



ALAMO HEIGHTS  
ASSISTED LIVING

230 W Sunset Road • San Antonio, TX 78209 • (210) 829-5955

### Staff Directory

Tiffany Weiser ..... Executive Director  
Joanna Sosa ..... Business Office Manager  
Emma Segovia ..... Administration Assistant  
Aleesa Love ..... Sales Assistant/Move In Coord.  
Jacqueline Hodges ..... Director of AL & MC  
Andrew Resendiz ..... Asst. Director of AL  
Chris Purgason ..... Director of Dining Services  
Alex Reta Jr. .... Executive Chef  
Austin Querbach ..... Director of Maintenance  
Nicole Garza ..... Director of Life Enrichment  
Jo Rosser ..... Life Enrichment Assistant  
Karla Posada ..... Life Enrichment/Fitness Coord.



### Happy Birthday!

Patricia Wright ..... 5th  
James "Jim" Detwiler ..... 8th  
Gordon Dunkley ..... 21st  
Loretta Carroll ..... 25th  
Claire Pronovost ..... 31st

Wishing you all a wonderful birthday filled  
with love and laughter!

July 2025


HAPPY  
*Fourth of July*

### A National Celebration

More than any other holiday, Independence Day unifies our country. Citizens put aside their differences and remember our many reasons for national pride. "From sea to shining sea," our abundant natural resources support and inspire us. Our diverse populations are the source of our collective strength. Our freedoms and ideals are an inspiration for people around the globe. This Independence Day, we hope that you will experience the full meaning of this special event.





