

Senior Living with Style!

TPC PARKWAY | 21802 Encino Commons | San Antonio, TX 78259 | 210-483-9999



Welcome To Franklin Park TPC Parkway!

- Mr. Tommy K.
- Ms. Mary W.
- Ms. Maureen H.
- Ms. Barbara R.

We're Glad You're Here!

Birthdays This Month

- Mrs. Ellen S.12/9
- Ms. Polly J. 12/13
- Mr. Thomas C. 12/14
- Ms. Carol W..... 12/25
- Ms. Maureen H..... 12/25
- Mr. Vernon H.....12/2



**DECEMBER 2018
MC REFRESHING WATERS**



Holiday Tidbits

- In 1917, a massive fire in New York City was attributed to the use of lit candles on a Christmas tree. A young 15-year-old named Albert Sadacca sought to bring an end to such tragedy and set about to invent electric Christmas lights for use on trees. He sold the lights at his family's novelty items store. The first year they sold 100 strings of white lights. The second year they used brightly colored lights and saw their sales skyrocket.
- Before settling on the name Tiny Tim for his character in "A Christmas Carol," 3 other names were considered by Charles Dickens. They were Little Larry, Puny Pete and Small Sam.
- Animal Crackers are not really crackers, but cookies that were imported to the United States from England in the late 1800s. Barnum's circus-like boxes were designed with a string handle so that they could be hung on a Christmas tree.
- The movie "How the Grinch Stole Christmas (2000)" features more than 52,000 Christmas lights, about 8,200 ornaments and nearly 2,000 candy canes.
- Woolworth's department store was the first store in North America to offer for sale manufactured Christmas ornaments. The year was 1880 and since then, the sale of Christmas decorations and Christmas presents has remained the most lucrative time of the business year in terms of retail sales.



December



SAT, DEC 1	8:00	Breakfast	2:00	Quarter Bingo-AL	6:30	Match The Socks
	9:00	Take A Walk	3:00	Snack Time	7:00	Lawrence Welk Show
	9:30	Exercise & News	3:30	Table Games	7:00	Snacks
	10:00	Refreshments	3:30	Word Mining	7:30	Fold The Laundry
	10:15	Balloon Volleyball	4:30	Dinner	7:30	Trivia
	10:30	Bingo	5:30	Take A Stroll W/Me	8:00	Bed Time Prep
	11:30	Lunch	6:00	Trivia		

