

# NOVEMBER 2018

Franklin Park Memory Care

# DEC

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>	<b>1</b>
<b>8:00</b> Breakfast	<b>8:00</b> Breakfast	<b>8:00</b> Breakfast	<b>8:00</b> Breakfast	<b>8:00</b> Breakfast	<b>8:00</b> Breakfast	<b>8:00</b> Breakfast
<b>9:30</b> Morning Stretch	<b>9:30</b> Morning Stretch	<b>9:30</b> Morning Stretch	<b>9:30</b> Morning Stretch	<b>9:30</b> Morning Stretch	<b>9:30</b> Morning Stretch	<b>9:30</b> Morning Stretch
<b>9:45</b> Cocoa & Chronicles	<b>9:45</b> Cocoa & Chronicles	<b>9:45</b> Cocoa & Chronicles	<b>9:45</b> Cocoa & Chronicles	<b>9:45</b> Cocoa & Chronicles	<b>9:45</b> Cocoa & Chronicles	<b>9:45</b> Cocoa & Chronicles
<b>10:30</b> Bingo Hour	<b>10:30</b> Bingo Hour	<b>10:30</b> Bingo Hour	<b>10:30</b> Bingo Hour	<b>10:30</b> Bingo Hour	<b>10:30</b> Bingo Hour	<b>10:30</b> Bingo Hour
<b>11:30</b> Lunch	<b>11:30</b> Lunch	<b>11:30</b> Lunch	<b>11:30</b> Lunch	<b>11:30</b> Lunch	<b>11:30</b> Lunch	<b>11:30</b> Lunch
<b>1:30</b> Church w/IN2L	<b>1:30</b> Errand Shuttle- HEB	<b>1:30</b> Walking Warriors	<b>1:30</b> Price is Right	<b>1:30</b> Walking Warriors	<b>2:00</b> Balloon Volleyball	<b>2:00</b> Balloon Volleyball
<b>2:30</b> Movie matinee	<b>2:00</b> Balloon Volleyball	<b>2:00</b> Balloon Volleyball	<b>2:00</b> Balloon Volleyball	<b>2:00</b> Balloon Volleyball	<b>2:30</b> Crafts	<b>2:30</b> What Comes First
<b>3:30</b> Quiet Time	<b>2:30</b> What did it Cost?	<b>2:30</b> Tasty Tuesday w/Harvey	<b>2:30</b> What was There?	<b>2:30</b> Puzzles & Pondering	<b>3:00</b> Happy Hour w/wine & cheese	<b>3:00</b> Popcorn in the Lobby
<b>4:30</b> Dinner	<b>3:30</b> Quiet Time	<b>3:00</b> Music w/Alan Davis	<b>3:30</b> Quiet Time	<b>3:00</b> Resident Council Meeting	<b>4:30</b> Dinner	<b>4:30</b> Dinner
<b>6:00</b> Aromatherapy & Relaxation Time	<b>4:30</b> Dinner	<b>4:30</b> Dinner	<b>4:30</b> Dinner	<b>4:30</b> Dinner	<b>6:00</b> Aromatherapy & Relaxation Time	<b>6:00</b> Aromatherapy & Relaxation Time
	<b>6:00</b> Aromatherapy	<b>6:00</b> Aromatherapy	<b>6:00</b> Aromatherapy & Relaxation Time			

