

Senior Living with Style!

TPC PARKWAY | 21802 Encino Commons | San Antonio, TX 78259 | 210-483-9999



Welcome To Franklin Park TPC Parkway!

- Mr. Roy T.
- Ms. Maria K.
- Ms. Judith P.
- Ms. Eugenia A.
- Mrs. Alice V.
- Mr. David V.

We're Glad You're Here!



Birthdays This Month

- Ms. Delores A.11/1
- Ms. Alice D.11/6
- Mr. Bob T.11/9
- Ms. Sue T. 11/11
- Mr. Clarence B. 11/15
- Ms. Mary C. 11/16
- Ms. Allene B. 11/21
- Ms. Maurine S. 11/29
- Mrs. Rebecca T. 11/30



**NOVEMBER 2018
MC REFRESHING WATERS**

Thanksgiving's ORIGINS:

No pie, but lots of other tasty food

The first Thanksgiving didn't feature pies or cakes, because the Plymouth pilgrims had no ovens and a limited supply of sugar. But it may have included cranberries, which Native Americans used in a variety of foods (including pemmican, made from berries, dried venison, and melted fat) as well as for medicinal purposes.

So what was the "original" Thanksgiving really like? Although harvest feasts were common in what became known as the Commonwealth of Virginia throughout the 17th century, the Thanksgiving most Americans probably think of was held at the Plymouth Plantation in November 1621.

William Bradford, the governor of the plantation, organized a feast for colonists and their neighbors, the Wampanoag tribe, to celebrate a successful harvest. The harvest had thrived thanks in part to Squanto, a native of the Patuxet tribe who had learned English as a slave before returning to his native land. Squanto taught the pilgrims how to grow corn, catch eels and fish, and avoid poisonous plants in the surrounding forest, as well as helping them to forge a relationship with the Wampanoag and its chief, Massasoit.

This first Thanksgiving lasted three days, and probably did feature wild turkey as well as venison supplied by the Wampanoag—but no football.




November 2018 • Week One

Be
THANKFUL
with a grateful heart




THU, NOV 1	B-Day Delores	10:30 Pet Therapy	6:00 Sweets BINGO-AL
	8:00 Breakfast 9:00 Take A Walk 9:30 Exercise & News 10:00 Refreshments 10:30 Five Clues 10:30 Ball Toss	11:30 Lunch 3:00 Snack Time 3:00 PoundFit Exercise 3:30 Mixed-up West 4:30 Dinner 5:30 Take A Stroll W/Me	6:00 I Love Lucy 7:00 Snacks 7:15 Fold the Laundry 7:30 Puzzles 8:00 Bed Time Prep
FRI, NOV 2	8:00 Breakfast 9:00 Take A Walk 9:30 Exercise & News 9:30 Feed the Ducks 10:00 Refreshments 10:30 November IQ 10:30 BalloonVolleyball	11:30 Lunch 1:30 Feed the Birds 3:00 Snack Time 3:15 Cornucopia Maze 3:30 Bean Bag Toss 4:30 Dinner 5:30 Take A Stroll W/Me	6:00 Card Games 6:15 Word Search 7:00 Snacks 7:15 Story Time 8:00 Bed Time Prep
	SAT, NOV 3	8:00 Breakfast 9:00 Take A Walk 9:30 Exercise & News 10:00 Refreshments 10:15 Balloon Volleyball 10:30 Bingo 11:30 Lunch	2:00 Quarter Bingo-AL 3:00 Snack Time 3:30 Table Games 3:30 Word Mining 4:30 Dinner 5:30 Take A Stroll W/Me 6:00 Trivia

