take a Stroll <b>6:15</b> Ring Toss <b>6:30</b> Table Games <b>7:00</b> Snacks <b>7:15</b> Puzzles
<b>MON, OCT 21</b>	<b>8:30</b> Breakfast <b>9:30</b> Exercise & News <b>10:00</b> Bingo <b>10:00</b> Refreshments <b>10:15</b> Catholic Communion <b>10:30</b> Pencil Art <b>11:30</b> Lunch	<b>1:30</b> Table Games <b>2:30</b> All About Bats Search <b>3:00</b> Snacktivity <b>3:15</b> Balloon Volleyball <b>4:30</b> Dinner <b>5:30</b> PLAY HANGMAN <b>5:30</b> Take a Stroll	<b>7:00</b> Snacks <b>7:15</b> Card Games
<b>TUE, OCT 22</b>	<b>8:30</b> Breakfast <b>10:00</b> Refreshments <b>10:00</b> Exercise W/Ageility <b>10:30</b> Story- Trudy & the Bat House <b>11:30</b> Lunch <b>1:30</b> Puzzles	<b>2:00</b> GARDENING CLUB <b>2:30</b> Mystery of Bats Word Fit <b>3:00</b> Snacktivity <b>3:10</b> Bean Bag Toss <b>4:30</b> Dinner <b>5:30</b> Take a Stroll <b>5:30</b> Play WHAT DID IT COST	<b>6:30</b> Easy Listening Music <b>7:00</b> Snacks <b>7:15</b> Table Games
<b>WED, OCT 23</b>	<b>8:30</b> Breakfast <b>9:30</b> Exercise & News <b>9:30</b> PAWS-Visit W/Jasper <b>10:00</b> Bible Study-AL <b>10:00</b> Outing to the Pumpkin Patch <b>10:15</b> Refreshments	<b>10:30</b> Gone Hunting Search <b>11:30</b> Lunch <b>2:15</b> A-Mazing Smiles <b>2:30</b> Ladder Toss <b>3:00</b> Snacktivity <b>4:30</b> Dinner <b>5:30</b> Take a Stroll	<b>5:30</b> PLAY BINGO <b>6:30</b> Table Games <b>7:00</b> Snacks <b>7:15</b> Match the Socks
<b>THU, OCT 24</b>	<b>8:30</b> Breakfast <b>9:30</b> Exercise & News <b>10:00</b> Refreshments <b>10:00</b> PAWS- Visit W/ Roger <b>10:00</b> Balloon Tennis <b>10:30</b> Halloween Family Feud <b>11:30</b> Lunch	<b>1:00</b> ZUMBA W/ ROXIE- AL <b>1:30</b> Pencil Art <b>2:00</b> Bingo-AL <b>2:15</b> What did it cost ? <b>2:30</b> At the Roller Rink Puzzle <b>3:00</b> Snacktivity <b>4:30</b> Dinner	<b>5:30</b> Take a Stroll <b>5:30</b> Sing-A-Long W/Everyone <b>6:00</b> Word Search <b>7:00</b> Snacks <b>7:15</b> Story Time
<b>FRI, OCT 25</b>	<b>8:30</b> Breakfast <b>9:30</b> Exercise & News <b>10:00</b> Refreshments <b>10:00</b> Make Pumpkin Pudding Cookies <b>10:30</b> A-Mazing Pumpkin Seeds <b>11:30</b> Lunch	<b>1:30</b> Puzzles <b>2:00</b> GUITAR MUSIC W/ MARCO <b>2:30</b> Balloon Tennis <b>3:00</b> Snacktivity <b>4:30</b> Dinner <b>5:30</b> Take a Stroll	<b>6:00</b> Table Games <b>6:15</b> MOVIE & POPCORN <b>7:00</b> Snacks <b>7:15</b> Card Games
<b>SAT, OCT 26</b>	<b>8:30</b> Breakfast <b>9:30</b> Exercise & News <b>9:30</b> Brain Exercise Initiative-UTSA Group <b>10:00</b> Refreshments <b>10:15</b> Bingo <b>10:30</b> Water Painting	<b>11:30</b> Lunch <b>1:30</b> Table Games <b>2:30</b> The Monster Match <b>3:00</b> Snacktivity <b>3:15</b> Ring Toss <b>4:30</b> Dinner <b>5:30</b> Take a Stroll	<b>5:45</b> WATER THE GARDEN <b>6:00</b> Who Am I ? <b>6:15</b> Play Dominoes <b>7:00</b> Lawrence Welk-TV <b>7:00</b> Snacks
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FRANKLIN PARK TPC PARKWAY • MCRW



