FRANKLIN PARK TPC PARKWAY

SENIOR LIVING

October 2024

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Life Enrichment Director
Lara Sasser

Sales & Marketing Director
Avery Holley

Director of Resident Care Amanda Kurtz

Assistant Director of Resident Care Monica Castaneda

> Maintenance Director Wendy Shantz

Food & Beverage Director Ralph Herrmann

All About Bobbing for Apples

After the seasons changed last month, there's been a nip in the air and now the door is wide open for fall festivals filled with games, hayrides, corn mazes, pumpkin patches and more. And, there's one game we've continued to play for decades that is beyond beloved. It's the ancient art of "bobbing for apples."

You fill a giant tub with water, add apples and do your best to grab as many as you can with just your teeth. Apparently, that's harder than it sounds, which probably makes sense if we look at the pastime's history.

This "love game" has European roots that go back hundreds of years and was used in the act of courtship. One version of the game included a female bobbing for apples. Each apple representing a particular male or love interest. If she bit into her love apple in a single bite, it was seen as a sign, with fate offering the green light on their engagement. Two tries at a bite wasn't good. That indicated the lady and her love would be fine mates, but their love would be

fleeting. Lastly, if the lady made three or more attempts at a bite into a fate-filled apple, the relationship was a no-go. The couple was advised not to bother with acting on their love for one another.

Moving forward, the game became a key act in welcoming the new fall harvest, stemming from a Celtic tradition. Irish and European immigrants brought the game to North America, and it slowly became much less related to love and more related to Halloween's history.

		Franklin Park TR	PC Pa	arkway • Week One		
TUE,		Breakfast		Julie Andrews Birthday		Snacks
OCT 01	1	Refreshments		Snacktivity	7:15	Table Games
		Exercise W/Ageility Oktoberfest FUN Match		Bean Bag Toss Dinner		
		Lunch		Take a Stroll		
		Puzzles		Play WHAT DID IT COST		
	2:00	GARDENING CLUB	6:30	Easy Listening Music		
WED,	8:30	Breakfast	10:30	October IQ	5:30	PLAY BINGO
•	9:30	Exercise & News	11:30	Lunch	6:30	Table Games
OCT 02	1	PAWS-Visit W/Jasper		Searching for October		Snacks
	1	Bible Study-AL		Ladder Toss	7:15	Match the Socks
	10:00	Spiritual Singing W/Stephanie		Snacktivity Dinner		
	10:15	Refreshments		Take a Stroll		
Rosh Hashanah						
THU,	1	Breakfast		ZUMBA W/ ROXIE- AL		Dinner
OCT 03		Exercise & News		Pencil Art		Take a Stroll
	1	Refreshments PAWS- Visit W/ Roger		Bingo-AL What did it cost ?		Sing-A-Long W/Everyone Word Search
	1	Balloon Tennis		Rascally Raccoons		Snacks
	1	Play the Perfect 10 Game		Search	7:15	Story Time
	11:30	Lunch	3:00	Snacktivity		
FRI,	8:30	Breakfast	11:30	Lunch	5:30	Take a Stroll
-	9:30	Exercise & News	1:30	Puzzles	6:00	Table Games
OCT 04	1	Refreshments	2:00	GUITAR MUSIC W/		MOVIE & POPCORN
HOLD STALL &	10:00	Traditional Oktoberfest Feast Search	2.20	MARCO Balloon Tennis		Snacks Card Games
	10:30	Fire on the Mountain		Snacktivity	7:15	Card Games
		Cloggers- AL		Dinner		
SAT,	8:30	Breakfast	11:30	Lunch	5:30	Take a Stroll
	9:30	Exercise & News	1:30	Table Games	5:45	WATER THE GARDEN
OCT 05	9:30	Brain Exercise	2:30	Country Music Stars		Who Am I ?
	10.00	Initiative-UTSA Group	2.00	Search Spacktivity		Play Dominoes Lawrence Welk-TV
	1	Refreshments Bingo		Snacktivity Ring Toss		Snacks
	1	Water Painting		Dinner		
		To Change With Notice, Disease				

