Emil Hedlund 06/06 Charles "Art" Tyler 06/25 Cynthia "Lou" Osburn 06/28

Honorees and their spouses will be treated to a special birthday dinner with complimentary wine & cake at 4:15 p.m. in the Independent Living Bistro.

It is not just a flag, it is the symbol of our National Pride, our glorious History and our Freedom. Happy Flag Day!





The purpose of Men's Health Month is to heighten the awareness of preventable health problems and encourage early detection and treatment of disease among men and boys. This month gives health care providers, public policy makers, the media, and individuals an opportunity to encourage men and boys to seek regular medical advice and early treatment for disease and injury. The response has been overwhelming with thousands of awareness activities in the USA and around the globe.

Friday, June 13th Let's Show your support for the men and boys in your lives.





Assisted Living Community (210)404-1444

18323 Sonterra Place San Antonio, TX. 78258





Tommy Wood Executive Director

Tammie Rowe Assisted Living Director

Lesa Dillon Director of Resident Services

Julie Munoz Director of Resident Services Assistant

> Racheal Bellville **Business Office Manager**

> > **Tina Tedford Marketing Director**

Olivia Range **IL Administrative Assistant**

Anisa Washington Director of Life Enrichment & Transportation

> **RoseMarie Crow Life Enrichment Coordinator**

Anthony Burks Director of Dining Service

> Salvador Gomez **Executive Chef**

William Bell **Maintenance Director**

Davis Hanna Assisted Living Concierge/Admin Assistant

Elizabeth Miller Assisted Living Concierge/Admin Assistant

F: Faithful, A: Always there, T: Trustworthy, H: Honoring, E: Every-Loving, R: Righteous, S: Supportive

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:00 Church Service-CH 11:00 Elder Fit-CH 4:00 Dominoes-CH 6:30 Evening Movie-T	National Rocky Road 2 9:30 Sit & Be Fit -TC 10:30 Rocky Road Ice Cream Cones-LR 1:30 Mexican Train-CH 3:00 Bingo-T 6:30 Evening Movie -T	9:30 Sit & Be Fit-TC 10:30 Bible Study w/Matt-CH 2:30 Bunco-CH 3:30 Piano Music w/Theodora-CH 6:30 Evening Movie-T	8:30 Weight Clinic w/Enhabit-3rd Fl 9:30 Communion-CH 10:30 Exercise-TC 2:00 Bingo-T 3:30 Movie Matinee-T 6:30 Bible Study-CH	9:30 Exercise-TC 10:30 Gardening-CY 1:30 Trivia-T 3:00 Happy Hour w/Bobby Zamora-CH 6:30 Evening Movie-T	9:30 First Friday Mass-ILC 9:30 Sit & Be Fit-TC 10:30 Bible Study w/Kim-CH 10:30 Coffee & Donuts -AC 3:00 Bingo-T 6:30 Evening Movie-T	9:30 Elder Fit-CH 10:30 Chicken Foot-CH 3:00 Saturday Matinee-T 4:00 Independent Card Playing-CH 6:30 Evening Games-CH
9:00 Church Service-CH 11:00 Elder Fit-CH 4:00 Dominoes-CH 6:30 Evening Movie-T	9:30 Sit & Be Fit -TC 10:30 Lunch Outing "Saltgrass Steakhouse"-L 1:30 Mexican Train-CH 3:00 Bingo-T 6:30 Evening Movie -T	National Iced Tea Day 10 9:30 Sit & Be Fit-TC 10:30 Bible Study w/Matt-CH 2:30 Bunco-CH 3:30 Flavored Ice Tea Social-CH 6:30 Evening Movie-T	9:30 Communion-CH 10:30 Exercise-TC 2:00 Bingo-T 3:30 Movie Matinee-T 6:30 Bible Study-CH	9:30 Sit & Be Fit-TC 10:30 Ballon Volleyball-TC 1:30 All Star Dad's Baseball Social-CH 3:00 Father's Day Happy Hour w/Mike Clancey-CH 6:30 Evening Movie-T	9:30 Sit & Be Fit-TC 10:30 Bible Study w/Kim-CH 1:30 Patriotic Sing-A-Long & Firecracker Popsicles-CH 3:00 Bingo-T 6:30 Evening Movie-T	Flag Day 14 9:30 Elder Fit-TC 10:30 Chicken Foot-CH 1:30 Sing-A-Long w/Suzanne-CH 3:00 Saturday Matinee-T 4:00 Independent Card Playing-CH 6:30 Evening Games-CH
Father's Day 15 9:00 Church Service-CH 11:00 Elder Fit-TC 4:00 Dominoes-CH 6:30 Evening Movie-T	9:30 Sit & Be Fit -TC 10:30 Scenic Drive-L 1:30 Mexican Train-CH 3:00 Bingo-T 6:30 Evening Movie-T	9:30 Sit & Be Fit-TC 10:30 Bible Study w/Matt-CH 2:30 Root Beer Floats-CH 4:15 June Monthly Birthday Dinner music w/Valerie-ILB 6:30 Evening Movie-T	9:30 Communion-CH 10:30 Exercise-TC 1:30 Bingo-T 2:30 Resident Council-CH 6:30 Bible Study-CH	Juneteenth 19 9:30 Sit & Be Fit-TC 10:30 Gardening-CY 1:00 Hearing Aid Checks-CH 3:00 Happy Hour w/Arland-CH 6:30 Evening Movie-T	First Day of Summer 20 9:30 Sit & Be Fit-TC 10:30 Bible Study w/Kim-CH 1:30 Cornhole-TC 3:00 Bingo-T 6:30 Evening Movie-T	9:30 Elder Fit-TC 10:30 Chicken Foot-CH 3:00 Saturday Matinee-T 4:00 Independent Card Playing-CH 6:30 Evening Games-CH
9:00 Church Service-CH 11:00 Elder Fit-TC 1:30 Sing-A-Long w/Suzanne-CH 4:00 Dominoes-CH 6:30 Evening Movie-T	9:30 Sit & Be Fit -TC 10:30 Blackjack-AC 1:30 Mimosa Monday-AC 3:00 Bingo-T 6:30 Evening Movie-T	9:30 Sit & Be Fit-TC 10:30 Bible Study w/Matt-CH 2:30 Bunco-CH 3:30 Name that Tune-LR 6:30 Evening Movie-T	9:30 Communion-CH 10:30 Exercise-TC 1:30 Bingo-T 2:30 Dining Meeting-CH 6:30 Bible Study-CH	9:30 Sit & Be Fit-TC 10:30 Balloon Volleyball-TC 1:30 iPhone/Tech Class-CH 3:00 Happy Hour w/Pete Martinez-CH 6:30 Evening Movie-T	9:30 Sit & Be Fit-TC 10:30 Bible Study w/Kim-CH 1:30 Creative Craft-CH 3:00 Bingo-T 6:30 Evening Movie-T	9:30 Elder Fit-TC 10:30 Chicken Foot-CH 3:00 Saturday Matinee-T 4:00 Independent Card Playing-CH 6:30 Evening Games-CH
9:00 Church Service-CH 11:00 Elder Fit-TC 4:00 Dominoes-CH 6:30 Evening Movie-T	9:30 Sit & Be Fit-TC 10:30 Scenic Drive-L 1:30 Mexican Train-CH 3:00 Bingo-T 6:30 Evening Movie-T	Activities Are Subject to Change	June:	CH-Chapel CY-Court yard DR-Dining Room	Location Codes: ILC-Independent Living Chapel L-Lobby LR-Living Room P-Patio T-Theater TC-Therapy Center	May your June be full of sunshine and sweet summer vibes

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