



FRANKLIN *Park*

ALAMO HEIGHTS
ASSISTED LIVING

230 W Sunset Road • San Antonio, TX 78209 • (210) 829-5955

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 Jo Rosser Life Enrichment Assistant



Happy Birthday

May Your Birthday Be as Magnificent as You Are

Age is not a destination. It's a journey! Best birthday wishes to all of our residents who are celebrating this month.

Jane Brooks 4/3
 John Gaddis 4/25
 Naomi Duncan 4/30

April 2024

Welcome to April

The world is remembering its roots this month as spring starts turning everything green! No matter how fickle the weather may be, we always anticipate the new beginnings this freshest of months brings. Of course, April is full of other celebrations, like April Fools' Day (1st), Earth Day (22nd) and even National Velociraptor Awareness Day (18th). However you choose to have fun this month, we hope you enjoy the brightening days!



Spread Some Spring

"A kind word is like a spring day." —Russian proverb

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Happy April Fools' Day 1 8:30 L HEB Trip (Meet in Lobby) \$ 10:00 C Bible Study with Angie † 11:00 C Sit and Be Fit With Karla ♥ 1:30 AR Manicure Monday 3:00 AR Prize Bingo 4:00 AR Music & Cards with Friends	2 9:00 BS Beauty Shop Appointments 10:00 AR Brain Teasers With Beverly 11:00 C Chair volleyball With Karla ♥ 2:00 AR Activity Meeting (All are welcome to join) 3:00 AR Ice Cream Social 4:00 DR Music & Dominoes with Friends 🎲	3 10:00 AR Wheel Of Fortune with Beverly 11:00 C Sit and Be Fit With Karla ♥ 1:30 AR Creative Corner ● 3:00 DR Happy Hour/Birthday Celebration with Cowboy Mike ♪ 4:00 AR Music & Board Games with Friends 🎲	4 9:30 L Dollar Tree Outing- Sign up Required "Meet in Lobby" \$ 11:00 C Drum Circle With Karla ♥ 11:00 M French Song Study with Abdel "Mi Familia Home Health" In Memory Care ♪ 1:00 AC Adroit Medical Equipment ★ 3:00 AR Loteria (Spanish Bingo) with "Magnolia Hospice" 🎲 4:00 DR Music & Dominoes with Friends 🎲	5 10:00 M Magic Show with "Compassion Hospice" (Please Meet In Memory Care) ★ 11:00 C Morning Stretches with Karla ♥ 1:30 AR Fancy Nails (Sign up Required) 3:00 AR Wine & Cheese with Joanie ♪ 4:00 AR Music & Cards With Friends 🎲	6 9:45 M Sit and Be Fit with Jo (Meet In Memory Care) ♥ 10:30 AR Bingo with Jo 🎲 4:00 AC Puzzle Mania (Bring A Friend) 6:00 SA Netflix Movie (Resident Choice)
World Health Day 7 10:00 AC Puzzle Mania 3:00 C Church Service (Church Of Christ) † 6:00 SA Netflix Movie (Resident Choice)	Solar Eclipse 8 8:30 L HEB Trip (Meet in Lobby) \$ 10:00 C Bible Study with Angie † 11:30 Solar Eclipse Watch Party (Meet In Activity Room) ★ 1:30 AR Manicure Monday With Nicole 3:00 AR Prize Bingo 4:00 AR Music & Cards with Friends	9 9:00 BS Beauty Shop Appointments 10:00 AR Brain Teasers With Beverly 11:00 C Chair volleyball With Karla ♥ 1:30 C Austin's Blossoms (Gardening Class) 3:00 AR Ice Cream Social 4:00 DR Music & Dominoes with Friends 🎲	10 10:00 AR Wheel Of Fortune with Beverly 11:00 C Sit and Be Fit With Karla ♥ 1:30 AC Creative Corner ● 3:00 AR Game Day Happy Hour 🎲	Parkinson's Awareness Day 11 10:00 AR Morning Bingo 🎲 11:00 C Drum Circle With Karla ♥ 2:00 AR Music & Dominoes with Friends 4:00 FRANKLIN PARK ANNUAL FIESTA FEST 4PM-6PM "Wear Your Best Fiesta Attire" ★	12 11:00 C Morning Stretches with Karla ♥ 1:30 AR Fancy Nails (Sign up Required) 2:00 C Catholic Mass with Father Kevin † 3:00 AR Wine & Cheese with Jesse ♪ 4:00 AR Music & Cards With Friends 🎲	13 9:45 M Sit and Be Fit with Jo (Meet In Memory Care) ♥ 10:30 AR Bingo with Jo 🎲 4:00 AC Puzzle Mania (Bring A Friend) 6:00 SA Netflix Movie (Resident Choice)