SUN, 8:30 Breakfast 9:30 Christian Worship **OCT 06** 10:00 Refreshments 10:30 Coupon Clippers 11:30 Lunch 1:30 Card Games 2:30 Groucho Marx Search MON, 8:30 Breakfast 9:30 Exercise & News **OCT 07** 10:00 Refreshments 10:00 Halloween Painting W/Gina 10:15 Catholic Communion 10:30 Pencil Art TUE, 8:30 Breakfast 10:00 Refreshments **OCT 08** 10:00 Exercise W/Ageility 10:30 Untidy Crafter Detective 11:30 Lunch 1:30 Puzzles 2:00 GARDENING CLUB WED, 8:30 Breakfast 9:30 Exercise & News **OCT 09** 9:30 PAWS-Visit W/Jasper 10:00 Bible Study-AL 10:00 Make Halloween Ghosts 10:15 Refreshments 10:30 Searching for Tea THU, Happy B-Day Mary Ann J. 8:30 Breakfast **OCT 10** 9:30 Exercise & News 10:00 Refreshments 10:00 PAWS- Visit W/ Roger 10:00 Balloon Tennis 10:30 10 Clue What Is It? 7:30 MEN'S BREAKFAST-FRI, AL **OCT 11** 8:30 Breakfast 9:30 Exercise & News 10:00 Refreshments 10:00 Make Caramel Grapes YOM KIPPUR SAT, 8:30 Breakfast 9:30 Exercise & News **OCT 12** 9:30 Brain Exercise Initiative-UTSA Group 10:00 Refreshments 10:15 Bingo 10:30 Water Painting

Franklin Park TP

2:30Brain Exercise- UTSA Group6:15Ring Toss 6:303:00Snacktivity7:00Snacks3:15Pencil Art7:15Puzzles3:30Spiritual Hymns7:15Puzzles4:30Dinner5:30Take a Stroll11:30Lunch5:30Famous October Birthday Search5:302:30Snacktivity7:00Snacks3:00Snacktivity5:30Take a Stroll	
Group6:30 Table Games3:00 Snacktivity7:00 Snacks3:15 Pencil Art7:15 Puzzles3:30 Spiritual Hymns7:15 Puzzles4:30 Dinner5:30 Take a Stroll11:30 Lunch5:30 PLAY HANGMAN1:30 Table Games5:30 Take a Stroll2:30 Famous October Birthday Search7:15 Card Games3:00 Snacktivity7:15 Card Games	1
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2:30 Famous October Birthday Search7:00 Snacks 7:15 Card Games3:00 Snacktivity	
Search7:15 Card Games3:00 Snacktivity	
3:15 Balloon Volleyball	
4:30 Dinner	
2:30 Which one Doesn't 6:30 Easy Listening M	lusic
Belong 7:00 Snacks	
3:00 Snacktivity 7:15 Table Games	
3:10 Bean Bag Toss	
4:30 Dinner	
5:30 Take a Stroll	
5:30 Play WHAT DID IT COST	
11:30 Lunch 5:30 PLAY BINGO	
1:40 Happy Tails Show 6:30 Table Games	
2:15 Play Ball Crossword 7:00 Snacks	
2:30 Ladder Toss 7:15 Match the Socks	
3:00 Snacktivity	
4:30 Dinner 5:30 Take a Stroll	
11:30 Lunch 3:00 Snacktivity	
1:00 ZUMBA W/ ROXIE- AL 4:30 Dinner	
1:30 Pencil Art5:30 Take a Stroll	
2:00 Bingo-AL 5:30 Sing-A-Long W/E	veryone
2:15 What did it cost ?6:00 Word Search2:30 At the Bookstore7:00 Snacks	
2:30 At the Bookstore 7:00 Shacks Crossword 7:15 Story Time	
10:30 Celestial Navigation 2:30 Believable or Bat	tty?
Match Trivia- AL	
11:30 Lunch 3:00 Snacktivity	ulous d. Al
1:30 Puzzles3:00 Piano Music W/A2:00 GUITAR MUSIC W/4:30 Dinner	riand- AL
MARCO 5:30 Take a Stroll	
2:30 Balloon Tennis 6:00 Table Games	
11:30 Lunch 5:45 WATER THE GAR	RDEN
1:30 Table Games6:00 Who Am I ?	
2:30 Exposing the Secret Word 6:15 Play Dominoes	
3:00 Snacktivity 7:00 Lawrence Welk-T	V
3:15 Ring Toss7:00 Snacks4:30 Dinner	
5:30 Take a Stroll	
Refer to the Posted Daily Schedule ERANKLIN DARK TOC PARKWAY • MCI	

