



# FRANKLIN *Park*

1921

DESOTO

431 W. Wintergreen Road • Desoto, TX 75115 • (972) 296-0523

## Your Friendly Staff

Executive Director	Kareika Powell
Business Office Manager	Nancy Vallejo
Leasing Director	Shatovia Bryant
Life Enrichment Director	Lisa Smith
Lead Maintenance	Edward Regino
Assistant Maintenance	Jose Torres
Porter	Walter McFail

## A Warm Investment

If your hands and feet tend to get cold, try wearing a fleece vest. It will insulate your body's core, specifically the heart and lungs, and in turn, warm the blood flow to your extremities.

## Remember When: Wooden Sleds

For generations of children, the combination of a winter snowfall and a nearby hill made for a day of sledding fun. One of the most popular means of riding the snowy slopes was aboard a Flexible Flyer. The iconic wooden sled with its eagle logo, red metal runners and hardwood seat slats was famous for a revolutionary feature—a flexible front-end steering bar that allowed the rider to control their course. Created in 1899 by a New Jersey manufacturer, millions of the sleds were sold up until the 1980s.

## A Classic Talent

Dec. 13 is the birthday of Dick Van Dyke, actor known for movie classics such as "Mary Poppins" and "Chitty Chitty Bang Bang" and the TV series "The Dick Van Dyke Show" and "Diagnosis: Murder." Van Dyke was born in West Plains, Mo., in 1925.

[click to zoom in](#)

## December 2016



## Caffeine-Free Cup

Is there any more comforting way to ward off a winter chill than by wrapping your hands around a steaming mug of cocoa, coffee or tea? You might want to make it decaf, though—caffeine is known to constrict the blood vessels, and poor circulation can make you colder, especially your hands and feet. Stick to decaf blends or herbal teas, which are naturally caffeine-free.

## Spread Good Cheer

Doing good can make you feel good and possibly add years to your life. Performing a kind act releases the hormone oxytocin, which can lower stress and produce a calming effect. Research shows people who consistently practice simple good deeds, such as holding a door open and complimenting someone, as well as more involved charitable acts like volunteering, experience health benefits that may contribute to a longer and happier life.

## Legacy of a Life

"Memories of our lives, of our works and our deeds will continue in others." —Rosa Parks



# December 2016



## Person of the Year

Annually since 1927, the editors of Time magazine have chosen a Person of the Year—a person, group or idea that has impacted the world during the previous 12 months. See a few of the selections over the decades.

### Year Person of the Year

1927	Charles Lindbergh	Pilot of first solo nonstop transatlantic flight
1932	Franklin D. Roosevelt	U.S. president
1947	George C. Marshall	U.S. secretary of state, Marshall Plan architect
1952	Queen Elizabeth II	Monarch of the United Kingdom
1963	Martin Luther King Jr.	Civil rights leader
1982	The Computer	Machine that advanced the Information Age
1991	Ted Turner	Founder of CNN
2003	The American Soldier	U.S. armed forces serving worldwide
2010	Mark Zuckerberg	Founder of Facebook

## "This Month In History" DECEMBER

**1892:** With music composed by Peter Tchaikovsky, "The Nutcracker" ballet premieres in St. Petersburg, Russia.

**1913:** The nation's first drive-in gas station opens in Pittsburgh.

**1923:** U.S. President Calvin Coolidge's speech to a joint session of Congress is the first presidential address broadcast on radio.

**1932:** Radio City Music Hall opens in New York City.

**1941:** British Prime Minister Winston Churchill visits Washington, D.C., to discuss war strategy with U.S. President Franklin D. Roosevelt.

**1956:** Weighing 4 pounds, a baby gorilla is born at Ohio's Columbus Zoo. Named Colo, she was the first gorilla born in captivity.

**1964:** Civil rights leader Martin Luther King Jr. accepts the Nobel Peace Prize at ceremonies in Oslo.

**1972:** Astronauts of Apollo 17 complete NASA's last mission to the moon.

**1989:** The animated TV series "The Simpsons" premieres. It is now the longest-running American sitcom.

**1997:** "Titanic" opens in movie theaters nationwide. The epic romance about the doomed ocean liner went on to win 11 Academy Awards and remains the second-highest-grossing film of all time.

**2000:** Colin Powell becomes the first African-American secretary of state.

**2004:** Taiwan's skyscraper Taipei 101 is inaugurated and stands as the world's tallest building at 1,666 feet. It held the record until 2010.



