



230 W. Sunset Road • San Antonio, TX 78209 • (210) 829-5955

### STAFF DIRECTORY

Tiffany Weiser ..... Executive Director  
 Joanna Sosa ..... Business Office Manager  
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 Alex Reta, Jr. .... Executive Chef  
 Austin Querbach ..... Director of Maintenance  
 Karla Posada ..... Fitness Coordinator  
 Nicole Garza ..... Director of Life Enrichment



# Happy Birthday

Charles Burmeister ..... 4th  
 Virginia O'Conner "Ginny" ..... 6th  
 Linda Workman ..... 9th  
 Carl Allen ..... 14th  
 Bob Stevens ..... 18th  
 Ann Olson ..... 21st  
 Patricia Stewart ..... 21st  
 Dee Whiteside ..... 21st

### April 2024



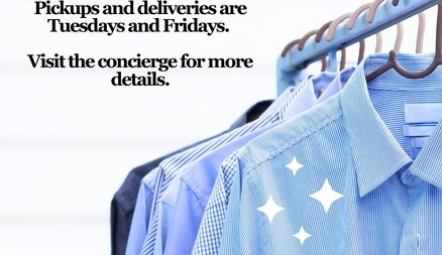




### Welcome to April

The world is remembering its roots this month as spring starts turning everything green! No matter how fickle the weather may be, we always anticipate the new beginnings this freshest of months brings. Of course, April is full of other celebrations, like April Fools' Day (1st), Earth Day (22nd) and even National Velociraptor Awareness Day (18th). However you choose to have fun this month, we hope you enjoy the brightening days!