		Franklin Park I	PC Pa	kway • Week Three		
SUN,		Breakfast	2:30	Brain Exercise- UTSA		Dinner
OCT 13	1	Christian Worship		Group		Take a Stroll
001 13	1	Refreshments	2:30	Best Chili Ever		Ring Toss
	1	Coupon Clippers		Crossword		Table Games
		Lunch		Snacktivity		Snacks
	1:30	Card Games		Pencil Art	7:15	Puzzles
			3:30	Spiritual Hymns		
MON,		COLUMBUS DAY	10:30	Pencil Art	3:00	Snacktivity
	8:30	Breakfast	10:30	Piano Music W/Arland		Balloon Volleyball
OCT 14	9:30	Exercise & News	11:30	Lunch		Dinner
	10:00	Refreshments	1:30	Table Games	5:30	PLAY HANGMAN
	10:00	What Happened to	2:00	Happy Hour W/Kai- AL	5:30	Take a Stroll
		Columbus Ships ?	2:30	Columbus Day Poem	7:00	Snacks
Chambus Day INDIGENOUS	10:15	Catholic Communion		Search	7:15	Card Games
	8.20	Breakfast	2.20	Who Knows the Answer?	7.00	Snacks
TUE,		Refreshments		Snacktivity		Table Games
OCT 15		Exercise W/Ageility		Bean Bag Toss	7.15	Table Galles
••••••		GREAT Categories		Dinner		
		Lunch		Take a Stroll		
		Puzzles		Play WHAT DID IT COST		
		GARDENING CLUB		Easy Listening Music		
	2.00	GANDENING CEOD	0.50			
WED,	8:30	Breakfast	10:30	Can you See the Big	4:30	Dinner
	9:30	Exercise & News		Picture	5:30	Take a Stroll
OCT 16	9:30	PAWS-Visit W/Jasper	11:30	Lunch	5:30	PLAY BINGO
	10:00	Bible Study-AL	2:30	Ladder Toss	6:30	Table Games
	10:00	Spiritual Singing	2:30	ARMCHAIR ASTRONOMY-	7:00	Snacks
		W/Stephanie		AL	7:15	Match the Socks
	10:15	Refreshments	3:00	Snacktivity		
тин	8.30	Breakfast	1.00	ZUMBA W/ ROXIE- AL	5.30	Take a Stroll
THU,		Exercise & News		Pencil Art		Sing-A-Long W/Everyone
OCT 17		Refreshments		Bingo-AL		Word Search
FUL	1	PAWS- Visit W/ Roger		What did it cost ?		Snacks
10.9		Balloon Tennis		Matching Crochet Bears		Story Time
• • •		Double Trouble		Snacktivity	7.15	otory time
	1	Lunch		Dinner		
MDON	11.00	Lunon	4.00			
FRI,		Breakfast	2:00	GUITAR MUSIC W/		MOVIE & POPCORN
OCT 18	1	Exercise & News		MARCO		Snacks
		Refreshments		Balloon Tennis	7:15	Card Games
		Matching Tarot Cards		Snacktivity		
		Play Toss Across		Dinner		
	1	Lunch		Take a Stroll		
	1:30	Puzzles	6:00	Table Games		
SV1	8:30	Breakfast	11:30	Lunch	5:45	WATER THE GARDEN
SAT,		Exercise & News		Table Games		Who Am I ?
OCT 19	1	Brain Exercise		Missing First Letter		Play Dominoes
-	0.00	Initiative-UTSA Group		Snacktivity		Lawrence Welk-TV
	10:00	Refreshments		Ring Toss		Snacks
		Bingo		Dinner		
		Water Painting		Take a Stroll		
	10:50					

			oru	rkway • Week Four		
SUN,		Breakfast	2:30	Brain Exercise- UTSA		Take a Stroll
OCT 20		Christian Worship		Group		Ring Toss
001 20		Refreshments		Spelling Architecture		Table Games
		Coupon Clippers		Snacktivity		Snacks
		Lunch		Pencil Art	7:15	Puzzles
	1:30	Card Games		Spiritual Hymns		
			4:30	Dinner		
MON,	8:30	Breakfast	1:30	Table Games	7:00	Snacks
	9:30	Exercise & News	2:30	All About Bats Search	7:15	Card Games
OCT 21	10:00	Bingo	3:00	Snacktivity		
	10:00	Refreshments	3:15	Balloon Volleyball		
	10:15	Catholic Communion	4:30	Dinner		
	10:30	Pencil Art	5:30	PLAY HANGMAN		
	11:30	Lunch	5:30	Take a Stroll		
TUE,	8:30	Breakfast	2:00	GARDENING CLUB	6:30	Easy Listening Music
		Refreshments		Mystery of Bats Word Fit		Snacks
OCT 22		Exercise W/Ageility		Snacktivity		Table Games
		Story- Trudy & the Bat		Bean Bag Toss		
		House		Dinner		
	11:30	Lunch	5:30	Take a Stroll		
	1:30	Puzzles	5:30	Play WHAT DID IT COST		
WED,	8:30	Breakfast	10:30	Gone Hunting Search	5:30	PLAY BINGO
-		Exercise & News		Lunch		Table Games
OCT 23		PAWS-Visit W/Jasper			7:00	Snacks
		Bible Study-AL		Ladder Toss		Match the Socks
		Outing to the Pumpkin		Snacktivity		
		Patch		Dinner		
	10:15	Refreshments	5:30	Take a Stroll		
THU,	8:30	Breakfast	1:00	ZUMBA W/ ROXIE- AL	5:30	Take a Stroll
		Exercise & News		Pencil Art		Sing-A-Long W/Everyor
OCT 24		Refreshments		Bingo-AL		Word Search
		PAWS- Visit W/ Roger		What did it cost ?		Snacks
		Balloon Tennis		At the Roller Rink Puzzle		Story Time
		Halloween Family Feud		Snacktivity		
		Lunch		Dinner		
FRI,	8:30	Breakfast	1:30	Puzzles	6:00	Table Games
		Exercise & News		GUITAR MUSIC W/		MOVIE & POPCORN
OCT 25		Refreshments		MARCO		Snacks
		Make Pumpkin Pudding	2:30	Balloon Tennis		Card Games
		Cookies		Snacktivity		
	10:30	A-Mazing Pumpkin Seeds	4:30	Dinner		
		Lunch		Take a Stroll		
SAT,	8:30	Breakfast	11:30	Lunch	5:45	WATER THE GARDEN
•		Exercise & News		Table Games		Who Am I ?
OCT 26		Brain Exercise		The Monster Match		Play Dominoes
		Initiative-UTSA Group		Snacktivity		Lawrence Welk-TV
	10:00	Refreshments		Ring Toss		Snacks
				-		
	10:15	Bingo	4:30	Dinner		

