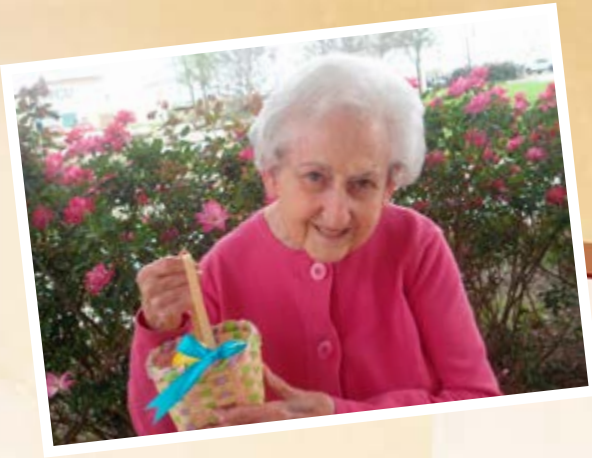


Senior Living with Style!

TPC PARKWAY | 21802 Encino Commons | San Antonio, TX 78259 | 210-483-9999



Welcome To Franklin Park TPC Parkway!

Mr. Dallas E.

Mr. Clarence B.

Mrs. Nanallen B.

Ms. Elaine Z.

Ms. Mary A.

We're Glad You're Here!

Birthdays This Month

Mrs. Georgia T..... 4/4

Ms. Shirley B. 4/8

Mrs. Ruby W. 4/12

Mrs. Ellen E..... 4/23

Mrs. Sylvia T..... 4/27



**APRIL 2017 • MC
REFRESHING WATERS**

Let The Easter Eggs Roll

Ever wonder how the tradition of the White House Easter Egg Roll came to be? It began with Dolley Madison, first lady to President James Madison from 1809 to 1817.

Mrs. Madison was fascinated to learn that Egyptian children rolled colored eggs on the side of the great Pyramids. She thought the children of the Washington area would enjoy the activity as well.

The first Easter Egg Rolls were held on the Capitol grounds. In 1877 members of Congress grew tired of slipping on the remains of boiled eggs, and gave orders to ban the event. So in 1878, President Rutherford B. Hayes and his wife, Lucy, officially opened the White House grounds to the tradition.

'La Florida'

Family vacations. Sandy beaches. Retirement villages. A snowbird's dream. These are all things commonly associated with the Sunshine State. But how did Florida come to be anyway? Well, famed Spanish conquistador Juan Ponce de Leon is generally credited with the discovery of La Florida, which occurred on April 2, 1513.

The explorer first made a name for himself in the early 1500s, playing an integral role in the colonization of Hispaniola. A short time later, he was named governor of Puerto Rico following his successful leadership endeavors and acquisition of gold in nearby lands. He was dedicated to the expansion of the Spanish empire. This drive, along with the never-ending quest for gold, were strong motivators in Ponce de Leon's life, and led him to land on the rocky Florida shores near St. Augustine. What a wonderful discovery!

Welcome April




**SAT,
APR 1**



8:00 Breakfast	1:30 Play Jenga	6:00 Trivia
9:00 Take A Walk	2:00 Quarter Bingo-AL	6:30 Match The Socks
9:30 Exercise & News	3:00 Snack Time	7:00 Lawrence Welk Show
10:00 Refreshments	3:30 Ball Toss	7:00 Snacks
10:30 Bingo	3:30 April Fools Day	7:30 Fold The Laundry
10:30 Card Games	4:30 Dinner	8:00 Bed Time Prep
11:30 Lunch	5:30 Take A Stroll W/Me	