SUN, DEC 2 	8:00	Breakfast	1:30	Play Dominoes	6:00	Finish the Lines
	9:00	Take A Walk	2:00	Music W/Alvin -AL	6:15	Card Games
	9:15	Christian Worship	3:00	Snack Time	7:00	Snacks
	9:30	Exercise & News	3:30	Play Jenga	7:15	Fold The Laundry
	10:00	Refreshments	3:30	Spiritual Hymns	7:30	Match The Socks
	10:30	Coupon Clippers	4:30	Dinner	8:00	Bed Time Prep
	11:30	Lunch	5:30	Take A Stroll W/Me		
MON, DEC 3	8:00	Breakfast	1:30	Pencil Art	6:00	Finish the Lines
	9:00	Take A Walk	2:30	Happy Hour-AL	6:30	Movie & Popcorn
	9:30	Catholic Communion	3:00	Snack Time	7:00	Snacks
	10:00	Refreshments	3:15	Sugar Categories	7:15	Puzzles
	10:15	Mixed-up Months	3:30	Balloon Volleyball	7:30	Easy Listening Music
	10:30	Bingo	4:30	Dinner	8:00	Bed Time Prep
	11:30	Lunch	5:30	Take A Stroll W/Me		
TUE, DEC 4	8:00	Breakfast	1:30	Pretty Nails	6:30	Puzzles
	9:00	Take A Walk	2:00	Prize Bingo-AL	7:00	Snacks
	9:30	Exercise & News	3:00	Snack Time	7:15	What Am I?
	10:00	Refreshments	3:15	Dec Search	7:30	Play Cards
	10:10	Crafts W/Abby	4:30	Dinner	8:00	Bed Time Prep
	10:15	Fruitcake Search	5:30	Take A Stroll W/Me		
	11:30	Lunch	6:00	Music W/Alvin-AL		
WED, DEC 5	8:00	Breakfast	1:30	Play Scrabble	6:30	Pencil Art
	9:00	Take A Walk	2:30	December IQ	7:00	Snacks
	9:30	Exercise & News	3:00	Wrap Detective	7:15	Pastimes Discussion
	9:30	Bible Study-AL	3:00	Snack Time	7:30	Word Mining
	10:00	Refreshments	4:30	Dinner	8:00	Bed Time Prep
	10:15	Balloon Volleyball	5:30	Take A Stroll W/Me		
	11:30	Lunch	6:00	Story Time		
THU, DEC 6	8:00	Breakfast	11:30	Lunch	6:00	Sweets BINGO-AL
	9:00	Take A Walk	1:30	Lucky Dog	6:15	Play Dominoes
	9:30	Exercise & News	3:00	PoundFit Exercise	7:00	Snacks
	10:00	Refreshments	3:00	Snack Time	7:15	Who Am I ?
	10:15	Remember Snow	3:30	Christmas Songs	7:30	Match The Socks
	10:30	Snowfall Painting	4:30	Dinner	8:00	Bed Time Prep
	10:30	Pet Therapy	5:30	Take A Stroll W/Me		
FRI, DEC 7 	8:00	Breakfast	1:30	Pencil Art	6:15	I Love Lucy
	9:00	Take A Walk	3:00	Snack Time	7:00	Snacks
	9:30	Exercise & News	3:30	Bean Bag Toss	7:15	Puzzles
	10:00	Refreshments	3:30	Picture This	7:30	Easy Listening Music
	10:15	Spell December	4:30	Dinner	8:00	Bed Time Prep
	10:30	Table Games	5:30	Take A Stroll W/Me		
	11:30	Lunch	6:00	Jenga Challenge		
SAT, DEC 8	8:00	Breakfast	1:30	Pretty Nails	6:30	Puzzles
	9:00	Take A Walk	2:00	Quarter Bingo-AL	7:00	Lawrence Welk Show
	9:30	Exercise & News	3:00	Snack Time	7:00	Snacks
	10:00	Refreshments	3:30	Pencil Art	7:30	Hand Massages
	10:15	Bingo	4:30	Dinner	7:30	Story Time
	10:30	Puzzles	5:30	Take A Stroll W/Me	8:00	Bed Time Prep
	11:30	Lunch	6:00	Card Games		

