Services & Amenities:

Transportation:

Monday-Friday 8:30 a.m. - 4 p.m. for medical appointments, within a 10-mile radius. Please see lead driver, Tommy, for questions on locations.

Note: You must sign up 24 hours prior to your appointment and scheduled outing on the monthly activity calendar. Failure to do so will result in NO transportation provided!

Out of Town Trips: 10 sign-ups needed for any scheduled out-of-town trips to

take place.

Sunday Church Run: 8:30 a.m.-1 p.m. (Local churches only within

Stone Oak Area).

In House Beauty Salon:

(210)888-1164

Store Hours Located on

the 2nd Floor:

Monday-Friday from 1 p.m. -2 p.m.

Bistro Hours: Tuesday-Saturday from

11:30 a.m. – 1:30 p.m. **Library:** Open 24hrs

Indoor Pool: Open 24hrs

Gym: Open 24hrs.



Throughout the month we'll feature Women's history events such as trivia's, socials and documentaries! Check your monthly calendar for dates and times!



Doris Lavarnway	03/03
Lou Paul	03/04
Wilma Pagenkopf	03/04
Barbara Fernandez	03/05
Leah Ripper	03/06
Mary Ann Wind	03/06
Eddie Palm	03/07
Faye Woolfolk	03/08
Elaine Frazer	03/13
Margaret Willms	03/15
Patricia Miller	03/16
Haydee Gutin	03/20
Roy Stuart	03/20
Peter Donahue	03/24
Dawn Lacy	03/24
Beverly Brannan	03/25
Janice Griffin	03/27
Maurice Gibson	03/29
Bob Trevino	03/29

Honorees and their spouses will be treated to a special birthday dinner with complimentary wine & cake at 4:15 p.m. in the Bistro. Each honoree will receive a phone call one week prior to the dinner to confirm that you and/or your spouse will attend.









Music, Leadership, and Community:

Our Executive

Director: Tommy Wood

Hits The Right Note!!

Music has the power to uplift, connect and inspire, and seeing our Executive Director share his

passion so openly was a testament to his dedication to the well-being of our residents. Beyond his administrative role, he embodies what it means to lead with heart—engaging directly with the people he serves, fostering meaningful relationships, and making every moment count.

The success of this Happy Hour highlights the importance of personal connections in senior living. Residents were singing along, tapping their feet, and reminiscing about the songs of their younger days.

Thank you, Tommy, for making our resident's Wednesday happy hour extra special!!



We Are Here to Serve You! Franklin Park Sonterra Management Team

Tommy Wood Executive Director Ext. 209

Racheal Bellville Business Office Manager

Ext. 202

Tina Tedford Marketing Director

Ext. 203

Anisa Washington Director of Life Ext.207 Enrichment/Trans.

Life Enrichment Coord.