November 2018 • Week Two

SUN, NOV 4 	8:00 Breakfast 9:00 Take A Walk 9:15 Christian Worship 9:30 Exercise & News 10:00 Refreshments 10:30 Coupon Clippers 11:30 Lunch	1:30 Play Dominoes 2:00 Music W/Alvin -AL 3:00 Snack Time 3:30 Play Jenga 3:30 Spiritual Hymns 4:30 Dinner 5:30 Take A Stroll W/Me	6:00 Finish the Lines 6:15 Card Games 7:00 Snacks 7:15 Fold The Laundry 7:30 Match The Socks 8:00 Bed Time Prep
	MON, NOV 5	8:00 Breakfast 9:00 Take A Walk 9:30 Exercise & News 10:00 Refreshments 10:15 Fall Ornaments 10:30 Thanks Trees 11:30 Lunch	1:30 Pencil Art 2:30 Happy Hour-AL 3:00 Snack Time 3:15 Secret Quote 3:30 Balloon Volleyball 4:30 Dinner 5:30 Take A Stroll W/Me
TUE, NOV 6 	Happy B-Day Alice 8:00 Breakfast 9:00 Take A Walk 9:30 Exercise & News 10:00 Refreshments 10:00 Crafts W/Abby 10:15 Kitchen Search	11:30 Lunch 1:30 Pretty Nails 2:00 Prize Bingo-AL 3:00 Snack Time 3:15 'Fall' All Over 4:30 Dinner 5:30 Take A Stroll W/Me	6:00 MusicW/Alvin-AL 6:30 Puzzles 7:00 Snacks 7:15 What Am I? 7:30 Play Cards 8:00 Bed Time Prep
	WED, NOV 7	8:00 Breakfast 9:00 Take A Walk 9:30 Exercise & News 9:30 Bible Study-AL 10:00 Refreshments 10:15 Balloon Volleyball 10:30 Pencil Art	11:30 Lunch 1:30 Play Scrabble 2:30 Music W/Frank 3:00 Sandwich Word Fit 3:00 Snack Time 4:30 Dinner 5:30 Take A Stroll W/Me
THU, NOV 8	8:00 Breakfast 9:00 Take A Walk 9:30 Exercise & News 10:00 Refreshments 10:15 Keyboard Magic 10:30 Paired up 10:30 Pet Therapy	11:30 Lunch 1:30 Lucky Dog 3:00 Snack Time 3:00 Health Talk-AL 3:30 Spoiled Eye Spy 4:30 Dinner 5:30 Take A Stroll W/Me	6:00 Sweets BINGO-AL 6:15 Play Dominoes 7:00 Snacks 7:15 Who Am I ? 7:30 Match The Socks 8:00 Bed Time Prep
	FRI, NOV 9	Happy B-Day Bob 8:00 Breakfast 9:00 Take A Walk 9:30 Exercise & News 10:00 Refreshments 10:15 Scarecrow Wreath 10:30 Leaf Category	11:30 Lunch 1:30 Pencil Art 3:00 Snack Time 3:30 Bean Bag Toss 3:30 Picture This 4:30 Dinner 5:30 Take A Stroll W/Me
SAT, NOV 10	8:00 Breakfast 9:00 Take A Walk 9:30 Exercise & News 10:00 Refreshments 10:15 Balloon Volleyball 10:15 Bingo 10:30 Puzzles 11:30 Lunch	1:30 Pretty Nails 2:00 Quarter Bingo-AL 3:00 Snack Time 3:30 Pencil Art 4:30 Dinner 5:30 Take A Stroll W/Me 6:00 Card Games	6:30 Puzzles 7:00 Lawrence Welk Show 7:00 Snacks 7:30 Hand Massages 7:30 Story Time 8:00 Bed Time Prep