# DECEMBER 2018

Franklin Park Memory Care

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>8:00</b> Breakfast <b>2</b>	<b>8:00</b> Breakfast <b>3</b>	<b>8:00</b> Breakfast <b>4</b>	<b>8:00</b> Breakfast <b>5</b>	<b>8:00</b> Breakfast <b>6</b>	<b>8:00</b> Breakfast <b>7</b>	<b>8:00</b> Breakfast <b>8</b>
<b>9:30</b> Morning Stretch	<b>9:30</b> Morning Stretch	<b>9:30</b> Morning Stretch	<b>9:30</b> Morning Stretch	<b>9:30</b> Morning Stretch	<b>9:30</b> Morning Stretch	<b>9:30</b> Morning Stretch
<b>9:45</b> Cocoa & Chronicles	<b>9:45</b> Cocoa & Chronicles	<b>9:45</b> Cocoa & Chronicles	<b>9:45</b> Cocoa & Chronicles	<b>9:45</b> Cocoa & Chronicles	<b>9:45</b> Cocoa & Chronicles	<b>9:45</b> Cocoa & Chronicles
<b>10:30</b> Bingo Hour	<b>10:30</b> Bingo Hour	<b>10:30</b> Bingo Hour	<b>10:30</b> Bingo Hour	<b>10:30</b> Bingo Hour	<b>10:30</b> Bingo Hour	<b>10:30</b> Bingo Hour
<b>11:30</b> Lunch	<b>11:30</b> Lunch	<b>11:30</b> Lunch	<b>11:30</b> Lunch	<b>11:30</b> Lunch	<b>11:30</b> Lunch	<b>11:30</b> Lunch
<b>1:30</b> Puzzles	<b>1:30</b> Errand Shuttle- HEB	<b>1:30</b> Walking Warriors	<b>1:30</b> Traveling with IN2L	<b>1:30</b> Walking Warriors	<b>2:00</b> Balloon Volleyball	<b>2:00</b> Balloon Volleyball
<b>2:30</b> Movie matinee						
<b>3:30</b> Quiet Time	<b>2:00</b> Balloon Volleyball	<b>2:00</b> Balloon Volleyball	<b>2:00</b> Balloon Volleyball	<b>2:00</b> Balloon Volleyball	<b>2:30</b> Quiet Time	<b>2:30</b> Popcorn & Soda in Lobby
<b>4:30</b> Dinner	<b>2:30</b> Storyteller's Circle	<b>2:30</b> Tasty Tuesday w/Harvey	<b>2:30</b> Puzzles	<b>2:30</b> Puzzles	<b>3:30</b> Popcorn & Soda	<b>3:30</b> Quiet Time
<b>6:00</b> Aromatherapy & Relaxation Time	<b>3:30</b> Quiet Time	<b>3:00</b> Parlor Games	<b>3:30</b> Quiet Time	<b>3:30</b> Quiet Time	<b>4:30</b> Dinner	<b>4:30</b> Dinner
	<b>4:30</b> Dinner	<b>4:30</b> Dinner	<b>4:30</b> Dinner	<b>4:30</b> Dinner	<b>6:00</b> Aromatherapy & Relaxation Time	<b>6:00</b> Aromatherapy & Relaxation Time
	<b>6:00</b> Aromatherapy	<b>6:00</b> Aromatherapy	<b>6:00</b> Aromatherapy & Relaxation Time	<b>6:00</b> Aromatherapy & Relaxation Time		

# DECEMBER 2018

Franklin Park Memory Care

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>8:00</b> Breakfast <sup>9</sup>	<b>8:00</b> Breakfast <sup>10</sup>	<b>8:00</b> Breakfast <sup>11</sup>	<b>8:00</b> Breakfast <sup>12</sup>	<b>8:00</b> Breakfast <sup>13</sup>	<b>8:00</b> Breakfast <sup>14</sup>	<b>8:00</b> Breakfast <sup>15</sup>
<b>9:30</b> Morning Stretch	<b>9:30</b> Morning Stretch	<b>9:30</b> Morning Stretch	<b>9:30</b> Morning Stretch	<b>9:30</b> Morning Stretch	<b>9:30</b> Morning Stretch	<b>9:30</b> Morning Stretch
<b>9:45</b> Cocoa & Chronicles	<b>9:45</b> Cocoa & Chronicles	<b>9:45</b> Cocoa & Chronicles	<b>9:45</b> Cocoa & Chronicles	<b>9:45</b> Cocoa & Chronicles	<b>9:45</b> Cocoa & Chronicles	<b>9:45</b> Cocoa & Chronicles
<b>10:30</b> Bingo Hour	<b>10:30</b> Bingo Hour	<b>10:30</b> Bingo Hour	<b>10:30</b> Bingo Hour	<b>10:30</b> Bingo Hour	<b>10:30</b> Bingo Hour	<b>10:30</b> Bingo Hour
<b>11:30</b> Lunch	<b>11:30</b> Lunch	<b>11:30</b> Lunch	<b>11:30</b> Lunch	<b>11:30</b> Lunch	<b>11:30</b> Lunch	<b>11:30</b> Lunch
<b>1:30</b> Church w/IN2L	<b>1:30</b> Errand Shuttle- Walmart	<b>1:30</b> Walking Warriors	<b>1:30</b> Travel to France	<b>1:30</b> Walking Warriors	<b>2:00</b> Balloon Volleyball	<b>2:00</b> Balloon Volleyball
<b>2:30</b> Movie matinee	<b>2:00</b> Balloon Volleyball	<b>2:00</b> Balloon Volleyball	<b>2:00</b> Balloon Volleyball	<b>2:00</b> Balloon Volleyball	<b>2:30</b> Crafts	<b>2:30</b> Popcorn & Soda in Lobby
<b>3:30</b> Quiet Time	<b>2:30</b> Storyteller's Circle	<b>2:30</b> Tasty Tuesday w/Harvey	<b>2:30</b> Easy Does It	<b>2:30</b> Puzzles & Pondering	<b>3:30</b> Music by Mark	<b>3:30</b> Quiet Time
<b>4:30</b> Dinner	<b>4:30</b> Dinner	<b>4:30</b> Dinner	<b>3:30</b> Quiet Time	<b>3:30</b> Quiet Time	<b>4:30</b> Dinner	<b>4:30</b> Dinner
<b>6:00</b> Aromatherapy & Relaxation Time	<b>3:30</b> Quiet Time	<b>3:00</b> Travel Log Tuesday	<b>4:30</b> Dinner	<b>3:30</b> Quiet Time	<b>6:00</b> Aromatherapy & Relaxation Time	<b>6:00</b> Aromatherapy & Relaxation Time
	<b>4:30</b> Dinner	<b>4:30</b> Dinner	<b>6:00</b> Aromatherapy & Relaxation Time	<b>4:30</b> Dinner		
	<b>6:00</b> Aromatherapy & Relaxation Time	<b>6:00</b> Aromatherapy & Relaxation Time		<b>6:00</b> Aromatherapy & Relaxation Time		