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div></div>	<div><b>Dining Room Hours</b>  <b>Breakfast: 7am-8am</b> <b>Lunch: 12pm-1pm</b> <b>Dinner: 5pm-6pm</b></div>	<div>1 9:00 BS Beauty Shop Appointments 10:00 AR Brain Teaser Games with Karla 11:00 C Stretch bands &amp; Weights with Jo ♥ 11:00 AR Wellness Checks with Enhabit ♥ 3:00 AR Sweets &amp; Treats 👩🍳 4:00 AR Music &amp; Dominoes with Friends 🎲</div>	<div>2 10:00 AR Wheel of Fortune with Jo 11:00 AR Chair Volleyball With Karla ♥ 1:00 AC Creative Corner with Jo (DIY Photo Magnets) ● 3:00 DR Happy Hour 4th of July Celebration with Julian Escobedo (Guiding Light) 🎵 4:00 AR Music &amp; Cards with Friends 🎲</div>	<div>3 10:00 AR Word Scramble with JO 10:30 L Outing: Lunch Bunch- “Fish City” ✓ 11:00 M Drum Circle With Karla ♥ 3:00 AR Bingo Fun 🎲 4:00 AR Music &amp; Dominoes with Friends 🎲</div>	<div>4 <b>Independence Day / LE &amp; Transportation Office Closed</b> 10:00 AC Puzzle Mania (Grab a friend to join you) 11:00 M Special Fourth of July Performance by Kai Kamaka (In Memory Care) ★ 1:00 AR Music &amp; Cards With Friends 🎲 6:00 SA Netflix Movie (Resident Choice)</div>	<div>5 9:30 M Sit and Be Fit with Jo (Meet In Memory Care) ♥ 10:30 AR Bingo with Jo 🎲 4:00 AC Puzzle Mania (Bring A Friend) 6:00 SA Netflix Movie (Resident Choice)</div>
<div>6 10:00 AC Puzzle Mania 3:00 C Fellowship with friends † 6:00 SA Netflix Movie (Resident Choice)</div>	<div>7 9:00 L HEB Trip (Meet in Lobby) \$ 10:00 AR Joel Osteen Sermon on TV † 11:00 C Sit and Be Fit With Karla ♥ 1:00 AR Manicure Monday ✓ 3:00 AR Prize Bingo Hosted By Avionn 🎲 4:00 AR Music &amp; Cards with Friends</div>	<div>8 9:00 BS Beauty Shop Appointments 10:00 AR Brain Teaser Games with Karla 11:00 C Stretch bands &amp; Weights with Jo ♥ 2:00 AR Activity Meeting (All are welcome to join) 3:00 AR Music with Joanie &amp; Sweets &amp; Treats 3:00 AR Sweets &amp; Treats 👩🍳 4:00 AR Music &amp; Dominoes with Friends 🎲</div>	<div>9 10:00 AR Table Games with Jo 11:00 AR Chair Volleyball With Karla ♥ 3:00 DR Happy Hour/ Celebrating Monthly Wedding Anniversaries with Arland Schnacker- Sponsored by Heart To Heart 🎵 4:00 AR Music &amp; Cards with Friends 🎲</div>	<div>10 10:00 AC Crafts with Dee (Arts &amp; Crafts Room) 10am-3pm \$ 10:00 AR Word Scramble with JO 11:00 AR Sit &amp; Be Fit With Karla ♥ 3:00 AR Bingo Fun Hosted by Reliant At Home 🎲 4:00 AR Music &amp; Dominoes with Friends 🎲</div>	<div>11 10:00 AR White Board Games with Karla 🎲 11:00 AR Active Games With Jo 🎲 1:00 AR Fancy Nails (Sign-up Required) 1:30 AC Baked Potato Bar Sale in Assisted Living (Arts &amp; Crafts Room 1:30pm-2:30pm) \$ 2:00 M Catholic Mass (Meet In Memory Care) † 3:00 AR Jo’s Cantina- Music &amp; Cocktails 🎵 4:00 AR Music &amp; Cards With Friends 🎲</div>	<div>12 9:30 M Sit and Be Fit with Jo (Meet In Memory Care) ♥ 10:30 AR Bingo with Jo 🎲 4:00 AC Puzzle Mania (Bring A Friend) 6:00 SA Netflix Movie (Resident Choice)</div>
<div>13 10:00 AC Puzzle Mania 3:00 C Fellowship with friends † 6:00 SA Netflix Movie (Resident Choice)</div>	<div>14 9:00 L HEB Trip (Meet in Lobby) \$ 10:00 AR Joel Osteen Sermon on TV † 11:00 C Sit and Be Fit With Karla ♥ 1:00 AR Manicure Monday ✓ 3:00 AR Prize Bingo Hosted By: AMADA 🎲 4:00 AR Music &amp; Cards with Friends</div>	<div>15 9:00 BS Beauty Shop Appointments 10:00 AR Brain Teaser Games with Karla 11:00 C Stretch bands &amp; Weights with Jo ♥ 2:00 AR Resident Meeting (All Are Welcome to Join) 3:00 AR Sweets &amp; Treats 👩🍳 4:00 AR Music &amp; Dominoes with Friends 🎲</div>	<div>16 10:00 AR Prize Bingo 11:00 AR Chair Volleyball