November 2018 • Week Three

SUN, NOV 11 	VETERANS DAY 8:00 Breakfast 9:00 Take A Walk 9:15 Christian Worship 9:30 Exercise & News 10:00 Refreshments 10:30 Coupon Clippers	10:30 Play Jenga 11:30 Lunch 1:30 Veterans Party-AL 3:00 Snack Time 3:30 Spiritual Hymns 4:30 Dinner 5:30 Take A Stroll W/Me	6:00 Puzzles 6:30 Hand Massages 7:00 Snacks 7:20 Cowboy Football 7:30 Fold The Laundry 8:00 Bed Time Prep
	8:00 Breakfast 9:00 Take A Walk 9:30 Exercise & News 10:00 Refreshments 10:15 Piano W/Arland-AL 10:30 Bingo 11:30 Lunch	2:30 Happy Hour-AL 3:00 Snack Time 3:30 Ball Toss 3:30 Word Mining 4:30 Dinner 5:30 Take A Stroll W/Me 6:15 Pencil Art	6:30 Movie & Popcorn 7:00 Snacks 7:15 Story Time 7:30 Puzzles 8:00 Bed Time Prep
TUE, NOV 13	8:00 Breakfast 9:00 Take A Walk 9:30 Exercise & News 10:00 Refreshments 10:00 Crafts W/Abby 10:30 Search Nov 11:30 Lunch	1:30 Pencil Art 2:00 Prize Bingo-AL 3:00 Snack Time 3:30 Frisbee Toss 3:30 Missing Letter 4:30 Dinner 5:30 Take A Stroll W/Me	6:00 Who Am I? 6:30 Trivia 7:00 Snacks 7:15 Hand Massages 7:30 Fold the Laundry 8:00 Bed Time Prep
WED, NOV 14	8:00 Breakfast 9:00 Take A Walk 9:30 Exercise & News 9:30 Bible Study-AL 10:00 Refreshments 10:30 Bowling 10:30 Cowboy Search	11:30 Lunch 1:30 Pretty Nails 2:30 Music W/Frank 3:00 Snack Time 3:00 Happy Tails Show 3:15 Bean Bag Toss 4:30 Dinner	5:30 Take A Stroll W/Me 6:00 Table Games 7:00 Snacks 7:15 What Am I? 7:30 Pencil Art 8:00 Bed Time Prep
THU, NOV 15	8:00 Breakfast 9:00 Take A Walk 9:30 Exercise & News 10:00 Refreshments 10:30 Frisbee Toss 10:30 Pet Therapy 10:30 Doesn't Belong	11:30 Lunch 3:00 Snack Time 3:00 PoundFit Exercise 3:30 Turkey Ticklers 4:30 Dinner 5:30 Take A Stroll W/Me 6:00 Sweets BINGO-AL	6:15 Card Games 7:00 Snacks 7:30 Aroma Therapy 7:30 Easy Listening Music 8:00 Bed Time Prep
FRI, NOV 16	8:00 Breakfast 9:00 Take A Walk 9:30 Exercise & News 10:00 Bubbles on Patio 10:00 Refreshments 10:30 Antiques Scrabble 10:30 Play Uno	11:30 Lunch 3:00 Snack Time 3:30 Bean Bag Toss 3:30 Family Feud 4:30 Dinner 5:30 Take A Stroll W/Me 6:00 Pencil Art	6:30 Table Games 7:00 Snacks 7:15 Finish The Lines 7:30 Hand Massages 8:00 Bed Time Prep
SAT, NOV 17	8:00 Breakfast 9:00 Take A Walk 9:30 Exercise & News 10:00 Refreshments 10:30 Bingo 11:30 Lunch 2:00 Quarter Bingo-AL	3:00 Snack Time 3:30 Pretty Nails 3:30 Table Games 4:30 Dinner 5:30 Take A Stroll W/Me 6:00 Story Cubes 6:30 Hand Massages	7:00 Lawrence Welk Show 7:00 Snacks 7:15 Story Time 7:30 Alphabet Challenge 8:00 Bed Time Prep

All Programs Are Subject To Change With Notice. Please Refer to the Posted Daily Schedule. FRANKLIN PARK TPC PARKWAY • MCRW