# DECEMBER 2018

Franklin Park Memory Care

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>
<b>8:00</b> Breakfast	<b>8:00</b> Breakfast	<b>8:00</b> Breakfast	<b>8:00</b> Breakfast	<b>8:00</b> Breakfast	<b>8:00</b> Breakfast	<b>8:00</b> Breakfast
<b>9:30</b> Morning Stretch	<b>9:30</b> Morning Stretch	<b>9:30</b> Morning Stretch	<b>9:30</b> Morning Stretch	<b>9:30</b> Morning Stretch	<b>9:30</b> Morning Stretch	<b>9:30</b> Morning Stretch
<b>9:45</b> Cocoa & Chronicles	<b>9:45</b> Cocoa & Chronicles	<b>9:45</b> Cocoa & Chronicles	<b>9:45</b> Cocoa & Chronicles	<b>9:45</b> Cocoa & Chronicles	<b>9:45</b> Cocoa & Chronicles	<b>9:45</b> Cocoa & Chronicles
<b>10:30</b> Bingo Hour	<b>10:30</b> Bingo Hour	<b>10:30</b> Bingo Hour	<b>10:30</b> Bingo Hour	<b>10:30</b> Bingo Hour	<b>10:30</b> Bingo Hour	<b>10:30</b> Bingo Hour
<b>11:30</b> Lunch	<b>11:30</b> Lunch	<b>11:30</b> Lunch	<b>11:30</b> Lunch	<b>11:30</b> Lunch	<b>11:30</b> Lunch	<b>11:30</b> Lunch
<b>1:30</b> Church w/IN2L	<b>1:30</b> Errand Shuttle- Walmart	<b>1:30</b> Walking Warriors	<b>1:30</b> Travel to Ireland	<b>1:30</b> Walking Warriors	<b>2:00</b> Balloon Volleyball	<b>2:00</b> Balloon Volleyball
<b>2:30</b> Movie matinee	<b>2:00</b> Balloon Volleyball	<b>2:00</b> Balloon Volleyball	<b>2:00</b> Balloon Volleyball	<b>2:00</b> Balloon Volleyball	<b>2:30</b> Crafts	<b>2:30</b> Popcorn & Soda in Lobby
<b>3:30</b> Quiet Time	<b>2:30</b> Storyteller's Circle	<b>2:30</b> Tasty Tuesday w/Harvey	<b>2:30</b> Easy Does It	<b>2:30</b> Puzzles & Pondering	<b>3:00</b> Music by Jody & Gene	<b>3:30</b> Quiet Time
<b>4:30</b> Dinner	<b>4:30</b> Dinner	<b>3:00</b> Travel Log Tuesday	<b>3:30</b> Quiet Time	<b>4:30</b> Dinner	<b>4:30</b> Dinner	<b>4:30</b> Dinner
<b>6:00</b> Aromatherapy & Relaxation Time	<b>3:30</b> Quiet Time	<b>4:30</b> Dinner	<b>4:30</b> Dinner	<b>3:30</b> Quiet Time	<b>6:00</b> Aromatherapy & Relaxation Time	<b>6:00</b> Aromatherapy & Relaxation Time
	<b>6:00</b> Aromatherapy & Relaxation Time	<b>6:00</b> Aromatherapy & Relaxation Time	<b>6:00</b> Aromatherapy & Relaxation Time	<b>6:00</b> Aromatherapy & Relaxation Time		