Administrative Assistant

Front Desk Concierge

Diana Ibarra Ext.207

Anthony Burks Director of Dining

Ext. 206 Service

William Bell Maintenance Director

Ext. 205

Tammie Rowe Assisted Living Director

Ext.227

Olivia Rangel

Ext.204

Susan Aguillon Ext. 200



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
*8:30 Church Run-L 10:30 Morning Prayer w/Padre-C *11:00 Holy Trinity-L 1:00 Board & Card Games-GR 3:00 Bible Study-T 7:00 Movie Time-T	10:30 Tai Chi w/Erma-FR 1:00 Mexican Train-GR 1:00 Quarter Black Jack-GR 2:00 Yoga Class w/Nicole-FR 3:00 Women's History Month (Prize Trivia/Snacks)-CL 6:30 Rummikub-GR	Activities Are S	Subject To Change!	Location Codes: AS-Art Studio B-Bistro C-Chapel CH-Club House CC-Computer Center CL-Cocktail Lounge CR- Card Room DR-Dining Room FR-Franklin Room	Location Codes: G-Grill GR-Game Room L-Lobby LB-Library M-Mailroom P-Pool PDR-Private Dining Room T-Theater WC-Wellness Center *Asterisks Require Sign-up!	Every Saturday this month enjoy a Women's History documentary @ 1pm! 1:00 Movie Matinee: Live To Lead "Ruth Bader Ginsburg"-T 3:00 \$1 Bingo-GR 7:00 Movie-T
*8:30 Church Run-L 10:30 Morning Prayer w/Padre-C *11:00 Holy Trinity-L 1:00 Board & Card Games-GR 3:00 Bible Study-T 7:00 Movie Time-T	9:30 Beignets & Coffee/Mardi Gras Trivia Fun-CL 10:30 Tai Chi w/Erma-FR 1:00 Mexican Train-GR 1:00 Quarter Black Jack-GR 2:00 Yoga Class w/Nicole-FR 3:00 Bros & Brews Social (Men Only)-GR 6:30 Rummikub-GR	Fat Tuesday! 10:30 Sit & Be Fit-FR 11:30 Mardi Gras Celebration Theme Lunch music by Valerie-DR 1:00 Ladies Poker-AS 2:00 Movie Matinee & Popcorn-T 3:30 Hurricanes & Zydeco Music-CL 7:00 Tuesday Night Bingo-GR	Ash Wednesday 5 9:15 Ash Service-C 10:30 Painting w/Lulu-AS 12:30 Bridge Group-CR 1:30 Stretch Class-FR 2:00 Bible Study MtgC 3:30 Happy Hour w/TJ-GR	9:30 Balance Testing w/Michael From Sonterra Health-FR 10:30 Sit & Be Fit-FR 12:30 Hand & Foot-GR *1:00 Walmart/Costco-L 3:00 \$1 Bingo & Prize sponsored by Embrace-GR *5:00 Dinner Outing: "Ajuua Mexican Grill/Bar"-L	9:30 First Friday Mass-C *10:15 HEB-L 10:30 Water Aerobics-P 1:00 Ladies Blackjack-GR 1:00 Poker-GR 2:00 Stretch Class-AS 3:30 Happy Hour-CL 7:00 Movie-T	*1:00 Shop @ Nordstrom Rack-L 1:00 Movie Matinee: Live To Lead "Gloria Steinem"-T 3:00 \$1 Bingo-GR 4:30 Music w/In-house musician Andrew-CL
Daylight Saving Time Begins *8:30 Church Run-L 10:30 Morning Prayer w/Padre-C *11:00 Holy Trinity-L 12:00 Music w/In-house musician Marco-CL 1:00 Board & Card Games-GR 3:00 Bible Study-T 7:00 Movie Time-T	*9:30 Aquarena Glass Boat Ride w/Lunch @ McAdoo's-L 10:30 Tai Chi w/Erma-FR 1:00 Mexican Train-GR 1:00 Quarter Black Jack-GR 2:00 Yoga w/Nicole-FR 3:00 Irish Snack Bar/ Irish Song Sing-a-Long-CL 6:30 Rummikub-GR	10:00 BP Clinic w/Michael w/Sonterra Health-FR 10:30 Sit & Be Fit-FR 1:00 Ladies Poker-AS 2:00 Movie Matinee: Irish Wish-T 2:30 Tuesday Talk w/Tommy-GR 7:00 Tuesday Night Bingo-GR	9:15 Communion Service-C *10:30 Crafters Corner: "Fabric Shamrock Wreath"-AS 12:30 Bridge Group-CR 1:30 Stretch Class-FR 2:00 Bible Study Meeting-C 3:30 Happy Hour w/Paul-FR	13 10:30 Sit & Be Fit-FR 12:30 Hand & Foot-GR *1:00 Walmart/Costco-L 2:00 Shamrock Floats-GR 3:00 \$1 Bingo-GR *4:30 Dinner Outing: Ember Wood Fire Kitchen-L	*10:00 HEB-L 10:30 Water Aerobics-P 1:00 Ladies Black Jack-GR 1:00 Poker-GR 2:00 Stretch Class-FR 3:00 Potato Chip Tasting Bar-CL 3:30 Happy Hour-CL 7:00 Movie-T	*1:00 Shop @ Target/ Whole Foods Market-L 1:00 Movie: Feminist "What Were They Thinking?"-T 3:00 \$1 Bingo-GR 7:00 Movie-T