SUN, APR 2	8:00 Breakfast 9:00 Take A Walk 9:30 Exercise & News 10:00 Refreshments 10:15 Christian Worship 10:30 Coupon Clippers 11:30 Lunch	1:30 Play Dominos 2:00 MusicW/Jim-Chapel 3:00 Snack Time 3:30 Football Toss 3:30 Spiritual Hymns 4:30 Dinner 5:30 Take A Stroll W/Me	6:00 Finish the Lines 6:30 Fold The Laundry 7:00 Snacks 7:30 Chicken Soup Story 7:30 What Am I ? 8:00 Bed Time Prep
MON, APR 3	8:00 Breakfast 9:00 Take A Walk 9:30 Exercise & News 10:00 Refreshments 10:30 Bingo 10:30 Good Job Puzzle 11:30 Lunch	1:30 Pencil Art 2:30 Happy Hour-AL 3:00 Snack Time 3:15 April IQ 3:30 Balloon Volleyball 4:30 Dinner 5:30 Take A Stroll W/Me	6:00 Finish the Lines 6:30 Movie & Popcorn 7:00 Snacks 7:15 Puzzles 7:30 Easy Listening Music 8:00 Bed Time Prep
TUE, APR 4	B-Day Georgia 8:00 Breakfast 9:00 Take A Walk 9:30 Exercise & News 10:00 Refreshments 10:30 Bunny Craft 11:30 Lunch	1:30 Play Skip Bo 2:00 Prize Bingo-AL 3:00 Snack Time 3:15 Pretty Nails 3:30 Smells of Spring 3:45 Exercise Class 4:30 Dinner	5:30 Take A Stroll W/Me 6:00 Play Uno 6:30 Puzzles 7:00 Snacks 7:30 Play Cards 8:00 Bed Time Prep
WED, APR 5	8:00 Breakfast 9:00 Take A Walk 9:30 Exercise & News 9:30 Piano W/Fran 10:00 Refreshments 10:30 Home Run Match 11:00 Play Cards	11:30 Lunch 1:30 Play Scrabble 2:30 Music W/Frank 3:00 Snack Time 3:30 Work Day Puzzle 3:30 Ballgame Search 4:30 Dinner	5:30 Take A Stroll W/Me 6:00 Story Time 7:00 Snacks 7:30 Pastimes Discussion 7:30 Word Mining 8:00 Bed Time Prep
THU, APR 6	8:00 Breakfast 9:00 Take A Walk 9:30 Exercise & News 10:00 Refreshments 10:15 Spelling Spring 10:30 Pet Therapy 11:30 Lunch	1:30 Pretty Nails 3:00 Snack Time 3:30 Bowling 3:30 What's Wrong? 3:45 Exercise Class 4:30 Dinner 5:30 Take A Stroll W/Me	6:00 Play Dominos 6:00 Sweets-BINGO-AL 7:00 Snacks 7:15 Who Am I ? 7:30 Match The Socks 8:00 Bed Time Prep
FRI, APR 7	8:00 Breakfast 9:00 Take A Walk 9:30 Exercise & News 10:00 Refreshments 10:00 Painting W/Gina 10:30 Shades of Color 10:45 Eucharist/Rosary	11:30 Lunch 1:30 Finish The Lines 3:00 Snack Time 3:30 Bean Bag Toss 3:30 Sing W/Susie Q 4:30 Dinner 5:30 Take A Stroll W/Me	6:00 Jenga Challenge 6:15 Feed the Birds 7:00 Snacks 7:15 Puzzles 7:30 Pencil Art 8:00 Bed Time Prep
SAT, APR 8	8:00 Breakfast 9:00 Take A Walk 9:30 Exercise & News 10:00 Refreshments 10:30 Bingo 10:30 Word Search 11:30 Lunch	2:00 Quarter Bingo-AL 3:00 Snack Time 3:30 Table Games 3:30 What did it Cost? 4:30 Dinner 5:30 Take A Stroll W/Me 6:30 Play Cards	6:30 Puzzles 7:00 Lawrence Welk Show 7:00 Snacks 7:30 Hand Massages 7:30 Story Time 8:00 Bed Time Prep