# DECEMBER 2018

Franklin Park Memory Care

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>
<b>8:00</b> Breakfast	<b>8:00</b> Breakfast	<b>8:00</b> Breakfast	<b>8:00</b> Breakfast	<b>8:00</b> Breakfast	<b>8:00</b> Breakfast	<b>8:00</b> Breakfast
<b>9:30</b> Morning Stretch	<b>9:30</b> Morning Stretch	<b>9:30</b> Morning Stretch	<b>9:30</b> Morning Stretch	<b>9:30</b> Morning Stretch	<b>9:30</b> Morning Stretch	<b>9:30</b> Morning Stretch
<b>9:45</b> Cocoa & Chronicles	<b>9:45</b> Cocoa & Chronicles	<b>9:45</b> Cocoa & Chronicles	<b>9:45</b> Cocoa & Chronicles	<b>9:45</b> Cocoa & Chronicles	<b>9:45</b> Cocoa & Chronicles	<b>9:45</b> Cocoa & Chronicles
<b>10:30</b> Bingo Hour	<b>10:30</b> Bingo Hour	<b>10:30</b> Bingo Hour	<b>10:30</b> Bingo Hour	<b>10:30</b> Bingo Hour	<b>10:30</b> Bingo Hour	<b>10:30</b> Bingo Hour
<b>11:30</b> Lunch	<b>11:30</b> Lunch	<b>11:30</b> Lunch	<b>11:30</b> Lunch	<b>11:30</b> Lunch	<b>11:30</b> Lunch	<b>11:30</b> Lunch
<b>1:30</b> Church w/IN2L	<b>1:30</b> Errand Shuttle- HEB	<b>1:30</b> Walking Warriors	<b>1:30</b> Travel to Mexico	<b>1:30</b> Walking Warriors	<b>2:00</b> Balloon Volleyball	<b>2:00</b> Balloon Volleyball
<b>2:30</b> Movie matinee	<b>2:00</b> Balloon Volleyball	<b>2:00</b> Balloon Volleyball	<b>2:00</b> Balloon Volleyball	<b>2:00</b> Balloon Volleyball	<b>2:30</b> Crafts	<b>2:30</b> Popcorn & Soda in Lobby
<b>3:30</b> Quiet Time	<b>2:30</b> Storyteller's Circle	<b>2:30</b> Tasty Tuesday w/Harvey	<b>2:30</b> Easy Does It	<b>2:30</b> Puzzles & Pondering	<b>3:00</b> Happy Hour w/wine & cheese	<b>3:30</b> Quiet Time
<b>4:30</b> Dinner	<b>4:30</b> Dinner	<b>3:00</b> Travel Log Tuesday	<b>3:30</b> Quiet Time	<b>3:00</b> Resident Council Meeting	<b>4:30</b> Dinner	<b>4:30</b> Dinner
<b>6:00</b> Aromatherapy & Relaxation Time	<b>3:30</b> Quiet Time	<b>3:00</b> Travel Log Tuesday	<b>4:30</b> Dinner	<b>4:30</b> Dinner	<b>6:00</b> Aromatherapy & Relaxation Time	<b>6:00</b> Aromatherapy & Relaxation Time
	<b>4:30</b> Dinner	<b>4:30</b> Dinner	<b>6:00</b> Aromatherapy & Relaxation Time			
	<b>6:00</b> Aromatherapy & Relaxation Time	<b>6:00</b> Aromatherapy & Relaxation Time				

# DECEMBER 2018

# JANUARY 2019

Franklin Park Memory Care

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>30</b>	<b>31</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
<b>8:00</b> Breakfast <b>9:30</b> Morning Stretch <b>9:45</b> Cocoa & Chronicles <b>10:30</b> Bingo Hour <b>11:30</b> Lunch <b>1:30</b> Church w/IN2L <b>2:30</b> Movie matinee <b>3:30</b> Quiet Time <b>4:30</b> Dinner <b>6:00</b> Aromatherapy & Relaxation Time	<b>8:00</b> Breakfast <b>9:30</b> Morning Stretch <b>9:45</b> Cocoa & Chronicles <b>10:30</b> Bingo Hour <b>11:30</b> Lunch <b>1:30</b> Errand Shuttle- HEB <b>2:00</b> Balloon Volleyball <b>2:30</b> Storyteller's Circle <b>3:30</b> Quiet Time <b>4:30</b> Dinner <b>6:00</b>					