




Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>FRANKLIN PARK MEMORY CARE</p> <p>ENRICHING LIVES</p>	<p>1</p> <p>10:00 Sitting Zumba 10:45 Cool Down/ Meditate 11:00 Hydrate/Singing Lunch 1:00 Nature Walk 2:00 BINGO for chocolate 3:00 Chair Volleyball 3:45 Wheel of Fortune Dinner</p>	<p>2</p> <p>10:00 Ribbon Twirl Exercise 10:45 Cool Down/Meditation 11:00 Hydrate/Singing Lunch 1:00 Nature Walk 1:45 Tea Party & Cake 2:30 Canvas Painting 3:45 Balloon Baseball Dinner</p>	<p>3</p> <p>10:00 Sitting Zumba 10:45 Cool Down/ Meditation 11:00 Hydrate/Singing Lunch 1:00 Nature Walk 2:00 BINGO for chocolate 3:00 Chair Volleyball 3:45 Trivia 4:00 Bean Bag Toss Dinner</p>	<p>4</p> <p>10:00 Ribbon Twirl Exercise 10:45 Scenic Drive Lunch 1:00 Nature Walk 1:45 Tea Party & Coffee Cake 2:30 Name that Song 3:00 Fancy Nail Spa 3:45 Happy Hour Dinner</p>	<p>5</p> <p>10:00 Sitting Zumba 10:45 Cool Down/Meditation 11:00 Hydrate/Singing Lunch 1:00 Nature Walk 2:00 BINGO for chocolate 3:00 Basketball 3:30 Bowling 4:00 Trivia Dinner</p>	<p>6</p> <p>10:00 Morning Stretch Hydration Lunch 1:00 Jewlery Making 2:00 Jumbo Bowling</p>
<p>7</p> <p>10:00 Morning Worship Channel 13 11:00 Stretch/Yoga Lunch 1:30 Horse Races Game 2:15 Noodle Ball 2:45 Movie Matinee Dinner</p>	<p>8</p> <p>10:00 Sitting Zumba 10:45 Cool Down/ Meditate 11:00 Hydrate/Singing Lunch 1:00 Nature Walk 2:00 BINGO for chocolate 3:00 Chair Volleyball 3:45 Wheel of Fortune Dinner</p>	<p>9</p> <p>10:00 Ribbon Twirl Exercise 10:45 Cool Down/Meditation 11:00 Hydrate/Singing Lunch 1:00 Nature Walk 1:45 Tea Party & Cake 2:30 Canvas Painting 3:45 Balloon Baseball Dinner</p>	<p>10</p> <p>10:00 Sitting Zumba 10:45 Cool Down/ Meditation 11:00 Hydrate/Singing Lunch 1:00 Nature Walk 2:00 BINGO for chocolate 3:00 Chair Volleyball 3:45 Trivia 4:00 Bean Bag Toss Dinner</p>	<p>11</p> <p>10:00 Ribbon Twirl Exercise 10:45 Scenic Drive Lunch 1:00 Nature Walk 1:45 Tea Party & Coffee Cake 2:30 Name that Song 3:00 Fancy Nail Spa 3:45 Happy Hour Dinner</p>	<p>12</p> <p>10:00 Sitting Zumba 10:45 Cool Down/Meditation 11:00 Hydrate/Singing Lunch 1:00 Nature Walk 2:00 BINGO for chocolate 3:00 Basketball 3:30 Bowling 4:00 Trivia Dinner</p>	<p>13</p> <p>10:00 Morning Stretch Hydration Lunch 1:00 Jewlery Making 2:00 Jumbo Bowling</p>
<p>14</p> <p>10:00 Morning Worship Channel 13 11:00 Stretch/Yoga Lunch 1:30 Horse Races Game 2:15 Noodle Ball 2:45 Movie Matinee Dinner</p> <p>Daylight Saving Time Begins</p>	<p>15</p> <p>10:00 Sitting Zumba 10:45 Cool Down/ Meditate 11:00 Hydrate/Singing Lunch 1:00 Nature Walk 2:00 BINGO for chocolate 3:00 Chair Volleyball 3:45 Wheel of Fortune Dinner</p>	<p>16</p> <p>10:00 Ribbon Twirl Exercise 10:45 Cool Down/Meditation 11:00 Hydrate/Singing Lunch 1:00 Nature Walk 1:45 Tea