April 2017 • Week Three

<p>SUN, APR 9</p>	<p>8:00 Breakfast 9:00 Take A Walk 9:30 Exercise & News 10:00 Refreshments 10:15 Christian Worship 10:30 Coupon Clippers 11:30 Lunch</p>	<p>1:30 Play Cards 3:00 Snack Time 3:30 Family Feud 3:30 Spiritual Hymns 4:30 Dinner 5:30 Take A Stroll W/Me 6:00 Puzzles</p>	<p>6:30 Hand Massages 7:00 Snacks 7:30 Current Events 7:30 Fold The Laundry 8:00 Bed Time Prep</p>
<p>MON, APR 10</p> 	<p>8:00 Breakfast 9:00 Take A Walk 9:30 Exercise & News 10:00 Refreshments 10:15 Piano W/Arland-AL 10:30 Bingo 11:30 Lunch</p>	<p>1:30 Card Games 2:30 Happy Hour-AL 3:00 Snack Time 3:30 Bubbles on the Patio 3:30 Frog Categories 4:30 Dinner 5:30 Take A Stroll W/Me</p>	<p>6:15 Pencil Art 6:30 Movie & Popcorn 7:00 Snacks 7:15 Story Time 7:30 Puzzles 8:00 Bed Time Prep</p>
<p>TUE, APR 11</p>	<p>8:00 Breakfast 9:00 Take A Walk 9:30 Exercise & News 10:00 Refreshments 10:15 Easter Baskets 10:30 Jellybean Search 11:30 Lunch</p>	<p>1:30 Trivia 2:00 Spring Tea Party 3:00 Snack Time 3:30 Balloon Volleyball 3:45 Exercise Class 4:30 Dinner 5:30 Take A Stroll W/Me</p>	<p>6:00 Match Game 6:30 Sort the Scents 7:00 Snacks 7:15 Who Am I? 7:30 Fold the Laundry 8:00 Bed Time Prep</p>
<p>WED, APR 12</p>	<p>8:00 Breakfast 9:00 Take A Walk 9:30 Exercise & News 9:30 Piano W/Fran 10:00 Refreshments 10:30 Color Me Green 11:00 Play Dominoes</p>	<p>11:30 Lunch 1:30 Pencil Art 2:30 Music W/Frank 3:00 Snack Time 3:00 Happy Tails Show 3:15 Balloon Volleyball 4:30 Dinner</p>	<p>5:30 Take A Stroll W/Me 6:00 Frisbee Toss 6:30 I Love Lucy 7:00 Snacks 7:15 Story Time 7:30 What Am I? 8:00 Bed Time Prep</p>
<p>THU, APR 13</p>	<p>8:00 Breakfast 9:00 Take A Walk 9:30 Exercise & News 10:00 Refreshments 10:15 Dye Easter Eggs 10:30 Spelling Easter 10:30 Pet Therapy</p>	<p>11:30 Lunch 3:00 Snack Time 3:30 Easter Necklaces 3:30 What did it Cost? 3:45 Exercise Class 4:30 Dinner 5:30 Take A Stroll W/Me</p>	<p>6:00 Sweets BINGO-AL 6:30 Play Dominos 7:00 Snacks 7:30 Aroma Therapy 7:30 Easy Listening Music 8:00 Bed Time Prep</p>
<p>FRI, APR 14</p>	<p>GOOD FRIDAY 8:00 Breakfast 9:00 Take A Walk 9:30 Exercise & News 10:00 Refreshments 10:15 Egg Match Game 10:30 EasterParty& Hunt</p>	<p>10:45 Eucharist/Rosary 11:30 Lunch 2:00 Easter Movie-AL 3:00 Snack Time 3:30 Family Feud 3:30 Mixed-up Easter 4:30 Dinner</p>	<p>5:30 Take A Stroll W/Me 6:00 I Love Lucy Show 6:15 Table Games 7:00 Snacks 7:30 Finish The Lines 7:30 Hand Massages 8:00 Bed Time Prep</p>
<p>SAT, APR 15</p>	<p>8:00 Breakfast 9:00 Take A Walk 9:30 Exercise & News 10:00 Refreshments 10:30 Balloon Volleyball 10:30 Bingo 11:30 Lunch</p>	<p>1:30 Easter Bunny Maze 2:00 Quarter Bingo-AL 3:00 Snack Time 3:30 Easter Message 3:30 Sing-A-Long 4:30 Dinner 5:30 Take A Stroll W/Me</p>	<p>6:00 Story Cubes 6:30 Hand Massages 7:00 Lawrence Welk Show 7:00 Snacks 7:30 Alphabet Challenge 8:00 Bed Time Prep</p>