December 2018 • Week Three

SUN, DEC 9	8:00 Breakfast 9:00 Take A Walk 9:15 Christian Worship 9:30 Exercise & News 10:00 Refreshments 10:30 Coupon Clippers 10:30 Play Jenga	11:30 Lunch 2:00 Music W/Alvin -AL 3:00 Snack Time 3:30 Spiritual Hymns 3:30 Bingo Crossword 4:30 Dinner 5:30 Take A Stroll W/Me	6:00 Puzzles 6:30 Hand Massages 7:00 Snacks 7:20 Cowboy Football 7:30 Fold The Laundry 8:00 Bed Time Prep
MON, DEC 10	8:00 Breakfast 9:00 Take A Walk 9:30 Exercise & News 9:30 Catholic Communion 10:00 Refreshments 10:15 Piano W/Arland-AL 10:30 Bingo	11:30 Lunch 2:30 Happy Hour-AL 3:00 Snack Time 3:30 Ball Toss 3:30 Secret Word 4:30 Dinner 5:30 Take A Stroll W/Me	6:15 Pencil Art 6:30 Movie & Popcorn 7:00 Snacks 7:15 Story Time 7:30 Puzzles 8:00 Bed Time Prep
TUE, DEC 11	8:00 Breakfast 9:00 Take A Walk 9:30 Exercise & News 10:00 Crafts W/Abby 10:00 Refreshments 10:30 Sing W/Susie Q 11:30 Lunch	1:30 Pencil Art 3:00 Snack Time 3:30 Frisbee Toss 3:30 Secret Quote 4:30 Dinner 5:00 Holiday Party-AL 5:30 Take A Stroll W/Me	6:30 Trivia 7:00 Snacks 7:15 Hand Massages 7:30 Fold the Laundry 8:00 Bed Time Prep
WED, DEC 12	8:00 Breakfast 9:00 Take A Walk 9:30 Exercise & News 9:30 Bible Study-AL 10:00 Refreshments 10:30 Bowling 10:30 Super Shopper	11:30 Lunch 1:30 Pretty Nails 2:30 Holiday Trivia 3:00 Happy Tails Show 3:00 Snack Time 3:15 Bean Bag Toss 4:30 Dinner	5:30 Take A Stroll W/Me 6:00 Table Games 7:00 Snacks 7:15 What Am I? 7:30 Pencil Art 8:00 Bed Time Prep
THU, DEC 13	Happy B-Day Polly 8:00 Breakfast 9:00 Take A Walk 9:30 Exercise & News 10:00 Refreshments 10:30 Gingerbread House 10:30 Frisbee Toss	10:30 Pet Therapy 11:30 Lunch 1:30 Snowball Toss 3:00 Snack Time 3:30 Holiday Crossword 4:30 Dinner 5:30 Take A Stroll W/Me	6:00 Sweets BINGO-AL 6:15 Card Games 7:00 Snacks 7:30 Aroma Therapy 7:30 Easy Listening Music 8:00 Bed Time Prep
FRI, DEC 14	B-Day Thomas 8:00 Breakfast 9:00 Take A Walk 9:15 Roan Forest -AL 9:30 Exercise & News 10:00 Refreshments 10:30 Holiday Craft	10:30 Play Uno 11:30 Lunch 3:00 Snack Time 3:30 Bean Bag Toss 3:30 Family Feud 4:30 Dinner 5:30 Take A Stroll W/Me	6:00 Pencil Art 6:30 Table Games 7:00 Snacks 7:15 Finish The Lines 7:30 Hand Massages 8:00 Bed Time Prep
SAT, DEC 15	8:00 Breakfast 9:00 Take A Walk 9:30 Exercise & News 10:00 Refreshments 10:30 Bingo 11:30 Lunch 2:00 Quarter Bingo-AL	3:00 Snack Time 3:30 Pretty Nails 3:30 Table Games 4:30 Dinner 5:30 Take A Stroll W/Me 6:00 Story Cubes 6:30 Hand Massages	7:00 Lawrence Welk Show 7:00 Snacks 7:15 Story Time 7:30 Alphabet Challenge 8:00 Bed Time Prep