Franklin Park TPC Parkway • Week Five

<b>SUN, OCT 27</b>	8:30 Breakfast 9:30 Christian Worship 10:00 Refreshments 10:30 Coupon Clippers 11:30 Lunch 1:30 Card Games	2:30 Brain Exercise- UTSA Group 2:30 Going Batty in Borneo Search 3:00 Snacktivity 3:15 Pencil Art 3:30 Spiritual Hymns	4:30 Dinner 5:30 Take a Stroll 6:15 Ring Toss 6:30 Table Games 7:00 Snacks 7:15 Puzzles
<b>MON, OCT 28</b>	8:30 Breakfast 9:30 Exercise & News 10:00 Bingo 10:00 Refreshments 10:15 Catholic Communion 10:30 Pencil Art 11:30 Lunch	1:30 Table Games 2:30 All Hallows Eve Word Fit 3:00 Snacktivity 3:15 Balloon Volleyball 4:30 Dinner 5:30 PLAY HANGMAN 5:30 Take a Stroll	7:00 Snacks 7:15 Card Games
<b>TUE, OCT 29</b>	8:30 Breakfast 10:00 Refreshments 10:00 Exercise W/Ageility 10:30 Haunted Halloween Detective 11:30 Lunch 1:30 Puzzles	2:00 GARDENING CLUB 2:30 Remembering Halloween Costumes 3:00 Snacktivity 3:10 Bean Bag Toss 4:30 Dinner 5:30 Take a Stroll	5:30 Play WHAT DID IT COST 6:30 Easy Listening Music 7:00 Snacks 7:15 Table Games
<b>WED, OCT 30</b>	8:30 Breakfast 9:30 Exercise & News 9:30 PAWS-Visit W/Jasper 10:00 Bible Study-AL 10:00 Drumming W/ Kevin 10:15 Refreshments 10:30 Whale of a Search	11:30 Lunch 2:15 BONES Categories 2:30 Ladder Toss 3:00 Snacktivity 4:30 Dinner 5:30 Take a Stroll 5:30 PLAY BINGO	6:30 Table Games 7:00 Snacks 7:15 Match the Socks
<b>THU, OCT 31</b> 	HALLOWEEN 8:30 Breakfast 9:30 Exercise & News 10:00 Refreshments 10:00 PAWS- Visit W/ Roger 10:00 Balloon Tennis 10:30 Trick or Treat Puzzle	11:30 Lunch 1:00 ZUMBA W/ ROXIE- AL 1:30 Pencil Art 2:00 Halloween Party- AL 2:15 What did it cost ? 2:30 Halloween Night Search 3:00 Snacktivity	4:30 Dinner 5:30 Take a Stroll 5:30 Sing-A-Long W/Everyone 6:00 Word Search 7:00 Snacks 7:15 Story Time

Happy Halloween  
October 31

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FRANKLIN PARK TPC PARKWAY • MCRW

Senior Living with Style!







## *Employee of the Month*

We are very excited to announce that Melissa Salazar has been selected as EMPLOYEE of the MONTH!!

Melissa has only been with us for a short five months but has made a big impact on our residents and families. She puts in that extra effort to make sure residents look their best. Melissa will curl their hair, put makeup on, and paint nails. She is always the first to pitch in to help any department. She works with Memory Care & Assisted Living residents, and they all love her. Melissa, we are very happy to have you as a member of our Franklin Park family.

Please join us in congratulating Melissa on this well-deserved recognition.

**Thank you, Melissa, for all you do.**

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