April 2017 • Week Four

<p>SUN, APR 16</p> 	<p>EASTER SUNDAY 8:00 Breakfast 9:00 Take A Walk 9:30 Exercise & News 10:00 Refreshments 10:15 Christian Worship 10:30 Matching Baskets</p>	<p>11:30 Lunch 1:30 Finish The Lines 3:00 Snack Time 3:30 Spiritual Hymns 3:30 Easter Word Fit 4:30 Dinner 5:30 Take A Stroll W/Me</p>	<p>6:00 What Am I? 6:30 Match The Socks 7:00 Snacks 7:30 Puzzles 7:30 Spelling Bee 8:00 Bed Time Prep</p>
<p>MON, APR 17</p>	<p>8:00 Breakfast 9:00 Take A Walk 9:30 Exercise & News 10:00 Refreshments 10:30 Bingo 10:30 Hometown Search 11:30 Lunch</p>	<p>1:30 Pencil Art 2:30 Happy Hour-AL 3:00 Snack Time 3:30 Bean Bag Toss 3:30 Unscramble Green 4:30 Dinner 5:30 Take A Stroll W/Me</p>	<p>6:00 Puzzles 6:30 Movie & Popcorn 7:00 Snacks 7:00 Story Time 7:30 Table Games 8:00 Bed Time Prep</p>
<p>TUE, APR 18</p> 	<p>8:00 Breakfast 9:00 Take A Walk 9:30 Exercise & News 10:00 Refreshments 10:25 Mosaic Gnome 10:30 Matching Gnomes 11:30 Lunch</p>	<p>1:30 Word Search 2:00 Prize Bingo-AL 3:00 Snack Time 3:30 Sing-A-Long 3:45 Exercise Class 4:30 Dinner 5:30 Take A Stroll W/Me</p>	<p>6:00 Finish the Lines 6:00 Play Dominoes 7:00 Snacks 7:30 Fold The Laundry 7:30 Read Poetry 8:00 Bed Time Prep</p>
<p>WED, APR 19</p>	<p>8:00 Breakfast 9:00 Take A Walk 9:30 Exercise & News 9:30 Piano W/Fran 10:00 Puzzles 10:00 Refreshments 10:30 Bean Bag Toss</p>	<p>10:30 Clean Detective 11:30 Lunch 1:30 Finish The Lines 2:30 Music W/Frank 3:00 Snack Time 3:30 Ball Toss 4:30 Dinner</p>	<p>5:30 Take A Stroll W/Me 6:00 Play Uno 6:30 Ring Toss 7:00 Snacks 7:30 Word Unscramble 8:00 Bed Time Prep</p>
<p>THU, APR 20</p>	<p>8:00 Breakfast 9:00 Take A Walk 9:30 Exercise & News 10:00 Refreshments 10:30 What did it Cost? 10:30 Cheesecake Dip 10:30 Pet Therapy</p>	<p>11:30 Lunch 1:30 Categories 3:00 Snack Time 3:30 Table Games 3:45 Exercise Class 4:30 Dinner 5:30 Take A Stroll W/Me</p>	<p>6:00 Sweets-BINGO-AL 6:15 Water the Flowers 7:00 Snacks 7:30 Pencil Art 7:30 Puzzles 8:00 Bed Time Prep</p>
<p>FRI, APR 21</p>	<p>8:00 Breakfast 9:00 Take A Walk 9:30 Exercise & News 10:00 Refreshments 10:00 Fun Trivia 10:30 Plant Seeds 10:45 Eucharist/Rosary</p>	<p>11:30 Lunch 1:30 What Comes Next? 3:00 Snack Time 3:30 Bubbles on Patio 3:30 Earth Day Message 4:30 Dinner 5:30 Take A Stroll W/Me</p>	<p>6:30 Play Dominoes 6:30 What Am I? 7:00 Puzzles 7:00 Snacks 7:30 Easy Listening Music 8:00 Bed Time Prep</p>
<p>SAT, APR 22</p> 	<p>8:00 Breakfast 9:00 Take A Walk 9:30 Exercise & News 10:00 Refreshments 10:30 Bingo 10:30 Earth Day Mining 11:30 Lunch</p>	<p>2:00 Quarter Bingo-AL 3:00 Snack Time 3:30 Bean Bag Toss 3:30 Earth Day Search 4:30 Dinner 5:30 Take A Stroll W/Me 6:00 Card Games</p>	<p>6:30 Puzzles 7:00 Lawrence Welk Show 7:00 Snacks 7:30 Easy Listening Music 7:30 Story & Reminiscence 8:00 Bed Time Prep</p>