14 10:00 AC Puzzle Mania 3:00 C Church Service (Church Of Christ) † 6:00 SA Netflix Movie (Resident Choice)	Tax Day 15 8:30 L HEB Trip (Meet in Lobby) \$ 10:00 C Bible Study with Angie † 11:00 C Sit and Be Fit With Karla ♥ 11:30 Dementia Support Group W/ Russell Grainer "Guiding Light" Sign up is required 1:30 AR Manicure Monday With Nicole 3:00 AR Prize Bingo 4:00 AR Music & Cards with Friends	16 9:00 BS Beauty Shop Appointments 10:00 AR Brain Teasers With Beverly 10:30 L Lunch Bunch (Sign up Required) "Meet in Lobby" 11:00 C Chair volleyball With Karla ♥ 11:30 AR Tech Tuesday With Eddie 3:00 AR Ice Cream Social 4:00 DR Music & Dominoes with Friends 🎲	17 10:00 AR Wheel Of Fortune with Beverly 11:00 C Sit and Be Fit With Karla ♥ 1:30 AR Creative Corner ● 3:00 DR Happy Hour w/ Mike Clancy ♪ 4:00 AR Music & Board Games with Friends 🎲	18 11:00 C Drum Circle With Karla ♥ 11:00 M Happy Tails (Meet In Memory Care) 🐾 12:00 AC Marie's Jewelry & Accessories \$ 3:00 AR Bingo Fun 🎲 4:00 DR Music & Dominoes with Friends 🎲	19 11:00 C Morning Stretches with Karla ♥ 1:30 AR Fancy Nails (Sign up Required) 2:00 Fire Drill 3:00 AR Wine & Cheese with Jesse ♪ 4:00 AR Music & Cards With Friends 🎲	20 9:45 M Sit and Be Fit with Jo (Meet In Memory Care) ♥ 10:30 AR Bingo with Jo 🎲 4:00 AC Puzzle Mania (Bring A Friend) 6:00 SA Netflix Movie (Resident Choice)
21 10:00 AC Puzzle Mania 3:00 C Church Service (Church Of Christ) † 6:00 SA Netflix Movie (Resident Choice)	Earth Day/ Passover Begins 22 8:30 L HEB Trip (Meet in Lobby) \$ 10:00 C Bible Study with Angie † 11:00 C Sit and Be Fit With Karla ♥ 1:30 AR Manicure Monday With Nicole 3:00 AR Prize Bingo 4:00 AR Music & Cards with Friends	23 9:00 BS Beauty Shop Appointments 10:00 AR Brain Teasers With Beverly 11:00 C Chair volleyball With Karla ♥ 2:00 AR Resident Meeting (All Are Welcome To Join) 3:00 AR Ice Cream Social 4:00 DR Music & Dominoes with Friends 🎲 7:00 SA Texas Cavaliers River Parade (KSAT)	World Administrative Professionals Day 24 10:00 C Memorial Services With (Chaplain Morris) "New Century Hospice" † 11:00 C Sit and Be Fit With Karla ♥ 1:30 AR Creative Corner ● 3:00 AR Music & Cards with Friends 🎲 4:00 DR Happy Hour With Kai ♪ 5:30 B Presentation: Neurological & Pain Care With Dr. Hussein Mussa & Dr. Adetoun Musa "Sign up Required" ★	25 11:00 C Drum Circle With Karla ♥ 1:30 AR Movie & Popcorn In IL Theatre (Meet In activity room) 3:00 AR Bingo Fun with Rodrick "Family Tree" 🎲 4:00 DR Music & Dominoes with Friends 🎲	26 9:30 L Battle of The Flowers parade Outing "Viva Amor" Sign up Required 10:00 AC Alma's Craft Show 10am-3pm \$ 10:00 SA Battle of The Flowers parade (KSAT) 11:00 C Morning Stretches with Karla ♥ 1:30 AR Fancy Nails (Sign up Required) 3:00 AR Wine & Cheese with Jesse ♪ 4:00 AR Music & Cards With Friends 🎲	27 9:45 M Sit and Be Fit with Jo (Meet In Memory Care) ♥ 10:30 AR Bingo with Jo 🎲 4:00 AC Puzzle Mania (Bring A Friend) 6:00 SA Netflix Movie (Resident Choice)
28 10:00 AC Puzzle Mania 3:00 C Church Service (Church Of Christ) † 6:00 SA Netflix Movie (Resident Choice)	29 8:30 L HEB Trip (Meet in Lobby) \$ 10:00 C Bible Study with Angie † 11:00 C Sit and Be Fit With Karla ♥ 1:30 AR Manicure Monday With Nicole 3:00 AR Prize Bingo 4:00 AR Music & Cards with Friends	Passover Ends 30 9:00 BS Beauty Shop Appointments 10:00 AR Brain Teasers With Beverly 11:00 C Chair volleyball With Karla ♥ 12:00 AC Irma's Jewelry Sale "Cash Only" 12pm-3pm \$ 3:00 AR Ice Cream Social 4:00 DR Music & Dominoes with Friends 🎲				