### Dabble in Scrabble

Have some F-U-N on April 13, National Scrabble Day. Fans of the popular board game often turn to "The Official Scrabble Players Dictionary," which was most recently updated in 2022 and now contains more than 100,000 words. Improve your Scrabble strategy by brushing up on two-letter words—they can often be placed to take advantage of double or triple score squares.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>Happy April Fools' Day</b> 1 10:00 <b>WC</b> Morning Exercise ♥ 11:00 <b>BL</b> Pray Holy Rosary 11:00 <b>HR</b> Your Hobby Room 1:00 <b>T</b> Weekly Trivia 2:00 <b>BL</b> Bridge ✓ 3:30 <b>WC</b> Chair Volleyball ♥	<b>World Autism Day</b> 2 10:00 <b>WC</b> Morning Exercise ♥ <b>11:00 BL Homily &amp; Communion</b> ★ 1:00 <b>BL</b> Poker 2:00 <b>T</b> Tuesday Matinée - Outlander S2, E 11&12 3:00 <b>BR</b> Bean Bag Baseball 6:00 <b>T</b> Tuesday Matinée - Outlander S2, E 11&12	3 <b>10:00 WC Cardio with Brooke "Ageility"</b> ♥ 11:00 <b>BL</b> Bible Study 2:00 <b>BL</b> Mexican Train Dominoes 2:30 <b>P</b> Water Fitness ✓ 3:30 <b>WC</b> Chair Volleyball ♥	4 10:00 <b>WC</b> Yoga with Rosana "R&R Home Caregivers" <b>10:30 BL Bereavement Group w/ Chaplain Jack "Guiding Light"</b> 1:00 <b>BL</b> Poker <b>4:00 BR Happy Hour with Kai Kamaka</b>	5 8:30 <b>L</b> HEB Trip \$ <b>10:00 WC Blended Balance with Brooke "Ageility"</b> ♥ <b>10:00 BS Marie's Trunk Show \$</b> 10:30 <b>AC</b> Glass Class ✓ 1:00 <b>BL</b> Bingo! \$ 2:00 <b>AC</b> Mah Jongg 🎮 2:30 <b>BL</b> Billiards <b>2:30 WC Ice cream Social &amp; Games 🎮</b>	6 1:00 <b>T</b> Saturday Movie- Oppenheimer (2023) 2:00 <b>BL</b> Bridge ✓ <b>2:00 GR Music with Jesse Reece</b> 🎵 7:00 <b>T</b> Saturday Movie- Oppenheimer (2023)
<b>World Health Day</b> 7 1:00 <b>BL</b> Bingo! \$ 1:00 <b>T</b> Classic Cinema- Joe Kid (1972) 2:30 <b>BL</b> Simplified Mahjong 🎮 3:00 <b>AL</b> Church Service W/ Pastor Johanson 5:00 <b>T</b> Classic Cinema - Joe Kid (1972)	8 10:00 <b>WC</b> Morning Exercise ♥ 11:00 <b>BL</b> Pray Holy Rosary <b>11:00 PC Solar Eclipse watch party</b> ★ 11:00 <b>HR</b> Your Hobby Room 1:00 <b>T</b> Weekly Trivia 2:00 <b>BL</b> Bridge ✓ 3:30 <b>WC</b> Chair Volleyball ♥	9 <b>10:00 BS Alma's Craft Show \$</b> 10:00 <b>WC</b> Morning Exercise ♥ 11:00 <b>T</b> Tech Tuesday <b>1:00 CR ACTIVITY MEETING</b> 1:00 <b>BL</b> Poker 2:00 <b>T</b> Tuesday Matinée - Outlander S2, E 13 & S3, E 1 3:00 <b>BR</b> Bean Bag Baseball 6:00 <b>T</b> Tuesday Matinée - Outlander S2, E 13 & S3, E 1	10 <b>10:00 WC Cardio with Brooke "Ageility"</b> ♥ 11:00 <b>BL</b> Bible Study <b>1:00 CR Food Committee Meeting</b> 2:00 <b>BL</b> Mexican Train Dominoes <b>2:00 L Walmart</b> ✓ 2:30 <b>P</b> Water Fitness ✓ 3:30 <b>WC</b> Chair Volleyball ♥	<b>Parkinson's Awareness Day</b> 11 10:00 <b>WC</b> Morning Exercise ♥ 1:00 <b>BL</b> Poker <b>4:00 BR FRANKLIN PARK ANNUAL FIESTA FEST 4PM-6PM "Wear Your Best Fiesta Attire" ★</b>	12 8:30 <b>L</b> HEB Trip \$ <b>10:00 WC Blended Balance with Brooke "Ageility"</b> ♥ 10:30 <b>AC</b> Glass Class ✓ <b>11:00 BL Catholic Mass</b> ★ 1:00 <b>BL</b> Bingo! \$ 2:00 <b>AC</b> Mah Jongg 🎮 2:30 <b>BL</b> Billiards 2:30 <b>WC</b> Ping Pong	13 1:00 <b>T</b> Saturday Movie- Damsel (2024) 2:00 <b>BL</b> Bridge ✓ <b>2:00 GR Music with Jesse Reece</b> 🎵 7:00 <b>T</b> Saturday Movie- Damsel (2024)
14 1:00 <b>BL</b> Bingo! \$ 1:00 <b>T</b> Classic Cinema- 12 Angry Men (1957) 2:30 <b>BL</b> Simplified Mahjong 🎮 3:00 <b>AL</b> Church Service W/ Pastor Johanson 5:00 <b>T</b> Classic Cinema - 12 Angry Men (1957)	<b>Rummage Sale Pickup/Tax Day</b> 15 10:00 <b>WC</b> Morning Exercise ♥ 11:00 <b>BL</b> Pray Holy Rosary 11:00 <b>HR</b> Your Hobby Room <b>11:30 CR Dementia Support Group w/ Russell Gainer "Guiding Light" ♥</b> 1:00 <b>T</b> Weekly Trivia 2:00 <b>BL</b> Bridge ✓ 3:30 <b>WC</b> Chair Volleyball- Staff vs. Residents	16 10:00 <b>WC</b> Morning Exercise ♥ <b>11:00 T New Resident Orientation</b> 1:00 <b>BL</b> Poker 2:00 <b>T</b> Tuesday Matinée - Outlander S3, E 2 & 3 3:00 <b>BR</b> Bean Bag Baseball 6:00 <b>T</b> Tuesday Matinée - Outlander S3, E 2 & 3	17 <b>10:00 WC Cardio with Brooke "Ageility"</b> ♥ 11:00 <b>BL</b> Bible Study 1:00 <b>BL</b> Book Club With Nancy Oro <b>1:30 L Costco Trip</b> ✓ 2:00 <b>BL</b> Mexican Train Dominoes 2:30 <b>P</b> Water Fitness ✓ 3:30 <b>WC</b> Chair Volleyball ♥ <b>4:30 DR Birthday Dinner</b> ✓	18 10:00 <b>WC</b> Morning Exercise ♥ <b>11:30 Lunch Bunch Outing</b> ✓ 1:00 <b>BL</b> Poker <b>2:00 T Tom Jackson, Historian- "Hispanic Heroes of the Texas Revolution" ★</b> <b>4:00 BR Happy Hour with Julian Escobedo</b>	19 8:30 <b>L</b> HEB Trip \$ <b>10:00 WC Blended Balance with Brooke "Ageility"</b> ♥ 10:30 <b>AC</b> Glass Class ✓ 1:00 <b>BL</b> Bingo! \$ 2:00 <b>AC</b> Mah Jongg 🎮 2:30 <b>BL</b> Billiards 2:30 <b>WC</b> Ice cream Social & Games 🎮	20 1:00 <b>T</b> Saturday Movie- NYAD (2023) "Oscar Nominee Award" 2:00 <b>BL</b> Bridge ✓ <b>2:00 GR Music with Jesse Reece</b> 🎵 7:00 <b>T</b> Saturday Movie- NYAD (2023) "Oscar Nominee Award"
21 1:00 <b>BL</b> Bingo! \$ 1:00 <b>T</b> Classic Cinema- High Plains Drifter (1973) 2:30 <b>BL</b> Simplified Mahjong 🎮 3:00 <b>AL</b> Church Service W/ Pastor Johanson 5:00 <b>T</b> Classic Cinema - High Plains Drifter (1973)	<b>Earth Day/ Passover Begins</b> 22 9:00 <b>2F</b> Rummage Sale \$ 10:00 <b>WC</b> Morning Exercise ♥ 11:00 <b>BL</b> Pray Holy Rosary 11:00 <b>HR</b> Your Hobby Room 1:00 <b>T</b> Weekly Trivia 2:00 <b>BL</b> Bridge ✓ 3:30 <b>WC</b> Chair Volleyball ♥ <b>7:00 T Texas Cavaliers River Parade (KSAT)</b>	23 10:00 <b>WC</b> Morning Exercise ♥ 1:00 <b>BL</b> Poker <b>1:00 CR RAC MEETING</b> 2:00 <b>T</b> Tuesday Matinée - Outlander S3, E 4 & 5 3:00 <b>BR</b> Bean Bag Baseball 6:00 <b>T</b> Tuesday Matinée - Outlander S3, E 4 & 5	<b>World Administrative Professionals Day</b> 24 10:00 <b>WC</b> Cardio with Brooke "Ageility" ♥ <b>10:30 WC Health Talks w/ Enhabit Home Health</b> ♥ 11:00 <b>BL</b> Bible Study 2:00 <b>BL</b> Mexican Train Dominoes <b>2:30 T Adroit Medical Equipment</b> ★ 2:30 <b>P</b> Water Fitness ✓ 3:30 <b>WC</b> Chair Volleyball ♥ <b>5:30 BR Presentation: Neurological &amp; Pain Care With Dr. Hussein Mussa &amp; Dr. Adetoun Musa</b> ✓	25 10:00 <b>WC</b> Yoga with Rosana "R&R Home Caregivers" ♥ <b>12:00 BS Irma's Jewelry Sale "Cash Only" 12pm-3pm \$</b> 1:00 <b>BL</b> Poker <b>4:00 BR Happy Hour with TJ Dolotina</b>	26 8:30 <b>L</b> HEB Trip \$ 9:30 <b>L</b> Battle of The Flowers parade Outing "Viva Amor" ✓ <b>10:00 WC Blended Balance with Brooke "Ageility"</b> ♥ <b>10:30 T Battle of The Flowers parade (KSAT) ★</b> 10:30 <b>AC</b> Glass Class ✓ 1:00 <b>BL</b> Bingo! \$ 2:00 <b>AC</b> Mah Jongg 🎮 2:30 <b>BL</b> Billiards 2:30 <b>WC</b> Ping Pong	27 1:00 <b>T</b> Saturday Movie- Marlowe (2023) 2:00 <b>BL</b> Bridge ✓ <b>2:00 GR Music with Jesse Reece</b> 🎵 4:00 <b>T</b> Saturday Movie- Marlowe (2023) <b>7:00 T Fiesta Flambeau Parade (KSAT)</b>
28 1:00 <b>BL</b> Bingo! \$ 1:00 <b>T</b> Classic Cinema- Apollo 13 (1995) 2:30 <b>BL</b> Simplified Mahjong 🎮 3:00 <b>AL</b> Church Service W/ Pastor Johanson 5:00 <b>T</b> Classic Cinema - Apollo 13 (1995)	29 10:00 <b>WC</b> Morning Exercise ♥ 11:00 <b>BL</b> Pray Holy Rosary 11:00 <b>HR</b> Your Hobby Room 1:00 <b>T</b> Weekly Trivia 2:00 <b>BL</b> Bridge ✓ 3:30 <b>WC</b> Chair Volleyball ♥	<b>Passover Ends</b> 30 10:00 <b>WC</b> Morning Exercise ♥ 1:00 <b>BL</b> Poker 2:00 <b>T</b> Tuesday Matinée - Outlander S3, E 6 & 7 3:00 <b>BR</b> Bean Bag Baseball 6:00 <b>T</b> Tuesday Matinée - Outlander S3, E 6 & 7	<b>DINING ROOM HOURS:</b> BREAKFAST: 7:00AM-9:00AM LUNCH: 11:30AM-2:00PM DINNER: 4:30PM-7:00PM 	<b>DRY CLEANING:</b> Did you know we have delivery service for your dry cleaning? Pickups and deliveries are Tuesdays and Fridays. Visit the concierge for more details. 	<b>TRANSPORTATION:</b> MONDAY - FRIDAY 9:00AM to 4:00PM Please schedule 48 hours in advance. Transportation forms are available at the concierge desk. Refer to the resident handbook for more details. 	ALL ACTIVITIES ARE SUBJECT TO CHANGE AND/OR CANCEL ALL MOVIES ARE SUBJECT TO CHANGE DUE TO AVAILABILITY ON STREAMING PLATFORMS 