April 2017 • Week Five

SUN, APR 23	8:00 Breakfast 9:00 Take A Walk 9:30 Exercise & News 10:00 Refreshments 10:15 Christian Worship 10:30 Coupon Clippers 10:30 Puzzles	11:30 Lunch 1:30 Feed the Birds 2:00 MusicW/Jim-Chapel 3:00 Snack Time 3:30 Table Games 4:30 Dinner 5:30 Take A Stroll W/Me	6:00 Who Am I? 6:30 Match The Socks 7:00 Snacks 7:30 Hand Massages 7:30 Pencil Art 8:00 Bed Time Prep
MON, APR 24	8:00 Breakfast 9:00 Take A Walk 9:30 Exercise & News 9:30 Music W/Desiree 10:00 Refreshments 10:30 Bingo 10:30 Health Detective	11:30 Lunch 1:30 Pencil Art 2:30 Happy Hour-AL 3:00 Snack Time 3:30 Balloon Volleyball 4:30 Dinner 5:30 Take A Stroll W/Me	6:15 Play Yahtzee 6:30 Movie & Popcorn 7:00 Snacks 7:10 River Parade-TV 7:30 Finish The Lines 8:00 Bed Time Prep
TUE, APR 25	8:00 Breakfast 9:00 Take A Walk 9:30 Exercise & News 10:00 Refreshments 10:15 Piano W/Arland 10:30 Trivia 11:30 Lunch	1:30 Play Hangman 2:00 Fiesta Party 3:00 Snack Time 3:15 Finish the Lines 3:45 Exercise Class 4:30 Dinner 5:30 Take A Stroll W/Me	6:00 Play Dominoes 6:30 Puzzles 7:00 Snacks 7:15 Story Time 7:30 Card Games 8:00 Bed Time Prep
WED, APR 26	8:00 Breakfast 9:00 Take A Walk 9:30 Exercise & News 9:30 Piano W/Fran 10:00 Refreshments 10:30 Play Think Fast 10:30 Radio Show	11:30 Lunch 2:30 Music W/Frank 3:00 Snack Time 3:30 Bubbles on the Patio 3:30 Ring Toss 4:30 Dinner 5:30 Take A Stroll W/Me	6:00 Water the Flowers 6:15 Play Dominoes 7:00 Snacks 7:15 Story Time 7:30 Hand Massages 8:00 Bed Time Prep
THU, APR 27	B-Day Sylvia 8:00 Breakfast 9:00 Take A Walk 9:30 Exercise & News 10:00 Refreshments 10:30 Drumming W/Kevin 10:30 Pet Therapy	10:30 Water the Flowers 11:30 Lunch 2:00 April B-Day Party 3:00 Snack Time 3:30 Bowling 3:45 Exercise Class 4:30 Dinner	5:30 Take A Stroll W/Me 6:00 Sweets BINGO-AL 6:30 Table Games 7:00 Snacks 7:30 What Am I? 8:00 Bed Time Prep
FRI, APR 28 	8:00 Breakfast 9:00 Take A Walk 9:30 Exercise & News 10:00 Refreshments 10:30 Match State Trees 10:30 Sing W/Susie Q 10:45 Eucharist/Rosary	11:30 Lunch 12:30 Flowers Parade-TV 3:00 Snack Time 3:30 Toss Across 3:30 What comes Next? 4:30 Dinner 5:30 Take A Stroll W/Me	6:00 I Love Lucy 6:15 Pretty Nails 7:00 Snacks 7:15 Spring Art 7:30 Easy Listening Music 8:00 Bed Time Prep
SAT, APR 29	8:00 Breakfast 9:00 Take A Walk 9:30 Exercise & News 10:00 Refreshments 10:30 Bingo 10:30 Puzzles 11:30 Lunch	1:30 Pretty Nails 2:00 Quarter Bingo-AL 3:00 Snack Time 3:30 Play Scrabble 3:30 4 LetterCrossword 4:30 Dinner 5:30 Take A Stroll W/Me	6:00 Play Cards 6:30 FlambeauParade-TV 7:00 Lawrence Welk Show 7:00 Snacks 7:15 Fold the Laundry 8:00 Bed Time Prep