Party & Cake 2:30 Canvas Painting 3:45 Balloon Baseball Dinner</p>	<p>17</p> <p>10:00 Sitting Zumba 10:45 Cool Down/ Meditation 11:00 Hydrate/Singing Lunch 1:00 Nature Walk 2:00 BINGO for chocolate 3:00 St. Patrick Day PARTY 4:00 Trivia Dinner</p> <p>St. Patrick's Day</p>	<p>18</p> <p>10:00 Ribbon Twirl Exercise 10:45 Scenic Drive Lunch 1:00 Nature Walk 1:45 Tea Party & Coffee Cake 2:30 Name that Song 3:00 Fancy Nail Spa 3:45 Happy Hour Dinner</p>	<p>19</p> <p>10:00 Sitting Zumba 10:45 Cool Down/Meditation 11:00 Hydrate/Singing Lunch 1:00 Nature Walk 2:00 BINGO for chocolate 3:00 Basketball 3:30 Bowling 4:00 Trivia Dinner</p>	<p>20</p> <p>10:00 Morning Stretch Hydration Lunch 1:00 Jewlery Making 2:00 Jumbo Bowling</p> <p>Spring Begins</p>
<p>21</p> <p>10:00 Morning Worship Channel 13 11:00 Stretch/Yoga Lunch 1:30 Horse Races Game 2:15 Noodle Ball 2:45 Movie Matinee Dinner</p>	<p>22</p> <p>10:00 Sitting Zumba 10:45 Cool Down/ Meditate 11:00 Hydrate/Singing Lunch 1:00 Nature Walk 2:00 BINGO for chocolate 3:00 Chair Volleyball 3:45 Wheel of Fortune Dinner</p>	<p>23</p> <p>10:00 Ribbon Twirl Exercise 10:45 Cool Down/Meditation 11:00 Hydrate/Singing Lunch 1:00 Nature Walk 1:45 Tea Party & Cake 2:30 Canvas Painting 3:45 Balloon Baseball Dinner</p>	<p>24</p> <p>10:00 Sitting Zumba 10:45 Cool Down/ Meditation 11:00 Hydrate/Singing Lunch 1:00 Nature Walk 2:00 BINGO for chocolate 3:00 Chair Volleyball 3:45 Trivia 4:00 Bean Bag Toss Dinner</p>	<p>25</p> <p>10:00 Ribbon Twirl Exercise 10:45 Scenic Drive Lunch 1:00 Nature Walk 1:45 Tea Party & Coffee Cake 2:30 Name that Song 3:00 Fancy Nail Spa 3:45 Happy Hour Dinner</p>	<p>26</p> <p>10:00 Sitting Zumba 10:45 Cool Down/Meditation 11:00 Hydrate/Singing Lunch 1:00 Nature Walk 2:00 BINGO for chocolate 3:00 Basketball 3:30 Bowling 4:00 Trivia Dinner</p>	<p>27</p> <p>10:00 Morning Stretch Hydration Lunch 1:00 Jewlery Making 2:00 Jumbo Bowling</p> <p>Passover Begins</p>
<p>28</p> <p>10:00 Morning Worship Channel 13 11:00 Stretch/Yoga Lunch 1:30 Horse Races Game 2:15 Noodle Ball 2:45 Movie Matinee Dinner</p> <p>Palm Sunday</p>	<p>29</p> <p>10:00 Sitting Zumba 10:45 Cool Down/ Meditate 11:00 Hydrate/Singing Lunch 1:00 Nature Walk 2:00 BINGO for chocolate 3:00 Chair Volleyball 3:45 Wheel of Fortune Dinner</p>	<p>30</p> <p>10:00 Ribbon Twirl Exercise 10:45 Cool Down/Meditation 11:00 Hydrate/Singing Lunch 1:00 Nature Walk 1:45 Tea Party & Cake 2:30 Canvas Painting 3:45 Balloon Baseball Dinner</p>	<p>31</p> <p>10:00 Sitting Zumba 10:45 Cool Down/ Meditation 11:00 Hydrate/Singing Lunch 1:00 Nature Walk 2:00 BINGO for chocolate 3:00 Chair Volleyball 3:45 Trivia 4:00 Bean Bag Toss Dinner</p>	 <p>March 2021</p> <p>ST. PATRICK'S DAY CELEBRATION</p> 		

***TAKE A LOOK AT OUR NEWLY ADDED ACTIVITIES!!!!