	Franklin Park T	PC Parkway • Week Five	
SUN,	8:30 Breakfast	2:30 Brain Exercise- UTSA	4:30 Dinner
OCT 27	9:30 Christian Worship	Group	5:30 Take a Stroll
00121	10:00 Refreshments	2:30 Going Batty in Borneo Search	6:15 Ring Toss 6:30 Table Games
	10:30 Coupon Clippers 11:30 Lunch	3:00 Snacktivity	7:00 Snacks
	1:30 Card Games	3:15 Pencil Art	7:15 Puzzles
		3:30 Spiritual Hymns	
MON,	8:30 Breakfast	1:30 Table Games	7:00 Snacks
-	9:30 Exercise & News	2:30 All Hallows Eve Word Fit	
OCT 28	10:00 Bingo	3:00 Snacktivity	
	10:00 Refreshments	3:15 Balloon Volleyball	
	10:15 Catholic Communion	4:30 Dinner	
	10:30 Pencil Art 11:30 Lunch	5:30 PLAY HANGMAN 5:30 Take a Stroll	
	0.20 Drealfast		
TUE,	8:30 Breakfast 10:00 Refreshments	2:00 GARDENING CLUB	5:30 Play WHAT DID IT COST 6:30 Easy Listening Music
OCT 29	10:00 Exercise W/Ageility	2:30 Remembering Halloween Costumes	7:00 Snacks
	10:30 Haunted Halloween	3:00 Snacktivity	7:15 Table Games
	Detective	3:10 Bean Bag Toss	
	11:30 Lunch	4:30 Dinner	
	1:30 Puzzles	5:30 Take a Stroll	
WED,	8:30 Breakfast	11:30 Lunch	6:30 Table Games
OCT 30	9:30 Exercise & News	2:15 BONES Categories	7:00 Snacks
001 30	9:30 PAWS-Visit W/Jasper	2:30 Ladder Toss	7:15 Match the Socks
	10:00 Bible Study-AL 10:00 Drumming W/ Kevin	3:00 Snacktivity 4:30 Dinner	
	10:15 Refreshments	5:30 Take a Stroll	
	10:30 Whale of a Search	5:30 PLAY BINGO	
THU,	HALLOWEEN	11:30 Lunch	4:30 Dinner
	8:30 Breakfast	1:00 ZUMBA W/ ROXIE- AL	5:30 Take a Stroll
OCT 31	9:30 Exercise & News	1:30 Pencil Art	5:30 Sing-A-Long W/Everyone
AND 0,0	10:00 Refreshments	2:00 Halloween Party- AL	6:00 Word Search
	10:00 PAWS- Visit W/ Roger 10:00 Balloon Tennis	2:15 What did it cost ? 2:30 Halloween Night Search	7:00 Snacks 7:15 Story Time
Happy Halloween	10:30 Trick or Treat Puzzle	3:00 Snacktivity	7.15 Story Time
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FRANKLIN PARK TPC PARKWAY • MCRW













Employee of the Month

We are very excited to announce that Melissa Salazar has been selected as EMPLOYEE of the MONTH!!

Melissa has only been with us for a short five months but has made a big impact on our residents and families. She puts in that extra afford to make sure residents look their best. Melissa will curl their hair, put makeup on, and paint nails. She is always the first to pitch in to help any department. She works with Memory Care & Assisted Living residents, and they all love her. Melissa, we are very happy to have you as a member of our Franklin Park family.

Please join us in congratulating Melissa on this well-deserved recognition.

Thank you, Melissa, for all you do.

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