"This Month In History"

APRIL

1860: The first Pony Express rider leaves St. Joseph, Mo.

1908: Home to large sandstone pathways formed over time by flowing water, the Natural Bridges National Monument is established in southeast Utah.

1932: Dr. Charles Glen King, a chemistry professor at the University of Pittsburgh, isolates vitamin C from lemon juice. This breakthrough made it possible to accurately study the nutrient's properties and benefits in medicine.

1956: Daytime soap opera "As the World Turns" premieres on television. It was the first soap to have a half-hour runtime, rather than just 15 minutes.

1970: Almost 56 hours into a mission to the moon, Apollo 13 commander Jim Lovell reports to ground control, "Houston, we've had a problem." Days later, after a gripping rescue mission, millions around the world watched the spacecraft splash down safely in the Pacific Ocean.

1994: South Africa holds its first multiracial elections, with Nelson Mandela earning 62% of the popular vote to become the country's first Black president.

2010: Apple debuts its tablet computer, the iPad. Consumers purchased 300,000 units on the first day.

2021: A rare copy of "Action Comics #1," featuring the debut of Superman, sells for a record-breaking \$3.25 million.

Word Search

Category: Weather

T	S	O	R	F	N	Y	B	L	S	J	B
E	G	O	F	D	R	S	D	U	O	L	C
M	N	R	A	I	N	F	N	I	I	I	T
P	I	A	W	O	N	S	A	Z	T	A	O
E	N	P	C	O	H	T	Z	H	S	H	R
R	T	T	P	I	B	A	U	T	U	Q	N
A	H	E	N	C	R	N	O	M	S	V	A
T	G	E	K	D	D	R	I	S	X	I	D
U	I	L	X	E	M	D	U	A	H	A	O
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X	X	I	Y	Z	E	E	R	B	W	I	P

1. Tornado
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- Word Search Solution:
1. Blizzard
 2. Breezy
 3. Clouds
 4. Fog
 5. Frost
 6. Hail
 7. Heat wave
 8. Humidity
 9. Hurricane
 10. Lightning
 11. Rain
 12. Rainbow
 13. Sleet
 14. Snow
 15. Storm
 16. Sunshine
 17. Temperature
 18. Thunder
 19. Tornado
 20. Wind