December 2018 • Week Four

SUN, DEC 16	8:00 Breakfast 9:00 Take A Walk 9:15 Christian Worship 9:30 Exercise & News 10:00 Refreshments 10:30 Coupon Clippers 10:30 Table Games	11:30 Lunch 2:00 Music W/Jim -AL 3:00 Snack Time 3:30 Bean Bag Toss 3:30 Spiritual Hymns 4:30 Dinner 5:30 Take A Stroll W/Me	6:00 What Am I? 6:15 Card Games 7:00 Snacks 7:30 Match The Socks 7:30 Puzzles 8:00 Bed Time Prep
MON, DEC 17	8:00 Breakfast 9:00 Take A Walk 9:30 Exercise & News 9:30 Catholic Communion 9:30 Keyboard Magic 10:00 Refreshments 10:30 Bingo	11:30 Lunch 3:00 Canyon Ridge-AL 3:00 Snack Time 3:15 Toy Search 3:30 What did it Cost? 4:30 Dinner 5:30 Take A Stroll W/Me	6:00 Puzzles 6:30 Movie & Popcorn 7:00 Snacks 7:15 Match The Socks 7:30 Table Games 8:00 Bed Time Prep
TUE, DEC 18	8:00 Breakfast 9:00 Take A Walk 9:30 Exercise & News 10:00 Refreshments 10:00 Crafts W/Abby 10:30 Santa Detective 11:30 Lunch	1:30 Holiday Art 2:00 Peppermint Tea-AL 3:00 Snack Time 3:30 Song Match 3:30 Table Games 4:30 Dinner 5:30 Take A Stroll W/Me	6:00 Play Dominoes 7:00 Snacks 7:30 Fold The Laundry 7:30 Read Poetry 8:00 Bed Time Prep
WED, DEC 19	8:00 Breakfast 9:00 Take A Walk 9:30 Exercise & News 9:30 Bible Study-AL 10:00 Refreshments 10:30 Candy Cane Game 10:30 Matching Elves	11:30 Lunch 1:30 Finish The Lines 3:00 Snack Time 3:30 Ball Toss 3:30 Game Word Fit 4:30 Dinner 5:30 Take A Stroll W/Me	6:00 Play Uno 6:30 Ring Toss 7:00 Snacks 7:30 Word Unscramble 8:00 Bed Time Prep
THU, DEC 20	8:00 Breakfast 9:00 Take A Walk 9:30 Exercise & News 10:00 Refreshments 10:30 Pet Therapy 10:30 Sing Carols 10:30 Holiday Necklace	11:30 Lunch 3:00 Snack Time 4:30 Dinner 5:30 Take A Stroll W/Me 6:00 Holiday Movie 6:00 Sweets BINGO-AL 6:15 Bean Bag Toss	7:00 Snacks 7:30 Pencil Art 7:30 Puzzles 8:00 Bed Time Prep
FRI, DEC 21 	8:00 Breakfast 9:00 Take A Walk 9:30 Exercise & News 10:00 Refreshments 10:30 Table Games 10:30 Christmas Story 11:30 Lunch	1:30 Music W/Fran-AL 2:30 Pretty Nails 3:00 Snack Time 3:30 Picture This 3:30 Ring Toss 4:30 Dinner 5:30 Take A Stroll W/Me	6:30 Play Dominoes 7:00 Snacks 7:30 Hand Massages 8:00 Bed Time Prep
SAT, DEC 22 	8:00 Breakfast 9:00 Take A Walk 9:30 Exercise & News 10:00 Refreshments 10:15 Crossword 10:30 Bingo 11:30 Lunch	2:00 Quarter Bingo-AL 3:00 Snack Time 3:30 Bean Bag Toss 3:30 Pencil Art 4:30 Dinner 5:30 Take A Stroll W/Me 6:30 Puzzles	7:00 Lawrence Welk Show 7:00 Snacks 7:30 Easy Listening Music 7:30 Story & Reminisce 8:00 Bed Time Prep