With Karla ♥ 1:00 AC Creative Corner with Jo (Luau Craft) ● 3:00 AR Happy Hour With Mike Clancy- Sponsored by Graceful Guidance ★ 4:00 AR Music &amp; Cards with Friends 🎲</div>	<div>17 10:00 AR Word Scramble with Karla 11:00 C Drum Circle With Jo ♥ 1:00 CF Hearing Life Services ★ 2:00 IL Tom Jackson, Historian- Presenting- (Stars &amp; Stripes) “Not A Staff Assisted Activity” ● 3:00 AR Mexican Train Dominoes with Jo 🎲 4:00 AR Music &amp; Dominoes with Friends 🎲</div>	<div>18 10:00 AR Bingo Fun Hosted by All Seasons 🎲 11:00 AR Chair volleyball With Karla 🎲 1:00 AR Fancy Nails (Sign-up Required) 3:00 AR Nicole’s Cantina and special performance with Thomas Fedorchik ★ 4:00 AR Music &amp; Cards With Friends 🎲</div>	<div>19 10:00 AC Puzzle Mania (Grab a friend to join you) 🎲 1:00 IL Watercoloring Class with Gina Marie (In Independent Living Arts &amp; Crafts Room) “Not A Staff Assisted Activity” 6:00 SA Netflix Movie (Resident Choice)</div>
<div>20 10:00 AC Puzzle Mania 3:00 C Fellowship with friends † 6:00 SA Netflix Movie (Resident Choice)</div>	<div>21 9:00 L HEB Trip (Meet in Lobby) \$ 10:00 AR Joel Osteen Sermon on TV † 11:00 C Sit and Be Fit With Karla ♥ 1:00 AR Manicure Monday ✓ 3:00 AR Prize Bingo Hosted By: Family Tree 🎲 4:00 AR Music &amp; Cards with Friends</div>	<div>22 9:00 BS Beauty Shop Appointments 10:00 AR Brain Teaser Games with Karla 11:00 IL New Resident Orientation (In Independent Living) 11:00 C Stretch bands &amp; Weights with Jo ♥ 3:00 AR Sweets &amp; Treats 👩🍳 4:00 AR Music &amp; Dominoes with Friends 🎲</div>	<div>23 10:00 C Bible Study With (Chaplain Morris) “New Century Hospice” † 11:00 AR Chair Volleyball With Karla ♥ 3:00 AR Music &amp; Cards with Friends 🎲 4:00 DR Happy Hour Birthday Celebration with Kai Kamaka- Sponsored by Embrace Hospice 🎵</div>	<div>24 10:00 AR Bingo Fun 11:00 C Sit and Be Fit with Karla ♥ 1:30 AR Movie &amp; Popcorn In IL Theatre (Meet In activity room) 4:00 AR Music &amp; Dominoes with Friends 🎲</div>	<div>25 10:00 AR White Board Games with Karla 🎲 11:00 AR Active Games With Jo 🎲 12:00 AC Marie’s Jewelry &amp; Accessories 12pm-3pm \$ 1:00 AR Fancy Nails (Sign-up Required) 3:00 AR Jo’s Cantina- Music &amp; Cocktails 🎵 4:00 AR Music &amp; Cards With Friends 🎲</div>	<div>26 9:30 M Sit and Be Fit with Jo (Meet In Memory Care) ♥ 10:30 AR Bingo with Jo 🎲 4:00 AC Puzzle Mania (Bring A Friend) 6:00 SA Netflix Movie (Resident Choice)</div>
<div>27 10:00 AC Puzzle Mania 3:00 C Fellowship with friends † 6:00 SA Netflix Movie (Resident Choice)</div>	<div>28 9:00 L HEB Trip (Meet in Lobby) \$ 10:00 AR Joel Osteen Sermon on TV † 11:00 C Sit and Be Fit With Karla ♥ 1:00 AR Manicure Monday ✓ 3:00 AR Prize Bingo Hosted By: AMADA 🎲 4:00 AR Music &amp; Cards with Friends</div>	<div>29 9:00 BS Beauty Shop Appointments 10:00 AR Brain Teaser Games with Karla 11:00 C Stretch bands &amp; Weights with Jo ♥ 3:00 AR Sweets &amp; Treats 👩🍳 4:00 AR Music &amp; Dominoes with Friends 🎲</div>	<div>30 10:00 AR Table Games with Jo 11:00 AR Chair Volleyball With Karla ♥ 3:00 DR Karaoke Happy Hour with Harold ★ 4:00 AR Music &amp; Cards with Friends 🎲</div>	<div>31 10:00 AR Mexican Train Dominoes with JO 11:00 C Drum Circle With Karla ♥ 3:00 AR Bingo Fun 🎲 4:00 AR Music &amp; Dominoes with Friends 🎲</div>	<div><b>Dry Cleaning</b> Did you know you have delivery service for your dry cleaning? Pickups and deliveries are Tuesdays and Fridays. Visit the concierge for more details.</div>	<div><b>Transportation</b> Monday-Friday 8am-5pm Please schedule 48 hours in advance. Transportation forms are at the front desk.</div>