**2007:** The New England Patriots become the first NFL team in 35 years to finish the season undefeated.

**December Birthdays!!!**

- 02 Tena Wilson
- 06 Larry Johnson
- 06 Marvis Eason
- 07 Lesley Howard
- 08 Norma Peoples
- 09 Mary Pierce
- 10 Diane Rogers
- 12 Evelyn Forte
- 12 Jimmie McAfee
- 13 Clara Manns
- 15 Roy Rowden
- 16 Kathryn Nero
- 16 Vallie Dixon
- 17 Alfonso Neal
- 18 Ronnie McMillion
- 20 Lilly Hughes
- 21 Archi Tatum
- 21 Tony Hughes
- 24 Frankie Laymond
- 27 Sinclair Royal Jr
- 28 James McGill
- 29 Charlotte W. Lee
- 31 Aurora Clark
- 31 Ester Wooten

**Special Snowflakes**

You've probably heard that no two snowflakes are the same. But how do we know this for sure? Scientists say it's a matter of probability: A fully formed snowflake has about a quintillion molecules (a quintillion is the number 1 followed by 18 zeroes). The chance of these molecules arranging themselves in the exact same way more than once is incredibly slim, especially when affected by constantly changing factors like temperature and humidity.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>RENT IS DUE ON THE 1ST OF EVERY MONTH. RENT IS LATE ON THE 6TH OF EVERY MONTH. LATE FEES WILL BE APPLIED AS OF THE 6TH OF EVERY MONTH. \$50.00 ON THE 6TH AND \$10.00 EVERY DAY AFTER THAT UNTIL PAID IN FULL.</p>		<p><u>Michael Ervine</u> (Courtesy Patrol) (972) 741-7014</p>				
4	5	6	7	8	9	10
	9am Trash Pickup <u>Birthday Celebration @ 6pm</u>	<p>Ross &amp; Kroger 11:30am-1:00pm</p> <p>Line Dance With Ms. Carolyn in the Bistro Room @ 5pm</p>	<p>9am Trash Pickup Tom Thumb 10:00-11:00am</p> <p><u>Movie Day 2p (13th Amendment)</u></p>	<p>Wal-Mart 10:00-11:00am</p> <p><u>COWBOYS WATCH PARTY!!!</u> <u>Kick-off 7:25p</u></p>	<p>9am Trash Pickup</p> <p>Pest Control <u>Bible Study With Rev. Dennis Brooks</u> <u>10:00am-11:00am</u></p>	<p><u>Breakfast With Lisa</u> <u>9am</u></p> 
11	12	13	14	15	16	17
	<p>9am Trash Pickup <u>CLUBHOUSE CLOSED TODAY FOR CLEANING.</u></p>	<p>Ross &amp; Kroger 11:30am-1:00pm</p> <p>Line Dance With Ms. Carolyn in the Bistro Room @ 5pm</p>	<p>9am Trash Pickup Tom Thumb 10:00-11:00am</p>	<p><u>Coffee With Cops 8:30a</u> Wal-Mart 10:00-11:00am</p>	<p>9am Trash Pickup</p> <p>Pest Control</p>	
18	19	20	21	22	23	24
	9am Trash Pickup	<p>Ross &amp; Kroger 11:30am-1:00pm</p> <p>Line Dance With Ms. Carolyn in the Bistro Room @ 5pm <u>Christmas Light Tour!!! Bus Will Leave at 6p</u></p>	<p>9am Trash Pickup Tom Thumb 10:00-11:00am</p>	<p>Wal-Mart 10:00-11:00am <u>Christmas Balcony Decorating Contest 5PM</u> <u>Winners Will Be Notified Friday, Dec. 23rd</u> <u>1st Place, 2nd Place, And 3rd Place.</u></p>	<p>9am Trash Pickup</p> <p>Pest Control <u>Bible Study With Rev. Dennis Brooks</u> <u>10:00am-11:00am</u></p>	
CHRISTMAS 25	26	27	28	29	30	31
	9am Trash Pickup <u>CLUBHOUSE CLOSED TODAY FOR CLEANING.</u>	<p>Ross &amp; Kroger 11:30am-1:00pm</p> <p>Line Dance With Ms. Carolyn in the Bistro Room @ 5pm</p>	<p>9am Trash Pickup Tom Thumb 10:00-11:00am</p>	Wal-Mart 10:00-11:00am	<p>9am Trash Pickup</p> <p>Pest Control</p>	