April 2017 • Week Six

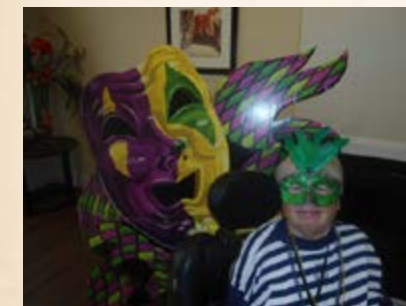
SUN, APR 30	8:00 Breakfast 9:00 Take A Walk 9:30 Exercise & News 10:00 Refreshments 10:15 Christian Worship 10:30 Coupon Clippers 11:30 Lunch	1:30 Word Search 3:00 Snack Time 3:30 Ball Toss 3:30 Sing-A-Long 4:30 Dinner 5:30 Take A Stroll W/Me 6:15 Bubbles on Patio	6:30 Spiritual Hymns 7:00 Snacks 7:00 Water the Flowers 7:15 Table Games 8:00 Bed Time Prep
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Memories at TPC Parkway

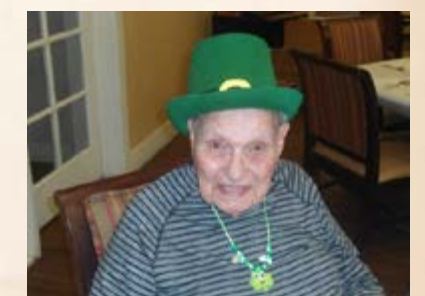
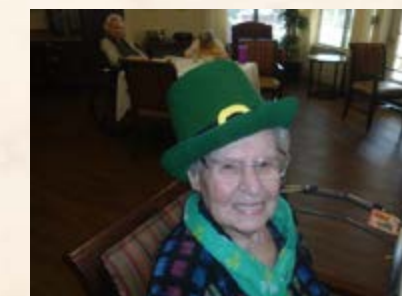
Rodeo Fun!!



Mardi Gras Party



Irish Leprechauns!!



One Step Back To Greatness

Actor Humphrey Bogart was a classic leading man, but even he felt self-conscious about his looks. When he was cast opposite Ingrid Bergman in the 1942 film *Casablanca*, he worried that audiences wouldn't believe that a beautiful woman like Bergman could possibly be attracted to a man who looked like him.

So he came up with an idea. In every scene he played with Bergman, he took a step backward, forcing her to move closer to him to remain in the shot. Bogart hoped that would convince moviegoers that she was genuinely attracted to him.

It worked, and *Casablanca* has become one of the most popular films (and love stories) of all time.

Detect Glaucoma Early To Protect Vision

Glaucoma is a group of diseases that damage the eye's optic nerve, which carries visual signals from the eye to the brain. If left untreated, glaucoma can lead to vision loss or blindness. But many people with early-stage glaucoma have no symptoms. By the time they're diagnosed, they may have already noticed changes to their side or peripheral vision.

"Studies show that at least half of all people with glaucoma don't know they have this potentially blinding eye disease," says Dr. Paul Sieving, director of NIH's National Eye Institute. "The good news is that glaucoma can be detected in its early stages through a comprehensive dilated eye exam."

With early detection, glaucoma can be controlled through medications or surgery. Early treatment can protect the eyes against serious vision loss.

newsinhealth.nih.gov

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