*8:30 Church Run-L 10:30 Morning Prayer w/Padre-C *11:00 Holy Trinity-L 1:00 Board & Card Games-GR 3:00 Bible Study-T 7:00 Movie Time-T	St. Patrick's Day 17 10:30 Tai Chi w/Erma-FR 1:00 Mexican Train-GR 1:00 Quarter Black Jack-GR 2:00 Yoga w/Nicole-FR 3:00 St. Paddy's Day "Ain't No Paddy like A Sonterra Party"-CL 6:30 Rummikub -GR 7:00 Janice Dombi presents: History of Women in the U.S. Military-FR	10:30 Sit & Be Fit-FR 1:00 Resident Poker-GR 12:30 Scooter Driving Safety Class w/ Norma from Fox-FR 1:00 Ladies Poker-AS 2:00 Movie Matinee: Enjoy Popcorn & Cold Drinks with Embrace-T 2:30 Meet The Dentist: Dr. Victoria Vickers-FR 4:15 March Birthday Dinner music by Valerie-B 7:00 Tuesday Bingo-GR	First Day of Spring! 19 9:15 Communion Service-CL 10:00 Resident Council Meeting-FR 12:30 Bridge Group-CR 1:30 Stretch Class-FR 2:00 Bible Study MtgC 3:30 Happy Hour w/Kai-GR 7:00 Dvorak New World Symphony-T	10:30 Sit & Be Fit-FR 12:30 Hand & Foot-GR *1:00 Walmart/Costco-L 2:00 Free Hearing Aid Checks-AS 3:00 \$1 Bingo-GR 6:30 Cocktail & Mocktail Tasting w/Classical Guitar music by In-House Musicians- FR/ Veranda	*9:15 SA Botanical Gardens Guided Tour Water Saver Texas Garden w/Lunch @ Jardin-L *10:00 HEB-L 10:30 Water Aerobics-P 1:00 FPS Book Club MtgPDR 1:00 Ladies Blackjack-GR 1:00 Poker-GR 2:00 Stretch Class-FR 3:30 Happy Hour-CL 7:00 Movie-T	*10:00 Shop @ SAS Shoe Factory -L 1:00 Movie Matinee: Live To Lead: "Greta Thunberg" -T 3:00 \$1 Bingo-GR 4:30 Music w/In-house musician Andrew-CL 7:00 Movie-T
*8:30 Church Run-L 10:30 Morning Prayer w/Padre-C *11:00 Holy Trinity-L 12:00 Music w/In-house musician Marco-CL 1:00 Board & Card Games-GR 3:00 Bible Study-T 7:00 Movie Time-T	*9:30 Visit The Empty Cross & Lunch (1/2 Day Trip)-L 10:30 Tai Chi w/Erma-FR 1:00 Mexican Train-GR 1:00 Quarter Black Jack-GR 2:00 Yoga w/Nicole-FR 3:30 Mix & Mingle/ Sing-a-long-CL 6:30 Rummikub-GR	10:30 Sit & Be Fit-FR 1:00 Resident Poker-GR 1:00 Ladies Poker-AS 2:00 Movie Matinee & Popcorn-T 2:30 Skip Bo-GR 3:30 New Resident Reception-GR 7:00 Tuesday Bingo-GR	9:15 Communion Service-C 10:30 Painting w/Lulu-AS 12:30 Bridge Group-CR 1:30 Stretch Class-FR 2:00 Bible Study Meeting-C 3:30 Happy Hour w/Pete-Patio 6:00 Game Night Fun w/Your Life Enrichment Team!-FR	12:30 Hand & Foot-GR *1:00 Walmart/Costco-L *2:00 Create Your Own Fresh Flower Arrangement-Patio 3:00 \$1 Bingo-GR *4:30 Happy Hour on the Road	*10:00 HEB-L 28 10:30 Water Aerobics-P 1:00 Ladies Blackjack-GR 1:00 Resident Poker-GR 1:30 Grief & Loss Support MtgC 2:00 Stretch Class-AS 3:30 Happy Hour-CL 7:00 Movie-T *7:30 Romeo & Juliet @ San Pedro Playhouse (Book Tickets @ 210-733-7258)-L	*11:00 Brunch Bunch: Max and Louie's New York Diner-L 1:00 Movie Matinee: Live To Lead- "Jacinda Ardern"-T 3:00 \$1 Bingo-GR 7:00 Movie-T