December 2018 • Week Five

SUN, DEC 23	8:00 Breakfast 9:00 Take A Walk 9:15 Christian Worship 9:30 Exercise & News 10:00 Refreshments 10:30 Categories 10:30 Coupon Clippers	11:30 Lunch 2:00 Music W/Jim -AL 3:00 Snack Time 3:30 Spiritual Hymns 3:30 Word Search 4:30 Dinner 5:30 Take A Stroll W/Me	6:00 Story Time 6:30 Match The Socks 7:00 Snacks 7:30 Hand Massages 7:30 Pencil Art 8:00 Bed Time Prep
MON, DEC 24	8:00 Breakfast 9:00 Take A Walk 9:30 Exercise & News 10:00 Refreshments 10:30 Bingo 10:30 Snowball Toss 11:30 Lunch	1:30 Fun Trivia 2:30 Happy Hour-AL 3:00 Snack Time 3:30 Cookie Match 3:30 Pencil Art 4:30 Dinner 5:30 Take A Stroll W/Me	6:15 Play Yahtzee 6:30 Movie & Popcorn 7:00 Snacks 7:15 Play Uno 7:30 Finish The Lines 8:00 Bed Time Prep
TUE, DEC 25 	Happy B-Day Carol 8:00 Breakfast 9:00 Take A Walk 9:30 Exercise & News 10:00 Open Gifts 10:00 Refreshments 10:30 Mixed-up Christmas	11:30 Lunch 1:30 Holiday Music 3:00 Snack Time 3:30 Opposites 4:30 Dinner 5:30 Take A Stroll W/Me 6:00 Table Games	6:30 Pencil Art 7:00 Snacks 7:15 Easy Listening Music 7:30 Pencil Art 8:00 Bed Time Prep
WED, DEC 26 	8:00 Breakfast 9:00 Take A Walk 9:30 Exercise & News 9:30 Bible Study-AL 10:00 Refreshments 10:30 Carol Match 10:30 Play Dominoes	11:30 Lunch 1:30 Pretty Nails 3:00 Snack Time 3:30 Puzzles 3:30 Ring Toss 4:30 Dinner 5:30 Take A Stroll W/Me	6:00 Pencil Art 6:30 Play Cards 7:00 Snacks 7:15 Read Poetry 8:00 Bed Time Prep
THU, DEC 27	8:00 Breakfast 9:00 Take A Walk 9:30 Exercise & News 10:00 Refreshments 10:30 Winter Search 10:30 Bell Maze 10:30 Pet Therapy	11:30 Lunch 2:00 Dec B-Day Party 3:00 Snack Time 3:00 PoundFit Exercise 3:30 Bean Bag Toss 4:30 Dinner 5:30 Take A Stroll W/Me	6:00 Sweets BINGO-AL 6:30 Puzzles 7:00 Snacks 7:30 Story Time 8:00 Bed Time Prep
FRI, DEC 28	8:00 Breakfast 9:00 Take A Walk 9:30 Exercise & News 10:00 Refreshments 10:30 Eye Spy 10:30 Country Drive 11:30 Lunch	1:30 Pretty Nails 3:00 Snack Time 3:30 NewYear Crossword 3:30 Story Time 4:30 Dinner 5:30 Take A Stroll W/Me 6:00 Finish The Lines	6:30 Fold The Laundry 7:00 Snacks 7:30 Hand Massages 8:00 Bed Time Prep
SAT, DEC 29	8:00 Breakfast 9:00 Take A Walk 9:30 Exercise & News 10:00 Refreshments 10:30 Bingo 10:30 Word Search 11:30 Lunch	1:30 Card Games 2:00 Quarter Bingo-AL 3:00 Snack Time 3:30 Ball Toss 3:30 Story & Reminisce 4:30 Dinner 5:30 Take A Stroll W/Me	6:00 Ring Toss 6:30 Trivia 7:00 Lawrence Welk Show 7:00 Snacks 7:30 Read Poetry 8:00 Bed Time Prep

December 2018 • Week Six

SUN, DEC 30	8:00 Breakfast 9:00 Take A Walk 9:15 Christian Worship 9:30 Exercise & News 10:00 Refreshments 10:30 Coupon Clippers 10:30 Table Games	11:30 Lunch 2:00 MusicW/Alvin-AL 3:00 Snack Time 3:30 Spiritual Hymns 3:30 Puzzles 3:30 Play Yahtzee 4:30 Dinner	5:30 Take A Stroll W/Me 6:00 Play Cards 6:30 Pencil Art 7:00 Snacks 8:00 Bed Time Prep
MON, DEC 31 	8:00 Breakfast 9:00 Take A Walk 9:30 Exercise & News 9:30 Catholic Communion 10:00 Refreshments 10:00 Music W/Desiree 10:30 Bingo	11:30 Lunch 2:00 New Year Party-AL 3:00 Snack Time 3:30 Mixed-up NewYear 3:30 New Year Puzzle 4:30 Dinner 5:30 Take A Stroll W/Me	6:00 Holiday Movie 6:30 Easy Listening Music 7:00 Snacks 7:15 Match The Socks 8:00 Bed Time Prep

Photo Pages



Take a Minute to Unwind OVER THE HOLIDAY SEASON

1. Have 15 minutes? Call a family member or friend that you have been meaning to connect with and have just been too busy to call.
2. Have 30 minutes to spare? Sit down and create your own Christmas cards for your close friends and family. Creating your own cards allows you the ability to personalize the cards to your liking.
3. Have an extra 45 minutes? Start on your “to do” list for the New Year. Take this time to unwind and make some decisions of things you want to accomplish for the new year.
4. Fortunate enough to have 60 minutes to spare? Take the family outside to embrace the colder weather. If you live in a snowy region, have fun making a snowman or maybe going sledding or ice skating. Do whatever it takes so you and your family can enjoy some of the simple pleasures of the season. There’s nothing better than creating memories that you will share for years to come



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Franklin Park TPC Parkway Team Members

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A Franklin Park Retirement Community