November 2018 • Week Four

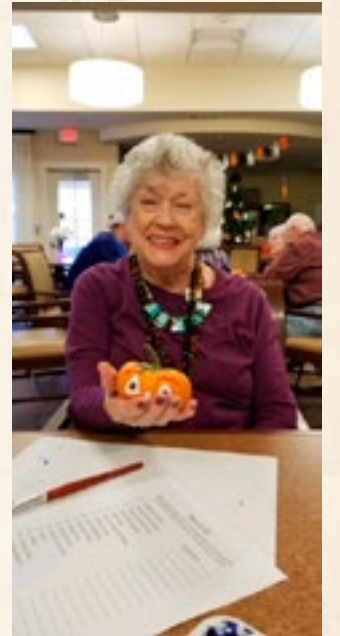
SUN, NOV 18	8:00 Breakfast 9:00 Take A Walk 9:15 Christian Worship 9:30 Exercise & News 10:00 Refreshments 10:30 Coupon Clippers 10:30 Table Games	11:30 Lunch 2:00 Music W/Alvin -AL 3:00 Snack Time 3:30 Bean Bag Toss 3:30 Spiritual Hymns 4:30 Dinner 5:30 Take A Stroll W/Me	6:00 What Am I? 6:15 Card Games 7:00 Snacks 7:30 Match The Socks 7:30 Puzzles 8:00 Bed Time Prep
	8:00 Breakfast 9:00 Take A Walk 9:30 Exercise & News 10:00 Refreshments 10:15 Thankful Trees 10:30 Bingo 11:30 Lunch	1:30 Pencil Art 2:30 Happy Hour-AL 3:00 Snack Time 3:15 Country Match 3:30 What did it Cost? 4:30 Dinner 5:30 Take A Stroll W/Me	6:00 Puzzles 6:30 Movie & Popcorn 7:00 Snacks 7:15 Match The Socks 7:30 Table Games 8:00 Bed Time Prep
TUE, NOV 20	8:00 Breakfast 9:00 Take A Walk 9:30 Exercise & News 10:00 Refreshments 10:00 Crafts W/Abby 10:30 Travel Detective 11:30 Lunch	1:30 Water the Flowers 2:00 Roasted Corn-AL 3:00 Snack Time 3:30 Reminisce Thanks 3:30 Table Games 4:30 Dinner 5:30 Take A Stroll W/Me	6:00 Play Dominoes 7:00 Snacks 7:30 Fold The Laundry 7:30 Read Poetry 8:00 Bed Time Prep
WED, NOV 21	8:00 Breakfast 9:00 Take A Walk 9:30 Exercise & News 9:30 Bible Study-AL 10:00 Refreshments 10:30 Bowling 10:30 Mixed-up Thanks	11:30 Lunch 1:30 Finish The Lines 2:30 Music W/Frank 3:00 Snack Time 3:30 Ball Toss 3:30 Day Parade 4:30 Dinner	5:30 Take A Stroll W/Me 6:00 Play Uno 6:30 Ring Toss 7:00 Snacks 7:30 Word Unscramble 8:00 Bed Time Prep
THU, NOV 22 	THANKSGIVING 8:00 Breakfast 9:00 MacyDay Parade-TV 9:30 Exercise & News 10:00 Refreshments 10:30 Pet Therapy 10:30 Turkey Day Trivia	11:30 Lunch 3:00 Snack Time 3:30 Cowboy Football 3:30 Fixin's Detective 4:30 Dinner 5:30 Take A Stroll W/Me 6:00 Holiday Movie	6:15 Bean Bag Toss 7:00 Snacks 7:30 Pencil Art 7:30 Puzzles 8:00 Bed Time Prep
FRI, NOV 23 	8:00 Breakfast 9:00 Take A Walk 9:30 Exercise & News 10:00 Refreshments 10:30 What Am I? 10:30 Table Games 11:30 Lunch	1:30 Pretty Nails 2:00 Sing W/Frank-AL 3:00 Snack Time 3:30 Picture This 3:30 Ring Toss 4:30 Dinner 5:30 Take A Stroll W/Me	6:30 Play Dominoes 7:00 Snacks 7:00 River Parade-TV 7:30 Hand Massages 8:00 Bed Time Prep
SAT, NOV 24	8:00 Breakfast 9:00 Take A Walk 9:30 Exercise & News 10:00 Refreshments 10:15 Crossword 10:30 Bingo 11:30 Lunch	2:00 Quarter Bingo-AL 3:00 Snack Time 3:30 Bean Bag Toss 3:30 Pencil Art 4:30 Dinner 5:30 Take A Stroll W/Me 6:30 Puzzles	7:00 Lawrence Welk Show 7:00 Snacks 7:30 Easy Listening Music 7:30 Story & Reminisce 8:00 Bed Time Prep