## Home Field Advantage

From historic fields to modern spaces, fans of Major League Baseball can see the action play out in 30 different ballparks. Here's a partial lineup of those venues and when they were unveiled.

Year Built	Stadium	Team
1912	Fenway Park	Boston Red Sox
1914	Wrigley Field	Chicago Cubs
1962	Dodger Stadium	Los Angeles Dodgers
1973	Kauffman Stadium	Kansas City Royals
1992	Camden Yards	Baltimore Orioles
2003	Great American Ball Park	Cincinnati Reds
2012	LoanDepot Park	Miami Marlins
2020	Globe Life Field	Texas Rangers

# "This Month In History"

## APRIL

**1860:** The first Pony Express rider leaves St. Joseph, Mo.

**1908:** Home to large sandstone pathways formed over time by flowing water, the Natural Bridges National Monument is established in southeast Utah.

**1932:** Dr. Charles Glen King, a chemistry professor at the University of Pittsburgh, isolates vitamin C from lemon juice. This breakthrough made it possible to accurately study the nutrient's properties and benefits in medicine.

**1956:** Daytime soap opera "As the World Turns" premieres on television. It was the first soap to have a half-hour runtime, rather than just 15 minutes.

**1970:** Almost 56 hours into a mission to the moon, Apollo 13 commander Jim Lovell reports to ground control, "Houston, we've had a problem." Days later, after a gripping rescue mission, millions around the world watched the spacecraft splash down safely in the Pacific Ocean.

**1994:** South Africa holds its first multiracial elections, with Nelson Mandela earning 62% of the popular vote to become the country's first Black president.

**2010:** Apple debuts its tablet computer, the iPad. Consumers purchased 300,000 units on the first day.

**2021:** A rare copy of "Action Comics #1," featuring the debut of Superman, sells for a record-breaking \$3.25 million.