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November 2018 • Week Five

SUN, NOV 25	8:00 Breakfast	11:30 Lunch	6:00 Story Time
	9:00 Take A Walk	2:00 Music W/Jim -AL	6:30 Match The Socks
	9:15 Christian Worship	3:00 Snack Time	7:00 Snacks
	9:30 Exercise & News	3:30 Spiritual Hymns	7:30 Hand Massages
	10:00 Refreshments	3:30 Word Search	7:30 Pencil Art
	10:30 Categories	4:30 Dinner	8:00 Bed Time Prep
	10:30 Coupon Clippers	5:30 Take A Stroll W/Me	
MON, NOV 26	8:00 Breakfast	1:30 Fun Trivia	6:15 Play Yahtzee
	9:00 Take A Walk	2:30 Happy Hour-AL	6:30 Movie & Popcorn
	9:30 Exercise & News	3:00 Snack Time	7:00 Snacks
	10:00 Music W/Desiree	3:30 Ballooning Search	7:15 Play Uno
	10:00 Refreshments	3:30 Pencil Art	7:30 Finish The Lines
	10:30 Bingo	4:30 Dinner	8:00 Bed Time Prep
	11:30 Lunch	5:30 Take A Stroll W/Me	
TUE, NOV 27	8:00 Breakfast	2:00 Prize Bingo-AL	6:30 Pencil Art
	9:00 Take A Walk	3:00 Snack Time	7:00 Snacks
	9:30 Exercise & News	3:15 Matching Earrings	7:15 Easy Listening Music
	10:00 Refreshments	3:30 Opposites	7:30 Pencil Art
	10:00 Crafts W/Abby	4:30 Dinner	8:00 Bed Time Prep
	10:15 Piano W/Arland	5:30 Take A Stroll W/Me	
	11:30 Lunch	6:00 Table Games	
WED, NOV 28	8:00 Breakfast	11:30 Lunch	5:30 Take A Stroll W/Me
	9:00 Take A Walk	1:30 Pretty Nails	6:00 Pencil Art
	9:30 Exercise & News	2:30 Music W/Frank	6:30 Play Cards
	9:30 Bible Study-AL	3:00 Snack Time	7:00 Snacks
	10:00 Refreshments	3:30 Puzzles	7:15 Read Poetry
	10:30 Match Capitals	3:30 Ring Toss	8:00 Bed Time Prep
	10:30 Play Dominoes	4:30 Dinner	
THU, NOV 29	B-Day Maurine	10:30 Games Category	6:00 Sweets BINGO-AL
	8:00 Breakfast	11:30 Lunch	6:30 Puzzles
	9:00 Take A Walk	2:00 Nov B-Day Party	7:00 Snacks
	9:30 Exercise & News	3:00 Snack Time	7:30 Story Time
	10:00 Refreshments	3:30 Bean Bag Toss	8:00 Bed Time Prep
	10:30 Pet Therapy	4:30 Dinner	
	10:30 Holiday Craft	5:30 Take A Stroll W/Me	
FRI, NOV 30	8:00 Breakfast	1:30 Pretty Nails	6:30 Fold The Laundry
	9:00 Take A Walk	3:00 Snack Time	7:00 Snacks
	9:30 Exercise & News	3:30 Fondue Crossword	7:30 Hand Massages
	10:00 Refreshments	3:30 Story Time	8:00 Bed Time Prep
	10:30 Eye Spy	4:30 Dinner	
	10:30 Krispy Kreme	5:30 Take A Stroll W/Me	
	11:30 Lunch	6:00 Finish The Lines	

Photo Pages



Give Thanks

- BRUSSELS SPROUTS
- CANDIED YAMS
- CORN PUDDING
- CRANBERRY SAUCE
- DEVILED EGGS
- DRESSING
- GRAVY
- GREEN BEAN CASSEROLE
- MASHED POTATOES
- PIE
- ROLLS
- TURKEY

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Franklin Park TPC Parkway Team Members

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- Memory Care Director Jackie Barragan, LVN
- Food and Beverage Director Martin Hernandez
- Life Enrichment Director Lara Sasser
- Business Office Director Jennifer Lester
- Plant Operations Director Ramiro Maldonado
- Sales & Marketing Director Denise Jaworski



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A Franklin Park Retirement Community

